

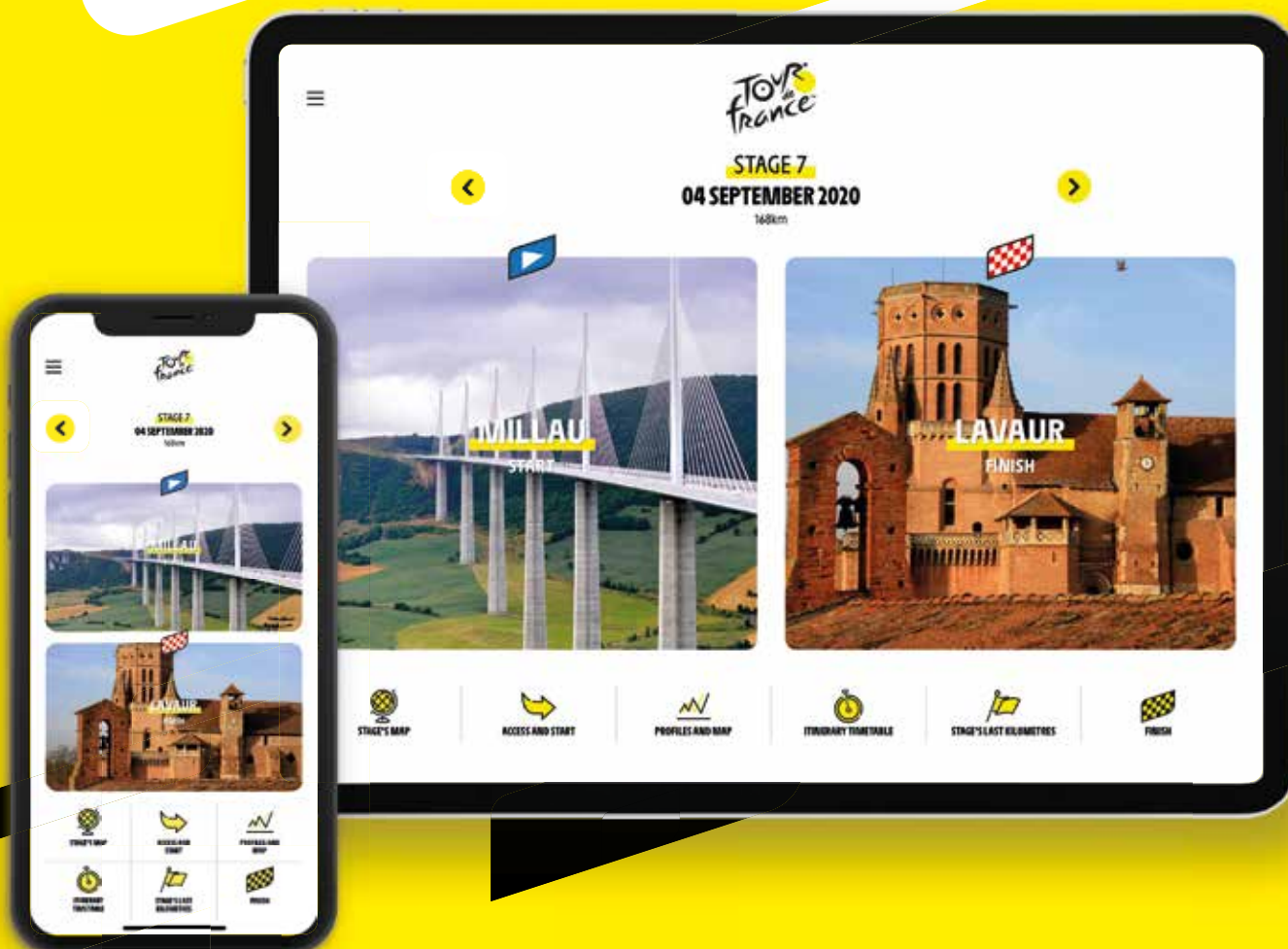
TOUR
de
franceTM
107th EDITION
AUGUST 29th - SEPTEMBER 20th 2020

ROADBOOK



THE STAGES AT YOUR FINGERTIPS

TOUR
de
France™



Access the digital version of the roadbook in its entirety!

All of the stages, maps, profiles
and timetables in a dedicated app created
for race followers.

ROADBOOK APP



Connect from your mobile device via the link
below (or scan the QR code) and use the username
and password to download the official app for
the 2020 Tour de France's roadbook.

tdf-roadbook.com



Username: **guest**

Password: **T3gzsfH5Fv96**

App available for
smartphones and tablets



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ROUTE

THE KEY

-  Race start
-  Start town and site
-  Finish town and site
-  Rest day
-  Race finish
-  Stage
-  Individual time-trial



STAGES

DATE	STAGE	START	FINISH	KM
Saturday 29 August	1 st	Nice Moyen Pays	Nice	156
Sunday 30 August	2 nd	Nice Haut Pays	Nice	186
Monday 31 August	3 rd	Nice	Sisteron	198
Tuesday 1 September	4 th	Sisteron	Orcières-Merlette	160.5
Wednesday 2 September	5 th	Gap	Privas	183
Thursday 3 September	6 th	Le Teil	Mont Aigoual	191
Friday 4 September	7 th	Millau	Lavaur	168
Saturday 5 September	8 th	Cazères-sur-Garonne	Loudenvielle	141
Sunday 6 September	9 th	Pau	Laruns	153
Monday 7 September	REST DAY	La Charente-Maritime		
Tuesday 8 September	10 th	Île d'Oléron Le Château-d'Oléron	Île de Ré Saint-Martin-de-Ré	168.5
Wednesday 9 September	11 th	Châtelailon-Plage	Poitiers	167.5
Thursday 10 September	12 th	Chauvigny	Sarran Corrèze	218
Friday 11 September	13 th	Châtel-Guyon	Puy Mary Cantal	191.5
Saturday 12 September	14 th	Clermont-Ferrand	Lyon	194
Sunday 13 September	15 th	Lyon	Grand Colombier	174.5
Monday 14 September	REST DAY	Isère		
Tuesday 15 September	16 th	La Tour-du-Pin	Villard-de-Lans	164
Wednesday 16 September	17 th	Grenoble	Méribel Col de la Loze	170
Thursday 17 September	18 th	Méribel	La Roche-sur-Foron	175
Friday 18 September	19 th	Bourg-en-Bresse	Champagnole	166.5
Saturday 19 September	20 th	Lure	La Planche des Belles Filles (Individual time-trial)	36.2
Sunday 20 September	21 st	Mantes-la-Jolie	Paris Champs-Élysées	122

3,484 km

STAKES



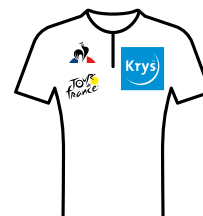
General time classification
LCL



General point classification
ŠKODA



Best climber classification
E.LECLERC



Best young rider classification
KRYs



Team classification
Yellow bib
NAMEDSPORT



Most aggressive rider
Red bib
ANTARGAZ



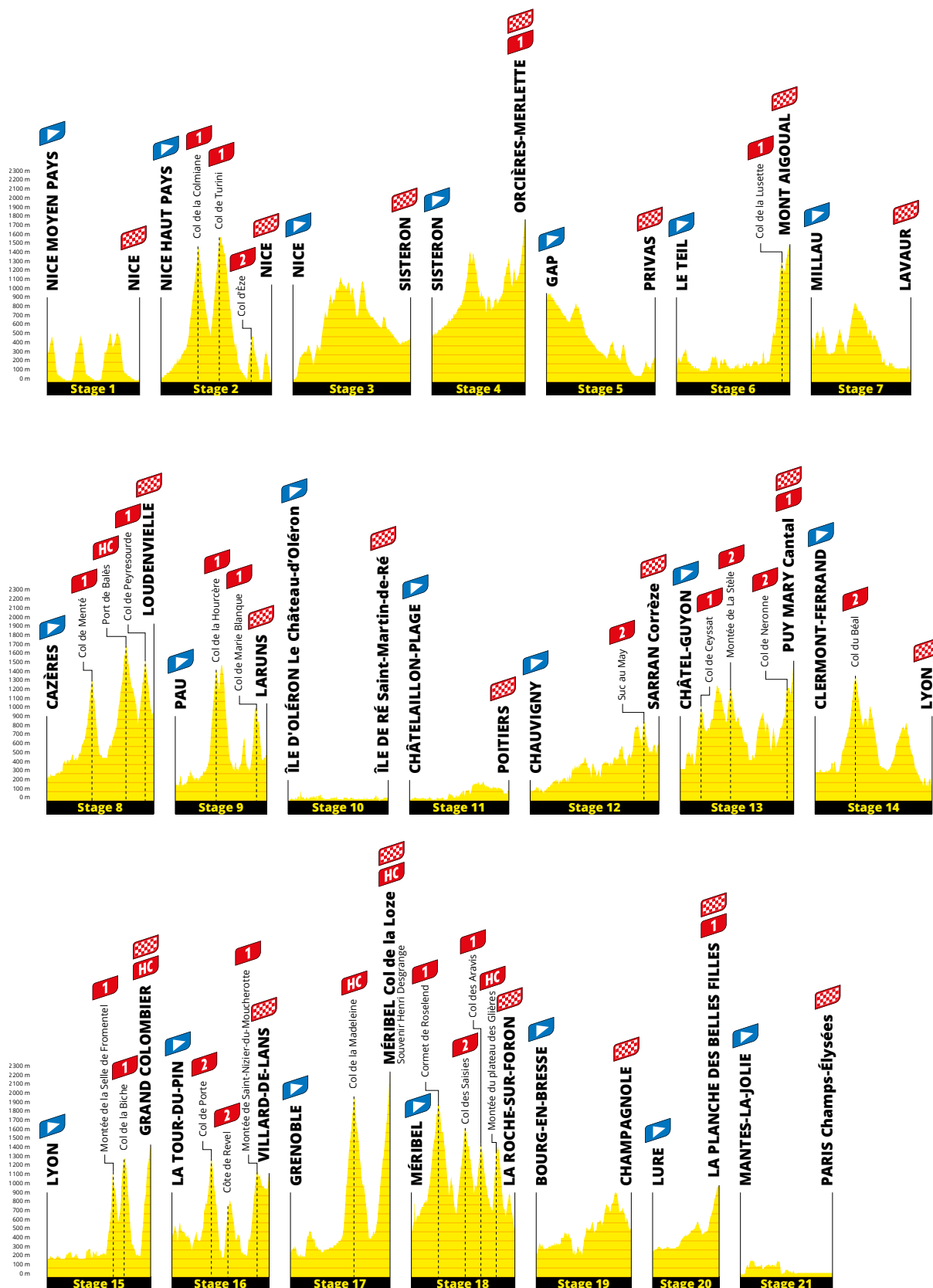
Stage winner
CONTINENTAL

TOUR SUMMITS

THE 2020 TOUR DE FRANCE WILL INCLUDE A TOTAL OF 29 MOUNTAIN CLIMBS OR HILLS AND ALTITUDE FINISHES RANKED IN SECOND, FIRST OR HC CLASS.

The geographic distribution will be as follow: 13 in the Alpes 7 in the Massif central 5 in the Pyrénées 3 in the Jura 1 in the Vosges

On the last three editions of the race the total was as follow: 30 in 2019 reduced to 27 due to weather conditions, 26 in 2018 and 23 in 2017.



TEAMS



AG2R LA MONDIALE
ALM



ASTANA PRO TEAM
AST



**B&B HOTELS - VITAL CONCEPT
P/B KTM**
BVC



BAHRAIN - MCLAREN
TBM



BORA - HANSGRÖHE
BOH



CCC TEAM
CCC



COFIDIS
COF



DECEUNINCK - QUICK - STEP
DQT



EF PRO CYCLING
EF1



GROUPAMA - FDJ
GFC



INEOS GRENADIER
IGD



ISRAEL START - UP NATION
ISN



LOTTO SOUDAL
LTS



MITCHELTON - SCOTT
MTS



MOVISTAR TEAM
MOV



NTT PRO CYCLING TEAM
NTT



TEAM ARKEA - SAMSIC
ARK



TEAM JUMBO - VISMA
TJV



TEAM SUNWEB
SUN



TOTAL DIRECT ENERGIE
TDE



TREK - SEGAFREDO
TFS



UAE TEAM EMIRATES
UAD

TO THE GREATEST FAMILY OF ALL: CYCLISTS.



ŠKODA
SIMPLY CLEVER



As a proud supporter of the Tour de France for the 17th year in a row every ŠKODA is designed with the 2 billion members of the cycling family in mind.

Join us at WeLoveCycling.com



SITES PICTOGRAMS

 Mandatory Passing Point	 Tour de France Village	 Technical Caravan car park
 Access to Mandatory Passing Point and final course	 Fan Park	 NTT Technical Zone
 Access to the off-course itinerary and off-course itinerary	 Front car park Officials - Press	 Teams' presentation podium and signature at the start
 Press room - Finish line liaison (and back)	 Rear vehicle car park	 Staff HQ
 Publicity Caravan itinerary	 Team car park	 Press room and telecommunications office
 Dangerous section	 Guest car park	 Officials car park
 General evacuation	 Off-course car park	 Press car park
 Guests Reception	 Publicity Caravan car park	 Official petrol station

RACE PICTOGRAMS

 Start	 Highest level pass or climb	 Intermediate sprint
 Kilometre 0 Official start	 Level 1 pass	 Bonification point
	 Level 2 pass or climb	 Time-trial split time
	 Level 3 pass or climb	 Last kilometre
	 Level 4 pass or climb	 Finish line

FINISH LINE RESTRICTIONS

Beyond the finish line is a sensitive zone:

- the security of the riders is paramount;
- the work of their team and the media take priority.

If you do not have any reason to be in this zone, you must leave it when you hear an audible signal announcing the last ten kilometres. Tour de France management and representatives of the Amaury Sport Organisation will be responsible for checking the validity of your presence and could, if necessary, withdraw your accreditation.

#Safe
Tour



You care for the Tour, we care for your safety

The Tour de France is a major challenge for riders and material. Changing grounds and tough conditions make everybody push their limits. Good to know that behind all this, there is one reliable partner that cares about what matters most: safety. Safety for the riders, the cars and the spectators. Every day, for over 140 years we have reinvented the wheel, striving to improve what appeared already perfect. So that you are free to rely on us when others rely on you. Proud Sponsor of a safe Tour de France 2020.

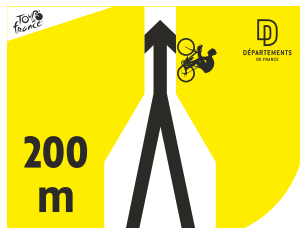


GERMAN
TECHNOLOGY

ROAD MARKINGS



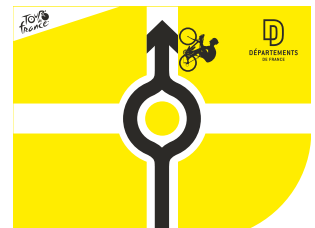
NARROW SECTION
race in one line



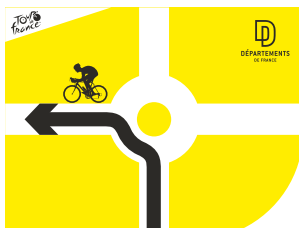
NARROW SECTION
200 m > race in one lane



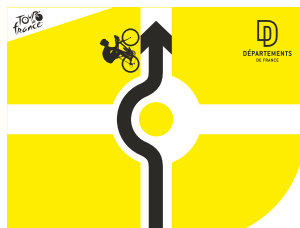
NARROW SECTION
100 m > race in one lane



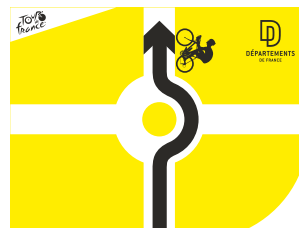
ROUNDABOUT
race in both lane(s)



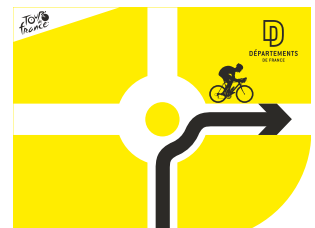
ROUNDABOUT
bend on the left hand side



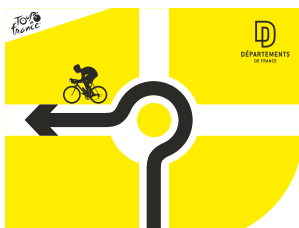
ROUNDABOUT
race in left hand



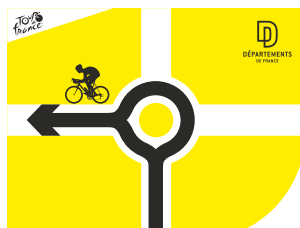
ROUNDABOUT
race in right hand



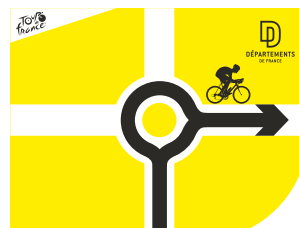
ROUNDABOUT
bend on the right hand side



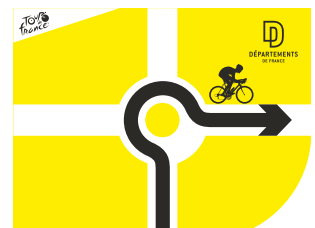
ROUNDABOUT
race in right hand,
bend on the left hand side



ROUNDABOUT
race in both lane,
bend on the left hand side



ROUNDABOUT
race in both lanes,
bend on the right hand side



ROUNDABOUT
race in left hand,
bend on the right hand side



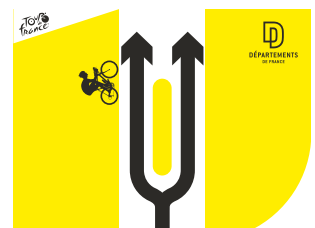
SPEED BUMP



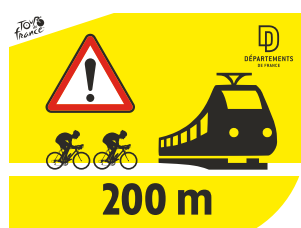
**SUCCESSIVE
SPEED BUMP**



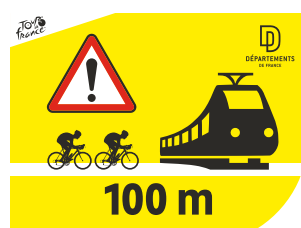
TIGHT BEND
to the right or left



CENTRAL RESERVATION



LEVEL CROSSING
in 200 m



LEVEL CROSSING
in 100 m



**LEVEL CROSSING
CLOSED: STOP**

GEN DAR

TOUR
de
FRANCE



**suivez
nos conseils,
la fête n'en
sera que
+ belle !**

RESTONS CONNECTÉS 📶



GENDARMERIE

 NOTRE ENGAGEMENT, VOTRE SÉCURITÉ 

THE TOUR AND GOOD DRIVING



WEARING OF MASKS

- This is obligatory in any situation where maintaining a distance of at least 1 metre can't be guaranteed and in vehicles with more than two passengers. In the event of two people sharing a vehicle, **at least one of them must wear a mask**



DISINFECTION

- I disinfect and clean the interior of my vehicle with virucidal products every day



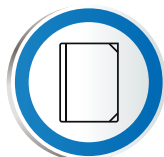
CONTROL OF YOUR VEHICLE

- Check it visually every time before you drive it and check the tyre pressures every week



BE READY AND ALERT

- Stick to a healthy lifestyle for the 3 weeks (sleeping well, eating well...)



ROADBOOK

- I read the roadbook
- I prepare the stage in advance and note the distinctive features



SEATBELTS

- Their use is obligatory in both the front and rear seats of vehicle



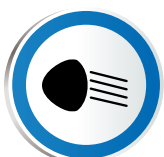
RESPECT

- Instructions given by the race organization (access, evacuation);
- Other race followers;
- The places you are travelling through that are hosting the Tour



REGULATE SPEED AND KEEP A SAFE DISTANCE BETWEEN VEHICLES

- At 30 or 50kph in built-up areas, according to road signs;
- At 30kph when there are large crowds at the roadside;
- At a maximum of 80kph outside built-up areas



KEEP HEADLIGHTS ON

- Headlights are to be used constantly on dipped beam (even if your vehicle is equipped with daytime running lights)



ON PRIVATISED AND PUBLIC ROADS

- Respect the rules of the road and remain attentive to road signs



PSYCHOTROPES

- Alcohol limit: 0.0g/litre of blood;
- Alcohol screening and tests for cannabis use will be carried out during the race



MOBILE/CELL PHONES

- Drivers are prohibited from using them



U-TURNS ARE NOT ALLOWED

- Driving against the flow of traffic on the race route is strictly prohibited, even over a short distance

PENALTIES

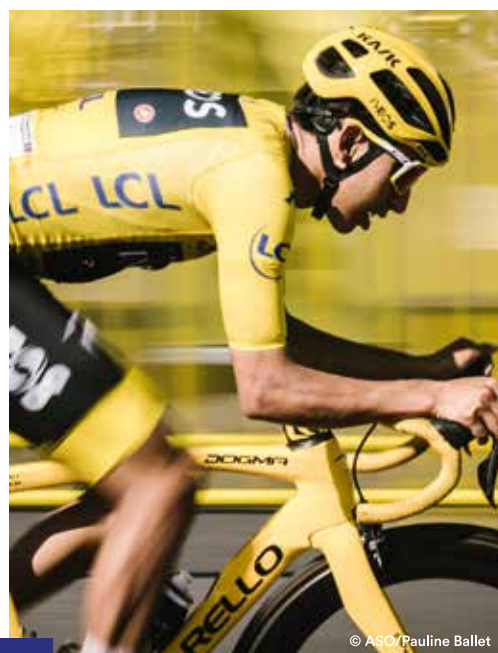
All improper behaviour (speeding, use of mobiles, not respecting the rules, etc.) will be subject to penalties ranging from a warning to temporary exclusion from the race, or even a more severe penalty for more serious or repeat offences.

- Refusal to obey vehicle regulations** will result in the immediate withdrawal of the vehicle concerned from the race caravan and its driver being called before the disciplinary committee.

- The tolerances allowed on the roads within this privately run event** do not extend to lessening of the criminal responsibility of every driver in the event of an accident.

Porter le Maillot Jaune, c'est comme sa première bicyclette, ça ne s'oublie pas.

LCL, partenaire du Maillot Jaune et de tous les cyclistes.



Ma vie. Ma ville. Ma banque.

LE TOUR THANKS ITS SPONSORS



ŠKODA



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INSTITUTIONAL SPONSORS

TOUR
de
France



E.Leclerc

MAIN PARTNER

HAPPY TO BE BACK
ON THE ROAD WITH YOU!

#SupporterOfTheTour



JOIN US ON A TOUR OF FRANCE WITH E.LECLERC ALLIANCES LOCALES

While celebrating the Tour de France, discover the local food producers of E.Leclerc Alliances Locales: 12,000 partnerships without any middleman that aim to unite local producers and E.Leclerc shops in order to maintain traditional practices and the local economy.

During the Tour de France, like all year round, enjoy all local and seasonal specialties, produced less than 100 km away from our stores.

THE TOUR DE FRANCE IS COMMITTED TO



**PROVIDE MORE THAN
1,500 FREE BIKES**

JOURNÉES BONHEUR À VÉLO WITH SECOURS POPULAIRE

The Tour de France is sponsoring 2020's **Journées bonheur à vélo** (Bike Happiness Days) and is offering bikes to around 400 children from disadvantaged families that have been affected by the crisis.

HEROES ON BIKES WITH QHUBEKA

Qhubeka

This year, the organisation has set up the "Heroes on Bikes" programme, which is intended to give a bike to caregivers and social workers who are involved in the fight against Covid 19 within disadvantaged neighbourhoods in South Africa. The Tour de France will be providing almost 1,200 bicycles as part of this initiative.



**THE CHALLENGE? TO COLLECT
5,000 NEGLECTED BIKES**

A BIKE FOR EVERYONE WITH EMMAÛS

The Tour de France United has taken up the challenge of collecting 5,000 neglected bicycles (that's 150 in each stage town!) and put them to new use by paying €30 per bicycle to the Emmaüs charitable organisation.



**AN APPEAL
FOR DONATIONS**

LET'S ALL UNITE

In addition to the direct and massive help it provides, the Tour de France is making itself doubly useful by relaying an appeal for donations. On letour.fr, everyone can support this initiative according to the extent of their means and desire.

**DO YOU WANT TO DONATE A BICYCLE TO
Emmaüs and/or MAKE A DONATION?**
DONATE AT letour.fr/en

EXISTING COMMITMENTS HAVE ALSO BEEN STRENGTHENED, NOTABLY

CYCLING INTO THE FUTURE

BIKE TRY-OUTS INTRODUCING YOUNGSTERS TO CYCLING

Almost **8,000** schoolchildren have been introduced to cycling in Nice as part of its preparations for the Grand Départ



THE TOUR WORKSHOPS LEARN TO RIDE, HOW TO CARRY OUT REPAIRS AND GET ADVICE ON BIKE SAFETY

6,500 diplomas have been given to children who've completed apprenticeships in 3 cities in 2019, and 2 more in 2020, Nice and Châteaillon Plage



THE ENVIRONMENT

SUSTAINABLE MOBILITY PLAN REDUCING THE ECOLOGICAL FOOTPRINT

100% of Škoda vehicles used by the race organisation will for the first time, be hybrids.



PLASTIC PLAN FOR THE CARAVAN PROTECTING THE ENVIRONMENT

100% of single-use plastic packaging has been eliminated (excluding hygiene constraints)



100% of the food packaging in E.Leclerc's Caravan is recyclable

NATURA 2000 ZONES PROTECTING FAUNA AND FLORA

115 sensitive natural areas protected in 2020



IT'S MY TOUR, I'M SORTING IT! PICK UP, SORT AND RECYCLE

9 permanent environmental coordinators at the Tour de France



126 waste collection areas for riders



100,000 bin bags made from recycled materials



100% of VITTEL® and SENSEO® cups from the Start Village recovered and recycled



NATIONAL MUSEUM OF NATURAL HISTORY PROMOTING "THE TOUR DE FRANCE OF BIODIVERSITY" IN OUR REGIONS

21 promotional clips broadcast on France Télévisions



© A.S.O. 2020

OUR PARTNERS ARE SHOULDER TO SHOULDER WITH THE TOUR



LES SOMMETS DU CŒUR WITH E.LECLERC

"Les Sommets du Cœur" (Summits of the Heart) is a supportive and participatory initiative that allows Tour spectators and personalities to take to two wheels for the benefit of the Mécénat Chirurgie Cardiaque association.



VIVONS VÉLO WITH AG2R LA MONDIALE

The "Vivons vélo" (Long Live Cycling) initiative encourages all French people to enjoy cycling and turns their pedal strokes into donations for the Pasteur Institute.



UN ENFANT, UN VÉLO WITH CENTURY 21

The objective of the "Un enfant, un vélo" (One Child, One Bike) programme started in 2017 by CENTURY 21 and sponsored by Bernard Hinault is to collect children's bikes and provide them to disadvantaged families.



CITOYENS COMBATIFS WITH ANTARGAZ

The "Citoyens Combatifs" (Combative Citizens) initiative is supported by Antargaz: a citizen in each start town will be presented with a trophy that's given to the most aggressive rider each day in order to pay tribute to their dedication and congratulate them for showing uncompromising dedication to their work.



EUROVISION SPORT

OPERATED BY EBU

WE CONNECT PEOPLE TO SPORT AND SPORT TO THE PEOPLE

We believe in pushing the boundaries, to finding new solutions, to doing whatever it takes to make sport part of everyone's life.

We use the collective power of public service media organizations to showcase sport at its best. For federations and event organizers, it's an opportunity to build visibility and to help their sport thrive.

It's an attitude that makes everyone a winner.

www.ebu.ch/eurovision-sport

RESPECT THE ENVIRONMENT

BEHAVE RESPONSIBLY!

For more than a decade, the Tour de France has been implementing measures to reduce its environmental impact. Along with local councils, the Assembly of French Departments (ADF) and organisations such as Les Connexions, Gestes Propres and ecosystem, you too can become a major player in our initiative.

WASTE MANAGEMENT

TO EVERYONE ON THE TOUR!

- I'm responsible for the health protection equipment that I've used** (masks, gloves, handkerchiefs, etc.). I never leave them lying around or throw them on the ground. Once I've used them, I put them in the grey bins intended for household waste.
- I'm responsible for the waste that I generate.** I make proper use of the waste management systems set up in the Tour de France's different zones (Technical Zone, Press Centre, service stations, etc.). If there aren't any rubbish bins close to hand, I keep hold of my litter until I can dispose of it later. Whether I'm in one of the Tour de France's zones or out on the road, I don't throw anything on the ground! If I'm a smoker, **I never throw my cigarette butts on the ground** but into an appropriate container.
- I sort out** recyclable packaging, batteries and electrical equipment using the facilities put in place. I identify the contents using labels that I stick on them.
- I use the rubbish bags provided by the Tour de France and dispose of them in the containers provided for this purpose** in the race's different zones (bags can be collected from the permanence at the Grand Départ, in the Technical Zone at stage starts and from waste management coordinators present throughout the race).

AS A MEMBER OF THE PUBLICITY CARAVAN

- I recycle** cardboard, plastic wrapping and pallets and put them in the appropriate containers provided for this purpose in the parking areas set aside for the caravan and caravan support (technique caravane);
- I adjust the amount of material I hand out** depending on the location we're passing through (watching out for water courses, cliff edges...) and the number of spectators at the roadside;
- I urge fans to dispose sensibly of the packaging** that comes with the publicity products that are distributed to them.

AS A RACER

- during the race**, when I need to throw away any rubbish (bottles, packaging), I do so in the collection zones;
- when not in these zones**, I pass my rubbish to a car in the convoy or keep it in the pockets of my jersey.



© A.S.O.

NEW THIS YEAR

ecosystem recycler c'est protéger is joining us to manage the disposal of small items that are no longer needed (e.g. coffee makers, lamps, etc...).

Management of cardboard cups: within the Start Village, the collection of cardboard cups (Vittel and Senseo) will be carried out using dedicated containers in order to guarantee specific recycling of this product.

C'est mon Tour je trie

UNIQUEMENT ONLY

EN BACS BLEUS DANS CERTAINES LOCALITÉS

REFUSÉ NON-ACCEPTED

PILETS ET PETITES BATTERIES UNIQUEMENT / BATTERIES ONLY

VERRE UNIQUEMENT GLASS ONLY

TOUS DÉCHETS NON RECYCLABLES ALL WASTE

CARTONS BRUNS UNIQUEMENT CARDBOARD

ecosystem recycler c'est protéger nous accompagne dans le recyclage des petits équipements usagés (cafetières, ampoules...) via les référents gestion des déchets.

Merci de faire bon usage des sacs-poubelle fournis et des différents contenants mis à votre disposition sur les zones du Tour de France (zones techniques, parkings Caravane, stations-service, ...), en respectant les consignes de tri. Pour un réassort de sacs-poubelles ou toute information concernant la gestion des déchets, rapprochez-vous des référents gestion des déchets du Tour de France.

Please, use the waste bags and the various containers provided in Tour de France areas (technical areas, petrol stations, ...), following selective sorting. Waste bags replenishment and information are available from the Tour de France waste management coordinators.

DRIVING

AS A RACE FOLLOWER

- I switch off my vehicle's engine if I stop for more than a minute;
- I promote car-sharing whenever possible;
- I drive in an eco-friendly manner, paying attention to my speed (less pollution, less consumption).

Waste management coordinators can be found at the start and finish of every stage and will ensure proper implementation of these initiatives and provide you with advice.

Don't hesitate to contact them if you've got any queries or want to dispose of specific waste items (electronic equipment, lamps, etc...).

STARTS: Camille ROUX : +33 (0)7 85 98 15 86

FINISHES: Mélanie DELHOMME : +33 (0)6 44 94 65 11

tourdefrance@lesconnexions.org

NATIONAL MUSEUM OF NATURAL HISTORY

THE TOUR DE FRANCE OF BIODIVERSITY

The Tour de France and France Télévisions are collaborating with the National Museum of Natural History.



GREATER AWARENESS MEANS BETTER PROTECTION

The National Museum of Natural History is committed to raising public awareness of the richness of France's natural heritage.

- Thanks to the National Inventory of Natural Heritage (INPN)'s website, anyone can find out about the nature areas, species and geodiversity that can be found in their vicinity.
- In creating the "Tour de France of Biodiversity" series, the museum aims to promote this resource more widely because "greater awareness means better protection".

21 PROGRAMMES FOR THE 21 STAGES

Each day, at the start of the live broadcast on either France 2 or France 3, the Tour de France of Biodiversity will consist of a lighthearted and informative programme, revealing to viewers a protected natural area through which the riders will be racing and within which environmental agencies are working on conserving France's natural heritage.

A CODE OF GOOD CONDUCT FOR SPECTATORS... AND FOR THOSE IN THE TOUR ENTOURAGE

1	Respect the by-laws in protected nature areas
2	Admire wild fauna and flora without disturbing them
3	No parking in protected areas
4	Put paper and rubbish in the places provided for them
5	Don't start any fires
6	Use public transport whenever possible
7	Keep our roads tidy
8	Keep an eye on your pets
9	Learn about the protected areas the race passes through
10	Encourage sportsmanship and the riders!

THE AGENCIES THAT PROTECT THE ENVIRONMENT

By highlighting the numerous activities involved in managing and conserving nature, the Tour de France of Biodiversity will reveal the measures implemented in order to preserve France's natural heritage as well as the people involved in doing so.



Pie-grièche écorcheur © MNHN JP Siblet



Mont Aigoual © MNHN JP Siblet

DISCOVER THE WILDLIFE THAT CAN BE FOUND ON THE TOUR

- YOU CAN FIND THE 21 PROGRAMMES in the series at:
www.mnhn.fr
inpn.mnhn.fr
www.francetvsport.fr
www.letour.fr
- INPN SPECIES
Find out about the wildlife seen on the Tour.
Download the app



CENTRE FOR NATIONAL MONUMENTS

THE NATIONAL MONUMENTS AT THE HEART OF THE RACE

France's leading cultural and touristic network with more than 10 million visitors per year, the Centre for National Monuments preserves nearly 100 exceptional monuments as well as their parks and gardens, and opens them to the public. As a result of their diversity, they illustrate the richness of France's heritage.



Villa Kérylos, Beaulieu-sur-Mer © Colombe Clier - Centre for National Monuments



Tours de La Rochelle © Philippe Berthé - Centre for National Monuments



The Gallo-Roman site of Sanxay © Bernard-Noël Chagny - Centre for National Monuments



Château d'Aulteribe © Philippe Berthé - Centre for National Monuments

CENTRE DES MONUMENTS NATIONAUX

As it crosses the country, the Tour de France gives those who are closely following its progress the opportunity to discover some of these monuments. The backdrop to the 2020 Tour de France will feature: **the Villa Kérylos in Beaulieu sur Mer in Alpes Maritimes**, **La Rochelle's towers** in Charente Maritime, **the Gallo-Roman site of Sanxay** in the Vienne, **the Château d'Aulteribe** in Puy de Dôme, **the Royal Monastery of Brou in Bourg en Bresse** in the Ain, **the Villa Savoye at Poissy** in the Yvelines, as well as Paris's monuments, notably the **Hôtel de la Marine** on Place de la Concorde. After five years of work, it reopened its doors to the public at the beginning of July. And, of course, there's the **Arc de Triomphe**, which the riders will circle around eight times before crossing the final finish line on the Champs Élysées on Sunday 20 September.



Brou Church, Bourg-en-Bresse © Philippe Berthé - Centre for National Monuments



Villa Savoye, Poissy © FLC (Fondation Le Corbusier) - ADAGP



Arc de Triomphe, Paris © Alex Broadway

www.monuments-nationaux.fr

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Ville de Nice - LM - 03/2020

CARNAVAL DE NICE - ROI DES ANIMAUX du 13 au 27 février 2021

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nicecarnaval.com

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NICE**



VILLE DE NICE

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GRAND DÉPART SITES

GRAND DÉPART SITES



COUNTDOWN TO THE START

WEDNESDAY 26 AUGUST

09.00-20.00	Opening hours of the reception/welcome desk at Nice Acropolis - Palais des Congrès
14.00-21.00	Opening hours of the press centre at Nice Acropolis - Palais des Congrès

THURSDAY 27 AUGUST

08.00-20.00	Opening hours of the reception/welcome desk
08.00-21.00	Opening hours of the press centre
14.00-18.00	Opening hours of the Tour de France Fan Park on the Promenade du Paillon
17.30	General briefing for teams (sports directors and riders) at the Opéra de Nice. In camera, no general admittance
18.30-20.00	Presentation of the teams participating in the 2020 Tour de France in Place Masséna

FRIDAY 28 AUGUST

08.00-20.00	Opening hours of the reception/welcome desk
08.00-22.00	Opening hours of the press centre
10.00-19.00	Opening hours of the Tour de France Fan Park
10.30	Meeting for sports directors - Tour de France - and France Télévisions at Nice Acropolis - Palais des Congrès (Bernard Hinault room)
10.30	Réunion des chefs Caravane publicitaire à Nice Acropolis - Palais des Congrès (auditorium Athéna)
13.30	Meeting for those responsible for events in the start and finish areas (partners, general commission) at Nice Acropolis - Palais des Congrès (Jacques Anquetil room)
15.30	Road safety meeting with drivers authorised to drive on the Tour de France route at Nice Acropolis - Palais des Congrès (Bernard Hinault room)
17.00	Meeting for drivers and motorbike pilots from the race organisation with the Commissaires' Jury at Nice Acropolis - Palais des Congrès (Bernard Hinault room)
18.00	Meeting for media working on motorbikes (pilots, photographers, camera operators, radio crew...) with the Commissaires' Jury at Nice Acropolis - Palais des Congrès (Jacques Anquetil room)

SATURDAY 29 AUGUST

08.00-23.00	Opening hours of the reception/welcome desk and of the press centre
10.00-19.00	Opening hours of the Tour de France Fan Park
11.30	Official opening of the Tour de France Village, Jardin Albert-1 ^{er}
13.50	Official start ceremony, Boulevard Jean Jaurès
14.00	Official neutralised start of the first stage Nice Moyen Pays > Nice, Boulevard Jean Jaurès
14.15	Official deneutralised start of the first stage, Avenue de Rimiez
14.15	Passage of the publicity caravan through the start line of the 1 st stage
15.10 (approximately)	First passage of the riders through the finish line, Promenade des Anglais
16.15 (approximately)	Second passage of the riders through the finish line, Promenade des Anglais
17.45 (approximately)	Finish of the 1 st stage, Promenade des Anglais

SUNDAY 30 AUGUST

08.00-23.00	Opening hours of the reception/welcome desk and of the press centre
10.00-19.00	Opening hours of the Tour de France Fan Park
10.30	Opening of the Tour de France Village
11.15	Passage of the publicity caravan through the start line of the second stage, Avenue de Verdun
13.00	Neutralised start of the second stage Nice Haut Pays > Nice, Avenue de Verdun
13.20	Deneutralised start of the second stage on the M6202 BIS
17.15 (approximately)	First passage of the riders through the finish line, Promenade des Anglais
18.00 (approximately)	Finish of the 2 nd stage on the Promenade des Anglais

MONDAY 31 AUGUST

9.45	Opening of the Tour de France Village, parvis Est de l'Allianz Riviera
10.25	Passage of the publicity caravan through the start line of the 3 rd stage in front of the Allianz Riviera on Allée Camille Muffat
12.10	Neutralised start of the 3 rd stage Nice > Sisteron in front of the Allianz Riviera on Allée Camille Muffat
12.20	Deneutralised start of the 3 rd stage on the M6202 BIS

Sports d'hiver en bord de mer.



À 1H30
DE NICE

LES STATIONS —
NICE CÔTE D'AZUR
AURON ISOLA 2000 ST-DALMAS



**Saint-Dalmas
Le Sauvage**



**DÉPARTEMENT
DES ALPES-MARITIMES**



**MÉTROPOLE
NICE CÔTE D'AZUR**

TEAM PRESENTATION

THE OFFICIAL PRESENTATION OF THE 176 RIDERS REPRESENTING THE 22 TEAMS TAKING PART IN THE 2020 TOUR DE FRANCE WILL TAKE PLACE ON THURSDAY 27 AUGUST BETWEEN 6.30 AND 8.00 IN THE EVENING.

Following the general briefing that will take place at 5.30pm at the Opéra de Nice, 4-6 Rue Saint-François de Paule, the riders will parade from the Quai des États Unis to Place Masséna. This will be the location for the podium where the teams will each be presented in turn to the public. The riders will then continue their parade along Avenue de Verdun before finishing on the Promenade des Anglais.





**SAMEDI
29 AOÛT
2020**

NICE
PROMENADE
DES ANGLAIS



**DÉPART 10H00
ARRIVÉE PRÉVUE VERS 12H00**

**SUIVI DU GRAND DÉPART
DU TOUR DE FRANCE 14H00**

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franceinfo:



SATURDAY 29 AUGUST

➤ 156 KM

STAGE 1

NICE MOYEN PAYS

➤➤➤ NICE

Prefecture of Alpes Maritimes (06)

Inhabitants: 350,000 (Niçois), 570,000 within the 49 municipalities comprising the Nice Côte d'Azur metropolis

www.nice.fr

Tour de France: Stage town for the 37th time and location of the Grand Départ for the second time after previously hosting it in 1981. That year, Bernard Hinault, with the rainbow jersey of world champion on his shoulders, won the prologue. That set him on the way towards the third of his five Tour victories.



Place Masséna © Gettyimages

➤ **Cycling:** Nearly 90km of bike paths, 1,750 bikes distributed between 175 stations for the benefit of 17,000 subscribers, plus the creation of 11,000 parking spaces. Thanks to the change of use and embellishment of public spaces, the reduction of air and noise pollution, and the conversion of bus lanes into cycle paths, Nice is transforming the use of bikes within the urban area

➤ **Sport and culture:** France's second biggest tourist site (with more than five million visitors per year), second city for conference-hosting, and the second busiest airport in France (with more than 14 million passengers in 2019), which is now linked to the city centre by a new tram line, plus 170 hotels offering nearly 10,000 rooms. OGC Nice (football, Ligue 1), Nice Volleyball (Ligue A), Aigles de Nice (ice hockey, Magnus League), Olympic Nice Natation (swimming and water polo). *Athletes:* Hugo Lloris (football, 2018 world champion), Fabio Quartararo (motorcycling), Charlotte Bonnet (swimming, Olympic medallist), Jean-Pierre Dick (sailing, three-time winner of the Transat Jacques-Vabre). *Events*:* Carnival, Nice Jazz Festival, Paris-Nice

➤ **Sights:** Promenade des Anglais, which is the symbol of the city, Matisse Museum, Marc Chagall National Museum of Biblical Message

➤ **Gastronomy:** Mediterranean cuisine including salade niçoise, soupe au pistou (vegetable, pasta, garlic and herb soup), pissaladière (caramelised onion, anchovy and herb-topped bread), pan bagnat (sandwich bun with salade niçoise filling)

➤ **Distinctions:** Member of the top 15 smart cities (high-performance cities in four domains: energy, environment, risk management, intelligent mobility), more than 30% of the metropolitan area is registered as a Natura 2000 zone



Promenade des Anglais © Comback



Promenade du Paillon © Ville de Nice

*Due to the health crisis resulting from the Covid-19 pandemic, most of the events cited have already been or will be cancelled in 2020.

156 KM



NICE



NICE MOYEN PAYS



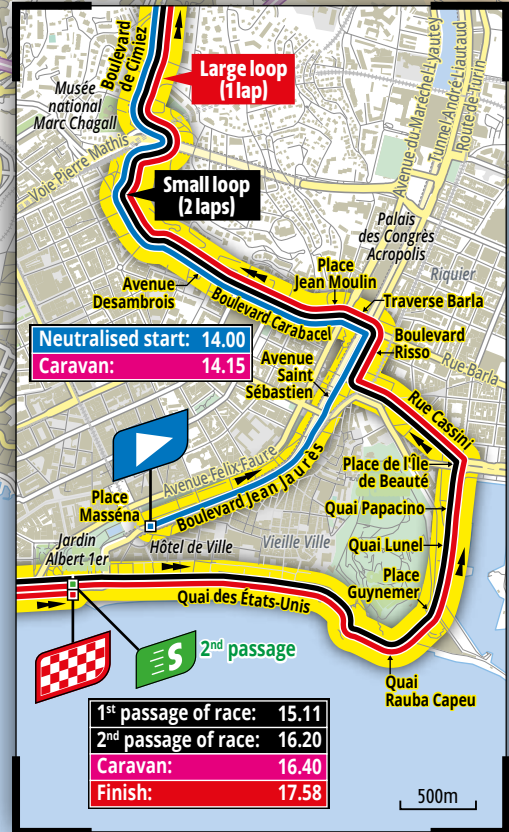
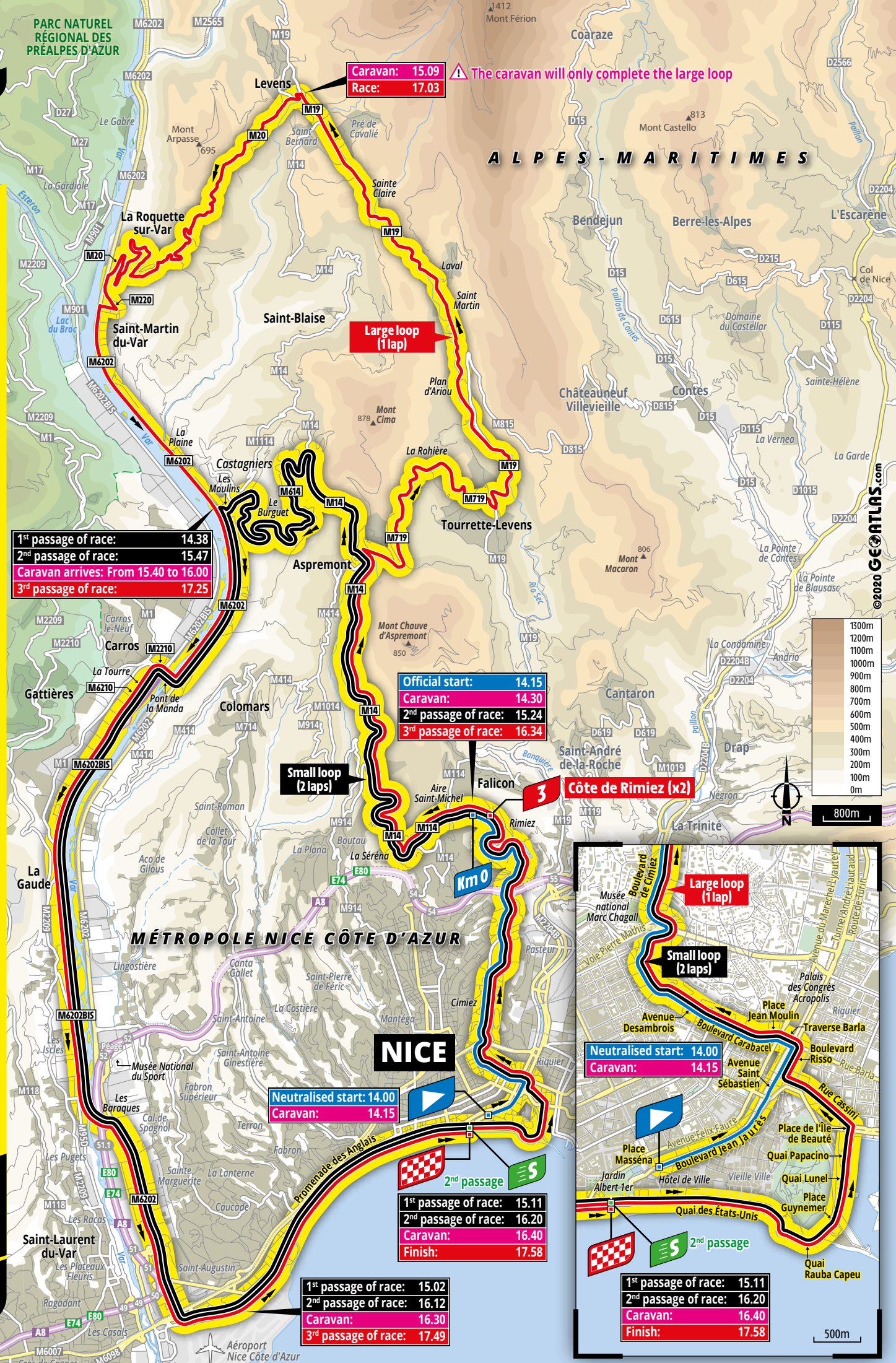
SATURDAY 29 AUGUST



STAGE 1



27



ACCESS AND START

**LA COURSE BY
LE TOUR DE FRANCE
AVEC FDJ**
Start: 10.05
Finish: around 12.30



PPO

PPO North: Junction 55 Nice Est on the A8, 5.5km from the start

PPO West: Junction 51 on the A8



RECEPTION POINT FOR GUESTS

Crossroads of Avenue Jean Médecin and Place Masséna
Opens: 10.30



TOUR DE FRANCE VILLAGE

Location: Jardin Albert-1^{er}
Opens: 11.30

FP TOUR DE FRANCE FAN PARK

Location: promenade du Paillon
Opening hours: Between 10.00 and 19.00

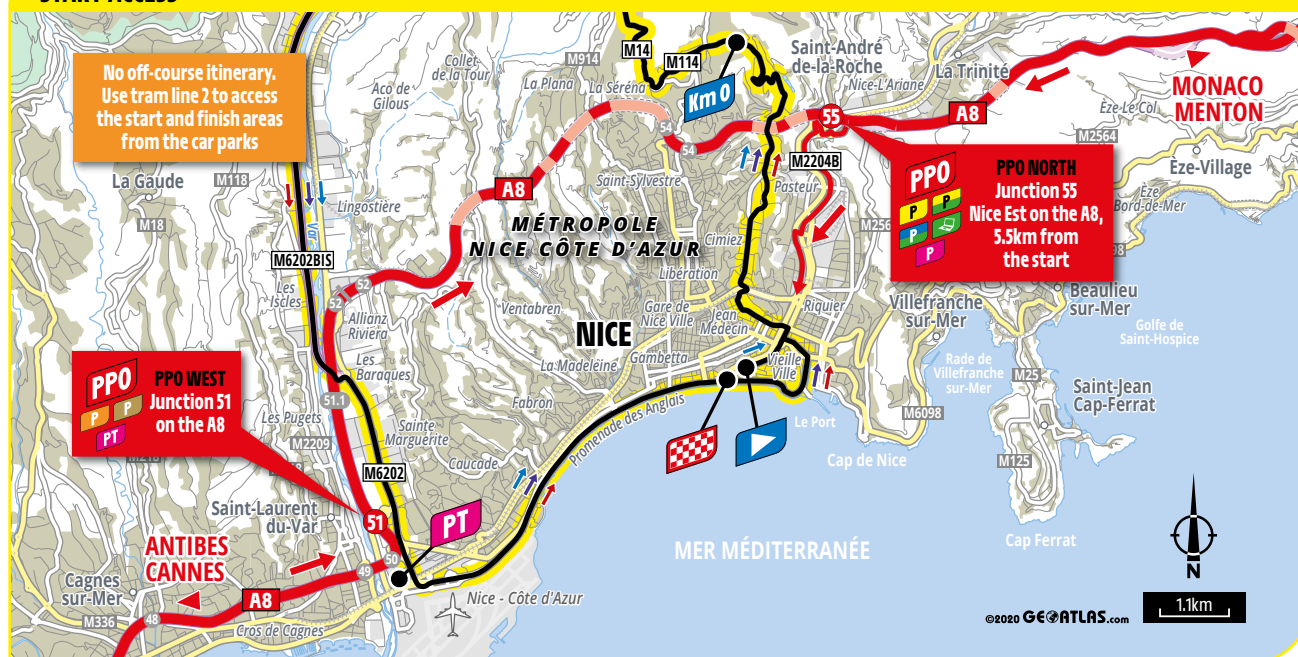
PUBLICITY CARAVAN

Parking: Nice Acropolis - Palais des Expositions
Parking technique: Marché d'Intérêt National (MIN fleurs) parking Nord-Est
Departure from the car park: Between 14.00 and 14.30
Passage across the start line: Between 14.15 and 14.45

RACE

Assembly point for start: Place Masséna
Rider sign-in: Between 12.40 and 13.40
Call to the start: 13.45
Official start ceremony: 13.50, Boulevard Jean Jaurès
Neutralised start: 14.00, Boulevard Jean Jaurès
Official start: 14.15, Avenue de Rimiez, 8.2km from the assembly point

START ACCESS

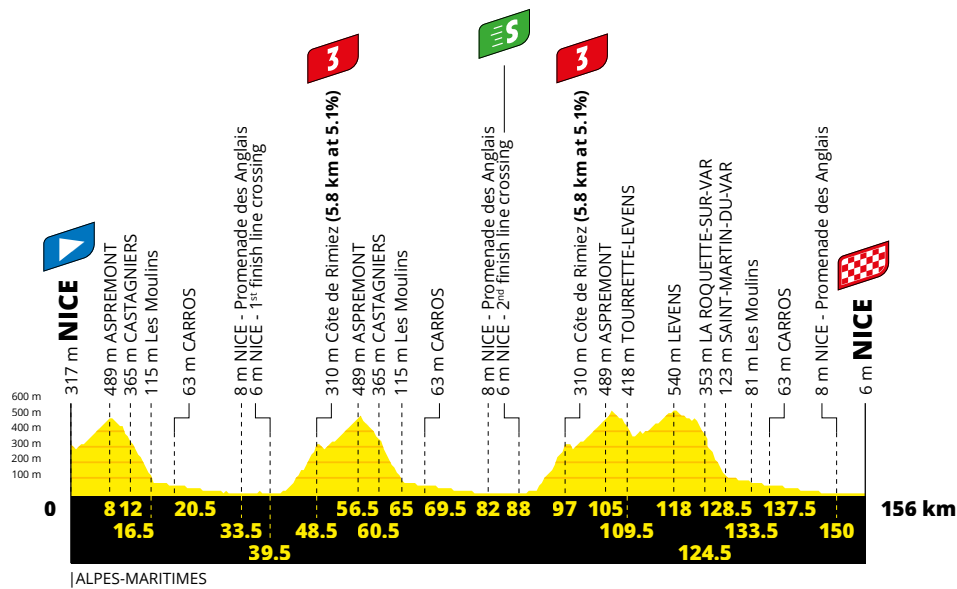


SITUATION MAP



PROFILE

STAGE'S PROFILE



ITINERARY TIMETABLE

KM		STAGE 1		TIMETABLE			
To be run	Run			Caravan	44 kph	42 kph	40 kph
ALPES-MARITIMES (06)							
		VC	NICE 	14:15	14:00	14:00	14:00
			Rimiez (NICE, FALICON)				
156	0		NICE 	14:30	14:15	14:15	14:15
155.5	0.5		Aire Saint-Michel (NICE, FALICON) (VC-M114)	14:31	14:15	14:15	14:16
154	2	M114	La Séréna (NICE, FALICON) (M114-M14)	14:33	14:17	14:17	14:17
148	8	M14	ASPREMONT	14:43	14:26	14:26	14:27
145	11		Crossroad M14-M614		14:29	14:30	14:31
144	12	M614	CASTAGNIERS		14:31	14:32	14:33
141.5	14.5		Le Burguet		14:34	14:35	14:36
139.5	16.5		Les Moulins (M614-M6202)		14:37	14:38	14:39
136	20	M6202	Pont de la Manda (COLOMARS) (M6202-M2210)		14:42	14:43	14:45
135.5	20.5	M2210	Cross level		14:42	14:44	14:45
135.5	20.5		CARROS (M2210-M6210-M6202 BIS)		14:43	14:44	14:46
126.5	29.5	M6202 BIS	Les Baraques (M6202 BIS-M6202)		14:55	14:57	14:59
122.5	33.5	M6202	NICE (entry) - Promenade des Anglais (M6202-VC)		15:00	15:02	15:05
116.5	39.5	VC	NICE - 1 st finish line crossing		15:09	15:11	15:14
107.5	48.5		Côte de Rimiez 		15:21	15:24	15:28
107	49		Aire Saint-Michel (NICE, FALICON) (VC-M114)		15:22	15:25	15:28
105.5	50.5	M114	La Séréna (M114-M14)		15:23	15:27	15:30
99.5	56.5	M14	ASPREMONT		15:32	15:36	15:40
96.5	59.5		Crossroad M14-M614		15:36	15:39	15:44
95.5	60.5	M614	CASTAGNIERS		15:37	15:41	15:45
93	63		Le Burguet		15:41	15:45	15:49
91	65		Les Moulins (M614-M6202)		15:43	15:47	15:52
87.5	68.5	M6202	Pont de la Manda (COLOMARS) (M6202-M2210)		15:48	15:53	15:58
87	69	M2210	Cross level		15:49	15:53	15:58
86.5	69.5		CARROS (M2210-M6210-M6202 BIS)		15:49	15:54	15:59
78	78	M6202 BIS	Les Baraques (M6202 BIS-M6202)		16:01	16:06	16:12
74	82	M6202	NICE (entry) - Promenade des Anglais (M6202-VC)		16:06	16:12	16:17
68	88	VC	NICE - 2 nd finish line crossing 		16:15	16:20	16:27
59	97		Côte de Rimiez 		16:27	16:34	16:40
58	98		Aire Saint-Michel (NICE, FALICON) (VC-M114)		16:28	16:34	16:41
57	99	M114	La Séréna (M114-M14)		16:30	16:36	16:43
51	105	M14	ASPREMONT (M14-M719)		16:38	16:45	16:52
46.5	109.5	M719	TOURRETTE-LEVENS (M719-M19)	14:52	16:44	16:51	16:59
43.5	112.5	M19	Plan d'Ariou	14:58	16:48	16:55	17:03
42	114		Saint-Martin	15:01	16:50	16:57	17:05
41	115		Laval	15:03	16:51	16:59	17:07
39.5	116.5		Sainte-Claire	15:06	16:54	17:01	17:09
38	118		LEVENS (M19-M20)	15:09	16:56	17:03	17:12
31.5	124.5	M20	LA ROQUETTE-SUR-VAR	15:22	17:05	17:13	17:22
27.5	128.5		SAINT-MARTIN-DU-VAR (M20-M220-M6202)	15:30	17:10	17:18	17:27
23.5	132.5	M6202	La Plaine (SAINT-BLAISE) (near)	15:38	17:15	17:24	17:33
22.5	133.5		Les Moulins	15:40 à 16:00	17:17	17:25	17:35
19.5	136.5		Pont de la Manda (COLOMARS) (M6202-M2210)	16:06	17:21	17:30	17:40
19	137	M2210	Cross level	16:07	17:21	17:30	17:40
18.5	137.5		CARROS (M2210-M6210-M6202 BIS)	16:09	17:22	17:31	17:41
10	146	M6202 BIS	Les Baraques (M6202 BIS-M6202)	16:18	17:34	17:43	17:53
6	150	M6202	NICE (entry) - Promenade des Anglais (M6202-VC)	16:30	17:39	17:49	17:59
0	156	VC	NICE 	16:40	17:47	17:58	18:09

DISTANCE FROM NEUTRALISED TO OFFICIAL START

8.2km

CATEGORISED CLIMBS

-  Km 48.5 - Côte de Rimiez
Climb of 5.8km at 5.1%
-  Km 97 - Côte de Rimiez
Climb of 5.8km at 5.1%

RELAIS-ÉTAPE

Plate-forme
Les Moulins
15, route de Castagniers
06670 Castagniers
Km 16.5

ROUTE FOR NON-RACE VEHICLES

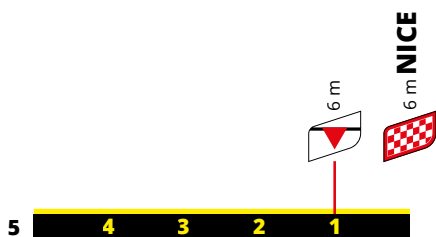
No route for non-race vehicles

STAGE'S LAST KILOMETRES

LAST KILOMETRES MAP



LAST KILOMETRES PROFILE



FINISH LINE

Promenade des Anglais at the end of a flat, 2km finishing straight (800m long by line of sight) - **Width:** 6.50m

PRESS ROOM

Nice Acropolis - Palais des Congrès
1 Esplanade John Fitzgerald Kennedy, 06000 Nice
Distance from finish: 1,5 km

RECEPTION POINT FOR GUESTS

Marché d'Intérêt National (MIN fleurs) de Nice - **Opens:** 14.00

SERVICE STATION

Total Access
217 Promenade des Anglais, 06000 Nice
Tel: +33 (0)4 93 86 31 35
Opening hours: 14.00 to 19.30

FINISH MAP



Toujours leader dans le cœur des Français

**Quoi de plus naturel que
l'enseigne d'optique préférée
des Français s'associe à
l'événement sportif favori
des Français.**

Cette année encore nous célébrerons
le collectif, l'humain et la jeunesse en étant
également le parrain officiel du maillot blanc.
Nous sommes fiers d'être à vos côtés pour
partager les plaisirs de la grande boucle.



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vous aimer**

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Antargaz SAS au capital de 7 749 159 euros - RCS Nanterre 572 126 043
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**ENGAGÉ DANS LA PERFORMANCE
ÉNERGÉTIQUE**

L'énergie est notre avenir, économisons la !



PRIX DE LA COMBATIVITÉ

f@prixantargaz t@PrixAntargaz i@prixantargaz

SUNDAY 30 AUGUST

➤ 186 KM

STAGE 2

NICE HAUT PAYS

➤➤➤ NICE 

Prefecture of Alpes Maritimes (06)

Inhabitants: 350,000 (Niçois), 570,000 within the 49 municipalities comprising the Nice Côte d'Azur metropolis

www.nice.fr

Tour de France: Stage town for the 37th time and location of the Grand Départ for the second time after previously hosting it in 1981. In 2013, Nice hosted the spectacular team time trial event, which the Australian Orica-GreenEDGE team won by the narrowest of margins: one second! Simon Gerrans pulled on the yellow jersey, which he held for two days

➤ **Cycling:** 160km of bike paths within the metropolis (the objective is to have 420km by the end of 2020), making roads safe for cyclists by erecting signs reminding all users of the rules relating to mutual respect and road-sharing

➤ **Sport and culture:** École de Nice, an artistic movement of the late 1950s that included Yves Klein, Arman, Martial Raysse, Ben, Sacha Sosno, Bernard Venet. Cavigal Nice Sports (multisport club), Stade Niçois (rugby, Fédérale 1 division). *Athletes:* Surya Bonaly (figure skating, European champion), Gilles Simon (tennis). *Events*:* Ironman (triathlon), Alpes-Maritimes Nice-Cannes Marathon, Nuits musicales de Nice (classical music), book festival



Cours Saleya in Old Nice © Ville de Nice

➤ **Sights:** Old Nice (palace, squares and narrow cobbled streets), Parc de la colline du château (remains of the citadel dating from the 11th century and destroyed in the 18th century by Louis XIV's troops), Church of Saint Jacques le Major (17th century), Orthodox Church of Saint Nicolas et Sainte Alexandra (19th century), museum of modern and contemporary art, Opera, National Theatre, Victorine film studios

➤ **Gastronomy:** Mediterranean cuisine including tourte de blettes (chard pie), socca (chickpea flour pancake), stockfish niçois (or kestocafic, a dish made from dried haddock), Bellet wine (the only vineyard in France that is entirely urban)

➤ **Distinctions:** City of art and history, French Tech and Territory of Industry labels



#ILoveNice structure installed on the Promenade des Anglais © Ville de Nice



Port of Nice © Gettyimages

*Due to the health crisis resulting from the Covid-19 pandemic, most of the events cited have already been or will be cancelled in 2020.

186 KM



NICE

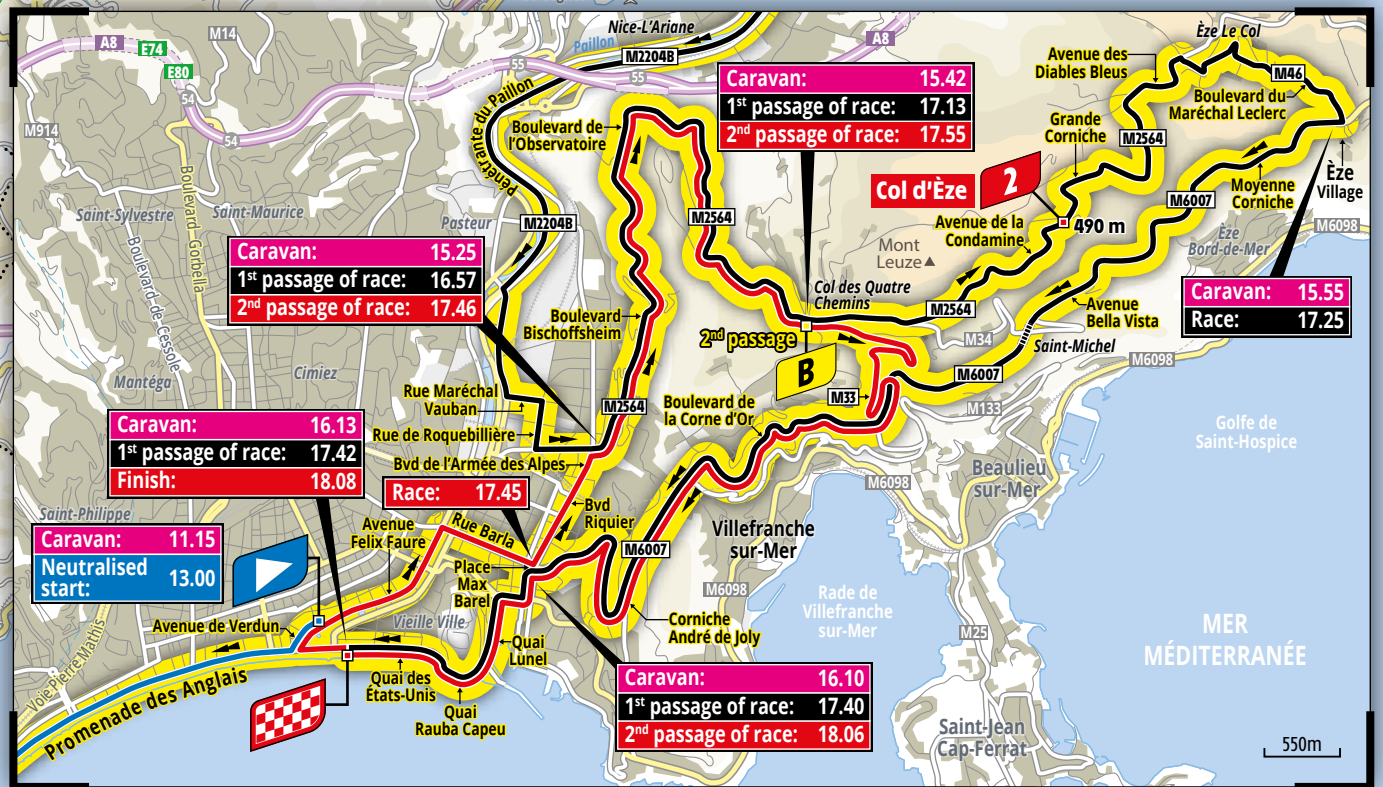
➤➤➤

NICE HAUT PAYS

SUNDAY 30 AUGUST

STAGE 2

37



OVER



ACCESS AND START

PPO

PPO North: Junction 55 Nice Est on the A8, 5.5km from the start

PPO West: Junction 51 on the A8



RECEPTION POINT FOR GUESTS

Crossroads of Avenue Jean Médecin and Place Masséna
Opens: 9.30



TOUR DE FRANCE VILLAGE

Location: Jardin Albert-1^{er}

Opens: 10.30



TOUR DE FRANCE FAN PARK

Location: Promenade du Paillon

Opening hours: Between 10.00 and 19.00

PUBLICITY CARAVAN

Parking: Nice Acropolis - Palais des Expositions

Parking technique: Marché d'Intérêt National (MIN fleurs) parking Nord-Est

Departure from the car park:

Between 11.05 and 11.35

Passage across the start line:

Between 11.15 and 11.45



RACE

Assembly point for start: Place Masséna

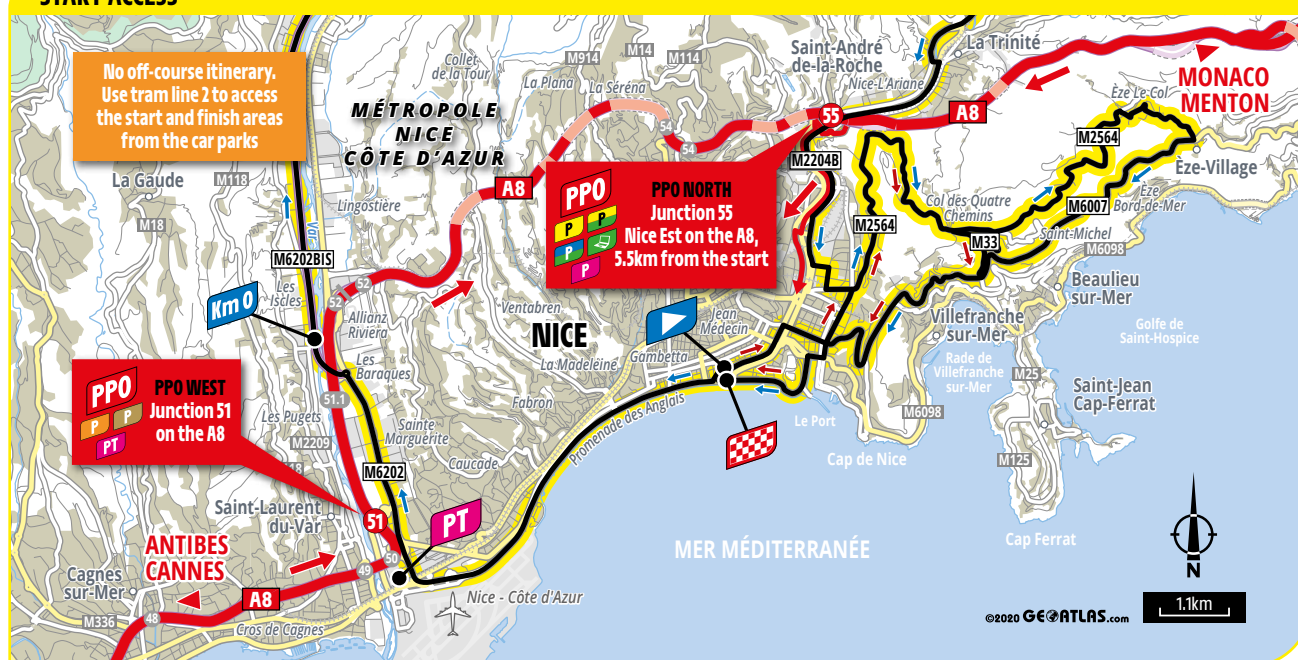
Rider sign-in: Between 11.50 and 12.50

Call to the start: 12.55

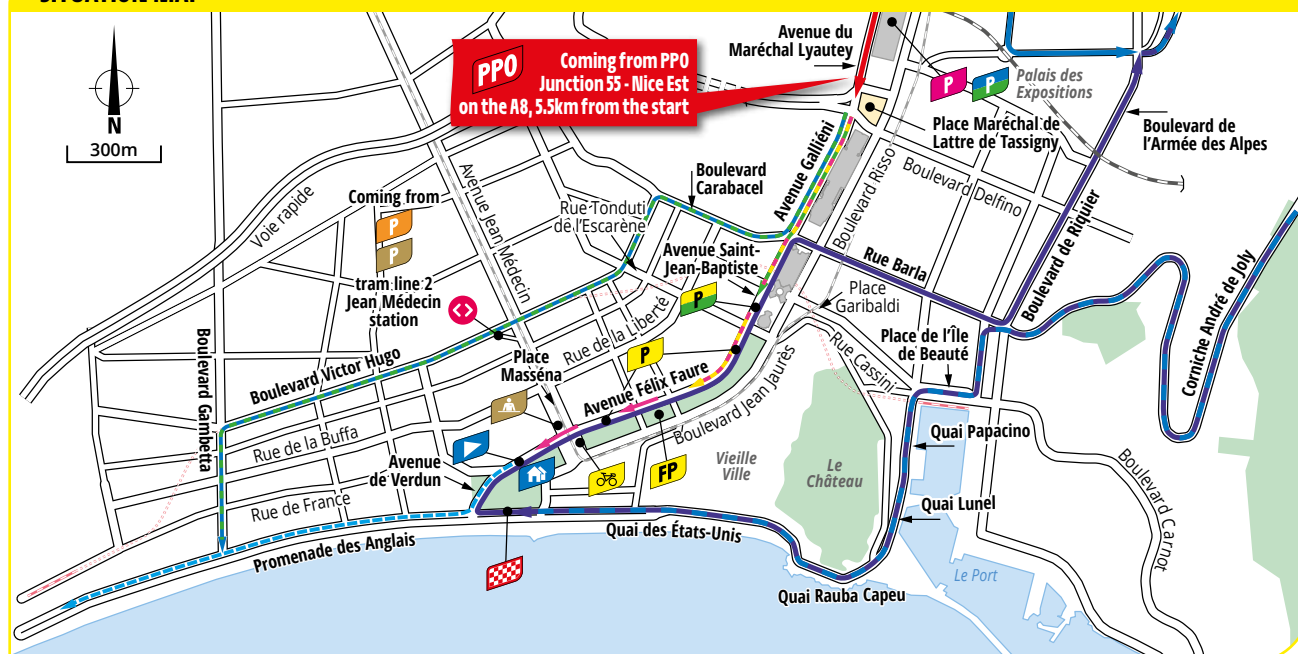
Neutralised start: 13.00, Avenue de Verdun

Official start: 13.20, on the M6202 BIS, 11km from the assembly point

START ACCESS

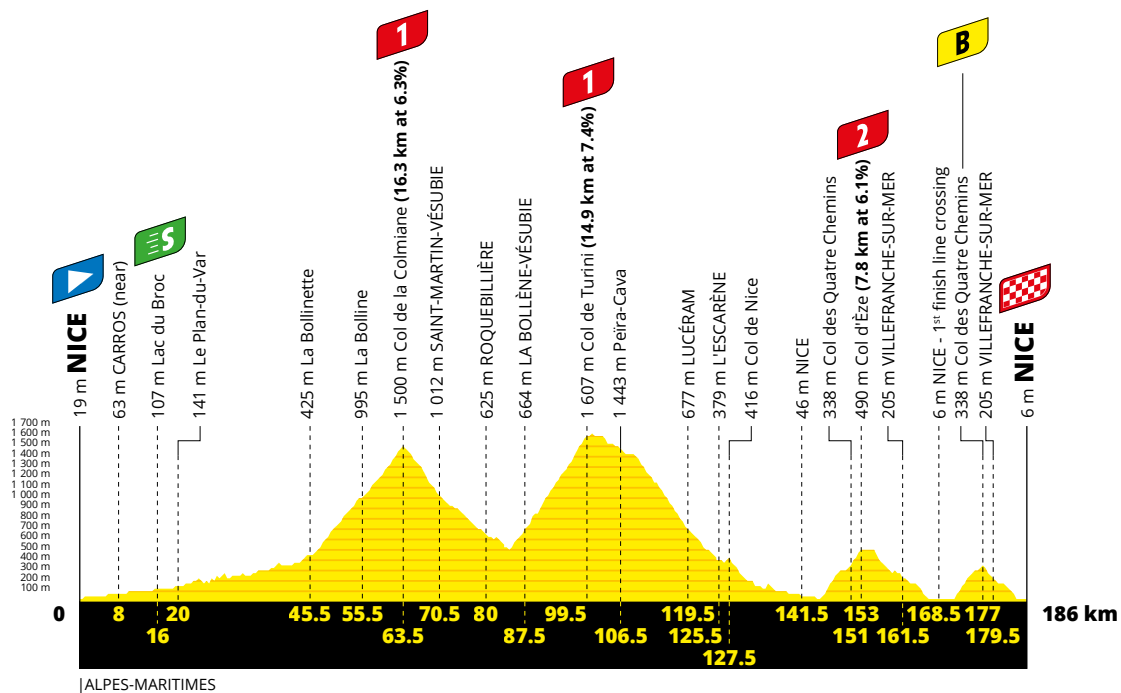


SITUATION MAP

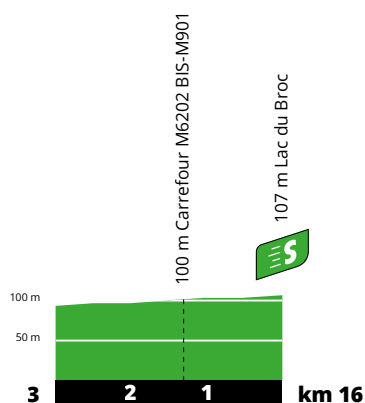


PROFILES AND MAP

STAGE'S PROFILE



INTERMEDIATE SPRINT: PROFILE AND MAP



ITINERARY TIMETABLE

KM		STAGE 2		TIMETABLE			
To be run	Run			Caravan	41kph	39 kph	37 kph
ALPES-MARITIMES (06)							
			NICE (VC-M6202) 	11:15	13:00	13:00	13:00
		M6202	Les Baraques (M6202-M6202 BIS)				
186	0	M6202 BIS	NICE 	11:35	13:20	13:20	13:20
178	8		CARROS (near)	11:46	13:30	13:30	13:31
171.5	14.5		Crossroad M6202 BIS-M901	11:55	13:38	13:39	13:40
170	16	M901	Lac du Broc (LE BROC) 	11:57	13:40	13:41	13:42
170	16		Pont Louis Nucéra (LE BROC)	11:57	13:40	13:41	13:42
168.5	17.5		Le Pont Charles Albert (GILETTE)	11:59	13:42	13:43	13:44
168	18		Cross level n°658	12:00	13:42	13:43	13:45
168	18		Baus Roux (LA ROQUETTE-SUR-VAR) (M901-M6202)	12:00	13:42	13:43	13:45
166	20	M6202	Le Plan-du-Var (LEVENS)	12:02	13:45	13:46	13:47
164.5	21.5		Le Chaudan (UTELLE)	12:05	13:47	13:48	13:50
163.5	22.5		Tunnel du Chaudan	12:06	13:48	13:50	13:51
162	24		Tunnel de la Gare de la Tinée	12:08	13:50	13:52	13:53
161	25		Tunnel du Rocastron	12:10	13:52	13:53	13:55
158.5	27.5		Crossroad M6202-M2205	12:13	13:55	13:56	13:58
158.5	27.5	M2205	Tunnels de la Mescla	12:13	13:55	13:56	13:58
156.5	29.5		La Courbaisse (TOURNEFORT)	12:16	13:57	13:59	14:01
150.5	35.5		Roussillon-La Condamine (LA TOUR-SUR-TINÉE)	12:24	14:05	14:07	14:09
149	37		Pont de Clans (CLANS)	12:26	14:07	14:09	14:11
146	40		Bancairon (CLANS)	12:30	14:11	14:13	14:15
145	41		Viaduc de Bancairon (CLANS, BAIROLS)	12:32	14:12	14:14	14:17
142.5	43.5		Viaduc de Saint-Ferréol (ILONSE)	12:36	14:15	14:18	14:21
141.5	44.5		MARIE-Gare	12:37	14:17	14:19	14:22
140.5	45.5		La Bollinette (MARIE)	12:38	14:18	14:20	14:23
139	47		Tunnel de Rimplas-Gare	12:40	14:20	14:22	14:25
139	47		RIMPLAS-Gare (M2205-M2565)	12:41	14:20	14:23	14:26
135.5	50.5	M2565	Le Planet-Les Vignes (VALDEBLORE)	12:50	14:28	14:31	14:35
130.5	55.5		La Bolline (VALDEBLORE)	13:04	14:39	14:44	14:49
129	57		La Roche (VALDEBLORE)	13:08	14:43	14:48	14:53
126.5	59.5		Saint-Dalmas (VALDEBLORE)	13:16	14:50	14:55	15:01
122.5	63.5		Col de la Colmiane (1 500 m) 	13:27	14:59	15:05	15:12
121	65		Tunnels de la Colmiane (VALDEBLORE)	13:29	15:00	15:07	15:14
120	66		Belvédère de la Pausa	13:30	15:02	15:08	15:15
115.5	70.5		SAINT-MARTIN-VÉSUBIE	13:35	15:07	15:13	15:20
112	74		Saint-Bernard	13:39	15:10	15:16	15:24
111.5	74.5		Nantelle	13:39	15:11	15:17	15:24
110.5	75.5		Les Châtaigniers	13:41	15:12	15:18	15:26
107.5	78.5		Chalet Forneri	13:44	15:15	15:21	15:29
106	80		ROQUEBILLIÈRE (M2565-M69-M2565)	13:46	15:16	15:23	15:31
101.5	84.5		Quartier Boutas (M2565-M70)	13:51	15:21	15:28	15:36
98.5	87.5	M70	LA BOLLÈNE-VÉSUBIE	13:59	15:28	15:35	15:44
97	89		Aire Saint-Honorat	14:03	15:32	15:39	15:48
95	91		Aire Sainte-Élisabeth	14:10	15:37	15:45	15:55
89.5	96.5		Le Pra d'Alart	14:27	15:51	16:01	16:12
86.5	99.5		Col de Turini (1 607 m) (M70-D68-D2566) 	14:36	15:59	16:09	16:21
81	105	D2566	La Mairis (LANTOSQUE)	14:41	16:04	16:14	16:26
79.5	106.5		Peira-Cava	14:43	16:06	16:16	16:28
76.5	109.5		Crossroad D2566-D21	14:47	16:09	16:20	16:32
66.5	119.5	D21	LUCÉRAM (D21-D2566)	14:58	16:20	16:31	16:43
60.5	125.5	D2566	L'ESCARÈNE (D2566-D2204)	15:05	16:26	16:37	16:50
58.5	127.5	D2204	Col de Nice (BERRE-LES-ALPES)	15:07	16:28	16:39	16:52
56	130		La Garde (BLAUSASC)	15:10	16:31	16:42	16:55
53.5	132.5		La Pointe de Contes (CONTES)	15:12	16:33	16:45	16:57
52.5	133.5		La Pointe de Blausasc (BLAUSASC) (D2204-D2204 B)	15:13	16:34	16:46	16:58
51	135	D2204 B	Tunnel de la Condamine	15:15	16:36	16:47	17:00
49.5	136.5		CANTARON (near)	15:17	16:37	16:49	17:02

DISTANCE FROM NEUTRALISED TO OFFICIAL START

11km

CATEGORISED CLIMBS

-  **Km 63.5 - Col de la Colmiane**
Climb of 16.3km at 6.3%
-  **Km 99.5 - Col de Turini**
Climb of 14.9km at 7.4%
-  **Km 153 - Col d'Èze**
Climb of 7.8km at 6.1%

RELAIS-ÉTAPE

La Colmiane
06420 Valdeblore
Km 63.5

ROUTE FOR NON-RACE VEHICLES

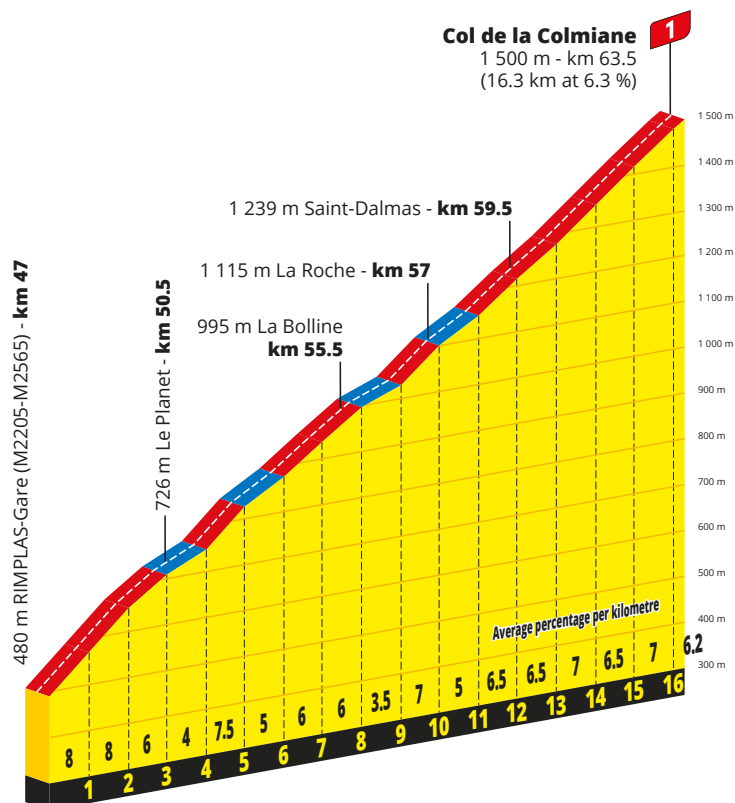
No route for non-race vehicles

ITINERARY TIMETABLE

KM		STAGE 2		TIMETABLE			
To be run	Run			Caravan	41 kph	39 kph	37 kph
47.5	138.5		Crossroad D2204 B-M2204 C	15:19	16:40	16:51	17:04
47	139	M2204 C	NICE-L'Ariane	15:19	16:40	16:52	17:04
46.5	139.5		LA TRINITÉ (M2204 C-M2204 B)	15:20	16:40	16:52	17:05
44.5	141.5	M2204 B	NICE (M2204 B-VC-M2564)	15:22	16:43	16:54	17:07
35	151	M2564	Col des Quatre Chemins	15:42	17:00	17:13	17:27
34.5	151.5		Saint-Michel	15:44	17:01	17:15	17:29
33	153		Col d'Èze (490 m)	15:49	17:05	17:19	17:34
31	155		ÈZE-Le Col (M2564-M46)	15:52	17:08	17:22	17:37
29	157	M46	ÈZE-Village (M46-M6007)	15:55	17:11	17:25	17:40
26	160	M6007	Tunnel de Saint-Michel	16:00	17:15	17:30	17:45
24.5	161.5		VILLEFRANCHE-SUR-MER	16:02	17:17	17:32	17:47
22	164		NICE (entry) (M6007-VC-M2564)	16:06	17:21	17:35	17:51
17.5	168.5	VC	NICE - 1 st finish line crossing	16:13	17:27	17:42	17:58
9	177	M2564	Col des Quatre Chemins (M2564-M33)	17:40	17:55	18:12	
8.5	177.5	M33	VILLEFRANCHE-SUR-MER (M33-M6007)		17:40	17:55	18:12
4.5	181.5	M6007	NICE (entry) (M6007-VC)		17:46	18:01	18:18
0	186	VC	NICE		17:52	18:08	18:25

PARTICULAR PROFILES

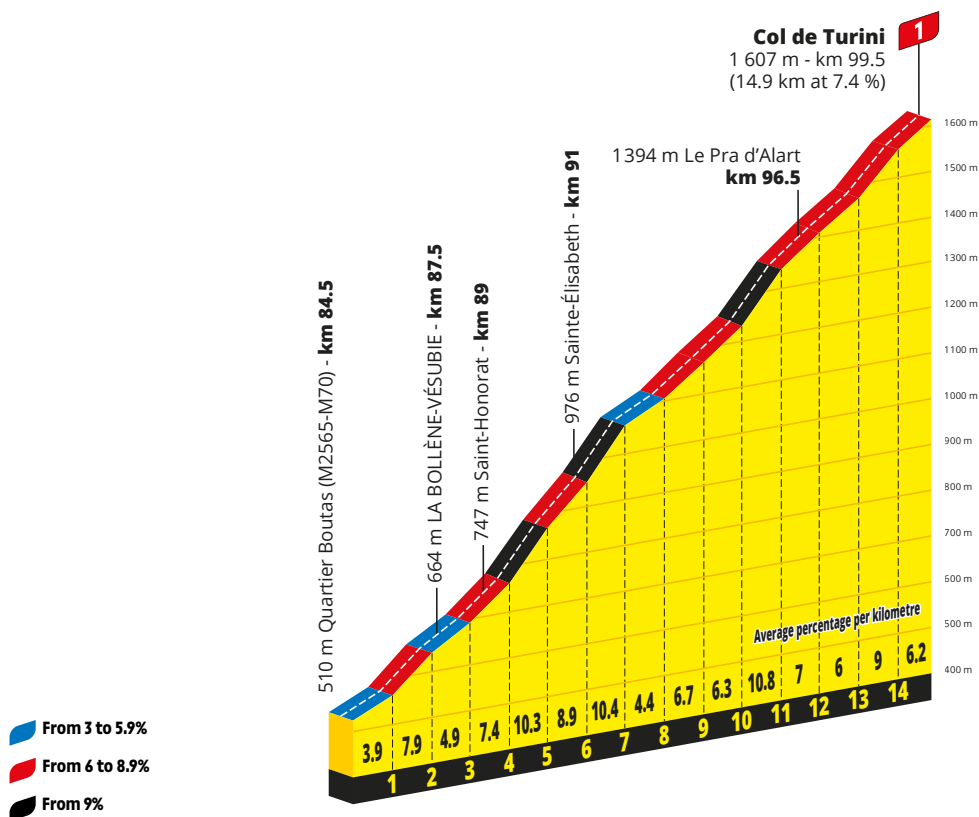
COL DE LA COLMIANE



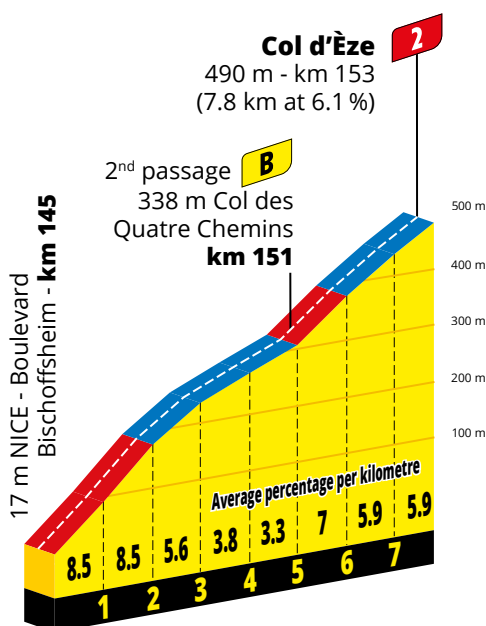
From 3 to 5.9%
From 6 to 8.9%

PARTICULAR PROFILES

COL DE TURINI



COL D'ÈZE

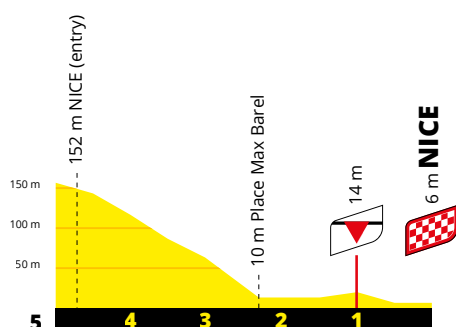


STAGE'S LAST KILOMETRES

LAST KILOMETRES MAP



LAST KILOMETRES PROFILE



FINISH LINE

Promenade des Anglais at the end of a flat, 2km finishing straight (800m long by line of sight) - **Width:** 6.50m

PRESS ROOM

Nice Acropolis - Palais des Congrès
1 Esplanade John Fitzgerald Kennedy, 06000 Nice
Distance from finish: 1.5km

RECEPTION POINT FOR GUESTS

Marché d'Intérêt National (MIN) - **Opens:** 14.30

SERVICE STATION

Total Access
217 Promenade des Anglais, 06000 Nice
Tel: +33 (0)4 93 86 31 35
Opening hours: 14.00 to 19.30

FINISH MAP



MONDAY 31 AUGUST

➤ 198 KM

STAGE 3

NICE >>>

Prefecture of Alpes-Maritimes (06)

Inhabitants: 350,000 (Niçois), 570,000 in the 49 municipalities comprising the Nice Côte d'Azur metropolis

www.nice.fr

Tour de France: Stage town for the 37th time and location of the Grand Départ for the second time after 1981. In 1975, it was on the 15th start that started in Nice and headed into the Alpes de Haute Provence that the fate of the Tour was decided. On the slopes of Pra Loup, Bernard Thévenet tamed Eddy Merckx before going on to claim the first of his two Tour victories

- **Cycling:** 2021 will see the launch of the "Auron-Nice trek by electrically-assisted mountain bike", a 7-stage event amounting to 261km that passes through 16 municipalities
- **Culture and sport:** Allianz Riviera, a multifunction stadium opened in 2013, was built in compliance with the main principles of sustainable development. Its resident club is OGC Nice (football)
- **Sights:** National Museum of Sport (45,000 objects, many of which are devoted to cycling and the Tour de France, and 400,000 documents)
- **Gastronomy:** Mediterranean cuisine including stuffed vegetables, courgette flower fritters. L'Atelier Cuisine Niçoise provides an introduction to the history and recipes of the local cuisine
- **Note:** *Nissa la bella* composed in 1903 by Menica Rodelly, is the city's anthem



National Museum of Sport © M. Erlich



Citadel © Sisteron town hall



Méouge Gorge © Sisteron tourist office

>>> SISTERON

Main town in a canton of Alpes de Haute Provence (04)

Inhabitants: 8,000 (Sisteronais); 25,800 within the communes comprising the Sisteronais-Buëch municipality (60 communes in an area divided between Hautes-Alpes and Drôme); 163,900 within the department

www.sisteron.fr / www.sisteronais-buech.fr

www.tourisme-alpes-hautes-provence.com

Tour de France: Stage town for the second time. The only previous occasion Sisteron hosted the Tour was as a start town for a stage to Bourg-lès-Valence in the Drôme in 2010. It ended with a bunch finish in which Mark Cavendish once again showed that he was the peloton's best sprinter.

- **Cycling:** 4,500km of marked mountain bike trails within the department, mountain passes open only to cyclists in the summer. The Sisteron tourist office has the Accueil Vélo (cycling-friendly) label
- **Sport:** 9 alpine ski resorts, 6 Nordic ski domains in the department. *Events*:* World Mountain Bike Championships in Pra-Loup, International Free Flight and Glider Championships, Critérium National boules tournament in Laragne
- **Sights:** Verdon gorge, ammonite slab at Digne, Museum of Salagon priory and gardens, Quinson Prehistory Museum, citadel, museums and old town in Sisteron
- **Gastronomy:** Red label Sisteron lamb, olive oil, truffles, Banon (cheese), Pierrevet wines
- **Points of interest:** UNESCO Geopark of Haute Provence, the "Irresistible Alps of Haute-Provence", the Route Napoléon

*Due to the health crisis resulting from the Covid-19 pandemic, most of the events cited have already been or will be cancelled in 2020.



SISTERON



Digne-les-Bains



Col de l'Orme



Col des Leques



Col de la Faye



Col du Pilon



Vence



NICE



ITALIE



ALPES-MARITIMES



ALPES-DE-HAUTE-PROVENCE



VAUCLUSE



Aix-en-Provence



BOUCHES-DU-RHÔNE



ANTIBES



MÉR



COÛTE D'AZUR



PARC NATIONAL DU MERCANTOUR



REGIONAL NATURAL PARK OF THE PREALPES D'AZUR



ALPES-MARITIMES



ALPES-DE-HAUTE-PROVENCE

VAUCLUSE

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ANTIBES

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ALPES-DE-HAUTE-PROVENCE

VAUCLUSE

Aix-en-Provence

BOUCHES-DU-RHÔNE

ANTIBES

MÉR

COÛTE D'AZUR

PARC NATIONAL DU MERCANTOUR

REGIONAL NATURAL PARK OF THE PREALPES D'AZUR

ALPES-MARITIMES

ALPES-DE-HAUTE-PROVENCE

VAUCLUSE

Aix-en-Provence

BOUCHES-DU-RHÔNE

ANTIBES

MÉR

COÛTE D'AZUR

ACCESS AND START

PPO

Junction 51 on the A8, 5km from the start



RECEPTION POINT FOR GUESTS

Musée National du Sport between gates A and L
Opens: 8.45



TOUR DE FRANCE VILLAGE

Location: Parvis Est Allianz Riviera
Opens: 9.45

PUBLICITY CARAVAN

Parking: Chemin des Baraques and Avenue de Sainte Marguerite

Parking technique: Marché d'Intérêt National (MIN fleurs) parking Nord-Est

Departure from the car park:
Between 10.20 and 10.50

Passage across the start line:
Between 10.25 and 10.55



RACE

Assembly point for start: Musée National du Sport

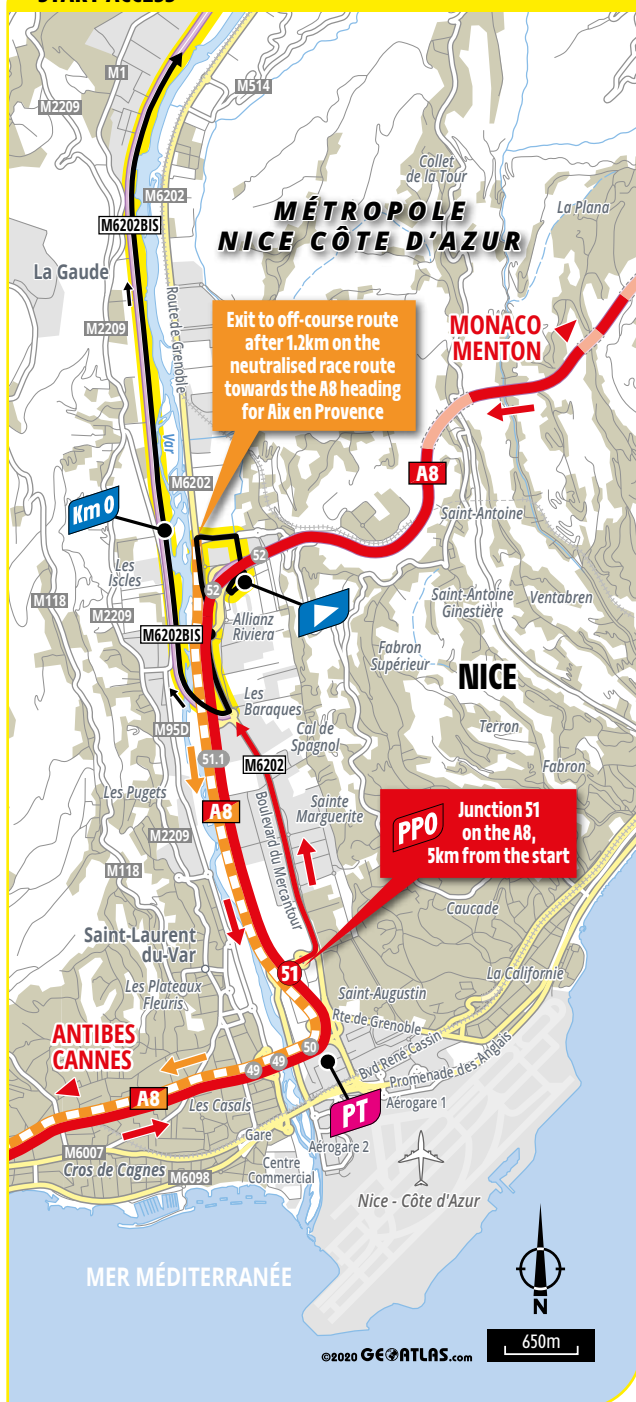
Rider sign-in: Between 11.00 and 12.00

Call to the start: 12.05

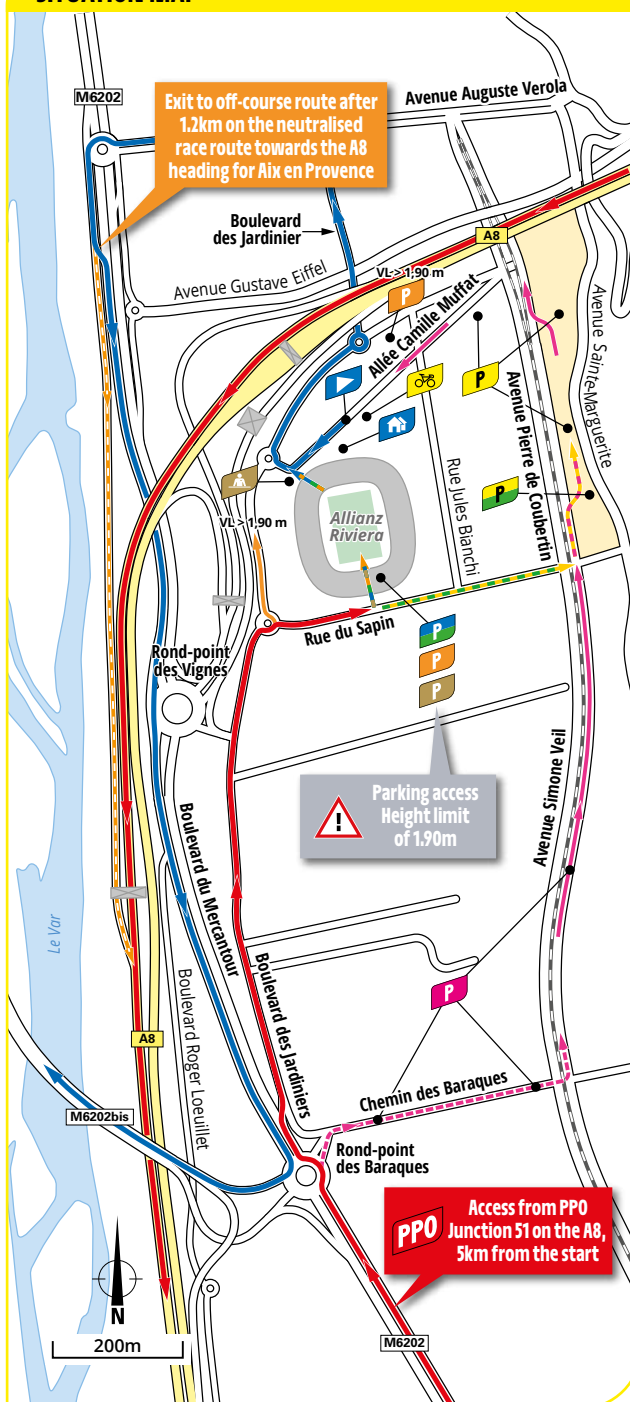
Neutralised start: 12.10, in front of the Allianz Riviera, Allée Camille Muffat

Official start: 12.20, on the M6202 BIS, 4.6km from the assembly point

START ACCESS

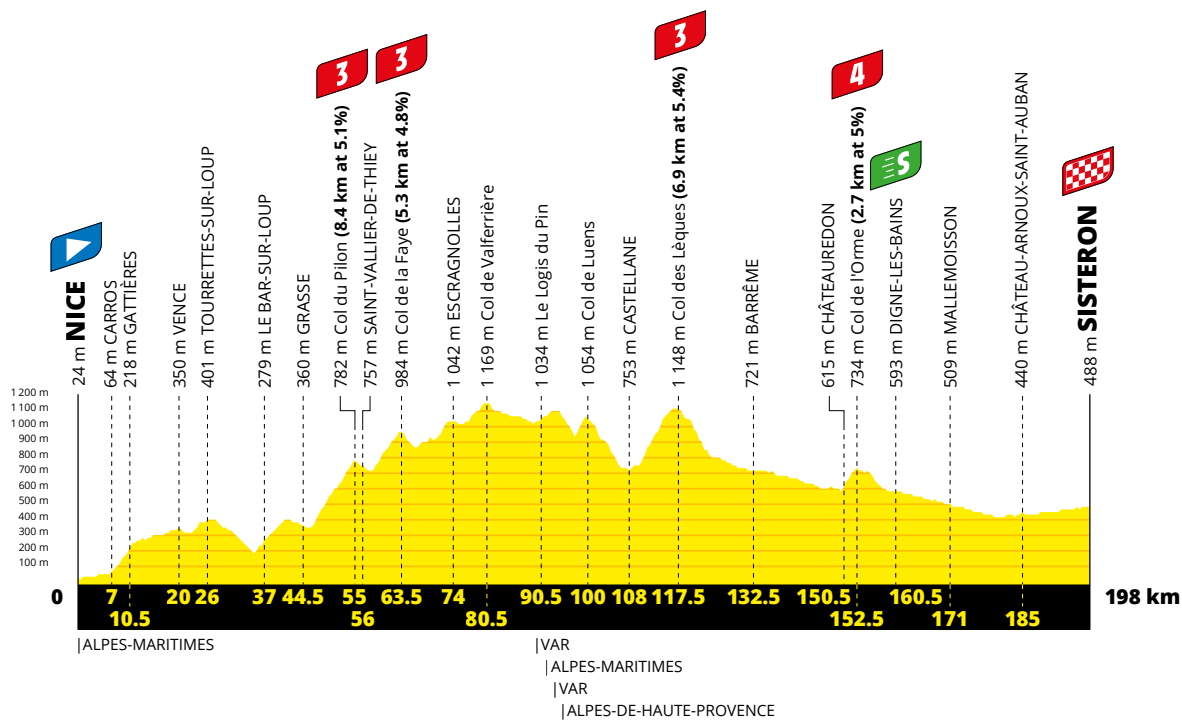


SITUATION MAP

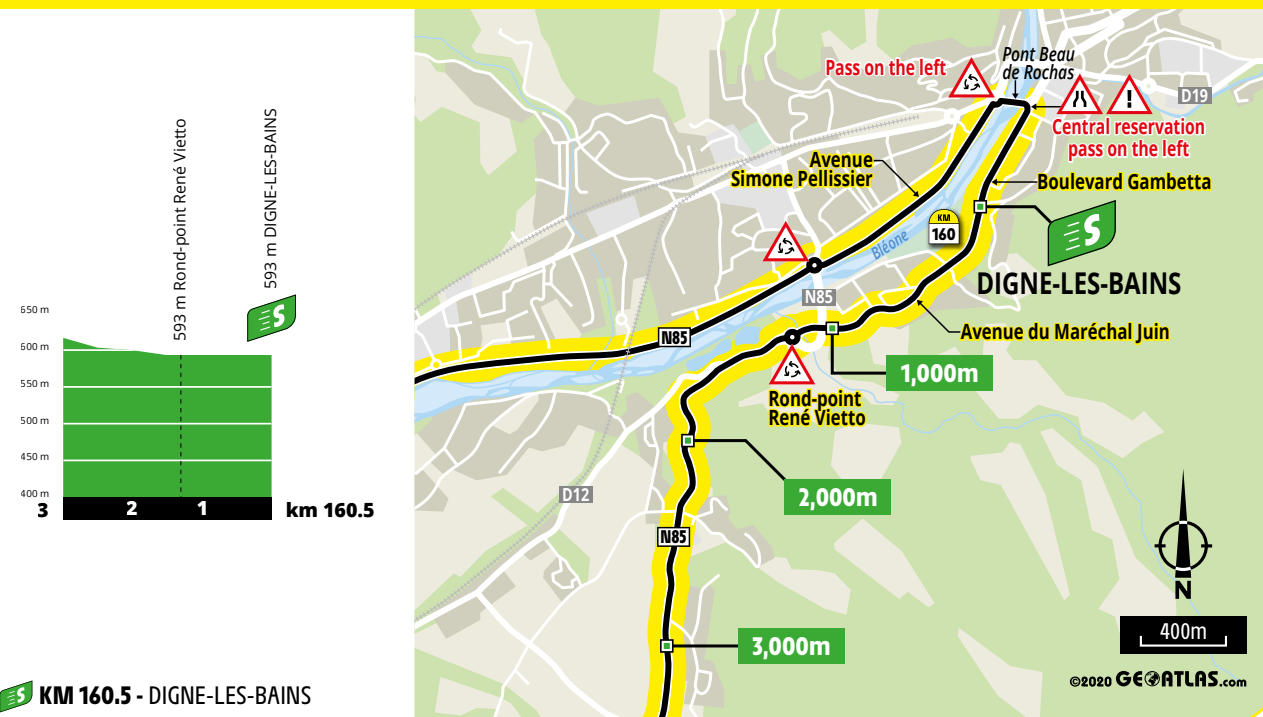


PROFILES AND MAP

STAGE'S PROFILE



INTERMEDIATE SPRINT: PROFILE AND MAP



ITINERARY TIMETABLE

KM		STAGE 3		TIMETABLE			
To be run	Run			Caravan	42 kph	40 kph	38 kph
ALPES-MARITIMES (06)							
		VC	NICE (VC-M6202) 	10:25	12:10	12:10	12:10
		M6202	Les Baraques (M6202-M6202 BIS)				
198	0	M6202 BIS	NICE 	10:35	12:20	12:20	12:20
192.5	5.5		La Tourre (near) (M6202 BIS-M6210)	10:43	12:28	12:28	12:28
191	7	M6210	CARROS (M6210-M2210)	10:46	12:30	12:30	12:31
187.5	10.5	M2210	GATTIÈRES	10:51	12:35	12:36	12:36
184.5	13.5		SAINT-JEANNET	10:56	12:39	12:40	12:41
178	20		VENCE (M2210-M2210 A-M2210)	11:06	12:48	12:50	12:51
172	26	D2210	TOURRETTES-SUR-LOUP	11:15	12:56	12:58	13:00
163.5	34.5		Pont du Loup (TOURRETTES-SUR-LOUP, GOURDON)	11:29	13:09	13:11	13:14
161	37		LE BAR-SUR-LOUP	11:33	13:13	13:15	13:18
157	41		Prê du Lac (CHÂTEAUNEUF-GRASSE) (D2210-D2085)	11:39	13:18	13:21	13:24
157	41	D2085	Magagnosc	11:40	13:19	13:21	13:25
153.5	44.5		GRASSE (D2085-VC-D6085)	11:45	13:23	13:26	13:30
143	55	D6085	Col du Pilon 	12:01	13:38	13:42	13:46
142	56		SAINT-VALLIER-DE-THIEY	12:03	13:40	13:44	13:48
134.5	63.5		Col de la Faye 	12:15	13:51	13:55	14:00
132	66		Pont de Nans	12:19	13:54	13:59	14:04
127	71		Les Amphons	12:27	14:01	14:06	14:12
124	74		ESCRAGNOLLES	12:31	14:05	14:11	14:16
117.5	80.5		Col de Valferrière (SÉRANON)	12:42	14:15	14:21	14:27
115	83		La Clue (SÉRANON)	12:46	14:18	14:24	14:31
110	88		La Villaute (SÉRANON)	12:54	14:26	14:32	14:39
VAR (83)							
107.5	90.5		Le Logis du Pin (LA MARTRE)	12:57	14:29	14:35	14:42
ALPES-MARITIMES (06)							
107.5	90.5		Le Logis du Pin (SÉRANON)	12:58	14:29	14:36	14:43
ALPES-DE-HAUTE-PROVENCE (04)							
105	93	D4085	Le Moustet (PEYROULES)	13:01	14:32	14:39	14:46
VAR (83)							
ALPES-DE-HAUTE-PROVENCE (04)							
100	98		La Bâtie (PEYROULES) (near)	13:10	14:40	14:47	14:55
98	100		Col de Luens	13:12	14:42	14:50	14:57
95	103		LA GARDE	13:18	14:47	14:54	15:03
90	108		CASTELLANE (D4085-VC-D4085)	13:26	14:54	15:02	15:11
81	117		Sionne	13:40	15:07	15:15	15:25
80.5	117.5		Col des Lèques 	13:40	15:08	15:16	15:25
77.5	120.5		Clue de Taulanne (SENEZ)	13:45	15:12	15:21	15:30
74	124		La Tuilière (SENEZ)	13:51	15:17	15:26	15:36
65.5	132.5		BARRÈME (D4085-N85)	14:04	15:29	15:38	15:49
65.5	132.5		Cross level n°713 bis	14:04	15:29	15:39	15:49
59	139	N85	Norante (CHAUDON-NORANTE)	14:14	15:38	15:48	15:59
53.5	144.5		Cross level n°30	14:23	15:46	15:56	16:08
53	145		Chabrières (BEYNES)	14:23	15:47	15:57	16:08
52	146		Tunnel de la Clue de Chabrières (BEYNES)	14:25	15:48	15:59	16:10

DISTANCE FROM NEUTRALISED TO OFFICIAL START

4.6km

CATEGORISED CLIMBS

Km 55 - Col du Pilon

Climb of 8.4km at 5.1%

Km 63.5 - Col de la Faye

Climb of 5.3km at 4.8%

Km 117.5 - Col des Lèques

Climb of 6.9km at 5.4%

Km 152.5 - Col de l'Orme

Climb of 2.7km at 5%

RELAIS-ÉTAPE

Parking, Boulevard de la Liberté,
04160 Château Arnoux Saint Auban
Km 185

ROUTE FOR

NON-RACE VEHICLES

Exit point after 1.2km on the neutralised route on the M6202 (Boulevard du Mercantour). Go right on the A8 towards Antibes. Continue on the A8 in the direction of Marseille. At Aix en Provence, leave the A8 and take the N296 towards Gap. Continue on the A51 towards Gap. Leave the A51 at junction 22 "Sisteron Centre". Continue towards Sisteron Centre on the D4.

Entry point onto the race route:

Roundabout of the D4-D4085, 2km from the finish line.

Total distance: 275km



ITINERARY TIMETABLE

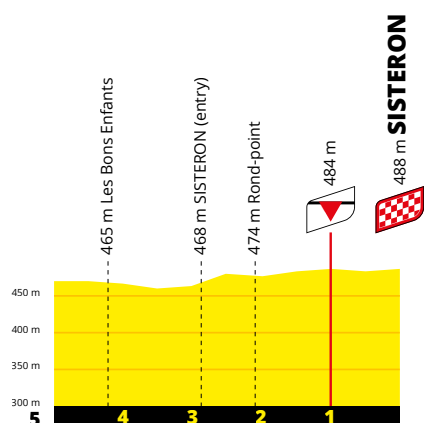
KM		STAGE 3		TIMETABLE			
To be run	Run			Caravan	42 kph	40 kph	38 kph
51.5	146.5		Cross level n°697	14:26	15:49	15:59	16:11
47.5	150.5		CHÂTEAUREDON	14:32	15:54	16:05	16:17
45.5	152.5		Col de l'Orme 	14:36	15:58	16:09	16:21
39	159		DIGNE-LES-BAINS (N85-VC-N85) (entry)	14:46	16:07	16:18	16:31
37.5	160.5		DIGNE-LES-BAINS 	14:48	16:09	16:20	16:33
29	169		Le Grillet (AIGLUN)	15:02	16:21	16:33	16:47
27	171		MALLEMOISSON	15:04	16:24	16:36	16:49
22	176		Beauveset (MIRABEAU)	15:13	16:31	16:44	16:58
19	179		MALIJAI	15:17	16:35	16:48	17:02
14	184		L'ESCALE (near)	15:25	16:43	16:56	17:10
13	185		CHÂTEAU-ARNOUX-SAINT-AUBAN	15:27	16:44	16:57	17:12
7.5	190.5		Crossroad N85-D4085	15:35	16:51	17:05	17:20
7	191	D4085	AUBIGNOSC (near)	15:36	16:52	17:06	17:21
6	192		PEIPIN (near)	15:38	16:54	17:08	17:23
4	194		Les Bons Enfants	15:41	16:57	17:11	17:26
2.5	195.5		SISTERON (entry)	15:43	16:59	17:13	17:28
0	198		SISTERON 	15:48	17:03	17:17	17:33

STAGE'S LAST KILOMETRES

LAST KILOMETRES MAP



LAST KILOMETRES PROFILE



FINISH LINE

Avenue de la Libération at the end of a kilometre-long finishing straight (900m long by line of sight)

Width: 6m

PRESS ROOM

Complexe sportif des Marres
320 Chemin de la Machine Fixe, 04200 Sisteron
Distance from finish: 800m

RECEPTION POINT FOR GUESTS

Corner of Avenue de la Libération and Rue des Cordeliers - **Opens:** 13.45

SERVICE STATION

Total - 3 Avenue de la Libération, 04200 Sisteron
Tel: +33 (0)4 92 61 03 18
Opening hours: 14.00 to 19.30

FINISH MAP



TUESDAY 1 SEPTEMBER

> 160.5 KM

STAGE 4

SISTERON >>>

Main town in a canton of Alpes-de-Haute-Provence (04)
Inhabitants: 8,000 (Sisteronais); 25,800 within the communes comprising the Sisteronais-Buëch municipality (60 communes in an area divided between Hautes-Alpes and Drôme); 163,900 within the department
www.sisteron.fr / www.sisteronais-buech.fr
www.tourisme-alpes-hautes-provence.com

Tour de France: Stage town for the second time. In 2010 the yellow jersey was on Andy Schleck's shoulders in Sisteron. He would later be declared the winner of this edition, emulating his Luxembourg compatriots François Faber, Nicolas Frantz and Charly Gaul

- **Cycling:** 3,000km of road and mountain bike routes within the Sisteronais-Buëch municipality (Route Napoléon, Traversée Préalpes), the Roue d'Or Sisteronaise and AVC Sisteron bike clubs
- **Culture:** Events*: Festival Nights at the Citadel (music, theatre, dance), lamb festival, local fair and exhibition
- **Sights:** Citadel (13th-16th century), old town with its *androne*s (steep and narrow lanes sheltered by the roofs of houses), Musée Terre et Temps (time measurement museum), Gallo-Roman museum, Méouge gorges
- **Gastronomy:** Red label Sisteron lamb (including *pieds paquets*, sheep's feet and tripe), olive oil, lavender honey, Alpes de Haute-Durance apples
- **Points of interest:** The town lies within the UNESCO Geopark of Haute-Provence, Plus Beaux Détours de France (most beautiful getaways) label, three-flower art and crafts town (Ville et Métiers d'Art). Climbing area at Orpierre (600 equipped routes)



Rocher de la Baume © Sisteron town hall



Lamb festival © Sisteron town hall



Mountain festival © Gilles Baron



Orcières-Merlette 1850 © Gilles Baron

>>> ORCIÈRES-MERLETTE

Mountain resort in Hautes-Alpes (05)
Part of the commune of Orcières
Inhabitants: 710 (Orsatus); 11,060 within the 25 communes comprising the Champsaur Valgaudemar municipality; 141,000 in the department
www.orcieres.com / www.champsaur-valgaudemar.com / www.hautes-alpes.net

Tour de France: Stage town for the fifth time. In 1971 the name Orcières-Merlette made a startling entry into Tour legend. Luis Ocaña blew the race apart and finished almost nine minutes ahead of his pursuers, notably Eddy Merckx. The Tour seemed to have been won but fate decided otherwise when the Spaniard fell and abandoned four days later in the Pyrenees

- **Cycling:** 11 road circuits certified by the French Cycling Federation. Several mountain passes reserved for cyclists only
- **Sport and culture:** One of the 6 ski stations in the Champsaur (100km of slopes). *Athletes:* Alizée Baron (skicross), Valentin Giraud-Moine (alpine skiing), Simon Pellissier (paragliding), Guillaume Libert (ice cross). *Events*:* European Ski Cup, Étoile d'Orcières Trail Race, Festival de Chaillol (music)
- **Sights:** Écrins National Park, Maison du Berger at Champoléon (interpretation centre for alpine pastoral culture)
- **Gastronomy:** Champsaur ravioli (cheese and potato quenelle) and tourtons (cheese fritters), oreilles d'âne (spinach-based gratin), local beers, génépi (herbal liqueur)
- **Distinctions:** Qualité Tourisme, Famille Plus (family-friendly)

*Due to the health crisis resulting from the Covid-19 pandemic, most of the events cited have already been or will be cancelled in 2020.

160.5 KM

 ORCIÈRES-MERLETTE

SISTERON >>>



TUESDAY 1 SEPTEMBER

STAGE 4

55



ACCESS AND START

PPO

Junction 22 Sisteron Sud on the A51, 3km from the start



RECEPTION POINT FOR GUESTS

Avenue de la Libération
Opens: 10.00



TOUR DE FRANCE VILLAGE

Location: place de la République
Opens: 11.00

PUBLICITY CARAVAN

Parking: Complexe sportif des Marres

Parking technique: D4085, zone d'activités Val de Durance

Departure from the car park:

Between 11.30 and 12.00

Passage across the start line:

Between 11.40 and 12.10



RACE

Assembly point for start: Place de la République

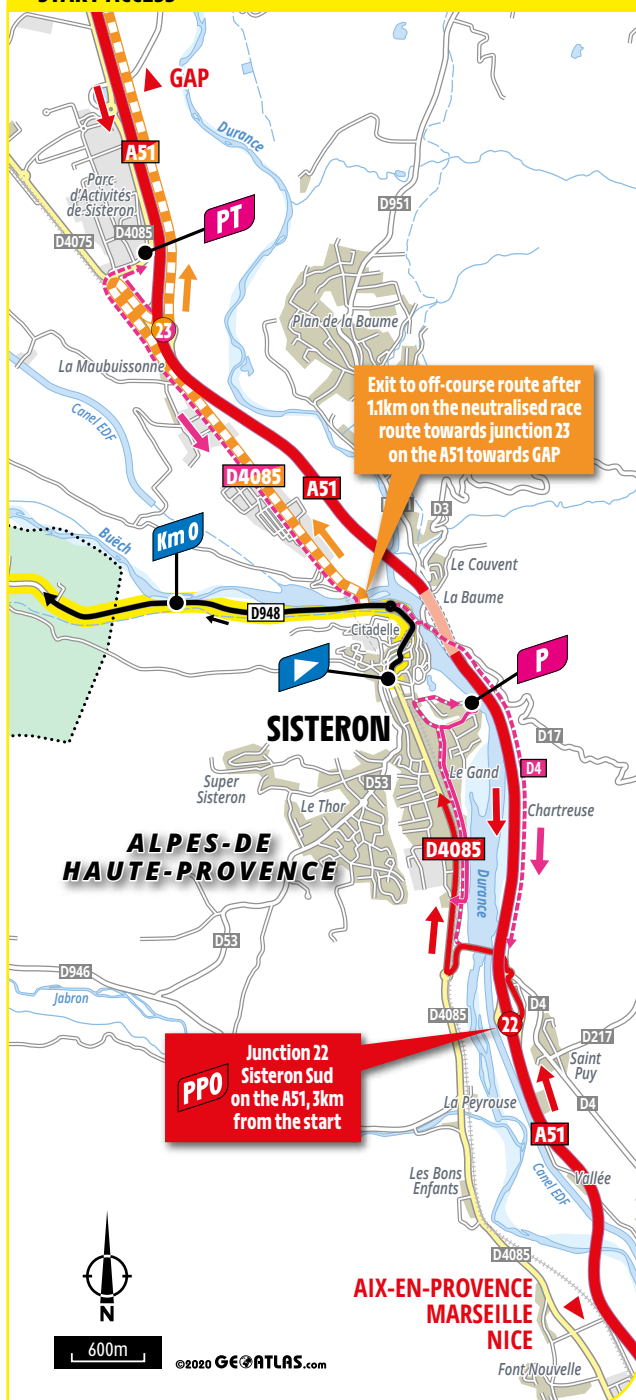
Rider sign-in: Between 12.15 and 13.15

Call to the start: 13.20

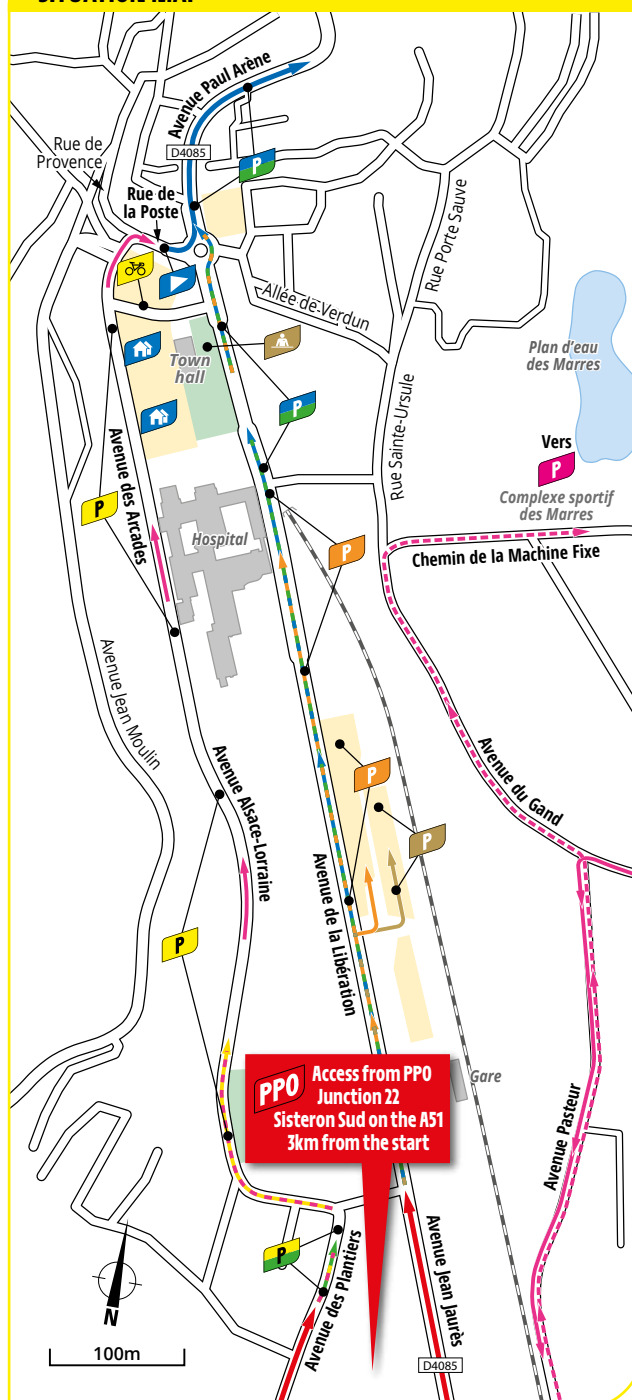
Neutralised start: 13.25, rue de la Poste

Official start: 13.30, on the D948, 2.5km from the assembly point

START ACCESS

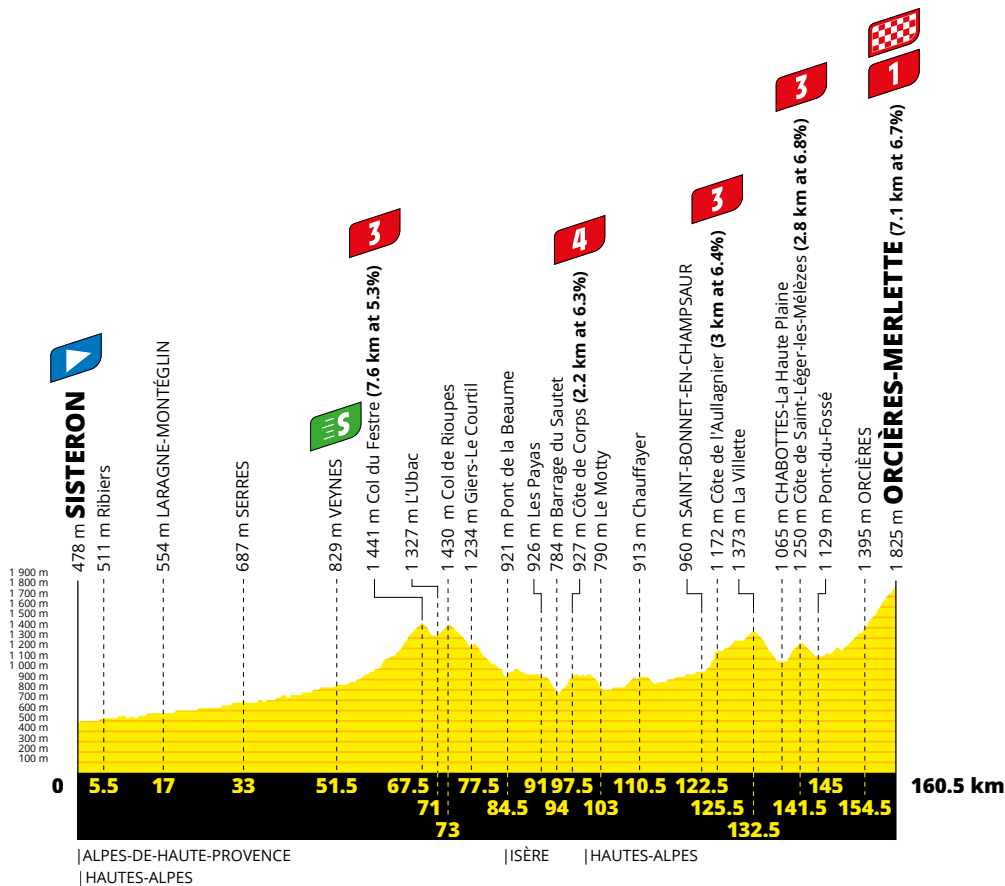


SITUATION MAP

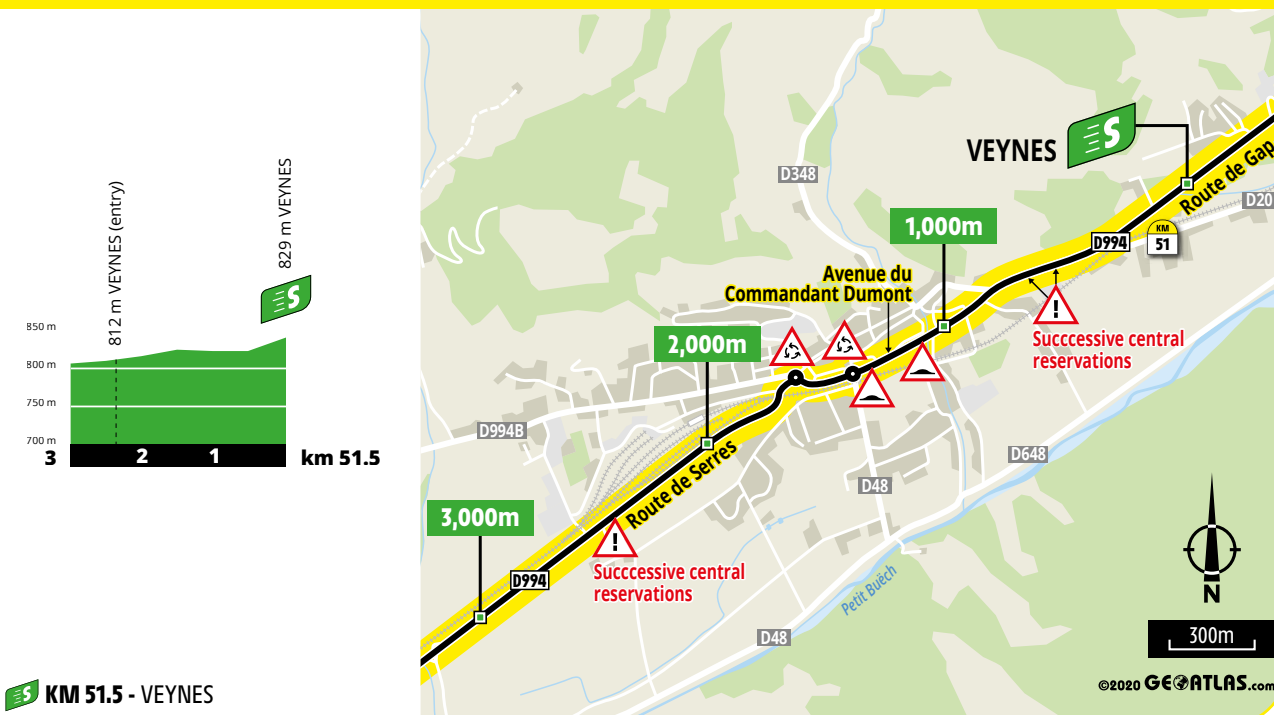


PROFILES AND MAP

STAGE'S PROFILE



INTERMEDIATE SPRINT: PROFILE AND MAP



ITINERARY TIMETABLE

KM		STAGE 4		TIMETABLE			
To be run	Run			Caravan	42 kph	40 kph	38 kph
ALPES-DE-HAUTE-PROVENCE (04)							
		VC	SISTERON (VC-D4085-D948) 	11:40	13:25	13:25	13:25
160.5	0	D948	SISTERON 	11:45	13:30	13:30	13:30
HAUTES-ALPES (05)							
155	5.5		Ribiers (VAL BUÉCH-MÉOUGE)	11:53	13:37	13:37	13:38
148	12.5		Crossroad D948-D942	12:03	13:46	13:47	13:48
143.5	17	D942	LARAGNE-MONTÉGLIN (D942-D1075)	12:10	13:52	13:54	13:55
139	21.5	D1075	Cross level n°54	12:16	13:58	14:00	14:01
137.5	23		Eyguians (GARDE-COLOMBE)	12:18	14:00	14:02	14:03
132.5	28		MONTROND	12:26	14:07	14:09	14:11
129	31.5		Cross level n°51	12:31	14:12	14:14	14:16
127.5	33		SERRES	12:33	14:13	14:15	14:18
127	33.5		Cross level n°50	12:34	14:15	14:17	14:19
123.5	37		Pont-la-Barque (SIGOTTIER, LA BÂTIE-MONTSALÉON) (D1075-D994)	12:38	14:19	14:21	14:23
122.5	38	D994	La Garenne (LA BÂTIE-MONTSALÉON)	12:40	14:20	14:22	14:25
120	40.5		Le Comte (LA BÂTIE-MONTSALÉON)	12:44	14:24	14:26	14:29
118.5	42		Pont de Chabestan (CHABESTAN)	12:46	14:25	14:28	14:31
111.5	49		VEYNES (entry)	12:56	14:35	14:38	14:41
109	51.5		VEYNES 	13:00	14:38	14:41	14:45
106.5	54		Crossroad D994-D937	13:03	14:41	14:45	14:48
106	54.5	D937	MONTMAUR	13:04	14:42	14:45	14:49
100	60.5		Tunnel de Potrachon	13:14	14:51	14:55	14:59
93.5	67		Les Garcins (DÉVOLUY)	13:30	15:05	15:10	15:15
93	67.5		Col du Festre 	13:32	15:07	15:12	15:17
90.5	70		Crossroad D937-D17	13:35	15:09	15:15	15:20
87.5	73	D17	Col de Rioupes (DÉVOLUY)	13:40	15:13	15:19	15:25
86	74.5		Rioupes (DÉVOLUY)	13:42	15:15	15:21	15:27
83.5	77		Crossroad D17-D117	13:45	15:18	15:24	15:30
83	77.5	D117	Giers-Le Courtil (DÉVOLUY)	13:46	15:19	15:25	15:31
79	81.5		Saint-Disdier (DÉVOLUY) (D117-D937)	13:52	15:25	15:30	15:37
76.5	84	D937	Tunnel de la Beaume	13:55	15:27	15:33	15:40
ISÈRE (38)							
76	84.5	D537	Pont de la Beaume (MONESTIER-D'AMBEL)	13:56	15:28	15:34	15:41
72	88.5		La Posterle (PELLAFOL)	14:01	15:33	15:39	15:46
69.5	91		Les Payas (PELLAFOL)	14:05	15:37	15:43	15:50
67	93.5		Le Sautet (PELLAFOL)	14:09	15:40	15:46	15:54
66.5	94		Barrage du Sautet	14:09	15:40	15:47	15:54
63	97.5		Côte de Corps 	14:16	15:46	15:53	16:01
63	97.5		CORPS (D537-N85)	14:16	15:46	15:53	16:01
HAUTES-ALPES (05)							
57.5	103	N85	Le Motty (ASPRES-LÈS-CORPS)	14:23	15:53	16:00	16:08
56	104.5		La Trinité (SAINT-FIRMIN)	14:25	15:55	16:02	16:10
50	110.5		Chauffayer (AUBESSAGNE)	14:34	16:03	16:11	16:19
46.5	114		La Guinguette (LE NOYER)	14:39	16:08	16:15	16:24
43	117.5		Les Basses Barraques (POLIGNY)	14:45	16:12	16:21	16:30
38.5	122		LA FARE-EN-CHAMPSAUR-Les Barraques (N85-D945)	14:51	16:18	16:27	16:36
38	122.5	D945	SAINT-BONNET-EN-CHAMPSAUR (D945-D23-VC-D43)	14:52	16:19	16:28	16:37
35	125.5	D43	Côte de l'Aullagnier 	15:00	16:26	16:35	16:45
35	125.5		L'Aullagnier	15:00	16:26	16:35	16:45
33	127.5		Le Chanet (SAINT-JULIEN-EN-CHAMPSAUR)	15:02	16:28	16:37	16:47
31	129.5		Chantassel (SAINT-JULIEN-EN-CHAMPSAUR)	15:05	16:30	16:40	16:50
30	130.5		Les Combettes (SAINT-JULIEN-EN-CHAMPSAUR)	15:06	16:32	16:41	16:51
28	132.5		La Villette (SAINT-MICHEL-DE-CHAILLOL)	15:09	16:34	16:43	16:54
25	135.5		CHABOTTES-Le Village (D43-D43 A)	15:12	16:37	16:47	16:57
23	137.5	D43 A	Crossroad D43 A-D945	15:15	16:40	16:49	17:00

DISTANCE FROM NEUTRALISED TO OFFICIAL START

2.5km

CATEGORISED CLIMBS

-  **Km 67.5 - Col du Festre**
Climb of 7.6km at 5.3%
-  **Km 97.5 - Côte de Corps**
Climb of 2.2km at 6.3%
-  **Km 125.5 - Côte de l'Aullagnier**
Climb of 3km at 6.4%
-  **Km 141.5**
Côte de Saint-Léger-les-Mélèzes
Climb of 2.8km at 6.8%
-  **Km 160.5 - ORCIÈRES-MERLETTE**
Climb of 7.1km at 6.7%

RELAIS-ÉTAPE

Stade, route des Chabottes,
05260 Chabottes

Km 138

ROUTE FOR

NON-RACE VEHICLES

Exit point after 1.1km on the neutralised race route (crossroads D4085-D948). Continue on the D4085 towards Gap. Take the A51 towards Gap (junction 23 «Sisteron-Nord»). After the La Saulce toll, keep heading to Gap on the N85. At Gap, remain on the N85 (Avenue Jean Jaurès, Boulevard Georges Pompidou, Boulevard Pierre et Marie Curie, Avenue du Commandant Dumont) heading for Grenoble. On the climb of the Col Bayard (N85), go right on the D944 towards Orcières Merlette. Cross the race route at Chabottes La Haute Plaine (crossroads D944-D113). Don't cross the race route until instructed by police officers, making sure to avoid periods when the caravan and the race are passing. Continue on the D944 to Orcières Merlette.

Entry point onto the race route:

Crossroads D944-D13 at Pont-du-Fossé,
15.5km from the finish line
Total distance: 90km

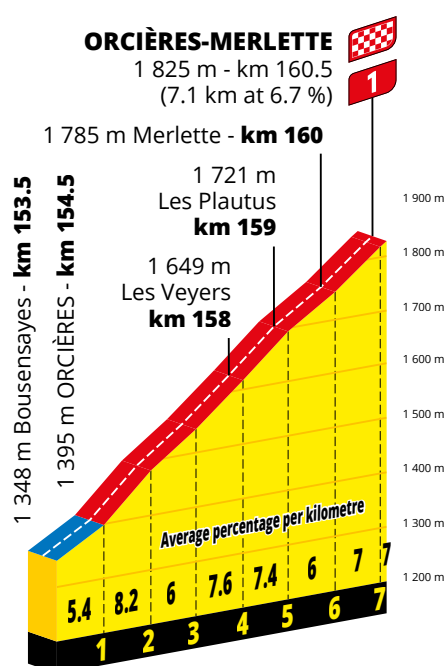


ITINERARY TIMETABLE

KM		STAGE 4		TIMETABLE			
To be run	Run			Caravan	42 kph	40 kph	38 kph
22.5	138	D945	CHABOTTES-La Haute Plaine (D945-VC-D113)	15:15	16:40	16:50	17:00
19	141.5	D113	SAINT-LÉGER-LES-MÉLÈZES (D113-D13)	15:22	16:46	16:56	17:07
19	141.5		Côte de Saint-Léger-les-Mélèzes 	15:23	16:47	16:57	17:08
17	143.5	D13	Les Forests	15:25	16:49	16:59	17:10
16.5	144		Les Arieys (SAINT-JEAN-SAINT-NICOLAS)	15:26	16:49	16:59	17:11
15.5	145		Pont-du-Fossé (SAINT-JEAN-SAINT-NICOLAS) (D13-D944)	15:27	16:51	17:01	17:12
14.5	146	D944	Les Foulons (SAINT-JEAN-SAINT-NICOLAS)	15:28	16:52	17:02	17:13
13.5	147		Le Villaret (SAINT-JEAN-SAINT-NICOLAS)	15:30	16:53	17:04	17:15
11	149.5		Pont de Corbière (CHAMPOLÉON)	15:33	16:56	17:07	17:18
10.5	150		Les Garnauds (CHAMPOLÉON)	15:35	16:58	17:08	17:20
10	150.5		Laye (CHAMPOLÉON)	15:36	16:58	17:09	17:21
7	153.5		Bousensayes	15:40	17:02	17:13	17:25
6	154.5		ORCIÈRES (D944-D76)	15:42	17:04	17:15	17:27
2.5	158	D76	Les Veyers	15:52	17:12	17:24	17:37
1.5	159		Les Plautus	15:55	17:15	17:27	17:40
0.5	160		Merlette	15:57	17:17	17:29	17:42
0	160.5		ORCIÈRES-MERLETTE (1 825 m)  	15:59	17:19	17:31	17:44

PARTICULAR PROFILE

ORCIÈRES-MERLETTE



 From 3 to 5.9%

 From 6 to 8.9%

STAGE'S LAST KILOMETRES

LAST KILOMETRES MAP



FINISH LINE

Rue des Écrins, at the end of a 200m finishing straight and a climb of 7.1km at 6.7%. - **Width:** 6m

PRESS ROOM

Palais des sports, patinoire
Rue de la Grande Ourse, 05170 Orcières-Merlette
Distance from finish: 100m

RECEPTION POINT FOR GUESTS

Route des Grands Prés - **Opens:** 13.30

SERVICE STATION

Total
Basse Plaine, Route d'Orcières, D944, 05260 Chabottes
Tel: +33 (0)4 92 50 40 38
Opening hours: 14.00 to 19.30

160.5 KM

ORCIÈRES-MERLETTE

SISTERON

TUESDAY 1 SEPTEMBER

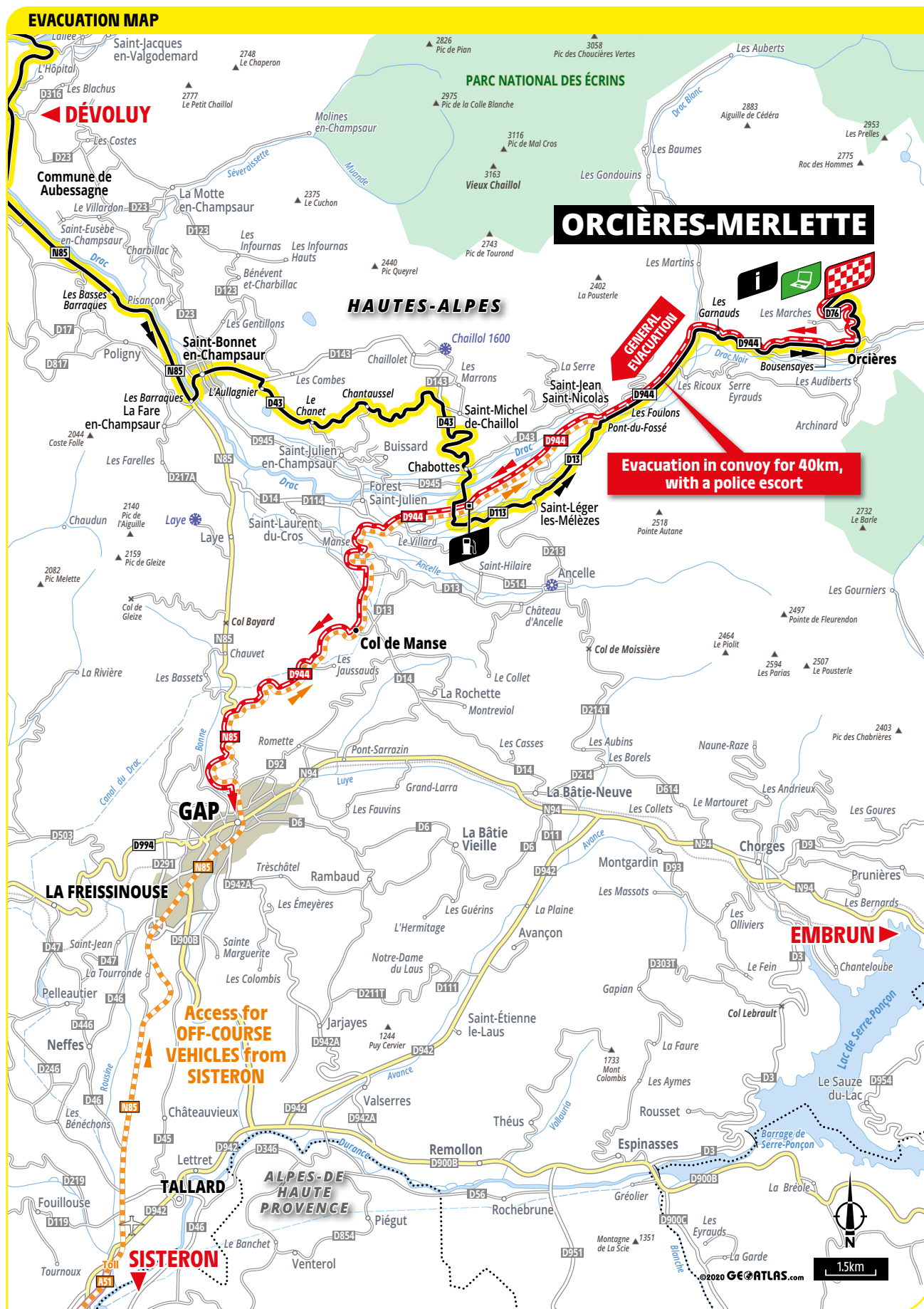
STAGE 4

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FINISH MAP



EVACUATION



160.5 KM



SISTERON >>> ORCIÈRES-MERLETTE



TUESDAY 1 SEPTEMBER

STAGE 4



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WEDNESDAY 2 SEPTEMBER

➤ 183 KM

STAGE 5



Prefecture of Hautes-Alpes (05)

Inhabitants: 42,600 (Gapençais), 141,000 in the department

www.ville-gap.fr / www.hautes-alpes.net

Tour de France: A stage town for the 26th time. In 2019, Matteo Trentin took a solo win in his European champion's jersey in Gap, his third Tour stage victory

- **Cycling:** 30km of cycle paths. The Hautes-Alpes offers rich pickings for cyclists with 25 passes including several legendary Tour de France climbs (Galibier, Izoard, Vars...), some passes are closed to all traffic except bikes on occasions during the summer. The department is a member of the Vélo et Fromages network
- **Sport and culture:** Selected as France's most sporty city by *L'Équipe* in 2013, Les Rapaces (ice hockey, Magnus League), Europe's second biggest parachute jump platform. *Athlete:* Sébastien Ogier (six-time world rally champion). *Events*:* Tous dehors (enfin)! festival of street arts, festival of culture and world music, Festival Éclat(s) d'été (music and street arts), European Saxophone University, Gapen'Cimes Trail Race
- **Sights:** Château de Charance castle and gardens (16th century), Hautes-Alpes departmental museum, La Passerelle Scène Nationale (theatre)
- **Gastronomy:** Champsaur ravioli and tourtons (cheese quenelles and fritters), oreilles d'âne (spinach-based gratin)
- **Distinctions:** Metropolis of the Southern Alps, child-friendly city, 3-star floral town



Domaine de Charance © S. Demard



Place Saint-Arnoux © S. Demard



Recollets Gardens © Privas town hall



Pont Louis XIII © Privas town hall

➤➤➤ PRIVAS

Prefecture of Ardèche (07)

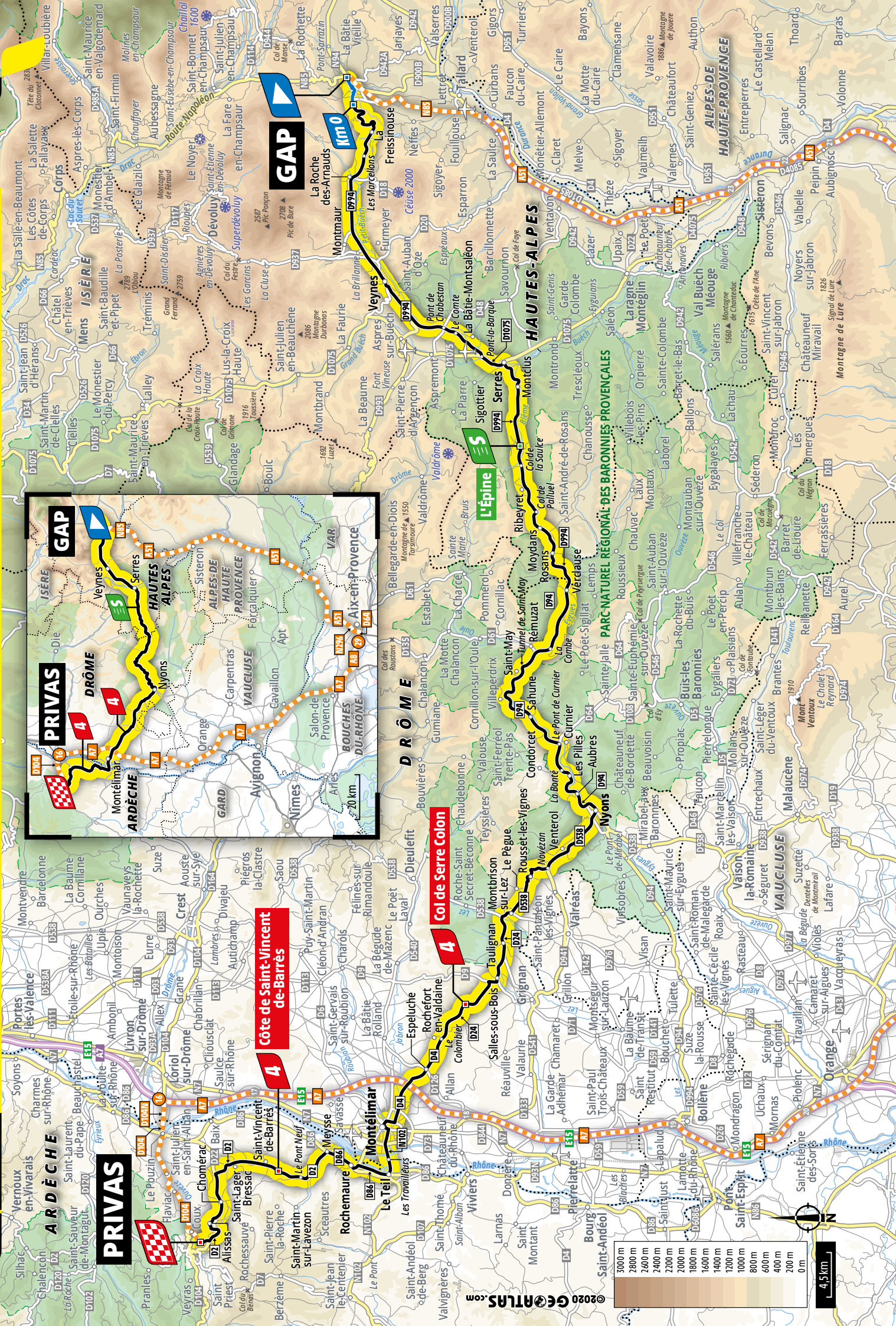
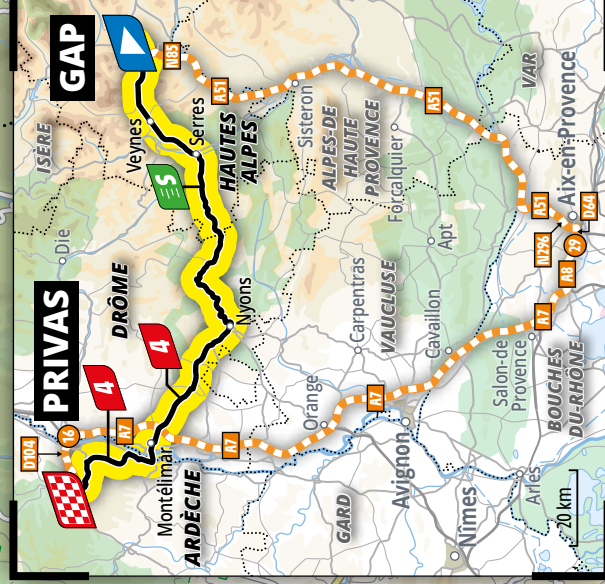
Inhabitants: 8,700 (Privadois), 44,950 in the 42 communes within the Privas Centre Ardèche municipality, 325,200 in the department

www.privas.fr / www.privas-centre-ardeche.fr / www.ardeche.fr

Tour de France: Stage town for the second time. In 1966, Luis Otaño took a solo win at Bourg-d'Oisans on the stage from Privas. Karl-Heinz Kunde was in yellow, but Lucien Aimar went on to win the title in Paris. Jacques Anquetil abandoned during the 19th stage and said his final goodbye to the Tour

- **Cycling:** 56km of easy riding on roads in the urban area connected to the ViaRhôna long-distance bike route, electric bike hire
- **Culture:** Clément Faugier (1861-1941), the town's mayor and inventor of Ardèche marrons glacés. *Events*:* Privas fête le goût (food festival), Castagnades (chestnut festival)
- **Sights:** Louis XIII Bridge (12th century), Diane de Poitiers Tower (15th century), Recollets Convent (17th century), Regional Natural Park of the Ardèche Mountains, designated as a UNESCO Geopark
- **Gastronomy:** Chestnuts, marrons glacés, picodon (goat's cheese)
- **Distinctions:** Capital of marrons glacés since 1882, site remarquable du goût (certified gastronomic centre)

*Due to the health crisis resulting from the Covid-19 pandemic, most of the events cited have already been or will be cancelled in 2020.



ACCESS AND START

PPO

Maréchal de Lattre de Tassigny crossroads, 2.8km from the start



RECEPTION POINT FOR GUESTS

Centre municipal culture et loisirs (Boulevard Pierre et Marie Curie on the roundabout side of Les Cèdres)
Opens: 9.45



TOUR DE FRANCE VILLAGE

Location: Parking Cité Desmichels
Opens: 10.45

PUBLICITY CARAVAN

Parking: Piscine stade nautique

Parking technique: Piscine stade nautique, parc Relais accessible from the PPO

Departure from the car park: Between 11.15 and 11.45

Passage across the start line: Between 11.25 and 11.55



RACE

Assembly point for start: Cité Desmichels

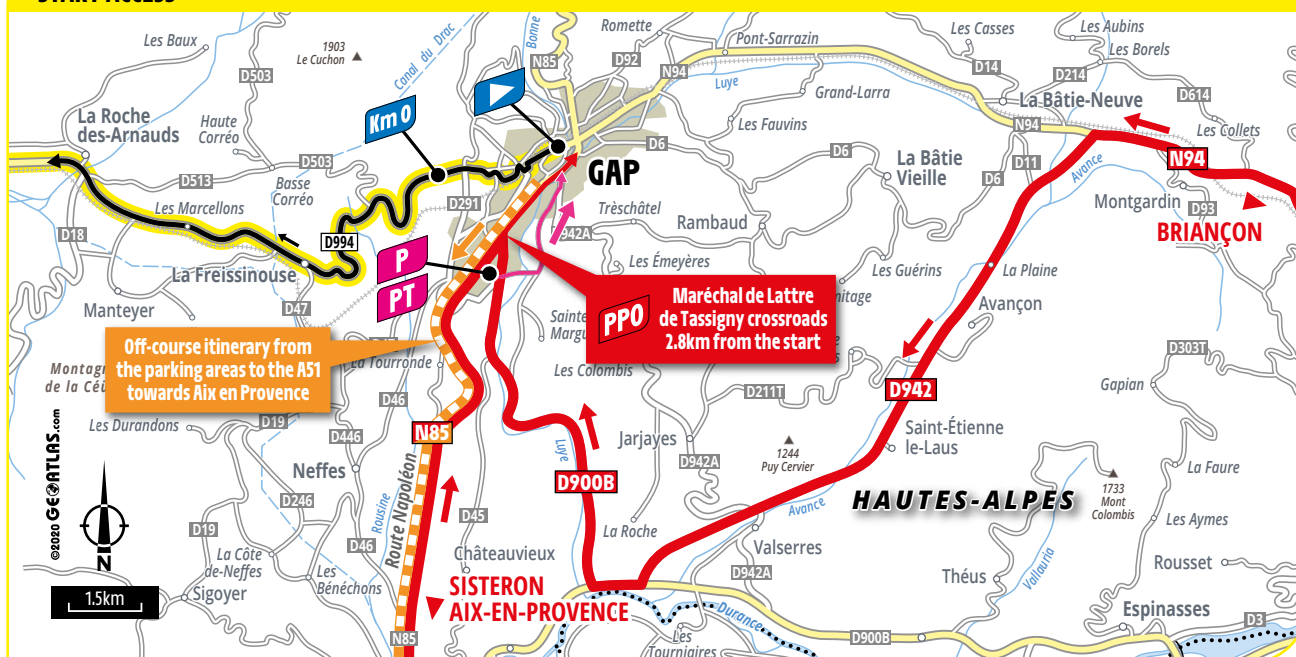
Rider sign-in: Between 12.00 and 13.00

Call to the start: 13.05

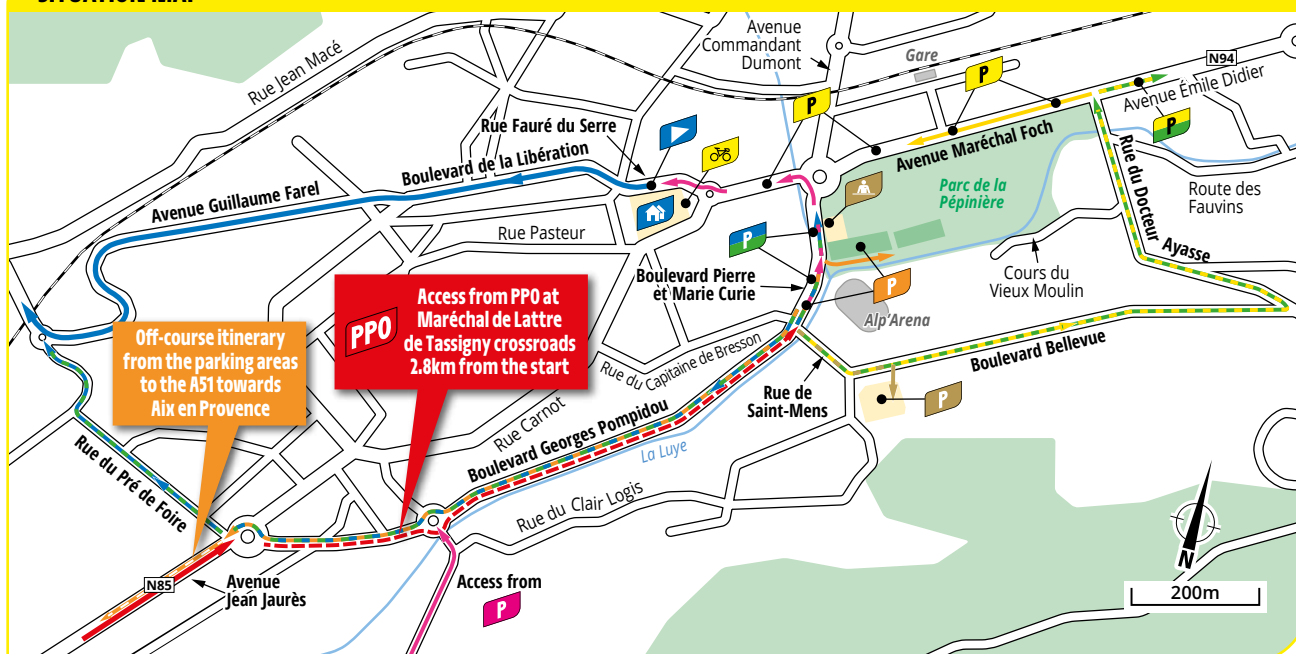
Neutralised start: 13.10, rue Fauré du Serre

Official start: 13.20 on the D994, 3.5km from the assembly point

START ACCESS

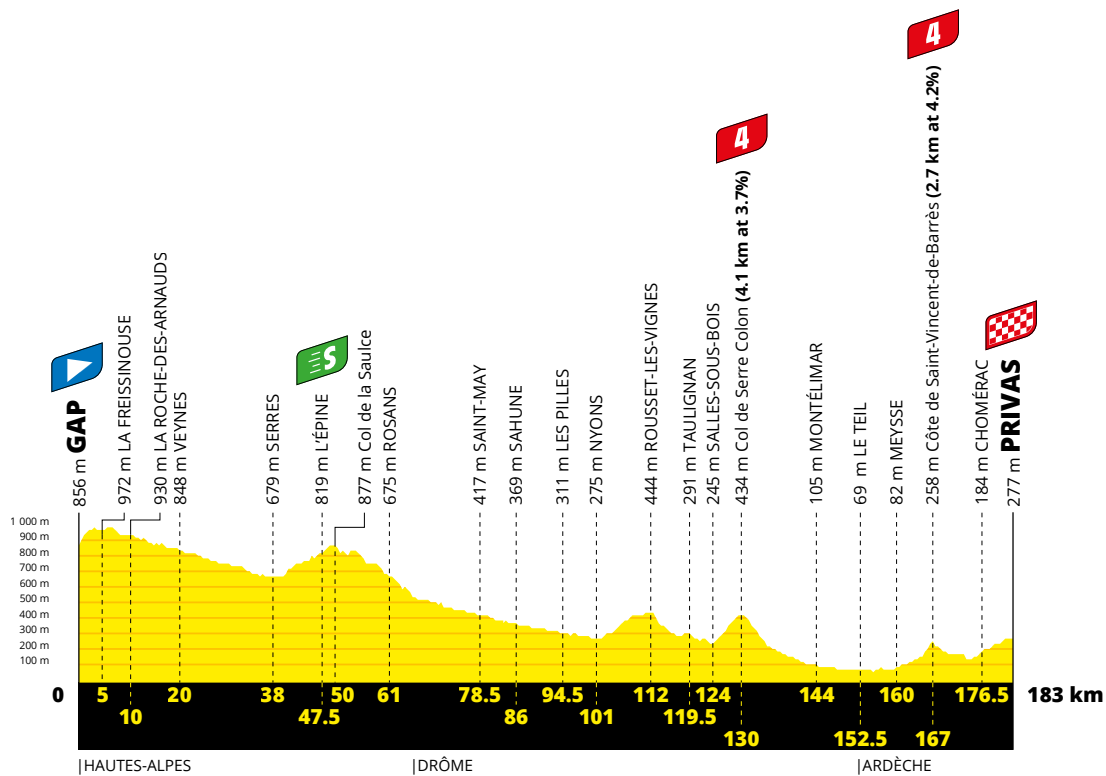


SITUATION MAP

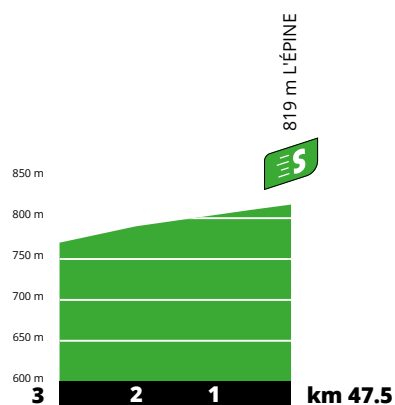


PROFILES AND MAP

STAGE'S PROFILE



INTERMEDIATE SPRINT: PROFILE AND MAP



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ITINERARY TIMETABLE

KM		STAGE 5		TIMETABLE			
To be run	Run			Caravan	46 kph	44 kph	42 kph
HAUTES-ALPES (05)							
		D994	GAP 	11:25	13:10	13:10	13:10
183	0		GAP 	11:35	13:20	13:20	13:20
178	5		LA FREISSINOUSE	11:41	13:26	13:26	13:26
175	8		Les Marcellons	11:46	13:30	13:30	13:31
173	10		LA ROCHE-DES-ARNAUDS	11:49	13:33	13:33	13:34
167	16		La Gare (MONTMAUR)	11:57	13:40	13:41	13:42
163	20		VEYNES (D994-VC-D994)	12:03	13:46	13:47	13:48
153	30		Pont de Chabestan (CHABESTAN)	12:17	13:59	14:00	14:02
151.5	31.5		Le Comte (LA BÂTIE-MONTALÉON)	12:19	14:01	14:02	14:04
149.5	33.5		La Garenne (LA BÂTIE-MONTALÉON)	12:23	14:03	14:05	14:08
147.5	35.5		Pont-la-Barque (LA BÂTIE-MONTALÉON, SIGOTTIER) (D994-D1075)	12:25	14:06	14:08	14:10
145	38	D1075	SERRES (D1075-D994)	12:29	14:09	14:11	14:14
141.5	41.5	D994	MONTCLUS	12:34	14:14	14:16	14:19
135.5	47.5		L'ÉPINE (entry)	12:42	14:22	14:24	14:27
135.5	47.5		L'ÉPINE 	12:43	14:22	14:25	14:28
133	50		Col de la Saulce	12:46	14:25	14:28	14:31
127.5	55.5		Col de Palluel (RIBEYRET)	12:54	14:32	14:36	14:39
125	58		MOYDANS	12:58	14:35	14:39	14:43
122	61		ROSANS	13:02	14:39	14:43	14:47
DRÔME (26)							
117	66	D94	VERCLAUSE (D94-VC-D94)	13:09	14:46	14:50	14:54
110	73		La Combe (RÉMUZAT)	13:19	14:55	14:59	15:04
106	77		Tunnel de Saint-May	13:25	15:00	15:05	15:10
104.5	78.5		SAINT-MAY (near)	13:27	15:02	15:07	15:12
97	86		SAHUNE	13:37	15:12	15:17	15:22
96.5	86.5		La Plaine du Pont	13:38	15:13	15:18	15:23
92.5	90.5		Le Pont de Curnier (CURNIER)	13:44	15:18	15:23	15:29
89	94		La Bonté (CONDORCET)	13:49	15:22	15:28	15:34
88.5	94.5		LES PILLES	13:50	15:23	15:29	15:35
85.5	97.5		AUBRES	13:54	15:27	15:33	15:39
82	101		NYONS (D94-D538)	13:59	15:32	15:38	15:44
74.5	108.5	D538	Hameau de Novézan	14:09	15:41	15:47	15:54
71	112		ROUSSET-LES-VIGNES	14:14	15:46	15:52	15:59
69.5	113.5		LE PÊQUE (near)	14:17	15:48	15:54	16:02
66.5	116.5		MONTBRISON-SUR-LEZ	14:21	15:51	15:58	16:06
65.5	117.5		Crossroad D538-D24	14:23	15:53	16:00	16:08
63.5	119.5	D24	TAULIGNAN (D24-D424-D24)	14:26	15:56	16:03	16:11
59	124		SALLES-SOUS-BOIS	14:32	16:01	16:09	16:17
53	130		Col de Serre Colon 	14:40	16:09	16:17	16:25
48.5	134.5		Crossroad D24-D4	14:47	16:15	16:23	16:32
47.5	135.5	D4	Le Colombier (ROCHEFORT-EN-VALDAINE)	14:48	16:16	16:24	16:33
45	138		ESPELUCHE	14:52	16:20	16:28	16:37
39	144		MONTÉLIMAR (D4-VC-N102)	15:01	16:28	16:36	16:46
32	151	N102	Les Travailleurs	15:10	16:36	16:45	16:55
ARDÈCHE (07)							
30.5	152.5		LE TEIL (N102-D486-D86)	15:13	16:39	16:48	16:58
27	156	D86	ROCHEMAURE	15:18	16:43	16:52	17:03
23	160		MEYSSE (D86-D2)	15:23	16:48	16:58	17:08
18.5	164.5	D2	Le Pont Neuf (SAINT-MARTIN-SUR-LAVEZON) (near)	15:29	16:54	17:04	17:14
16	167		Côte de Saint-Vincent-de-Barrès 	15:33	16:58	17:07	17:18
15	168		SAINT-VINCENT-DE-BARRÈS (near)	15:35	16:59	17:09	17:20
11.5	171.5		SAINT-LAGER-BRESSAC (near)	15:39	17:03	17:13	17:24
6.5	176.5		CHOMÉRAC	15:47	17:10	17:21	17:32
4.5	178.5		ALISSAS	15:50	17:13	17:23	17:35
1.5	181.5		PRIVAS (D2-VC) (entry)	15:54	17:17	17:27	17:39
0	183	VC	PRIVAS 	15:56	17:18	17:29	17:41

DISTANCE FROM NEUTRALISED TO OFFICIAL START

3.5km

CATEGORISED CLIMBS

Km 130 - Col de Serre Colon

Climb of 4.1km at 3.7%

Km 167

Côte de Saint-Vincent-de-Barrès

Climb of 2.7km at 4.2%

RELAIS-ÉTAPE

Stade Bouliste Municipal

Route d'Espeluche, 26200 Montélimar

Km 144.5

ROUTE FOR

NON-RACE VEHICLES

Leave via the off-course (hors course) parking (don't go onto the course). Head towards Marseille via Boulevard Pierre et Marie Curie, Boulevard Georges Pompidou, Avenue Jean Jaurès, Avenue François Mitterrand, the N85, the A51 and then the N596. At Aix en Provence, leave the N596 and continue towards Avignon - Salon de Provence on the D64. Take the A8 (junction 29 "Aix-Ouest") towards Avignon - Salon de Provence. Continue on the A7 towards Lyon. Leave the A7 at junction 16 "Loriol". Head towards Privas on the D104 N and then the D104 (via Le Pouzin). Passing through Privas, go left on the D2 towards Montélimar-Chomérac-Z.A. du Lac.

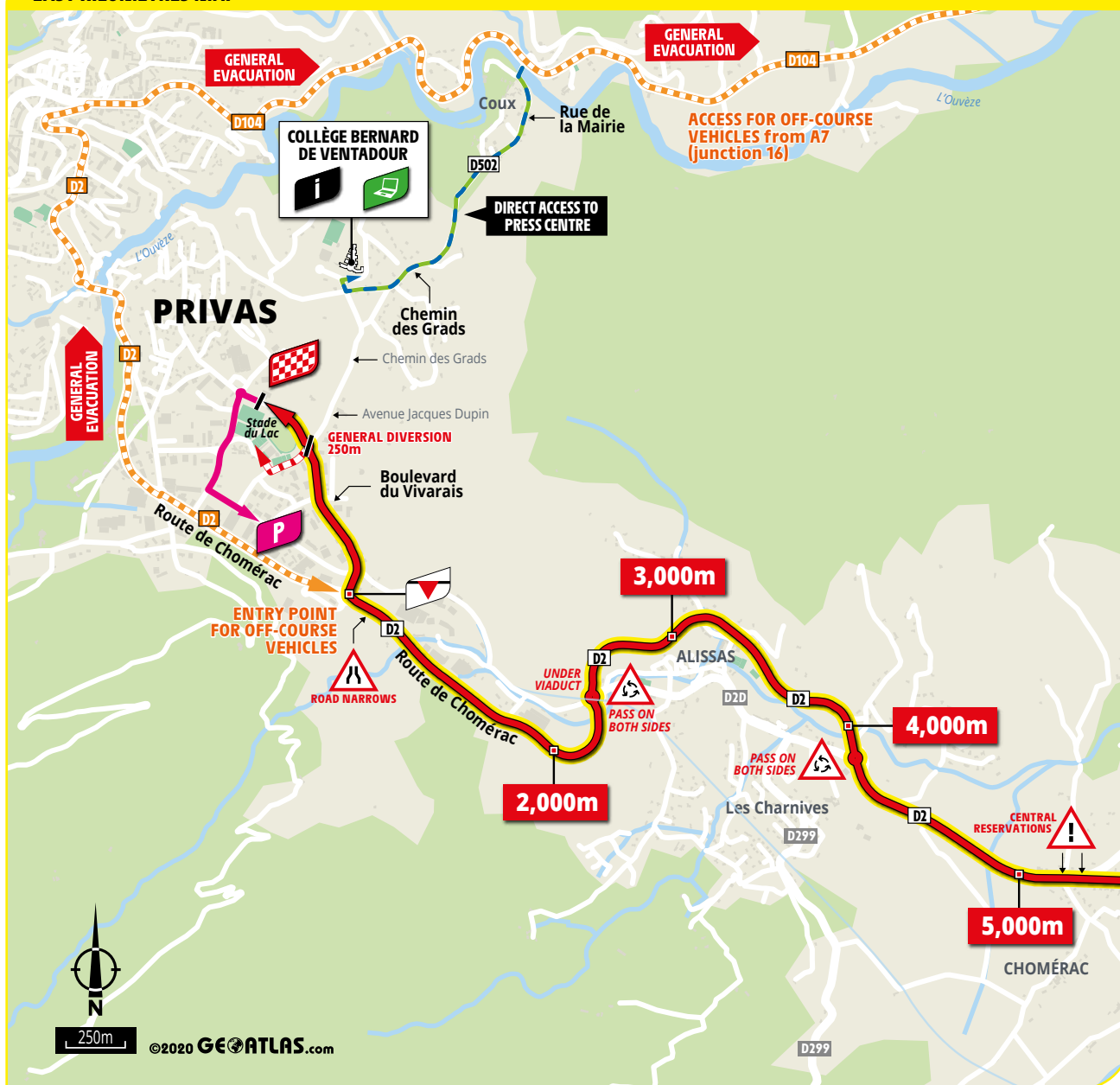
Entry point onto the race route:

Crossroads of the D2 (route de Chomérac) and Boulevard du Vivarais, 1km from the finish line

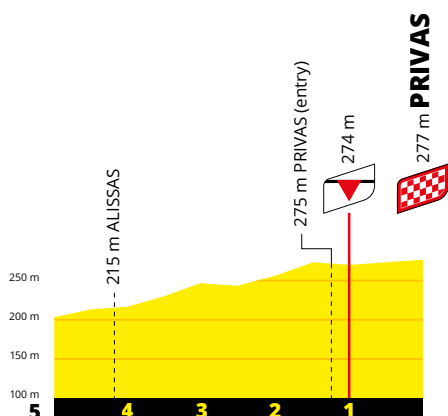
Total distance: 345km

STAGE'S LAST KILOMETRES

LAST KILOMETRES MAP



LAST KILOMETRES PROFILE



FINISH LINE

Boulevard du Vivarais, at the end of a 250m finishing straight
Width: 6m

PRESS ROOM

Collège Bernard de Ventadour, Avenue Pierre Bozon, 07000 Privas
Distance from finish: 900m

RECEPTION POINT FOR GUESTS

Chemin des Grads - Opens: 14.00

SERVICE STATION

Avia
Route de Loriol, 07250 Le Pouzin
Tel: +33 (0)4 75 56 66 58
Opening hours: 14.00 to 19.30

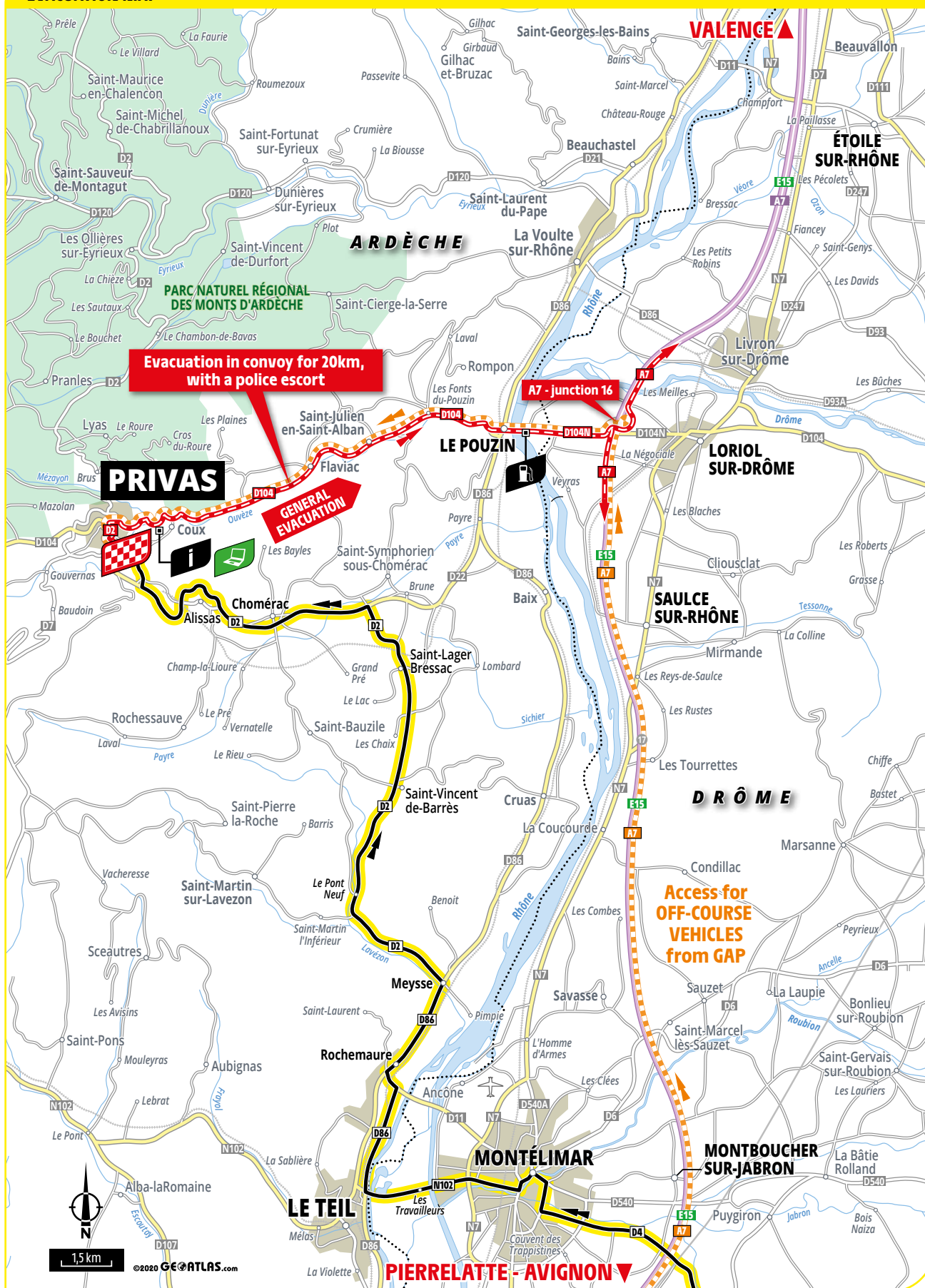
FINISH

FINISH MAP



EVACUATION

EVACUATION MAP



THURSDAY 3 SEPTEMBER

> 191 KM

STAGE 6

LE TEIL >>>

Main town of a canton of Ardèche (07)

Inhabitants: 8,750 (Teillois), 22,800 in the 15 communes comprising the Ardèche Rhône Coiron municipality, 325,200 inhabitants in the department
www.mairie-le-teil.fr / www.ardechecoiron.fr / www.ardeche.fr

Tour de France: Stage town for the first time. A Critérium du Dauphiné stage town once before

- **Cycling:** 4 mountain bike circuits, Trans-Ardèche mountain bike route. The department is a member of the Vélo et Fromages network
- **Sport and culture:** Rugby club Teillois (Fédérale 3 level). Events*: Festival Cafés Littéraires (literature), Festival Cordes en Ballade (classical music), screen-writing festival (cinema)
- **Sights:** Church of Saint-Étienne de Mélas (11th century), old temple (14th century) currently being restored, Museum of Resistance and Deportation in Ardèche, orientation platform overlooking the Rhône valley, suspension bridge over the Rhône
- **Gastronomy:** Bombine (potato stew) and crique (potato pancake), caillette (meatball), tarte du Coiron (apricot brioche), Le Teil beer, Ardèche wines
- **Note:** On 11 November 2019 an earthquake measuring 5.4 on the Richter scale struck the town, causing extensive damage but without causing any casualties. Southern Vivarais region of art and history



Pont du Teil © Teil town hall



Château de Rocheaure Castle © Matthieu Dupont



Observatory © Météosite Mont Aigoual



Onion fields © Anthony Allies

>>> MONT AIGOUAL

Summit (1,567m) in the Massif Central in the Gard (30)

Part of the commune of Val-d'Aigoual

Inhabitants: 1,400 (no name yet following the creation of the commune as a result of the merger of Notre-Dame-de-la-Rouvière and Valleraugue), 5,680 in the 15 towns comprising the Causses Aigoual Cévennes-Terres Solidaires municipality, 10,660 within the 21 communes comprising the Pays Viganais municipality, 742,000 in the department, 8,893,000 in the Occitanie Pyrénées-Méditerranée region

www.valdaigoual.fr / www.caussesaignoualcevennes.fr

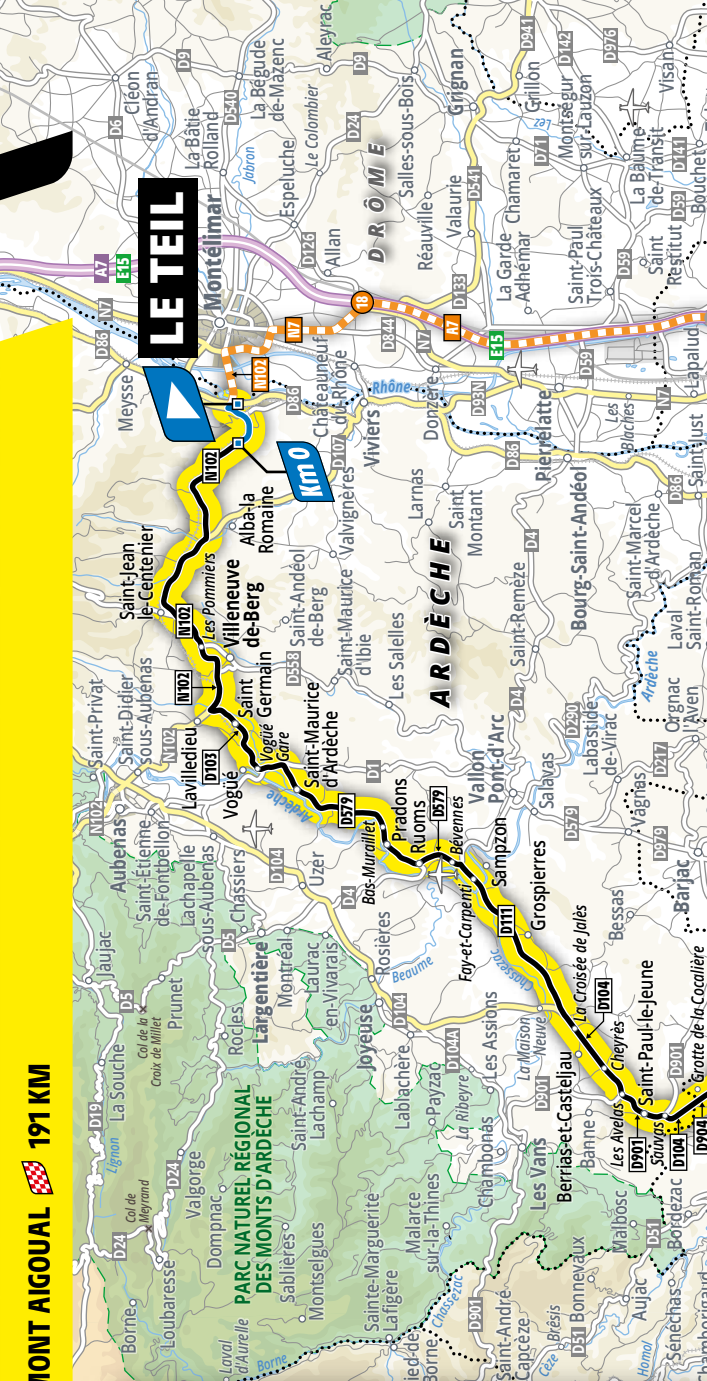
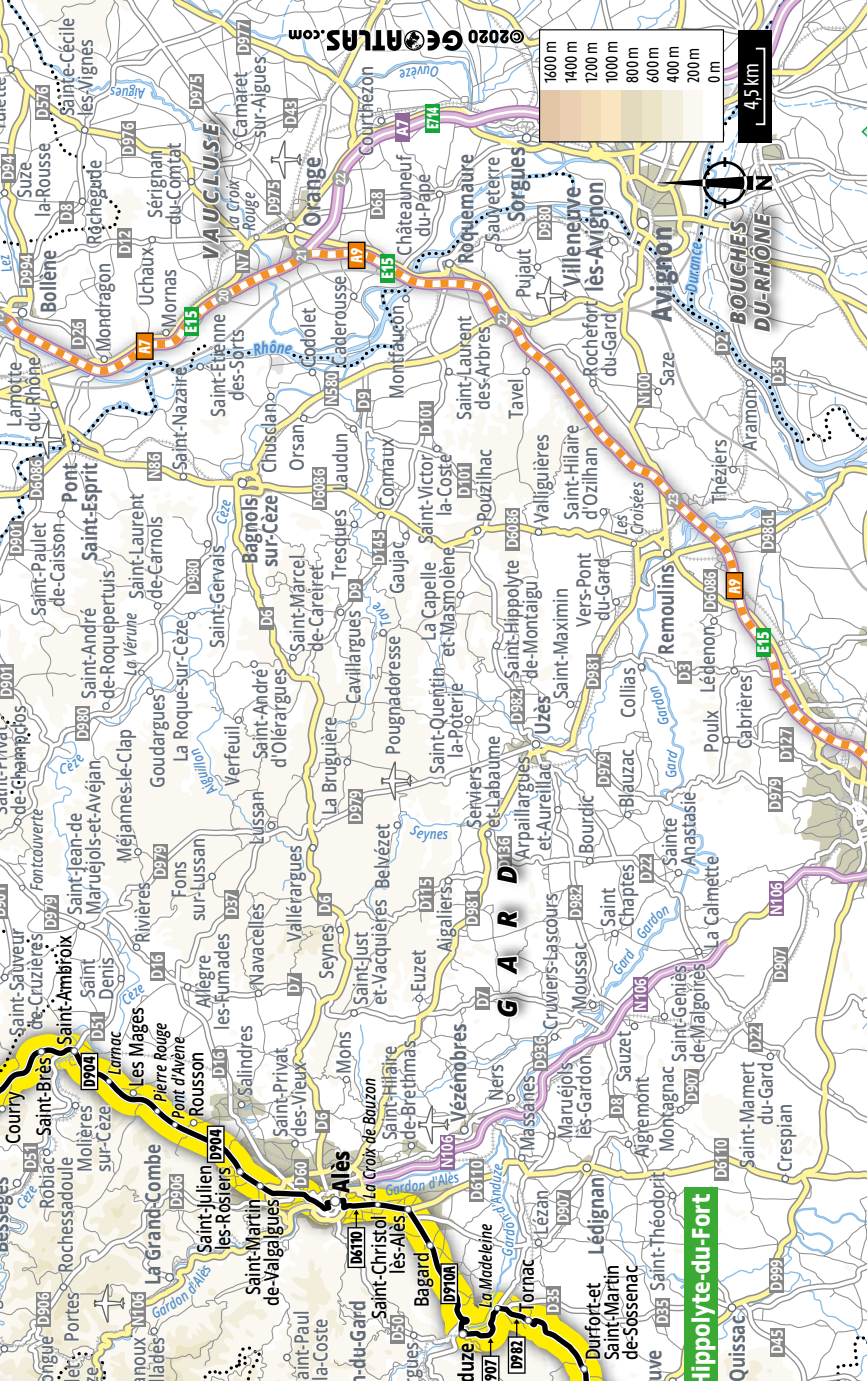
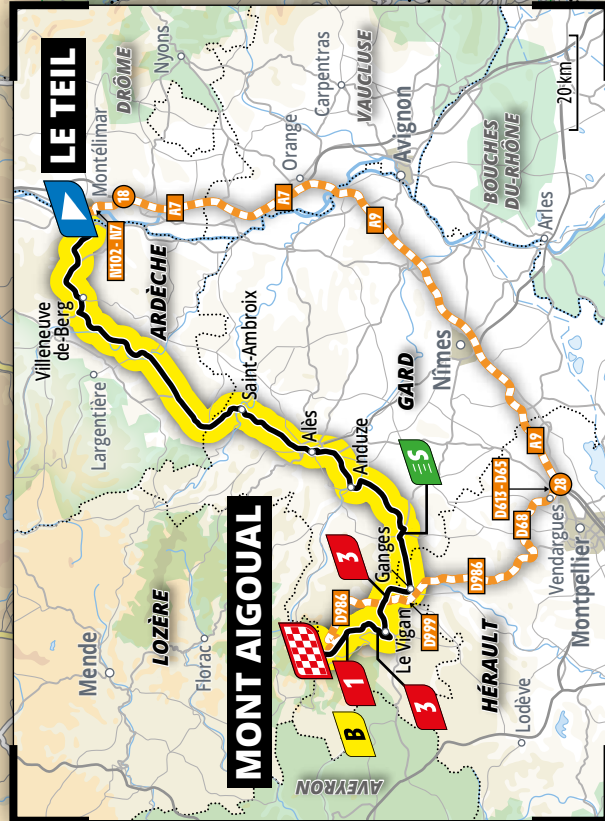
www.cc-paysviganais.fr / www.gard.fr / www.laregion.fr

www.cevennes-parcnational.fr

Tour de France: First time as a stage town. Mont Aigoual has only been crossed once in the Tour, back in 1987 during the Millau to Avignon stage. Silvano Contini led over the top and Charly Mottet was in the yellow jersey

- **Cycling:** 16 mountain bike routes
- **Sport and culture:** The Causses and Cévennes are listed as World Heritage Sites by UNESCO, 4 seasons nature centre, Prat Peyrot ski station. Events*: Étoile de Bessèges (cycling), Critérium des Cévennes (car rally), Montée des 4,000 marches (running race from the village of Valleraugue up to the observatory)
- **Sights:** Observatory (19th century) and interpretation centre for future climatic change, Navacelles cirque, Abîme de Bramabiau (cave and underground river)
- **Gastronomy:** Cévennes sweet onions, pèlardon (goat's cheese), pomme reinette du Vigan (rustic apple), chestnuts
- **Distinctions:** Grand Site Occitanie Cévennes (major tourist attraction), International Starry Sky Reserve

*Due to the health crisis resulting from the Covid-19 pandemic, most of the events cited have already been or will be cancelled in 2020.



ACCESS AND START

PPO

Crossroads of the D844 and N7, 14.2km from the start



RECEPTION POINT FOR GUESTS

Crossroads of Avenue du 8 Mai 1945 and Allée Paul Avon

Opens: 8.30



TOUR DE FRANCE VILLAGE

Location: Boulodrome Marc Jouve

Opens: 9.30

PUBLICITY CARAVAN

Parking: Zone d'activités Sud de la Meta

Parking technique: Cité Blanche

Departure from the car park:

Between 10.05 and 10.35

Passage across the start line:

Between 10.15 and 10.45



RACE

Assembly point for start: Allée Paul Avon

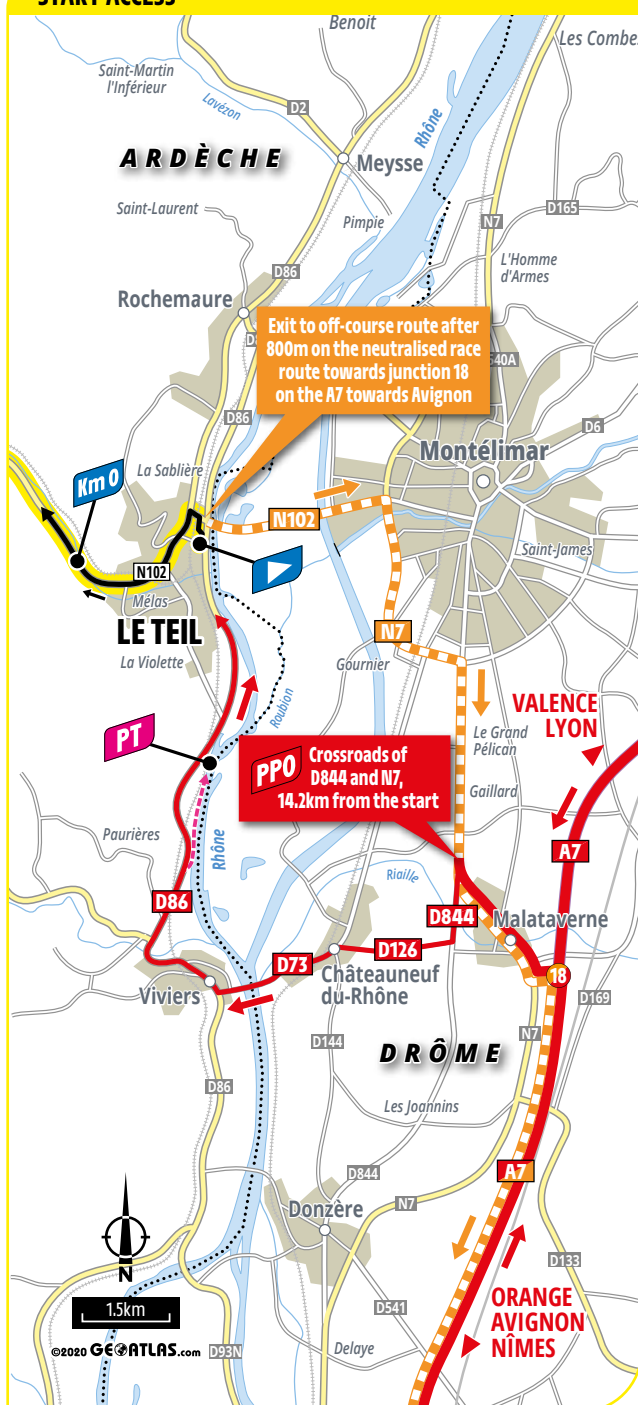
Rider sign-in: Between 10.50 and 11.50

Call to the start: 11.55

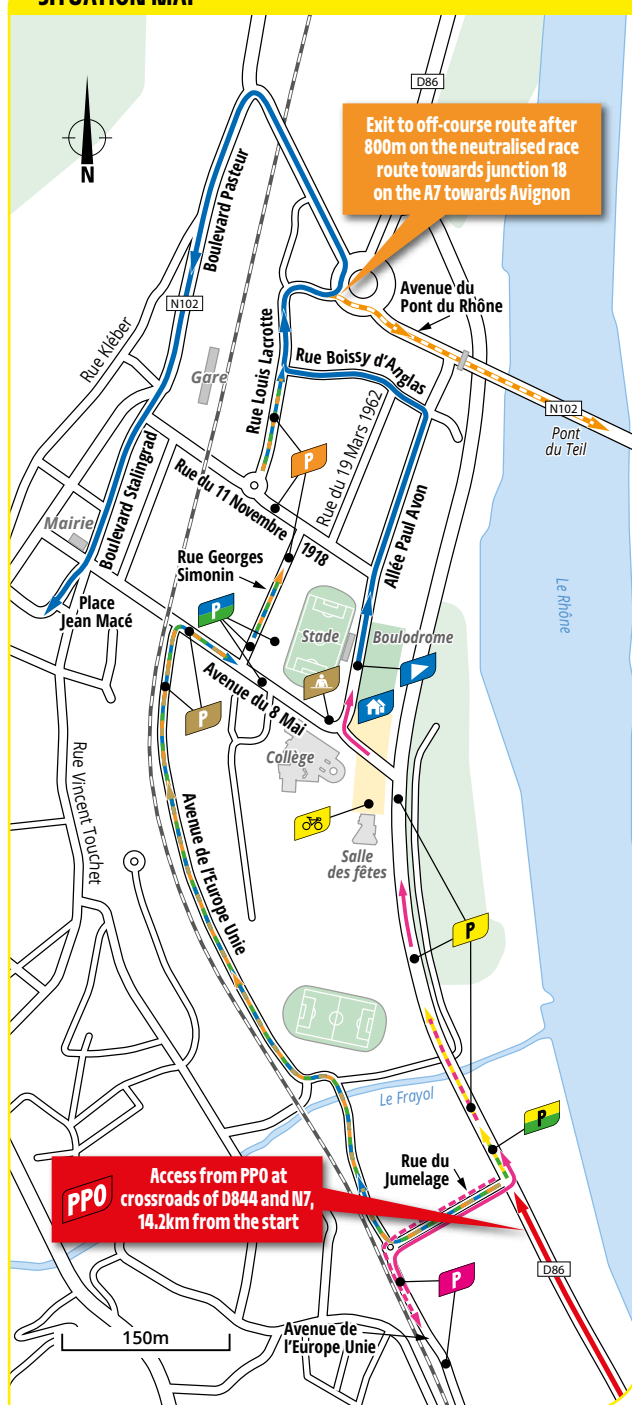
Neutralised start: 12.00, Allée Paul Avon

Official start: 12.10, on the N102, 4.3km from the assembly point

START ACCESS



SITUATION MAP



ITINERARY TIMETABLE

KM		STAGE 6		TIMETABLE			
To be run	Run			Caravan	42 kph	40 kph	38 kph
ARDÈCHE (07)							
		VC	LE TEIL (VC-N102) NEUTRALISED START	10:15	12:00	12:00	12:00
191	0	N102	LE TEIL RACE START	10:25	12:10	12:10	12:10
183.5	7.5		Le Buis d'Aps (ALBA-LA-ROMAINE) (near)	10:36	12:20	12:20	12:21
178	13		SAINT-JEAN-LE-CENTENIER (near)	10:43	12:26	12:27	12:28
175	16		Les Pommiers (VILLENEUVE-DE-BERG)	10:48	12:31	12:32	12:33
170	21		LAVILLEDIEU (N102-D103)	10:54	12:37	12:38	12:39
168.5	22.5	D103	SAINT-GERMAIN	10:57	12:39	12:40	12:42
165	26		VOGÜÉ-Gare (D103-D579)	11:02	12:43	12:45	12:47
162	29	D579	SAINT-MAURICE-D'ARDÈCHE	11:06	12:47	12:49	12:51
155.5	35.5		Bas Muraillet	11:15	12:56	12:58	13:00
155	36		PRADONS	11:16	12:57	12:59	13:01
152.5	38.5		RUOMS	11:19	13:00	13:02	13:04
150.5	40.5		Bévennes	11:23	13:03	13:05	13:08
149.5	41.5		Crossroad D579-D111	11:24	13:04	13:07	13:09
149	42	D111	Chamont	11:25	13:05	13:07	13:10
148.5	42.5		Fay-et-Carpent	11:26	13:05	13:08	13:11
147	44		La Bastide (SAMPZON)	11:27	13:07	13:09	13:12
146	45		La Boudène (GROSPIERRES)	11:29	13:08	13:11	13:14
144.5	46.5		La Gare (GROSPIERRES)	11:31	13:10	13:13	13:16
138.5	52.5		Crossroad D111-D104	11:40	13:18	13:22	13:25
137.5	53.5	D104	La Croisée de Jalès (BERRIAS-ET-CASTELJAU)	11:41	13:20	13:23	13:26
134	57		Cheyres (BANNE)	11:46	13:24	13:27	13:31
132	59		Les Avelas (BANNE) (D104-D901)	11:49	13:26	13:30	13:34
131	60	D901	SAINT-PAUL-LE-JEUNE	11:51	13:28	13:32	13:36
129	62		Crossroad D901-D104	11:53	13:31	13:34	13:38
129	62	D104	Sauvas	11:54	13:31	13:35	13:39
GARD (30)							
126.5	64.5	D904	Grotte de la Cocalière (COURRY) (near)	11:57	13:34	13:38	13:42
121.5	69.5		SAINT-BRÈS	12:04	13:40	13:44	13:49
120	71		SAINT-AMBROIX	12:06	13:42	13:46	13:51
116	75		Larnac	12:12	13:48	13:52	13:57
114	77		LES MAGES (near)	12:14	13:50	13:55	13:59
112.5	78.5		Pierre Rouge (ROUSSON)	12:17	13:52	13:57	14:02
111.5	79.5		Pont d'Avène (ROUSSON)	12:18	13:53	13:58	14:03
107.5	83.5		SAINT-JULIEN-LES-ROSIERS	12:24	13:58	14:03	14:09
105	86		SAINT-MARTIN-DE-VALGALGUES	12:27	14:02	14:07	14:12
103	88		ALÈS (D904-VC-D6110)	12:31	14:05	14:10	14:16
96	95	D6110	La Croix de Bauzon	12:40	14:13	14:19	14:25
95	96		SAINT-CHRISTOL-LÈS-ALÈS (D6110-D910 A)	12:42	14:15	14:20	14:27
93.5	97.5	D910 A	L'Hospitalet	12:44	14:17	14:23	14:29
93	98		BAGARD	12:45	14:17	14:23	14:30
86.5	104.5		ANDUZE (D910 A-D907)	12:54	14:26	14:32	14:39
83	108	D907	La Madeleine	12:59	14:31	14:37	14:44
82.5	108.5		Crossroad D907-D982	13:00	14:31	14:38	14:45
81	110	D982	TORNAC	13:01	14:33	14:39	14:46

DISTANCE FROM NEUTRALISED TO OFFICIAL START

4.3km

CATEGORISED CLIMBS

3 Km 146 - Cap de Coste

Climb of 2.1km at 7.3%

3 Km 163 - Col des Mourèzes

Climb of 6.1km at 4.8%

1 Km 177.5 - Col de la Lusette

Climb of 11.7km at 7.3%

RELAIS-ÉTAPE

Parking, Avenue Jean Radier,
07460 Saint Paul le Jeune

Km 60

ROUTE FOR

NON-RACE VEHICLES

Exit point after 800m on the neutralised race route (roundabout Étienne Bénistant, crossroads of Avenue du Pont and N102). Take the N102 towards Montélimar. At Montélimar, take the N7 in the direction of "A7-Nîmes-Avignon". Take the A7 (junction 18, Montélimar-Sud) towards Marseille. At Orange, take the A9 towards Barcelona and Montpellier. Leave the A9 at junction 28. Take the D613 towards Vendargues, the D65 towards Castries, the D68 and then the D986 towards Ganges via Saint Martin de Londres et Saint Bauzille de Putois. At Ganges, take the D999 towards "Le Vigan". Beyond Saint Julien de la Nef, at the D999-D11 crossroads, enter the race route (avoiding periods when the caravan and race are passing). Leave the race route after 1.6km, at Pont d'Hérault, and go right on the D986 towards "Mont Aigoual" via Valleraugue to reach L'Espérou.

Entry point onto the race route:

D986-D548 A crossroads at L'Espérou, 8.5km from the finish line.

Total distance: 255km

RESTRICTIONS

ON THE CARAVAN

Km 166 and 182 - Col de la Lusette

Parc national des Cévennes.

Narrow road with steep gradients. Detour for vehicles of more than 3.5 tonnes at km 160. No distribution of publicity material and no use of PA systems

Km 183 and 191 - Mont Aigoual

Parc national des Cévennes.

Detour for vehicles of more than 3.5 tonnes at km 186.5 (Prat Peyrot). No distribution of publicity material and no use of PA systems

Km 191 - Mont Aigoual (Finish)

Detour for the whole of the caravan 100m from the finish line

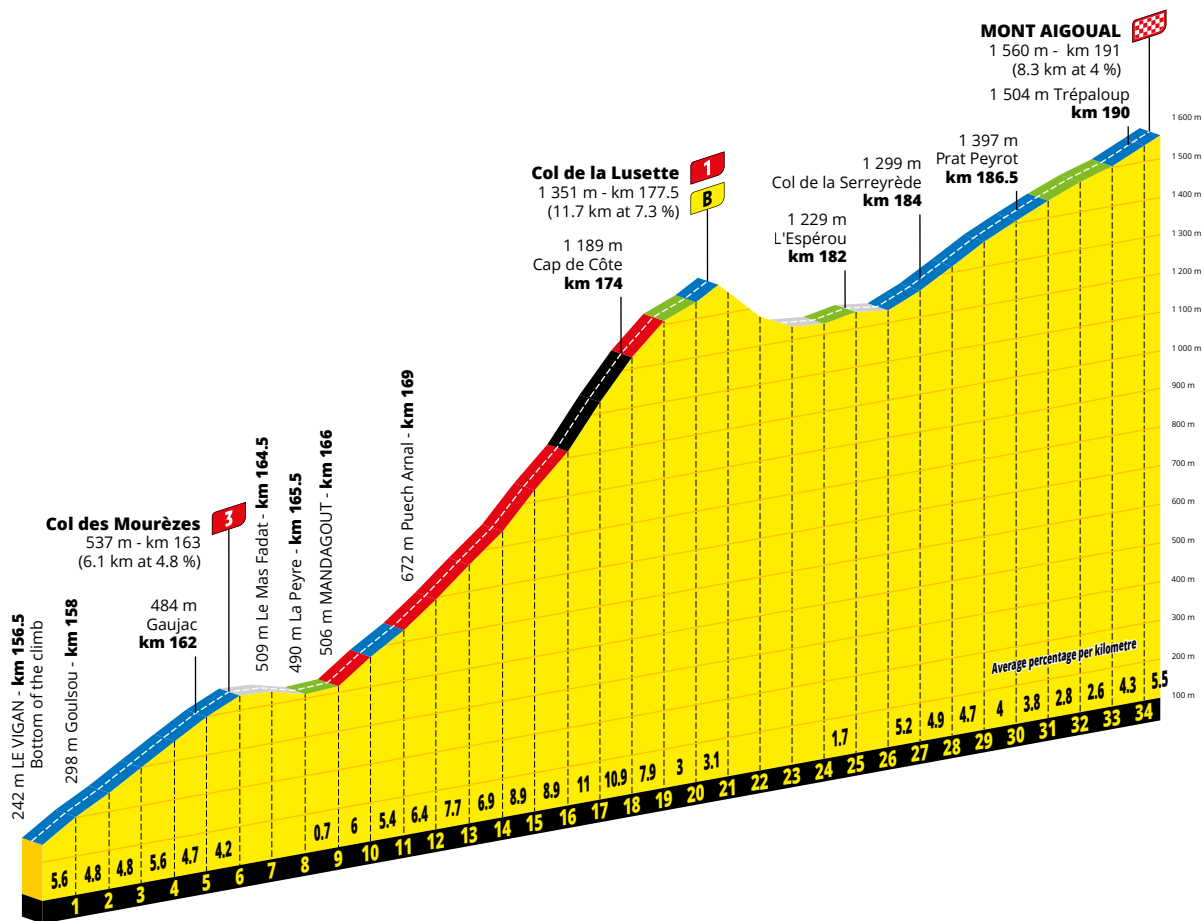


ITINERARY TIMETABLE

KM		STAGE 6		TIMETABLE			
To be run	Run			Caravan	42 kph	40 kph	38 kph
75.5	115.5		DURFORT-ET-SAINT-MARTIN-DE-SOSSENAC	13:10	14:40	14:47	14:55
66.5	124.5		Crossroad D982-D999	13:23	14:52	15:00	15:08
65.5	125.5	D999	SAINT-HIPPOLYTE-DU-FORT (entry)	13:24	14:53	15:01	15:09
65.5	125.5		SAINT-HIPPOLYTE-DU-FORT 	13:24	14:54	15:01	15:09
60.5	130.5		LA CADIÈRE-ET-CAMBO	13:31	15:00	15:08	15:16
HÉRAULT (34)							
54.5	136.5		MOULÈS-ET-BAUCELS	13:40	15:08	15:16	15:25
53	138		GANGES (D999-D4)	13:42	15:10	15:18	15:27
GARD (30)							
48.5	142.5	D11	SUMÈNE	13:48	15:16	15:24	15:33
45	146		Cap de Coste 	13:56	15:22	15:31	15:41
42.5	148.5		Crossroad D11-D999	13:59	15:25	15:34	15:44
41.5	149.5	D999	Pont-d'Hérault (SUMÈNE, SAINT-ANDRÉ-DE-MAJENCOULES)	14:01	15:26	15:36	15:46
40.5	150.5		Le Rey (SAINT-ANDRÉ-DE-MAJENCOULES)	14:02	15:28	15:37	15:47
38	153		Miassole	14:06	15:31	15:41	15:51
37	154		Les Plos	14:07	15:32	15:42	15:52
36	155		LE VIGAN (D999-VC-D170)	14:09	15:34	15:43	15:54
33	158	D170	Goulsou (AVÈZE)	14:14	15:39	15:48	15:59
29	162		Gaujac	14:24	15:47	15:57	16:09
28	163		Col des Mourèzes 	14:27	15:50	16:01	16:12
26.5	164.5		Le Mas Fadat	14:29	15:52	16:02	16:14
25.5	165.5		La Peyre	14:31	15:53	16:04	16:16
25	166		MANDAGOUT (D170-D329)	14:31	15:54	16:04	16:16
22	169	D329	Puech Arnal	14:40	16:01	16:13	16:25
16.5	174.5		Cap de Côte (ARPHY)	14:57	16:15	16:28	16:42
13.5	177.5		Col de la Lusette (1 351 m)  	15:06	16:23	16:36	16:51
10	181		Crossroad D329-D548	15:10	16:26	16:39	16:55
9	182	D548	Crossroad D548-D548 A	15:12	16:28	16:41	16:57
9	182	D548 A	L'Espérou (VAL-D'AIGOUAL) (D548 A-D986)	15:12	16:28	16:41	16:57
7	184	D986	Col de la Serreyrède (D986-D269)	15:16	16:31	16:45	17:01
4,5	186,5	D269	Prat Peyrot (near)	15:20	16:31	16:45	17:01
LOZÈRE (48)							
1	190	VC	Trépaloup (BASSURELS)	15:26	16:35	16:49	17:05
GARD (30)							
0	191	D269	MONT AIGOUAL 	15:28	16:42	16:57	17:13

PARTICULAR PROFILE

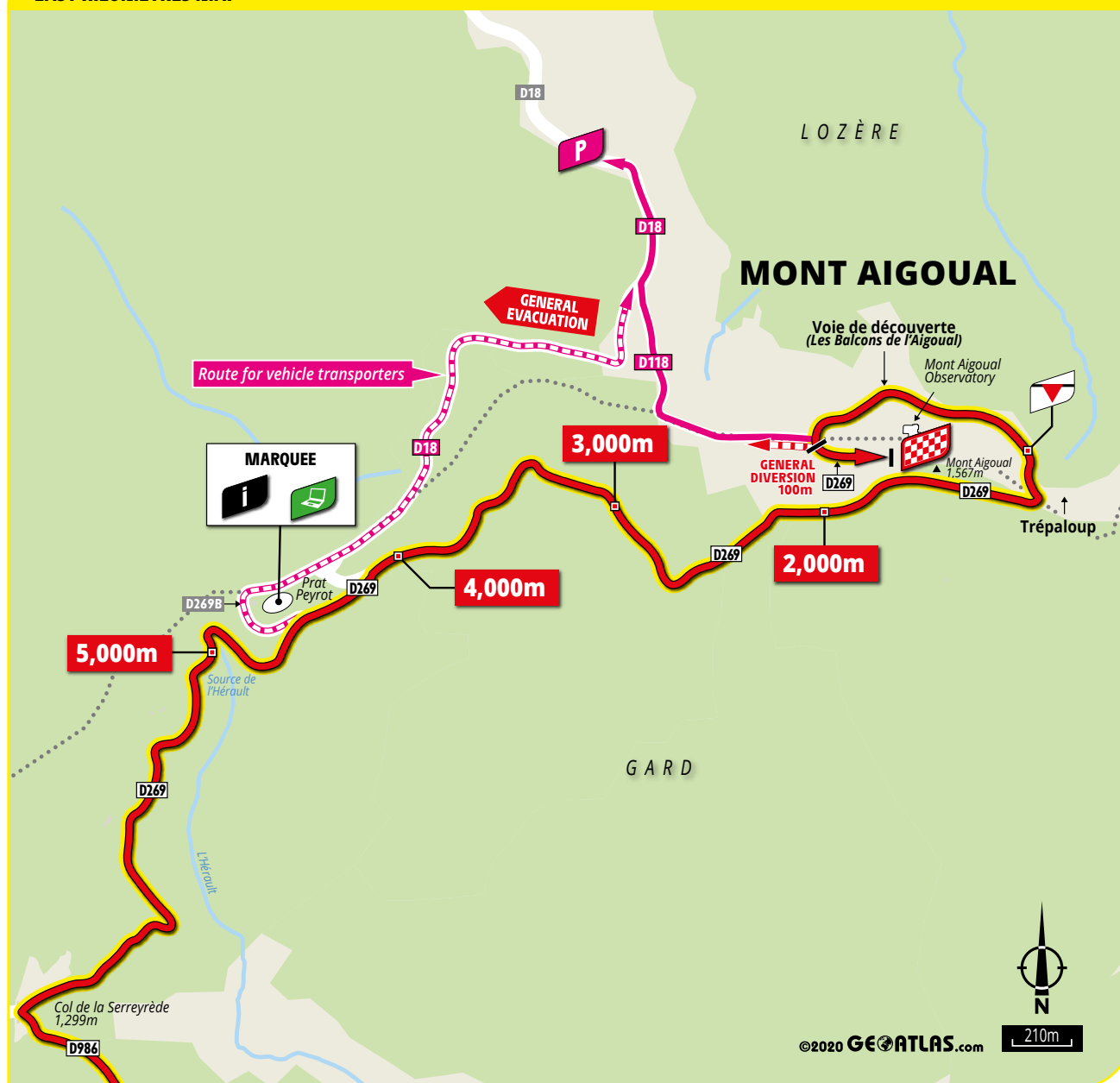
COL DES MOURÈZES > COL DE LA LUSETTE > MONT AIGOUAL



- From 0 to 2.9%
- From 3 to 5.9%
- From 6 to 8.9%
- From 9%

STAGE'S LAST KILOMETRES

LAST KILOMETRES MAP



FINISH LINE

On the D269 at the end of a 100m finishing straight

Width: 5m

PRESS ROOM

Marquee at Prat Peyrot,
30570 Val d'Aigoual

Distance from finish: 3km

RECEPTION POINT FOR GUESTS

L'Espérou, D548 - **Opens:** 13.30

SERVICE STATION

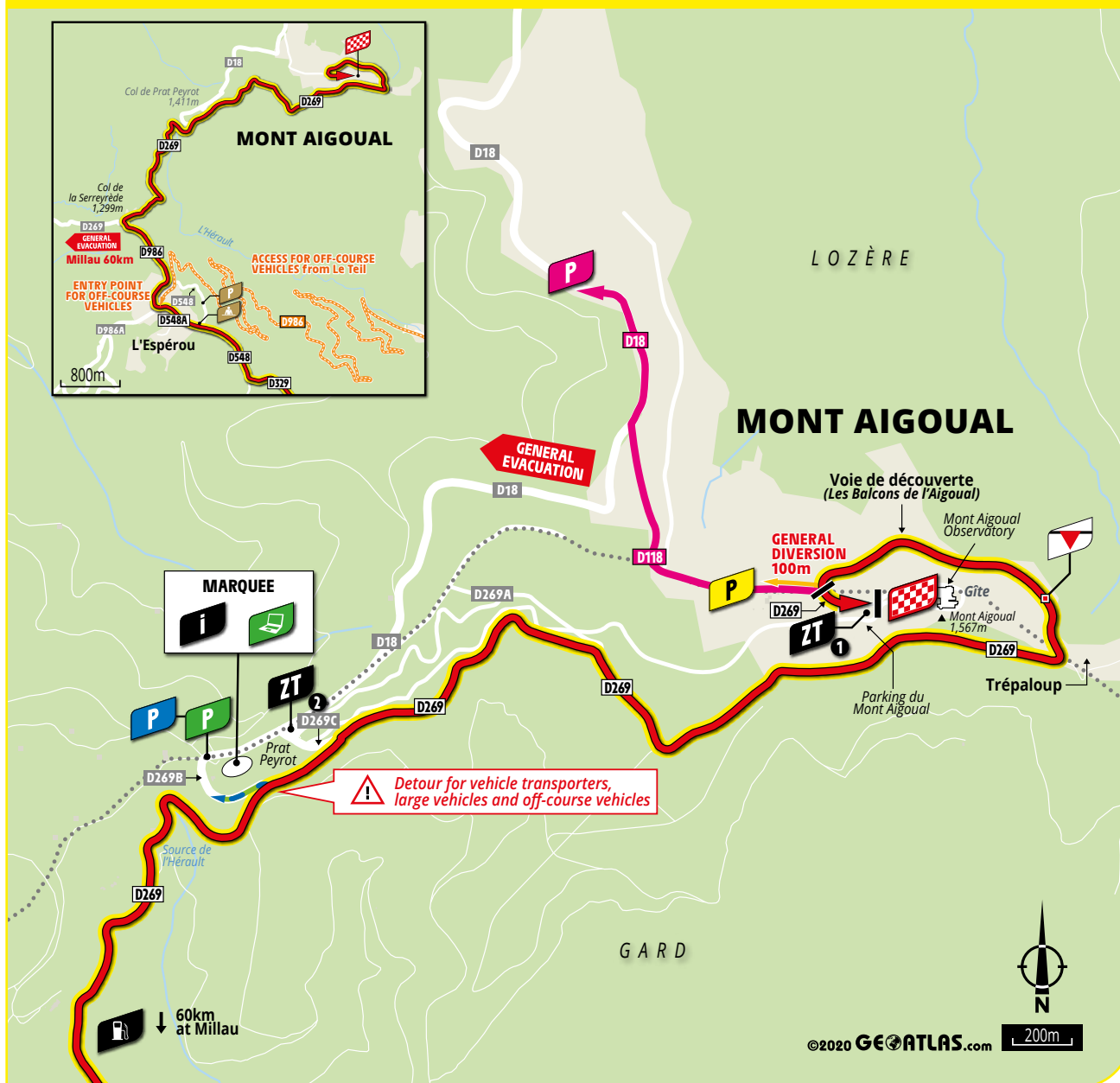
Total - 144 bis, Avenue Jean Jaurès, 12100 Millau

Tel: +33 (0)4 65 60 29 98

Opening hours: 14.00 to 19.30

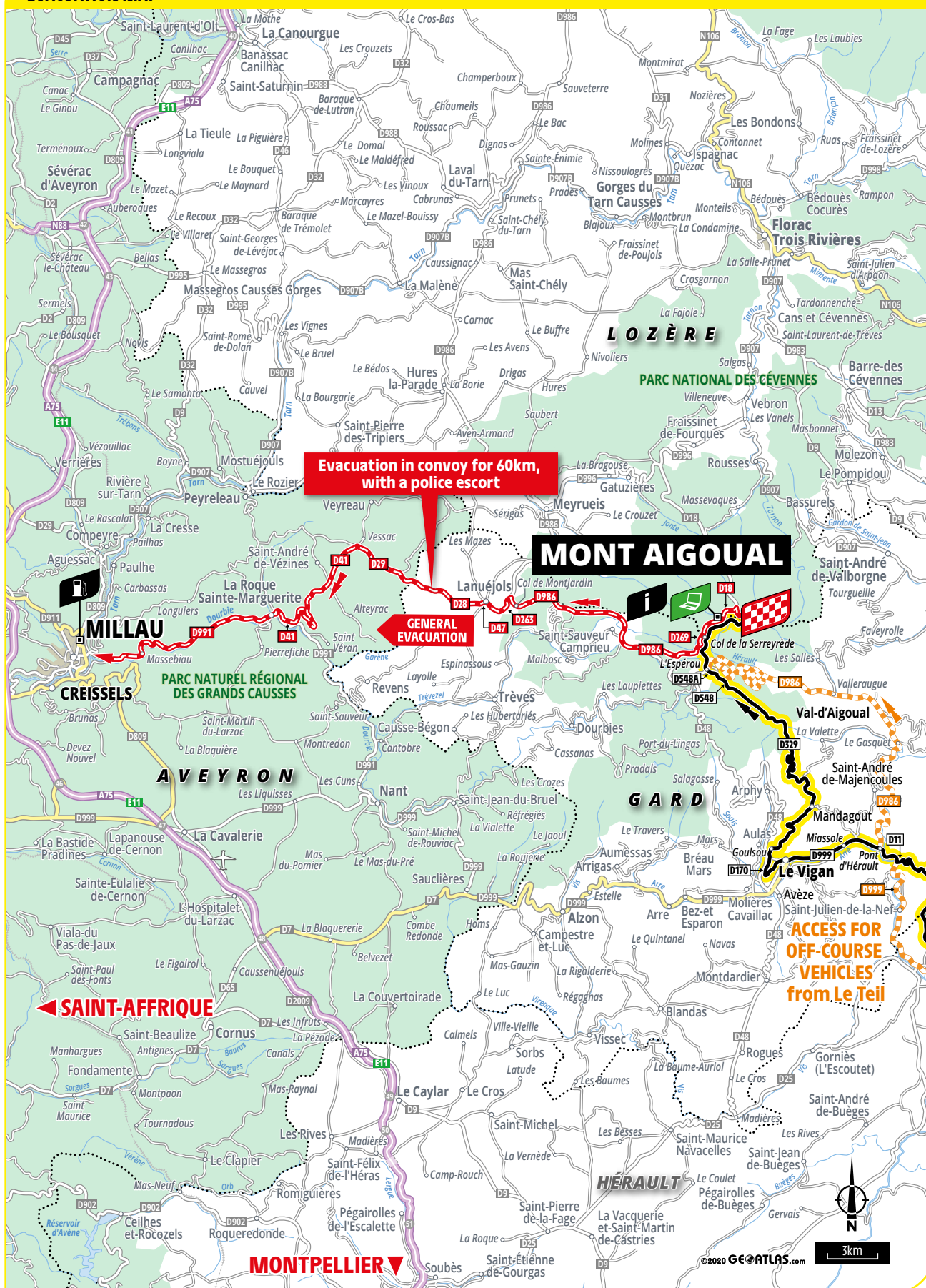
FINISH

FINISH MAP



EVACUATION

EVACUATION MAP



FRIDAY 4 SEPTEMBER

➤ 168 KM

STAGE 7

MILLAU >>>

Sub-prefecture of Aveyron (12)

Inhabitants: 22,800 (Millavois), 30,600 within the Millau Grands Causses municipality (15 communes), 277,900 in the department

www.millau.fr / www.cc-millaugrandscausses.fr / www.aveyron.fr

Tour de France: Stage town for the seventh time. Nicknamed "The Eagle of Adliswil" and "The Pedalling Madman", Ferdi Kübler was the first Swiss rider to win the Tour in 1950. He was also the first stage winner at Millau in 1954 and that year finished on the second step of the podium behind Louison Bobet

- **Cycling:** 30km of cycle paths, Trace verte du Viaduc (16km off-road route)
- **Sport and culture:** *Athletes:* Marine Cabirou (MTB), Valérian Sauveplane (rifle shooting). *Events*:* 100km de Millau (running), Course du Viaduc (running), Rallye des Cardabelles (rallying), Natural Games (outdoor sport and music), Millau Jazz Festival
- **Sights:** Millau viaduct (one of the highest road bridges in the world), Graufesenque archaeological site, belfry (12th century), Maison du Peuple theatre, Millau and Grands Causses Museum
- **Gastronomy:** Trenèls or tripous (stuffed lamb stomach), tripoux (tripe stew), farçous (French chard fritters), cheeses (Pérail, Roquefort), spit-baked cake, flaune (flan/custard), Côtes-de-Millau (wine)
- **Distinctions:** Capital of outdoor sports, the Causses and Cévennes region is listed as a World Heritage Site by UNESCO, Grand Site Occitanie Sud de France (major tourist attraction), three-star floral town



Old bridge © www.pixelsmillau.fr



Millau viaduct © Thinkstock



Saint Alain Cathedral © Town of Lavar



Half-timbered house © Town of Lavar

>>> LAVAU

Main town in a canton of Tarn (81)

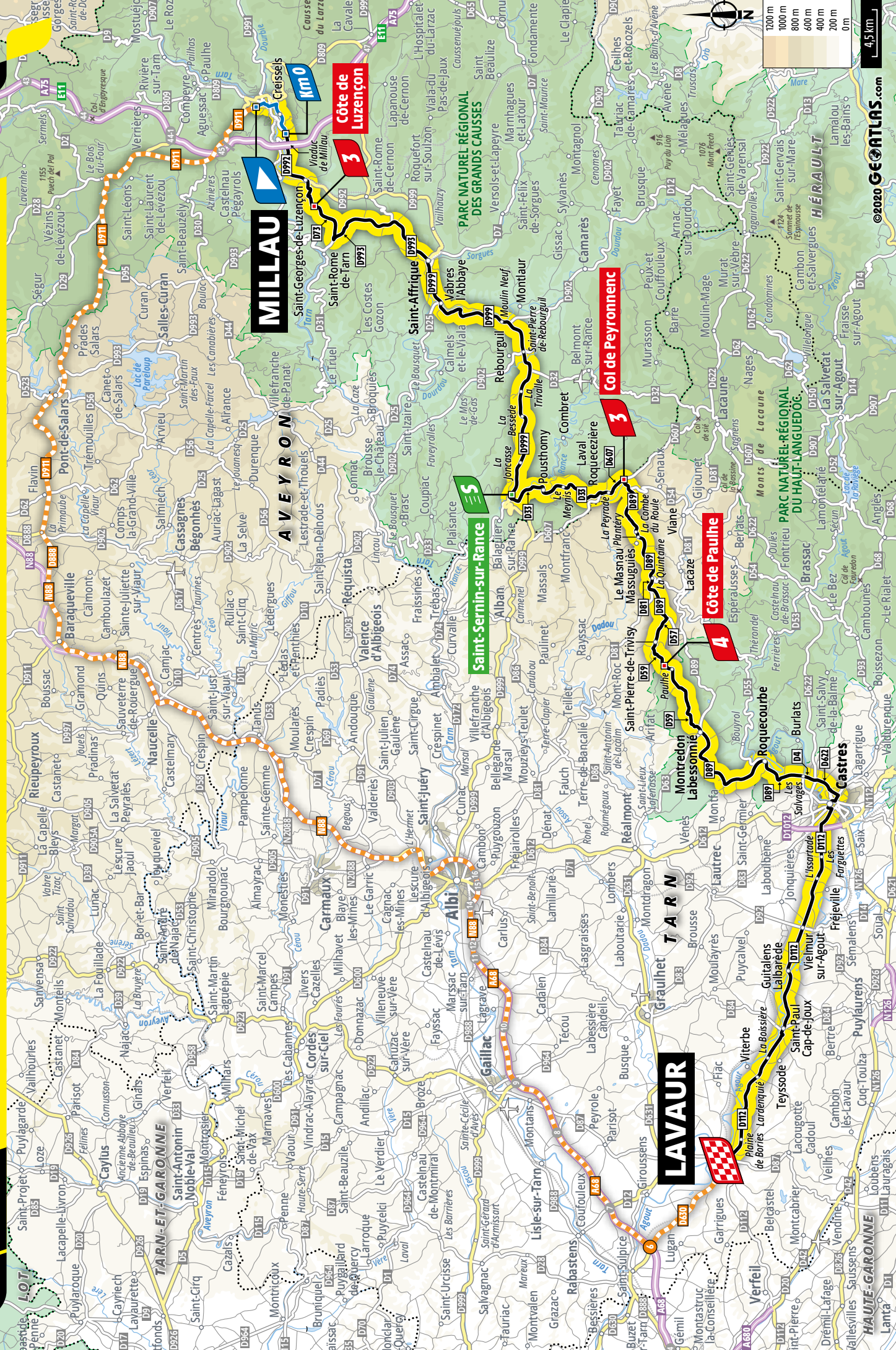
Inhabitants: 11,200 (Vauréens), 387,600 in the department

www.ville-lavar.fr / www.tarn.fr

Tour de France: Stage town for the third time. Mark Cavendish claimed the third of his five stage victories here in the 2011 Tour. At the same time, he pulled on the green jersey and kept it until the finish on the Champs-Élysées

- **Cycling:** 8km of cycle paths, the "Cycling, I know how I do it" campaign with schools
- **Sport and culture:** Selected as France's most sporty town by *L'Équipe* in 2014 for its disabled sport initiative (fewer than 20,000 inhabitants), AS Lavar (rugby, Fédérale 1 level). Headquarters of the Pierre Fabre group (dermo-cosmetics). *Athlete:* Benjamin Thomas (cyclist, Groupama-FDJ team, 2019 French time trial champion, multiple world and European track champion). *Events*:* International Opera Festival, Les Jeudis au Jardin (music), fêtes générales local festival, Rock'n cars
- **Sights:** Saint-Alain Cathedral (14th century), Church of Saint-François (14th century), half-timbered houses, Plô esplanade, the banks of the Agout
- **Gastronomy:** Roast duck, pink garlic, melsat (cold meats), mesturet (pumpkin-based dessert), En Ségur wine
- **Distinctions:** Cathar town, capital of the Pays de Cocagne, active and sporting town, Terre de Jeux 2024 (affiliated to Paris Olympics)

*Due to the health crisis resulting from the Covid-19 pandemic, most of the events cited have already been or will be cancelled in 2020.



ACCESS AND START

PP0

Junction 45 on the A75, 6.7km from the start



RECEPTION POINT FOR GUESTS

Crossroads of Avenue Charles de Gaulle and Rue du Vieux Crès, adjacent to the école du Crès Albert Séguier

Opens: 10.00



TOUR DE FRANCE VILLAGE

Location: Parc de la Victoire

Opens: 11.00

PUBLICITY CARAVAN

Parking: Zone d'Activités Cap du Crès, commercial centre parking

Parking technique: Zone d'Activités Millau 2

Departure from the car park:

Between 11.15 and 11.45

Passage across the start line:

Between 11.40 and 12.10



RACE

Assembly point for start: Avenue du Général de Gaulle

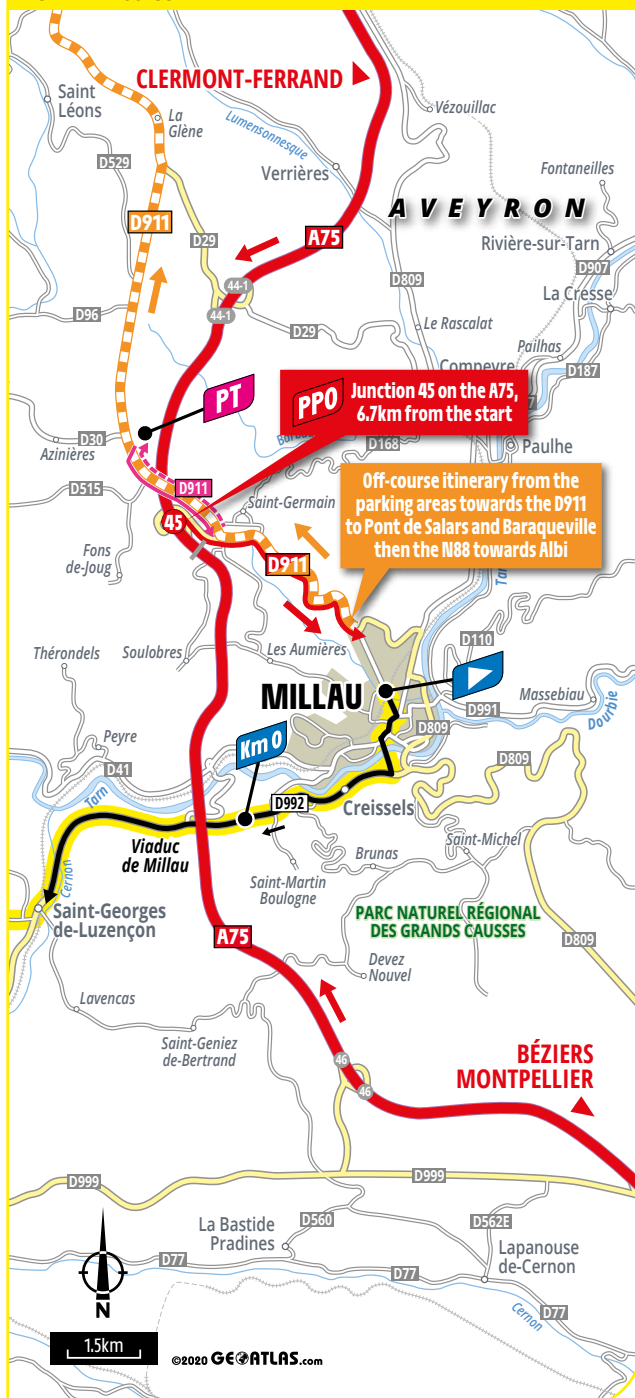
Rider sign-in: Between 12.15 and 13.15

Call to the start: 13.20

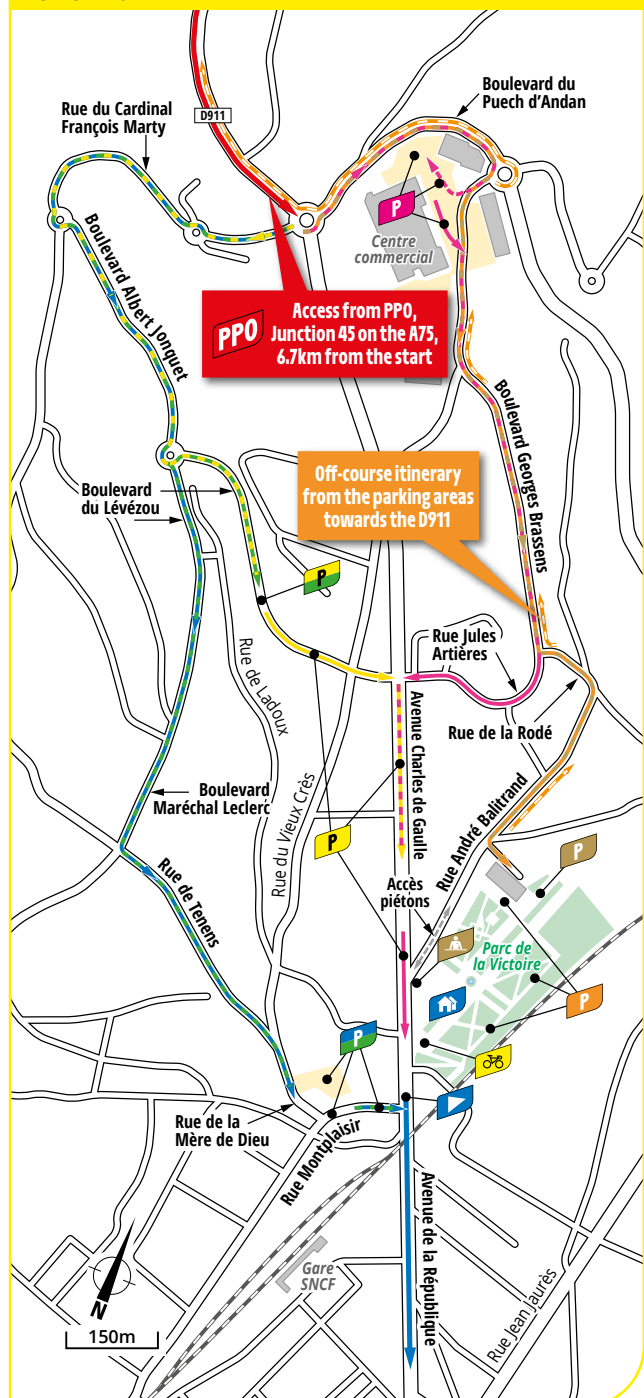
Neutralised start: 13.25, Avenue du Général de Gaulle

Official start: 13.35, on the D992, 5.5km from the assembly point

START ACCESS



SITUATION MAP

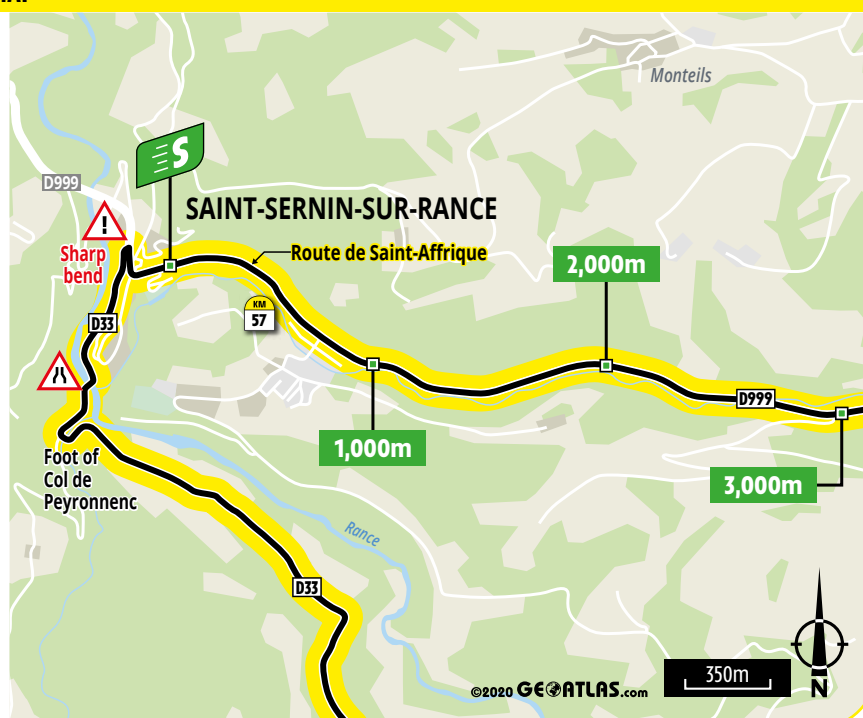
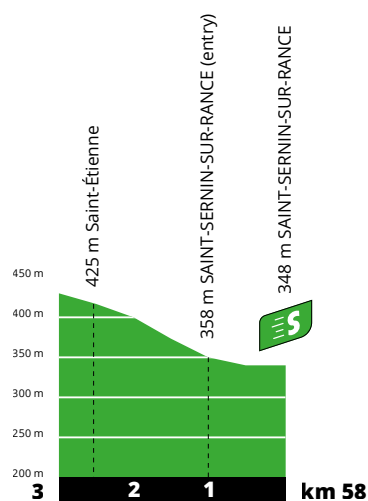


PROFILES AND MAP

STAGE'S PROFILE



INTERMEDIATE SPRINT: PROFILE AND MAP



KM 58 - SAINT-SERNIN-SUR-RANCE

ITINERARY TIMETABLE

KM		STAGE 7		TIMETABLE			
To be run	Run			Caravan	45 kph	43 kph	41 kph
AVEYRON (12)							
		VC	MILLAU (VC-D992) 	11:40	13:25	13:25	13:25
			Cross level n°69				
		D992	CREISSELS				
168	0		MILLAU 	11:50	13:35	13:35	13:35
166.5	1.5		Viaduc de Millau (sous)	11:52	13:37	13:37	13:37
163	5		SAINT-GEORGES-DE-LUZENÇON (D992-D73)	11:57	13:41	13:41	13:42
162	6		Cross level n°59	11:58	13:43	13:43	13:43
159	9	D73	Côte de Luzençon 	12:03	13:47	13:47	13:48
154.5	13.5		SAINT-ROME-DE-TARN (near) (D73-D993)	12:10	13:53	13:54	13:55
142	26	D993	SAINT-AFFRIQUE (D993-D999)	12:27	14:09	14:11	14:12
137.5	30.5	D999	VABRES-L'ABBAYE	12:34	14:15	14:17	14:19
129.5	38.5		Moulin Neuf (MONTLAUR)	12:46	14:26	14:28	14:31
125	43		Saint-Pierre de Rebourguil (REBOURGUIL)	12:52	14:32	14:34	14:37
121	47		La Trivalle (COMBRET)	12:58	14:37	14:40	14:43
118	50		La Bessède (COMBRET)	13:03	14:41	14:44	14:48
114	54		La Joncasse	13:08	14:46	14:50	14:53
113	55		Saint-Étienne	13:10	14:48	14:52	14:55
111	57		SAINT-SERNIN-SUR-RANCE (D999-D33) (entry)	13:13	14:50	14:54	14:58
110	58		SAINT-SERNIN-SUR-RANCE 	13:14	14:52	14:55	14:59
106	62	D33	POUSTHOMY	13:20	14:57	15:01	15:05
102.5	65.5		Le Meynis (LAVAL-ROQUECEZIÈRE)	13:25	15:02	15:06	15:10
97.5	70.5		Crossroad D33-D607	13:33	15:09	15:13	15:18
97	71	D607	La Peyrade (LAVAL-ROQUECEZIÈRE)	13:33	15:09	15:14	15:18
94.5	73.5		Col de Peyronnenc (D607-D89) 	13:37	15:13	15:17	15:22
TARN (81)							
87.5	80.5	D89	La Combe du Roule (VIANE)	13:47	15:22	15:27	15:32
87	81		Plantéry (LE MASNAU-MASSUGUIÉS)	13:48	15:23	15:28	15:33
81.5	86.5		La Quintaine (LACAZE) (D89-D81)	13:56	15:30	15:35	15:41
81.5	86.5	D81	La Roubinesque (LACAZE)	13:57	15:30	15:36	15:42
80.5	87.5		Crossroad D81-D89	13:58	15:31	15:37	15:43
76.5	91.5	D89	Crossroad D89-D57	14:03	15:36	15:42	15:48
74.5	93.5		SAINT-PIERRE-DE-TRIVISY (D57-D53-D59)	14:07	15:39	15:45	15:52
70.5	97.5	D59	Côte de Paulhe 	14:13	15:45	15:51	15:58
69.5	98.5		Paulhe	14:14	15:46	15:52	15:59
61.5	106.5		MONTREDON-LABESSONNIÉ (D59-VC-D89)	14:26	15:57	16:03	16:11
49.5	118.5	D89	ROQUECOURBE	14:43	16:12	16:20	16:28
44	124		Les Salvages (BURLATS) (D89-D4)	14:51	16:20	16:28	16:36
43.5	124.5	D4	CASTRES (D4-D622-VC-D112)	14:52	16:21	16:28	16:37
33	135	D112	Les Farguettes	15:07	16:35	16:43	16:52
31	137		L'Issartade (FRÉJEVILLE)	15:10	16:37	16:46	16:55
25.5	142.5		VIELMUR-SUR-AGOUT	15:18	16:45	16:53	17:03
22	146		Cross level n°82	15:23	16:49	16:58	17:08
22	146		GUITALENS-L'ALBARÈDE	15:23	16:49	16:59	17:08
16	152		SAINT PAUL CAP DE JOUX	15:32	16:57	17:07	17:17
13	155		La Boissière (TEYSSODE)	15:36	17:01	17:11	17:21
9.5	158.5		Lardenquii (VITERBE)	15:42	17:06	17:16	17:27
3	165		Plaine de Bories	15:51	17:15	17:25	17:36
1.5	166.5		LAFAUR (entry)	15:53	17:17	17:27	17:38
0	168		LAFAUR 	15:56	17:19	17:29	17:41

DISTANCE FROM NEUTRALISED TO OFFICIAL START

5.5km

CATEGORISED CLIMBS

Km 9 - Côte de Luzençon

Climb of 562m at 6.1%

Km 73.5 - Col de Peyronnenc

Climb of 879m at 3.9%

Km 97.5 - Côte de Paulhe

Climb of 591m at 7%

RELAIS-ÉTAPE

Place de la Résistance
81220 Saint Paul Cap de Joux
Km 152

ROUTE FOR NON-RACE VEHICLES

Leave via the off-course (hors course) parking (don't go onto the course). Go in the opposite direction used to access the start area to join the D911 heading for Rodez-A75. At the Les Bergers roundabout (giving access to junction 45 on the A75), stay on the D911 towards Saint Bazély. Stay with the D911 towards Cahors-Albi via Pont de Salars. At La Primaube, head towards Albi on the D888 then the N88 (via Baraqueville). At Albi, take the N88 and then the A68 towards Toulouse. Leave the A68 at junction 6 "Saint Sulpice". Head for Lavaur on the D630. At Lavaur, head towards "Centre Ville" on Avenue Charles de Gaulle (D112), then follow the arrows to reach the parking areas at the finish.

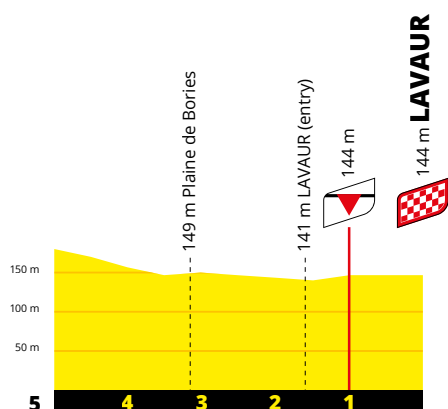
Total distance: 185km

STAGE'S LAST KILOMETRES

LAST KILOMETRES MAP



LAST KILOMETRES PROFILE



FINISH LINE

D112, Avenue Pierre Fabre at the end of a 2km finishing straight (450m long by line of sight) - **Width:** 6m

PRESS ROOM

Complexe sportif des Clauzades, Route de Caraman, 81500 Lavour

Distance from finish: 1.1km

RECEPTION POINT FOR GUESTS

Corner of Avenue Charles de Gaulle and Allée Jean Jaurès
Opens: 14.00

SERVICE STATION

AGIP - 5 Avenue Pierre Fabre, 81500 Lavour
Tel: +33 (0)5 63 58 32 96 - **Opening hours:** 14.00 to 19.30

FINISH

FINISH MAP



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SATURDAY 5 SEPTEMBER

> 141 KM

STAGE 8

CAZÈRES-SUR-GARONNE >>>

Main town in a canton of Haute-Garonne (31)

Inhabitants: 4,960 (Cazériens)

www.mairie-cazeres.fr

Tour de France: Stage town for the first time

- **Cycling:** 4km of cycle paths, 5km cycle route on the Véloroute de la Garonne
- **Sport and culture:** US Cazères (football, Régional 1 level), Union Cazères Le Fousset XV (rugby). *Facilities:* Watersports centre (sailing, canoeing, water skiing, jet-skiing). *Athletes:* Jean-Marc Ferratge (football), Pierre Pagès (rugby), Gérard Eychenne (second in the 2018 World Sailing Championships in the Hansa class). *Events*:* Printemps des poètes (poetry), Pentecost flower festival, World Gaming Day, heritage days
- **Sights:** Church of Notre-Dame-de-l'Assomption (13th century) and its baptismal font, cloister of the former Capuchin convent (17th century), Casa de Montserrat (timber-framed house created in the 17th century by the Montserrat monastery in Spain), Garonne bridge, covered market (19th century, designed by Hector d'Espouy), Bourguet wash-house (16th century), half-timbered houses
- **Gastronomy:** Foie gras, Cazerian pork (certified black pork breed), civet de canard (duck stew)
- **Distinctions:** Station Verte (eco label), Tourism and disability label, two dragonflies (biodiversity), floral towns and villages diploma of honour



Capuchin cloister © Town of Cazères



Bridge on the Garonne © Town of Cazères



Saoussas mill © Vallée du Louron tourist office



Lake Génos © Vallée du Louron tourist office

>>> LOUDENVIELLE

Mountain resort in Hautes-Pyrénées (65)

Inhabitants: 305 (Loudenviellois), 225,220 in the department

www.loudenvielle.fr / www.pyrenees-trip.com

Tour de France: Stage town for the fifth time. In 1997, the Tour visited Loudenvielle for the first time on 14 July. It was a day of celebration for the French: the stage victory went to Laurent Brochard while Cédric Vasseur kept the yellow jersey that he'd been wearing for four days

- **Cycling:** Espace Cycloport (eight circuits from 35 to 135km), Louron valley MTB area (350km of marked trails), Pyrénées Cycl'n Trip (11 passes reserved exclusively for cyclists in July)
- **Sport and culture:** Balnéa thermoludic complex (the first thermal water relaxation complex in the French Pyrenees), Skyvall gondola linking the Louron valley to the Peyragudes ski station. *Events*:* French MTB Enduro Championship, Pyrenees Bike Festival, Baldéaman triathlon, Pyrenean traditions' fair, national competition for the Blonde d'Aquitaine breed of cattle
- **Sights:** Chapel of Notre Dame d'Artiguelongue, Génos-Loudenvielle lake, the Arixo cinematographic and museographical centre
- **Gastronomy:** Garbure (meat and vegetable stew), Noir de Bigorre (pork), Barèges-Gavarnie mutton, Tarbes beans, spit-baked cake, wines (Madiran and Pacherenc)
- **Distinctions:** Two-star floral town

*Due to the health crisis resulting from the Covid-19 pandemic, most of the events cited have already been or will be cancelled in 2020.

141 KM

CAZÈRES-SUR-GARONNE >>> LOUDENVIELLE

SATURDAY 5 SEPTEMBER

STAGE 8

91

ACCESS AND START

PPO

Junction 23 on the A64, 4km from the start



RECEPTION POINT FOR GUESTS

Boulevard Jean Esterle adjacent to the Maison Garonne

Opens: 10.00



TOUR DE FRANCE VILLAGE

Location: Esplanade du Ramier and place Colbato

Opens: 11.00

PUBLICITY CARAVAN

Parking: Place de l'Enclos

Parking technique: Parking Société Agrofibre zone d'activités de la Masquère, Chemin de Bellevue

Departure from the car park:

Between 11.35 and 12.05

Passage across the start line:

Between 11.45 and 12.15



RACE

Assembly point for start: Bridge over the Garonne

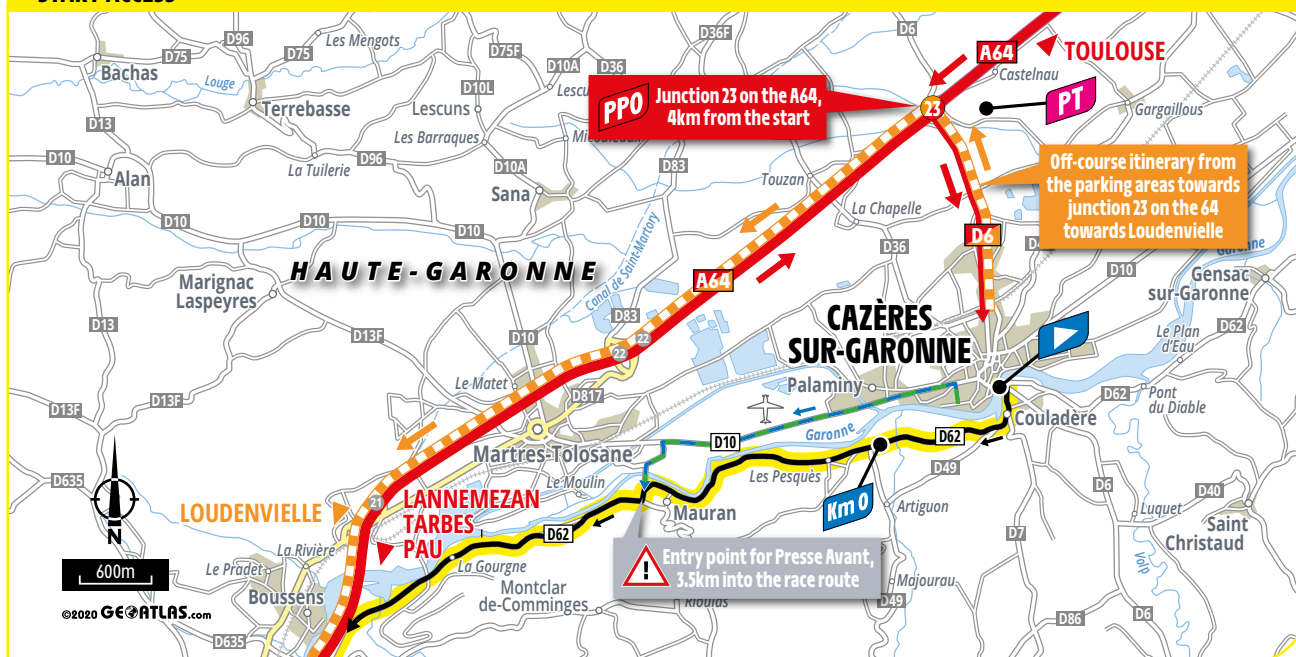
Rider sign-in: Between 12.20 and 13.20

Call to the start: 13.25

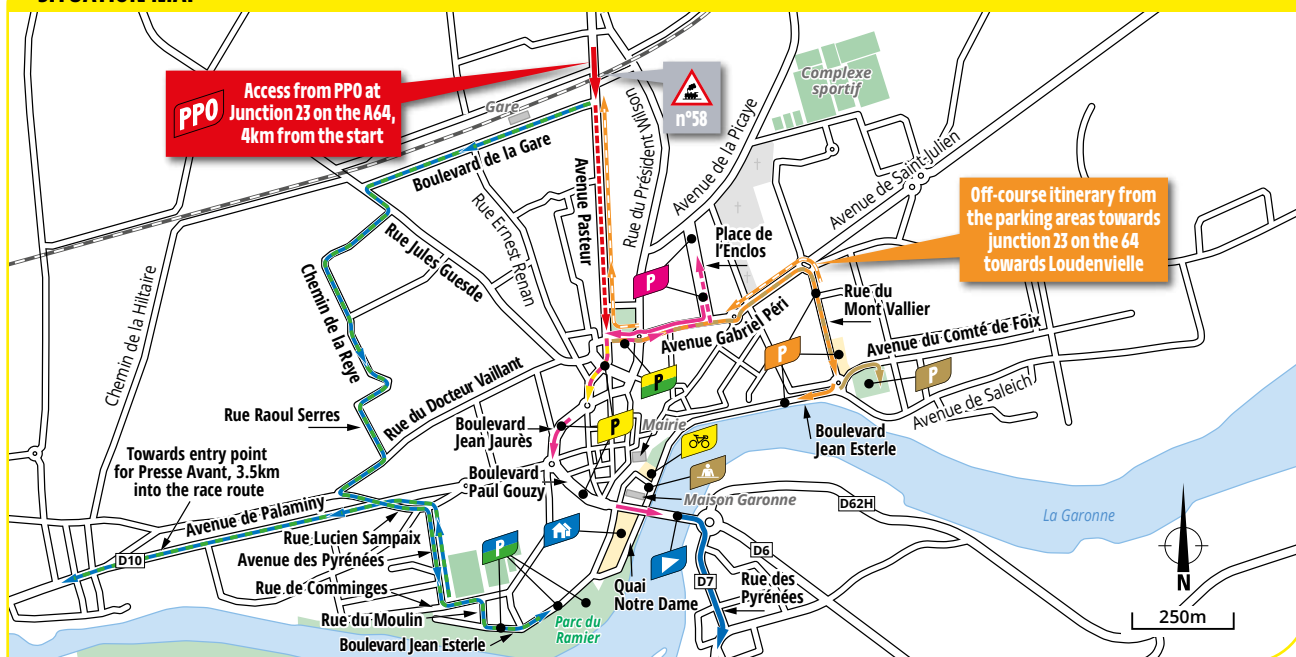
Neutralised start: 13.30, bridge over the Garonne

Official start: 13.35, on the D62, 2.5km from the assembly point

START ACCESS



SITUATION MAP



ITINERARY TIMETABLE

KM		STAGE 8			TIMETABLE			
To be run	Run				Caravan	40 kph	38 kph	36 kph
HAUTE-GARONNE (31)								
		D6	CAZÈRES-SUR-GARONNE 		11:45	13:30	13:30	13:30
			COULADÈRE (D6-D7-D62)					
141	0	D62	CAZÈRES-SUR-GARONNE 		11:50	13:35	13:35	13:35
140	1		Les Pesques (PALAMINY)		11:51	13:36	13:36	13:36
138	3		MAURAN		11:54	13:39	13:39	13:39
134	7		La Gourgue		12:00	13:44	13:44	13:45
132.5	8.5		ROQUEFORT-SUR-GARONNE (D62-D13 E)		12:03	13:47	13:47	13:48
130.5	10.5	D13 E	Crossroad D13 E-D13		12:06	13:49	13:50	13:51
128.5	12.5	D13	MAZÈRES-SUR-SALAT		12:08	13:52	13:53	13:53
125	16		SALIES-DU-SALAT		12:14	13:57	13:58	13:59
122	19		MANE (D13-D117-D21)		12:18	14:01	14:02	14:03
116.5	24.5	D21	FIGAROL (D21-D26)		12:26	14:08	14:10	14:11
114	27	D26	Léoudary (MONTESPAN)		12:30	14:11	14:13	14:15
110.5	30.5		Crossroad D26-D5 B		12:35	14:16	14:18	14:20
106.5	34.5	D5 B	Pujos (ESTADENS)		12:42	14:22	14:24	14:27
105	36		La Loubère (ESTADENS)		12:43	14:23	14:26	14:28
103.5	37.5		ASPET (D5 B-D5)		12:46	14:25	14:28	14:31
99	42	D5	SENGOUAGNET (entry)		12:53	14:32	14:35	14:38
98.5	42.5		SENGOUAGNET 		12:53	14:32	14:35	14:38
98	43		Crossroad D5-D618		12:54	14:33	14:36	14:39
93.5	47.5	D618	Henne Morte		13:01	14:40	14:43	14:46
93	48		Pont de l'Oule (D618-D85)		13:02	14:40	14:44	14:47
91	50	D85	Couledoux-Le Lacus		13:05	14:43	14:46	14:50
88.5	52.5		Crossroad D85-D44		13:08	14:46	14:49	14:53
87.5	53.5	D44	Ger de Boutx		13:11	14:48	14:52	14:56
86.5	54.5		Soulán		13:13	14:51	14:54	14:58
81.5	59.5		Col de Menté (1349 m) 		13:26	15:02	15:06	15:11
75.5	65.5		La Chapelle		13:33	15:08	15:13	15:18
75.5	65.5		BOUTX		13:33	15:09	15:13	15:18
73	68		LEZ (near)		13:36	15:11	15:16	15:21
72.5	68.5		SAINT-BÉAT (D44-D44 E-N2125-D44)		13:37	15:12	15:16	15:22
69.5	71.5		MARIGNAC		13:41	15:16	15:21	15:26
68	73		CIERP-GAUD (D44-D125)		13:43	15:18	15:22	15:28
65	76	D125	Crossroad D125-D825		13:48	15:22	15:27	15:33
64.5	76.5	D825	ESTÉNOS		13:49	15:23	15:27	15:34
HAUTES-PYRÉNÉES (65)								
63.5	77.5		SALÉCHAN (D825-D924)		13:50	15:24	15:29	15:35
61.5	79.5	D924	SIRADAN		13:53	15:27	15:32	15:38
58	83		THÈBE (near)		13:58	15:32	15:37	15:43
57.5	83.5		Balestas		13:59	15:32	15:37	15:44
57	84		CAZARILH		13:59	15:33	15:38	15:44
56.5	84.5		MAULÉON-BAROUSSE (D924-D925)		14:01	15:34	15:39	15:46
54	87	D925	Manuherc (OURDE)		14:04	15:37	15:43	15:49
53	88		FERRÈRE		14:06	15:38	15:44	15:51
49	92		Chalets Saint-Nérée		14:11	15:44	15:49	15:56

DISTANCE FROM NEUTRALISED TO OFFICIAL START

2.5km

CATEGORISED CLIMBS

 **Km 59.5 - Col de Menté**

Climb of 6.9km at 8.1%

 **Km 104.5 - Port de Balès**

Climb of 11.7km at 7.7%

 **Km 129.5 - Col de Peyresourde**

Climb of 9.7km at 7.8%

RELAIS-ÉTAPE

Plate-forme, Pijo,

31110 Garin

Km 124.5

ROUTE FOR NON-RACE VEHICLES

Leave via the off-course (hors course) parking (don't go onto the course). Go in the opposite direction used to access the start area to join the A64 via Avenue Pasteur, Avenue de Toulouse and then the D6. Take the A64 (junction 23) towards Tarbes. Leave the A64 at junction 16. Take the D939 towards La Barthe de Neste and then the D717 towards Avezac. Continue on the D17 towards Arreau. At Avezac Gare, take the D938, the D929 A and then the D929 towards Arreau. At Arreau, continue on the D929 towards "Saint Lary Soulan-Autres directions". At the Sud d'Arreau roundabout, take the D919 towards the Col de Peyresourde. Continue on the D618 via Bordères-Louron. At Avajan, take the D25 towards Loudenvielle. Just after passing through Adervielle Pouchergues, go left on the D325 towards Armenteule.

Entry point onto the race route: D325-D25 crossroads, 2.1km from the finish line.

Total distance: 110km



141 KM

CAZÈRES-SUR-GARONNE >>> LOUDENVIELLE

SATURDAY 5 SEPTEMBER

STAGE 8

95

ITINERARY TIMETABLE

KM		STAGE 8		TIMETABLE			
To be run	Run			Caravan	40 kph	38 kph	36 kph
48	93		Granges de Crouhens	14:13	15:45	15:51	15:58
39	102		Estive du Cardouet	14:40	16:07	16:15	16:25
36.5	104.5		Port de Balès (1 755 m) 	14:47	16:13	16:21	16:32
HAUTE-GARONNE (31)							
30.5	110.5	D51 D	BOURG-D'OUEIL (D51 D-D51)	14:53	16:20	16:28	16:38
29	112	D51	CIRÈS	14:55	16:21	16:29	16:40
28.5	112.5		CAUBOUS	14:56	16:22	16:30	16:41
26.5	114.5		MAYRÈGNE	14:58	16:24	16:32	16:43
25	116		SAINT-PAUL-D'OUEIL	15:00	16:26	16:34	16:45
22.5	118.5		BENQUE-DESSOUS-ET-DESSUS (near)	15:03	16:28	16:37	16:48
21	120		Crossroad D51-D618	15:04	16:30	16:38	16:49
20	121	D618	SAINT-AVENTIN	15:06	16:31	16:40	16:51
18.5	122.5		CASTILLON-DE-LARBOUST	15:10	16:35	16:44	16:55
18.5	122.5		CAZEAUX-DE-LARBOUST	15:10	16:35	16:44	16:55
17	124		GARIN	15:14	16:38	16:47	16:59
11.5	129.5		Col de Peyresourde (1 569 m)  	15:30	16:52	17:02	17:15
HAUTES-PYRÉNÉES (65)							
6	135		LOUDERVIELLE	15:36	16:57	17:08	17:21
4.5	136.5		Escadaoux	15:37	16:59	17:09	17:22
4	137		Crossroad D618-D25	15:38	16:59	17:10	17:23
3.5	137.5	D25	ESTARVIELLE	15:38	16:59	17:10	17:23
3	138		Armenteule	15:39	17:00	17:10	17:24
1	140		Aranvielle	15:41	17:02	17:13	17:26
0.5	140.5		LOUDENVIELLE (D25-VC) (entry)	15:42	17:03	17:13	17:27
0	141	VC	LOUDENVIELLE 	15:43	17:04	17:14	17:28

141 KM



CAZÈRES-SUR-GARONNE >>> LOUDENVIELLE

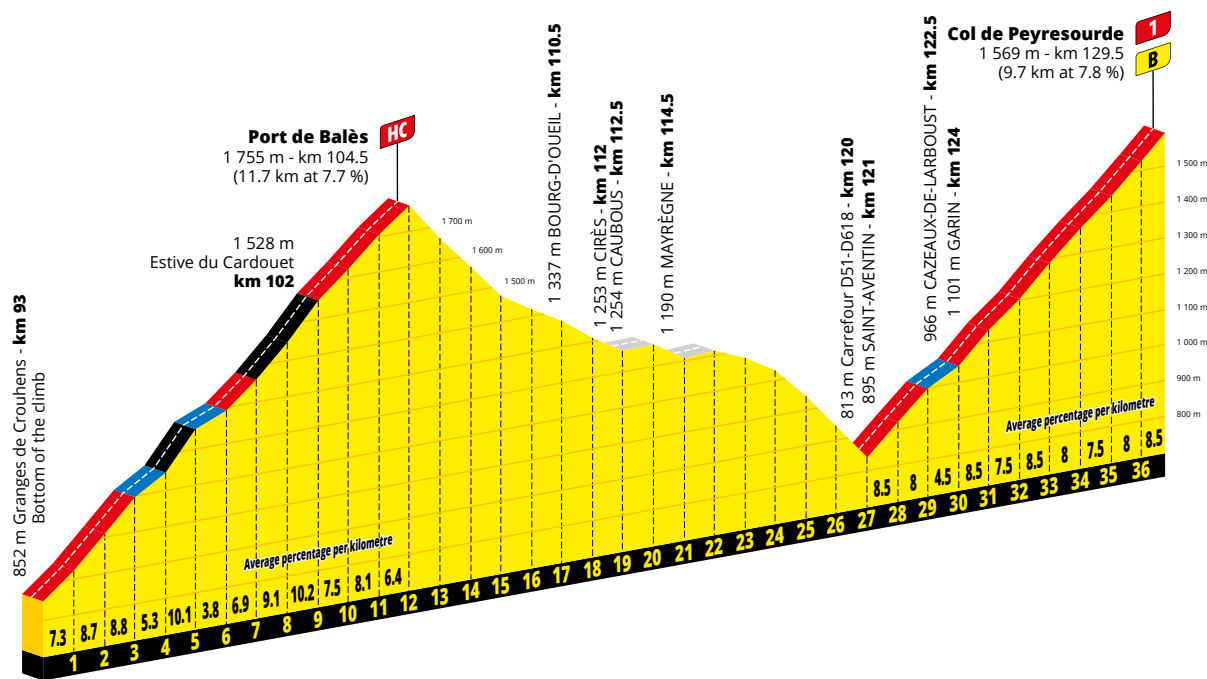


SATURDAY 5 SEPTEMBER

STAGE 8

PARTICULAR PROFILE

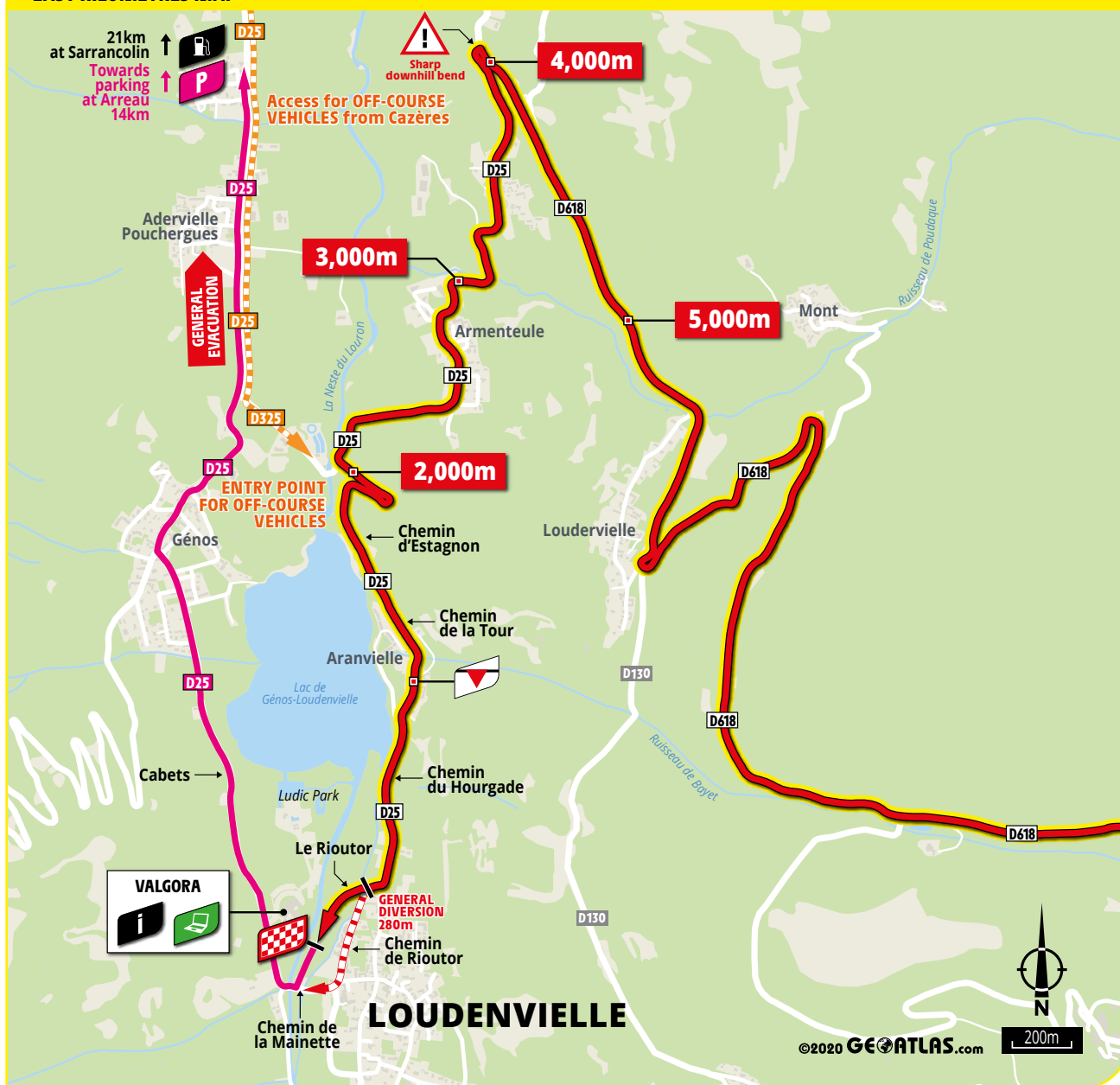
PORT DE BALÈS > COL DE PEYRESOURDE



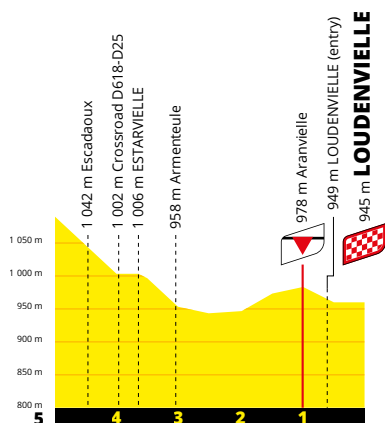
- From 3 to 5.9%
- From 6 to 8.9%
- From 9%

STAGE'S LAST KILOMETRES

LAST KILOMETRES MAP



LAST KILOMETRES PROFILE



FINISH LINE

Le Rioutor, at the end of a 300m finishing straight (160m long by line of sight) - **Width: 6m**

PRESS ROOM

Valgora, 65510 Loudenvielle
Distance from finish: 300m

RECEPTION POINT FOR GUESTS

Behind the finish line - **Opens: 13.45**

SERVICE STATION

Elan
69 Route d'Espagne, 65410 Sarrancolin
Tel: +33 (0)5 62 98 78 56
Opening hours: 14.00 to 19.30

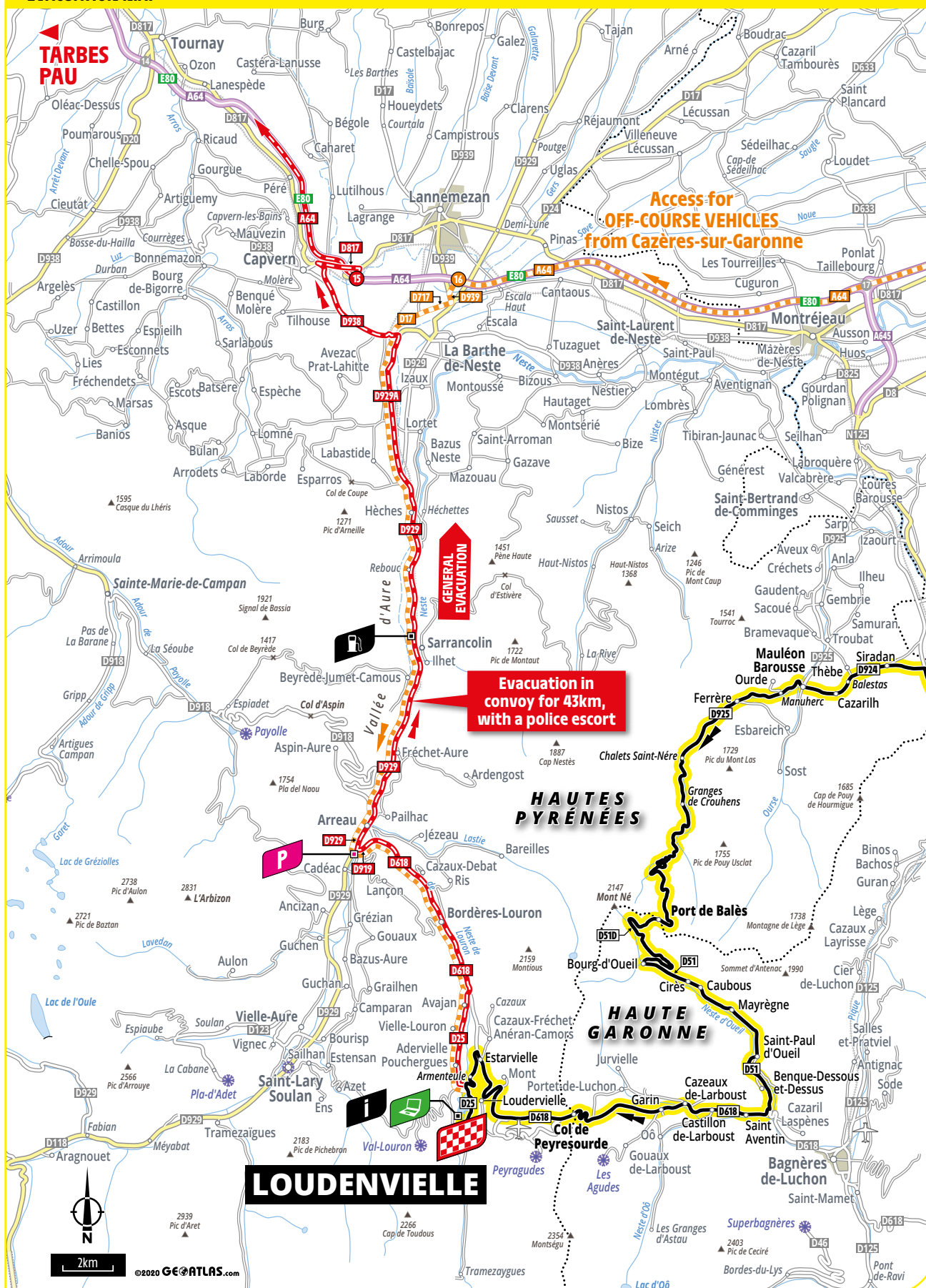
FINISH

FINISH MAP



EVACUATION

EVACUATION MAP



SUNDAY 6 SEPTEMBER

153 KM

STAGE 9

PAU >>>

Prefecture of Pyrénées-Atlantiques (64)

Inhabitants: 77,600 (Palois), 162,000 within the 31 communes comprising the Pau Béarn Pyrénées municipality

www.pau.fr / www.tourismepau.fr

Tour de France: Stage town for the 72nd time. On 19 July 2019, the centenary of the yellow jersey was celebrated in Pau. In an interesting twist, it was yellow jersey wearer Julian Alaphilippe who ended up beating the time trial specialists to claim the stage victory

- **Cycling:** 25km of dedicated cycle paths and 101km of cycle routes, IDEcycle (self-service bike hire)
- **Sport and culture:** Section Paloise (rugby, Top 14), Élan Béarnais Pau-Lacq-Orthez (basketball, Jeep Élite). *Athletes:* Tony Estanguet (canoeing, triple Olympic champion, president of the organising committee for the Paris 2024 Olympic Games). *Events*:* Teréga Open Pau-Pyrénées (tennis), Grands Prix automobiles, Les Cinq Étoiles de Pau (three-day horse eventing), The Ideas Lead the World literary festival
- **Sights:** Château (12th-19th centuries, birthplace of King Henry IV) and its national museum, Bernadotte museum, fine arts museum, Le Tour des Géants (an open-air museum dedicated to the Tour de France and its heroes)
- **Gastronomy:** Foie gras, garbure (meat and vegetable stew), poule au pot (chicken stew), Jurançon wines
- **Points of interest:** Fêbus, France's first high-level hydrogen bus service, four-star floral town



Château de Pau © Town of Pau



Palais Beaumont © Town of Pau



Eaux Chaudes thermal baths © J.Toutu



Pic du Midi Ossau © P.Guilbaud

>>> LARUNS

Mountain resort in Pyrénées-Atlantiques (64)

Inhabitants: 1,200 (Larunsois), 674,000 in the department

www.laruns.fr / www.le64.fr

Tour de France: Stage town for the third time. In 2018, the Aspin, Tourmalet and Aubisque passes were on the programme for the final mountain stage. Primož Roglič won in Laruns, a handful of seconds ahead of future Tour winner Geraint Thomas

- **Cycling:** The town is located at the crossroads of the Aubisque and Pourtalet passes, Opération On s'y Col! (In September 2020 the Aubisque pass will be open exclusively to cyclists)
- **Sport and culture:** Third largest commune in mainland France (250km²), Artouste ski domain, Eaux-Chaudes thermal baths (rheumatology and respiratory tract treatment). *Athletes:* Robert Paparemborde (rugby, grew up in Laruns, died in 2001. The sports ground bears his name). *Events*:* Grand Trail of the Ossau Valley, cheese fair
- **Sights:** Pic du Midi d'Ossau (2,884m), Artouste mini railway (the line climbs to 2,000m above sea level making it the highest narrow-gauge tourist line in Europe)
- **Gastronomy:** Garbure (meat and vegetable stew), suckling lamb, Ossau cheese
- **Distinctions:** Region of art and history in the Béarn Pyrenees, classified as a mountain resort. *Slogan:* "Laruns, in the heart of the Ossau valley"

*Due to the health crisis resulting from the Covid-19 pandemic, most of the events cited have already been or will be cancelled in 2020.

ACCESS AND START

PPO

Junction 10 Pau on the A64, 8.3km from the start



RECEPTION POINT FOR GUESTS

Parking usine des Tramways

Opens: 8.45



TOUR DE FRANCE VILLAGE

Location: Stade Philippe Tissié

Opens: 9.45

PUBLICITY CARAVAN

Parking: Stade du Hameau

Parking technique: Stade du Hameau

Departure from the car park:

Between 10.15 and 10.45

Passage across the start line:

Between 10.30 and 11.00



RACE

Assembly point for start: Parc du Tour des Géants

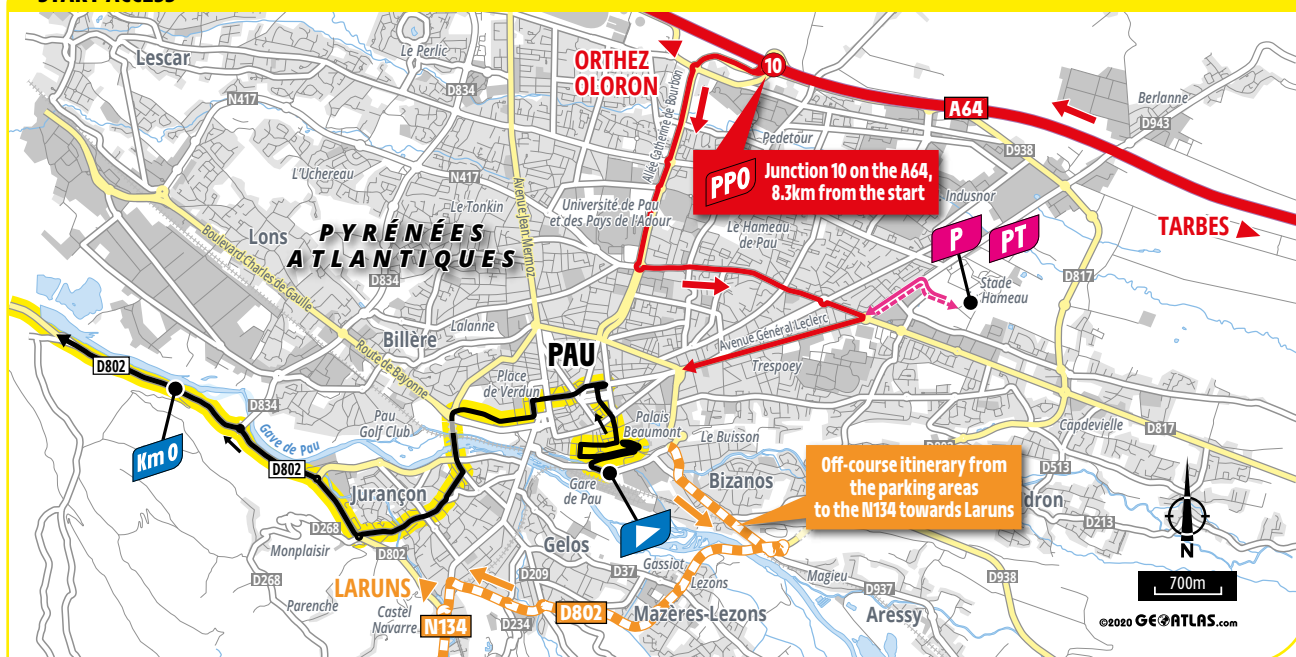
Rider sign-in: Between 11.05 and 12.05

Call to the start: 12.10

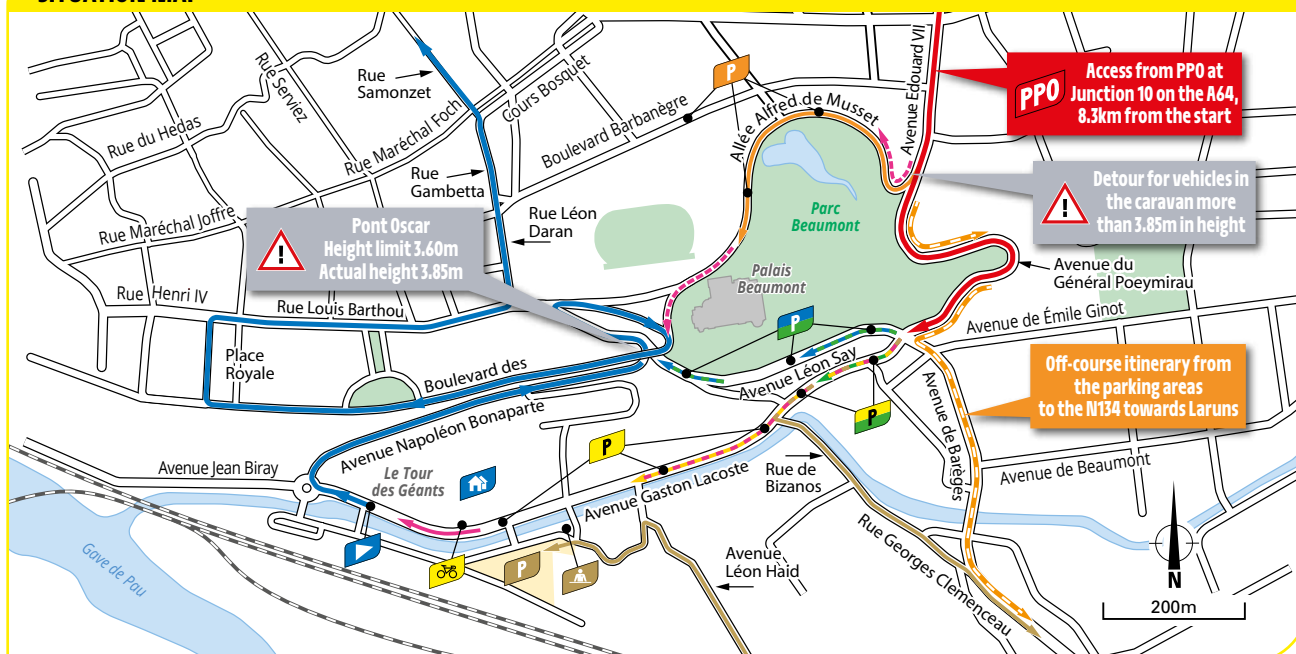
Neutralised start: 12.15, Avenue Gaston Lacoste

Official start: 12.35, on the D802, 9.4km from the assembly point

START ACCESS

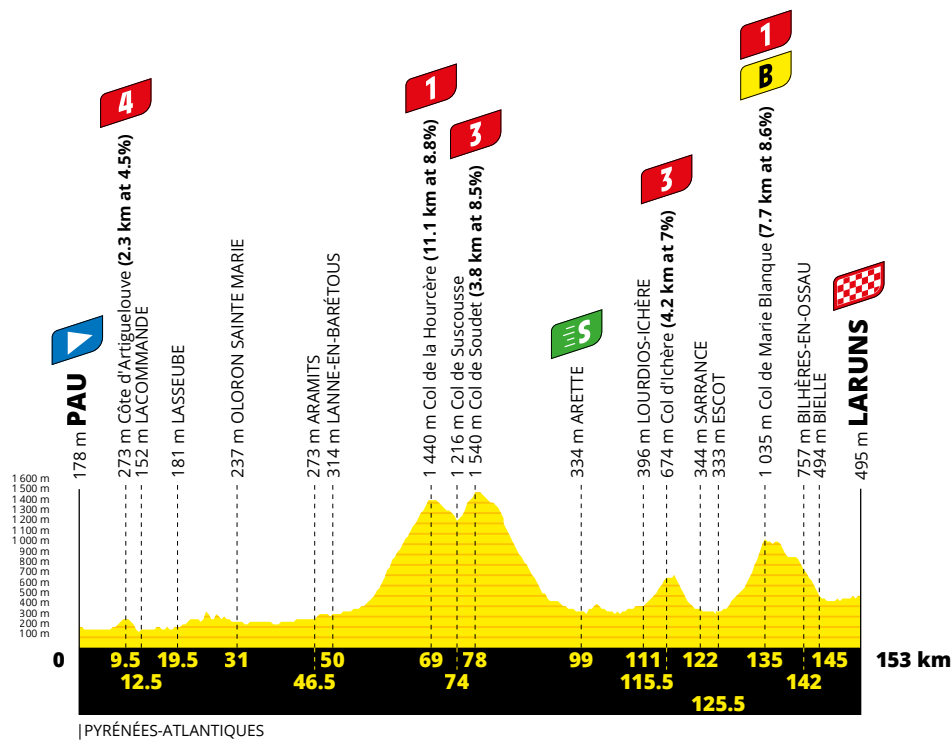


SITUATION MAP

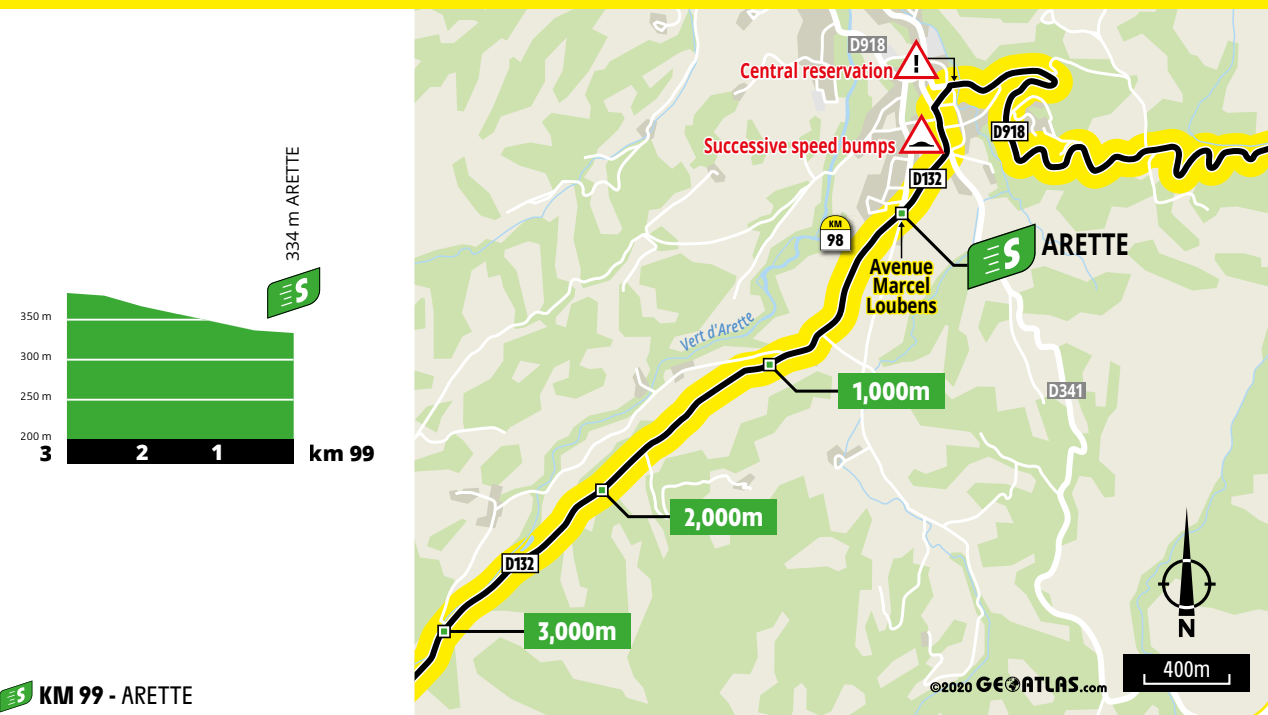


PROFILES AND MAP

STAGE'S PROFILE



INTERMEDIATE SPRINT: PROFILE AND MAP



ITINERARY TIMETABLE

KM		STAGE 9		TIMETABLE			
To be run	Run			Caravan	42 kph	40 kph	38 kph
PYRÉNÉES-ATLANTIQUES (64)							
		VC	PAU 	10:30	12:15	12:15	12:15
			JURANÇON (VC-D802)				
153	0	D802	PAU 	10:50	12:35	12:35	12:35
150.5	2.5		LARAIN	10:53	12:38	12:38	12:38
149	4		ARTIGUELOUVE (D802-D804-D146)	10:55	12:40	12:40	12:40
143.5	9.5	D146	Côte d'Artiguelouve 	11:03	12:49	12:50	12:48
141	12		Lamasouère (AUBERTIN) (near)	11:06	12:51	12:52	12:51
140.5	12.5		LACOMMANDE (D146-D34)	11:07	12:52	12:53	12:52
138.5	14.5	D34	Quartier Cabirou (MONEIN)	11:09	12:55	12:56	12:54
133.5	19.5		LASSEUBE (D34-D24)	11:16	13:01	13:02	13:01
127	26	D24	ESTIALESCQ (near)	11:26	13:10	13:11	13:11
123	30		GOËS	11:31	13:14	13:16	13:16
122	31		OLORON SAINTE MARIE (D24-D6-VC-D24-D919)	11:33	13:16	13:18	13:18
117	36	D919	Saint-Pée-d'en-Haut	11:40	13:23	13:25	13:25
112	41		Féas (ANCE-FÉAS) (D919)	11:47	13:29	13:31	13:32
110.5	42.5		Ance (ANCE-FÉAS)	11:49	13:31	13:34	13:34
108.5	44.5		Serreuilhe	11:52	13:33	13:36	13:37
106.5	46.5		ARAMITS (D919-D918)	11:55	13:36	13:39	13:40
103	50	D918	LANNE-EN-BARÉTOUS (D918-VC-D918)	12:00	13:41	13:44	13:45
101.5	51.5		Crossroad D918-D632	12:02	13:43	13:46	13:47
84.5	68.5	D632	Station d'Issarbe	12:40	14:16	14:21	14:25
84	69		Col de la Hourcère (1 440 m) 	12:42	14:17	14:23	14:27
79	74		Col de Suscousse (SAINTE-ENGRÂCE) (D632-D113)	12:47	14:22	14:28	14:32
75	78	D113	Col de Soudet (D113-D132) 	12:57	14:31	14:37	14:42
60.5	92.5	D132	La Mouline	13:13	14:46	14:53	14:58
54.5	98.5		ARETTE (D132-VC-D918) (entry)	13:23	14:54	15:02	15:08
54	99		ARETTE 	13:23	14:54	15:02	15:08
51.5	101.5	D918	Lachègue	13:27	14:58	15:06	15:12
48	105		Crossroad D918-D241	13:32	15:03	15:10	15:17
42	111	D241	LOURDIOS-ICHÈRE	13:41	15:11	15:19	15:26
37.5	115.5		Col d'Ichère 	13:52	15:20	15:29	15:37
32.5	120.5		Crossroad D241-N134	13:58	15:26	15:35	15:43
31	122	N134	SARRANCE (N134-D238)	14:00	15:28	15:37	15:45
27.5	125.5	D238	ESCOT (D238-D294)	14:05	15:32	15:42	15:50
21.5	131.5	D294	Le Moulin de Barescou	14:20	15:45	15:55	16:05
18	135		Col de Marie Blanque (1 035 m)  	14:30	15:53	16:05	16:15
13	140		Le Benou	14:36	15:59	16:11	16:21
11	142		BILHÈRES-EN-OSSAU	14:39	16:02	16:14	16:24
8	145		BIELLE (D294-D2934 B)	14:43	16:05	16:17	16:28
4.5	148.5	D934 B	Crossroad D934 B-VC	14:47	16:09	16:21	16:32
4	149	VC	GÈRE-BÉLESTEN	14:48	16:09	16:21	16:33
3	150		Labayle (VC-D934)	14:49	16:11	16:23	16:34
0	153	D934	LARUNS 	14:53	16:15	16:27	16:38

DISTANCE FROM NEUTRALISED TO OFFICIAL START

9.4km

CATEGORISED CLIMBS

-  **Km 9.5 - Côte d'Artiguelouve**
Climb of 2.3km at 4.5%
-  **Km 69 - Col de la Hourcère**
Climb of 11.1km at 8.8%
-  **Km 78 - Col de Soudet**
Climb of 3.8km at 8.5%
-  **Km 115.5 - Col d'Ichère**
Climb of 4.2km at 7%
-  **Km 135 - Col de Marie Blanque**
 Climb of 7.7km at 8.6%

RELAIS-ÉTAPE

Plaine sportive de Saint-Pée,
64400 Oloron-Sainte-Marie
Km 31

ROUTE FOR

NON-RACE VEHICLES

Exit from the hors course parking area (don't go onto the race route).
Take Avenue du Général Poeymirau then Avenue de Barèges towards Bizanos. At Bizanos, continue along Place Gambetta, Rue Georges Clemenceau, Avenue Albert 1^{er} and then the D100 E to join the D802 (Rocade Sud de Pau) heading for Zaragoza. At Jurançon, continue towards Zaragoza on the N134. At Gan (Sud de Gan roundabout), leave the N134 and head towards Laruns on the D934 via Rébénacq and then Louvie Juzon.
Entry point onto the race route:
D934-D2934 B - VC roundabout (near Gère Belesen), 5km from the finish line.
Total distance: 45km

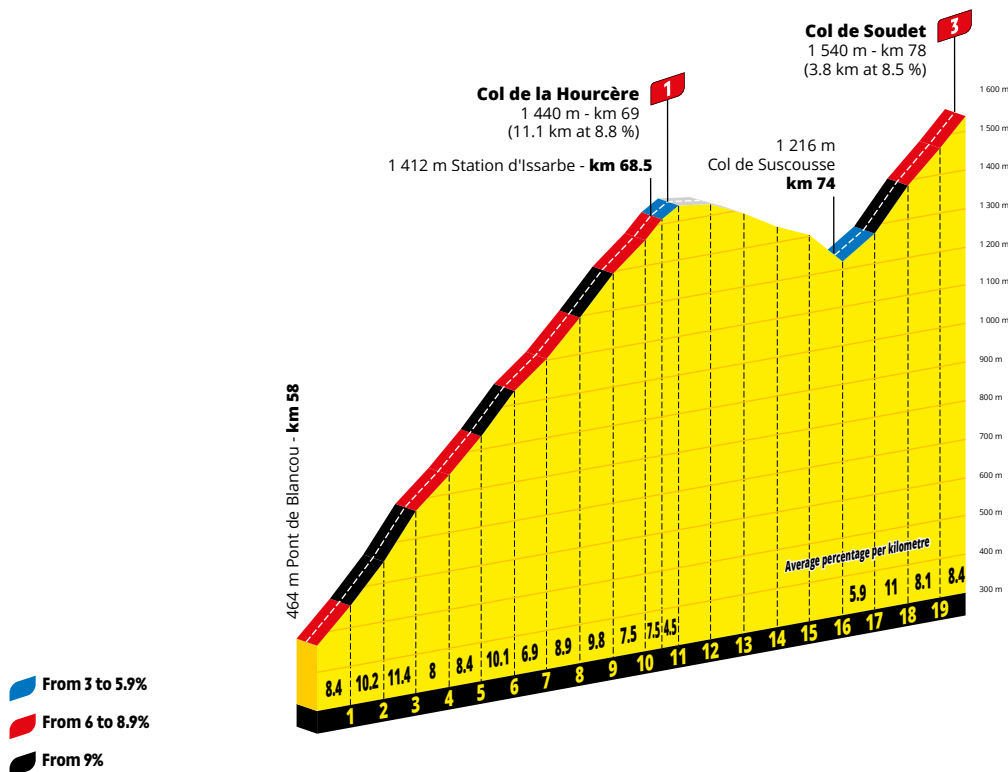
RESTRICTIONS

ON THE CARAVAN

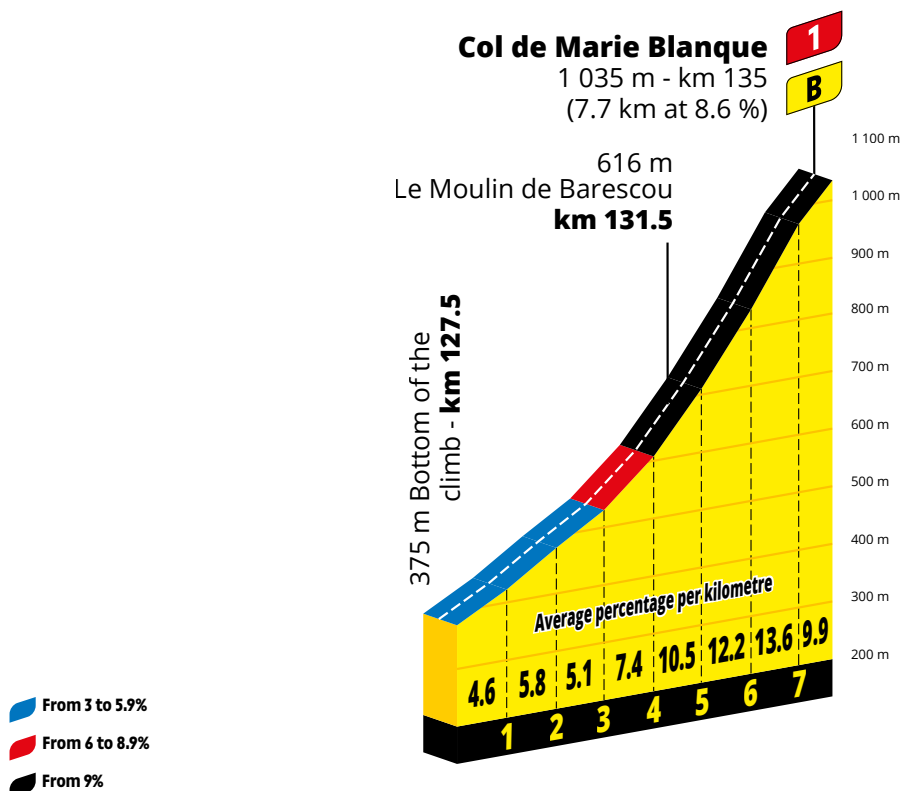
Km 0.5 (of the neutralised course) - Pau, pont Oscar
Passage under a low bridge (3.85m).
Detour before this at the start line
Km 105.5 to 110.5 (Lourdios-Ichère)
Km 122 (Sarrance) at 124
Sensitive natural areas
No PA use

PARTICULAR PROFILES

COL DE LA HOURCÈRE > COL DE SOUDET

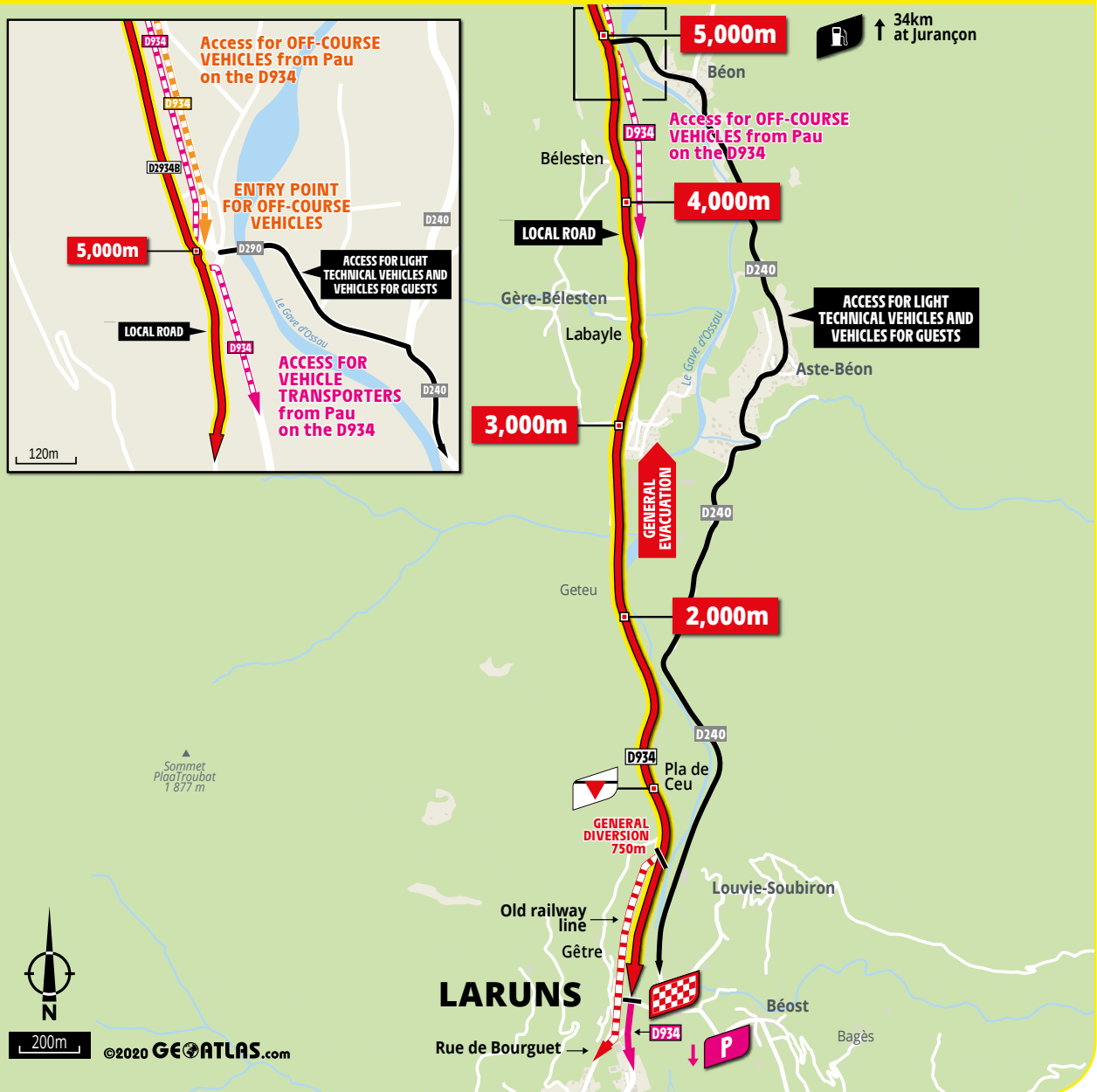


COL DE MARIE BLANQUE

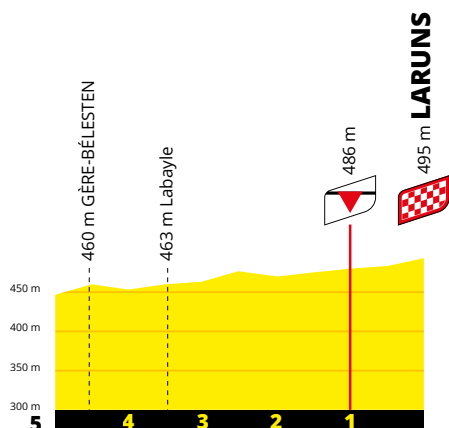


STAGE'S LAST KILOMETRES

LAST KILOMETRES MAP



LAST KILOMETRES PROFILE



FINISH LINE

D934, at the end of a 3.4km finishing straight (800m long by line of sight). **Width:** 5.5m

PRESS ROOM

Complexe Sportif Socio-Éducatif, Rue du Gourzy
64440 Laruns

Distance from finish: 700m

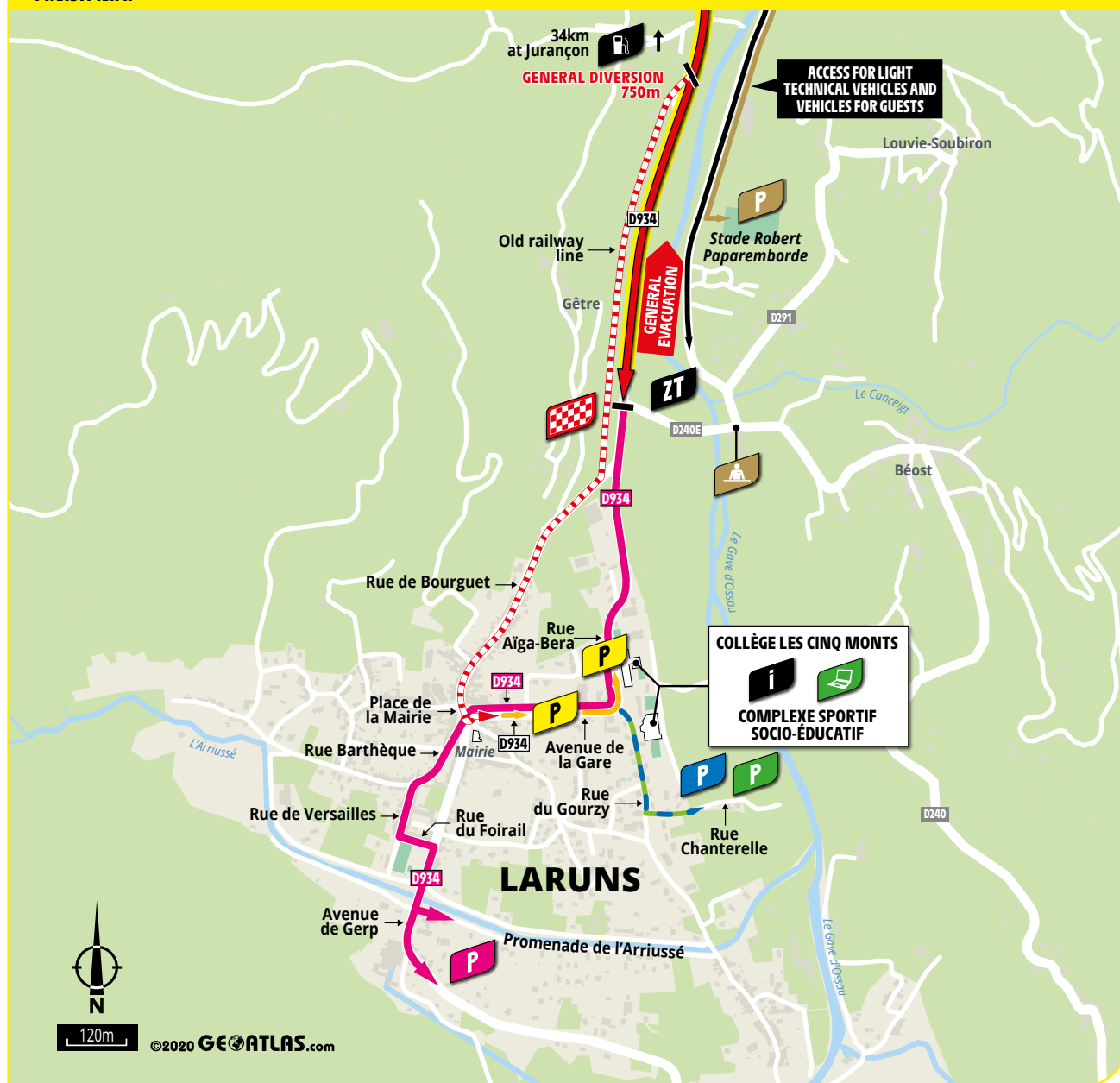
RECEPTION POINT FOR GUESTS

Behind the zone technique (on the D240E) - **Opens:** 13.00

SERVICE STATION

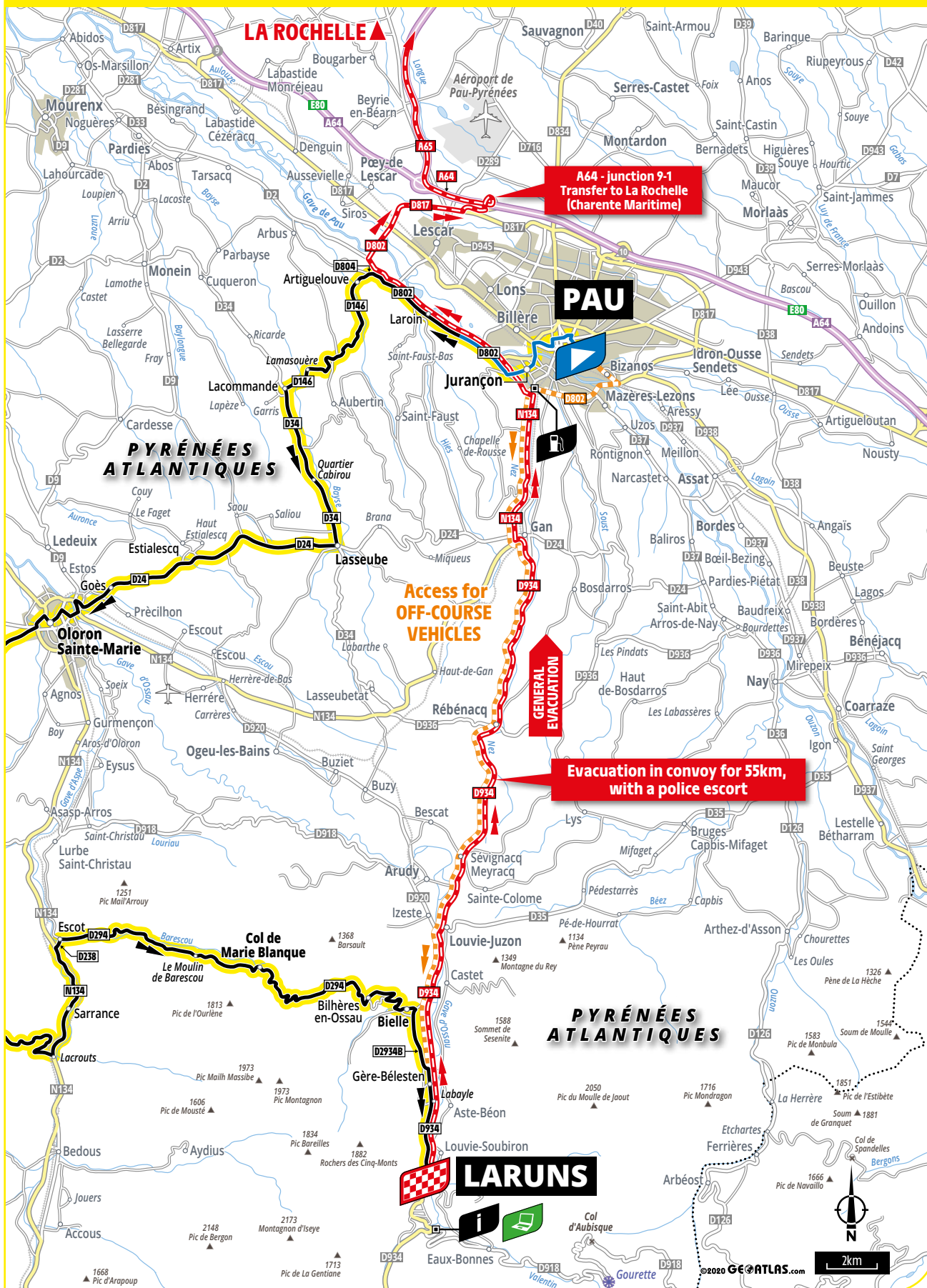
Total - 71 Avenue Henri IV, 64110 Jurançon
Tel: +33 (0)5 59 06 05 14 - **Opening hours:** 14.00 to 19.30

FINISH MAP



EVACUATION

EVACUATION MAP



TRANSFER

TRANSFER LARUNS >>> LA ROCHELLE



LA CHARENTE-MARITIME

Department of Charente Maritime (17)

Departmental council

Inhabitants: 646,000 (Charentais Maritimes) in 472 communes, grouped into 9 communities and 3 larger municipalities

Prefecture: La Rochelle

www.la.charente-maritime.fr / www.infiniment-charentes.fr

Cycling: 640km of major cycle routes, 2,750km-long cycling network (tracks and circuits), 5 major European and national routes, 3 departmental routes. In 1976, La Rochelle was the first city in France to offer self-service bicycles

Sport and culture: Stade Rochelais (rugby, Top 14), Nautic Club angérien (swimming, Saint-Jean d'Angély), Aunis Handball (Nationale 3 men, Nationale 2 women), US Saintes (multisport club). **Facilities:** 3,481 sports facilities in the department, Marcel Deflandre stadium in La Rochelle, Châtelaillon Plage racecourse. **Athletes:** Isabelle Autissier (sailing), Charline Picon (windsurfing, Olympic champion in 2016), Antoine Albeau (windsurfing, multiple world champion). **Events*:** Francofolies (contemporary music), La Rochelle Film Festival, La Rochelle Festival of TV Fiction, Free Music, Festival of Saintes Abbaye aux Dames (classical music), La Rochelle Marathon, Autumn Rally (car rallying), International Motocross Championship, International Triathlon of the Côte de Beauté, Red Bull Cliff Diving and Grand Pavois de La Rochelle (sailing)

Sights and culture: Fort Boyard, La Rochelle's old port, La Rochelle Aquarium, Saintes Roman amphitheatre, citadel of Saint Martin de Ré, transporter bridge at Rochefort, Arsenal des Mers at Rochefort, La Course Scène Nationale La Rochelle (theatre), La Sirène contemporary music venue in La Rochelle, Coupe d'Or theatre in Rochefort, Gallia theatre and cinema in Saintes

Gastronomy: Oysters, éclade (smoked mussels with pine needles), chaudière (fish soup), galette charentaise (pancake), farci charentais (vegetable pâté), jonchée (cheese), millas (pastry), pineau des Charentes (wine), cognac

Distinctions: France's second most popular department as a tourist destination, four towns and regions of art and history (Rochefort, Royan, Saintes, Île de Ré), five UNESCO World Heritage sites (Church of Saint-Pierre d'Aulnay, Pons pilgrims' hospital, Church of Saint Eutrope de Saintes, Royal Abbey of Saint Jean d'Angély, citadel of Saint Martin de Ré), five villages listed among France's Most Beautiful Villages (Ars en Ré, Brouage, La Flotte, Mornac sur Seudre, Talmont sur Gironde), three villages labelled "Small Communities of Character" (Saint Sauvant, Saint Savinien sur Charente, Talmont sur Gironde)

PRESS CENTRE

Conseil départemental de la Charente-Maritime

85, boulevard de la République - La Rochelle



Nonnes beach in Meschers sur Gironde © Département 17



Martrou Bridge at Rochefort © Getty Images

SERVICE STATION

Total

Avenue Jean-Paul Sartre, 17000 La Rochelle

Tel: +33 (0)5 46 43 49 44 or +33 (0)6 42 94 28 47

Opening hours: 10.00 to 14.00

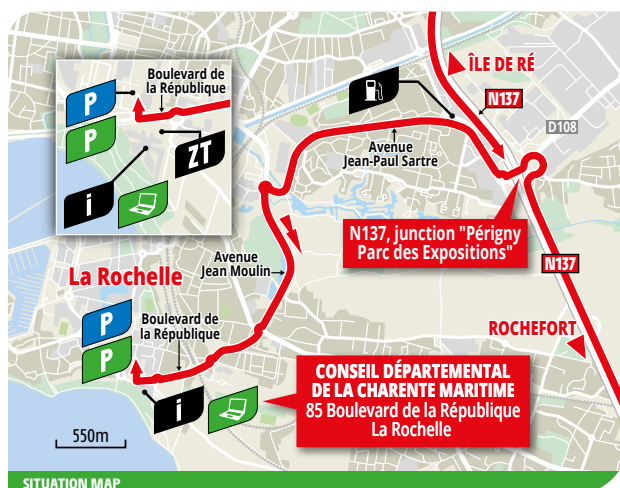
FP TOUR DE FRANCE FAN PARK

Location: Hippodrome du Haut Rillon

Opening hours: Between 14.00 and 21.00



Fort Boyard © X. Léoty



SITUATION MAP

*Due to the health crisis resulting from the Covid-19 pandemic, most of the events cited have already been or will be cancelled in 2020.

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PARTENAIRE OFFICIEL

L'ÉNERGIE EST NOTRE AVENIR. ÉCONOMISONS-LA !

TUESDAY 8 SEPTEMBER

> 168.5 KM

STAGE 10

📌 ÎLE D'OLÉRON LE CHÂTEAU-D'OLÉRON >>>

Island in Charente-Maritime (17)

Inhabitants: 4,200 at Château-d'Oléron (Casteloléronais), 22,320 (Oléronais) in the eight communes on the Île d'Oléron, 646,000 in the department

www.ile-oleron-marennes.com / www.cdc-oleron.com

www.la.charente-maritime.fr

Tour de France: Stage host for the second time. In 1983, when a battle between the sprinters was expected, Riccardo Magrini tried his luck with an attack at the kilometre-to-go red kite and held off the final surge from the peloton

- **Cycling:** 160km of cycle routes
- **Culture:** The port of Cotinière (the leading artisanal fishing port in Charente-Maritime). *Events*:* Mimosa festival, Pierre Loti Music Festival (classical music), Sites en scène Jazz en feux (jazz festival with fireworks), Un piano dans la pinède (jazz festival)
- **Sights:** Citadel of Château-d'Oléron (17th century), Romanesque Church of Saint-Georges d'Oléron (11th and 12th century), La Brée mill (17th century), Chassiron lighthouse (the oldest working lighthouse in the department, 19th century) and its museum, port des salines (sea salt production), Museum of the Île d'Oléron, Robert Léglise shipyard
- **Gastronomy:** Marennes-Oléron oysters, seafood, Charentais melon, Saint-Turjan onions, Pays Charentais wine
- **Distinctions:** Zéro Déchet and Zéro Gaspillage recycling region, Positive Energy Territory, Oléron Coastal Quality, several Natura 2000-classified sites



Chassiron lighthouse © Getty Images



Île d'Oléron bridge and Fort Louvois © Île d'Oléron



Baleines Tower © Getty Images



Vauban's fortifications © E. Poche

>>> ÎLE DE RÉ SAINT-MARTIN-DE-RÉ 🇫🇷

Island in Charente-Maritime (17)

Inhabitants: 2,300 in Saint-Martin-de-Ré (Martinais), 17,460 (Rais) in the 10 communes comprising the Île de Ré municipality, 646,000 in the department

www.iledere.com / www.cdciledere.com / www.la.charente-maritime.fr

Tour de France: Stage host for the first time

- **Cycling:** 138km of cycle routes
- **Sport and culture:** *Athlete:* Antoine Albeau (windsurfing, 25-time world champion in funboarding). *Events*:* Open International de Tennis Handisport (wheelchair tennis), 15km de Saint-Martin-de-Ré (running), La Rhéaise (women's running), venue in the French beach volleyball championship, venue in the French Paddleboard Cup
- **Sights:** Citadel and fortifications of Saint-Martin-de-Ré (17th century) that's listed as a World Heritage Site by UNESCO as part of the network of major works undertaken by Vauban, Fort La Prée (17th century), Notre-Dame-de-Ré Abbey (12th century), Church of Saint-Etienne d'Ars-en-Ré (15th century), Baleines lighthouse, Ernest Cognacq museum (Saint-Martin-de-Ré), Platin museum (La Flotte-en-Ré)
- **Gastronomy:** Oysters, samphire, saffron, Ile de Ré potatoes, wine (Rosé des Dunes and Pineau des Charentes)
- **Distinctions:** Region of art and history, several Natura 2000-classified sites on the island, the characteristic colour of its houses has led to the island being nicknamed *Ré la blanche* (white Ré)

*Due to the health crisis resulting from the Covid-19 pandemic, most of the events cited have already been or will be cancelled in 2020.

168.5 KM



ÎLE DE RÉ SAINT-MARTIN-DE-RÉ

>>> ÎLE D'OLÉRON LE CHÂTEAU-D'OLÉRON



TUESDAY 8 SEPTEMBER

STAGE 10

113

ÎLE D'OLÉRON LE CHÂTEAU-D'OLÉRON

ÎLE DE RÉ SAINT-MARTIN-DE-RÉ



ACCESS AND START

ÉTAPE DU CŒUR

MÉCÉNAT CHIRURGIE CARDIAQUE

Location: Boulevard de Lattre de Tassigny at Châtelailon-Plage
Start: 14.00

PPO

Crossroads of the D123 and D728, 12.5km from the start
Important: Access to this point is obligatory at least 2.30 hours before the start for all accredited vehicles and at least 3.30 hours before for the general public



RECEPTION POINT FOR GUESTS

Cours du Collège Aliénor d'Aquitaine
1, boulevard Victor Hugo - Le Château-d'Oléron
Opens: 10.00



TOUR DE FRANCE VILLAGE

Location: Citadelle du Château d'Oléron
Opens: 11h00

FP TOUR DE FRANCE FAN PARK

Location: Hippodrome du Haut-Rillon in Châtelailon Plage
Opening hours: Between 10.00 and 19.00

PUBLICITY CARAVAN

Parking: Route d'Ors
Parking technique: Terrain du Conseil départemental at Bourcefranc le Chapus bordering the D26
Departure from the car park: Between 11.20 and 11.50
Passage across the start line: Between 11.45 and 12.15

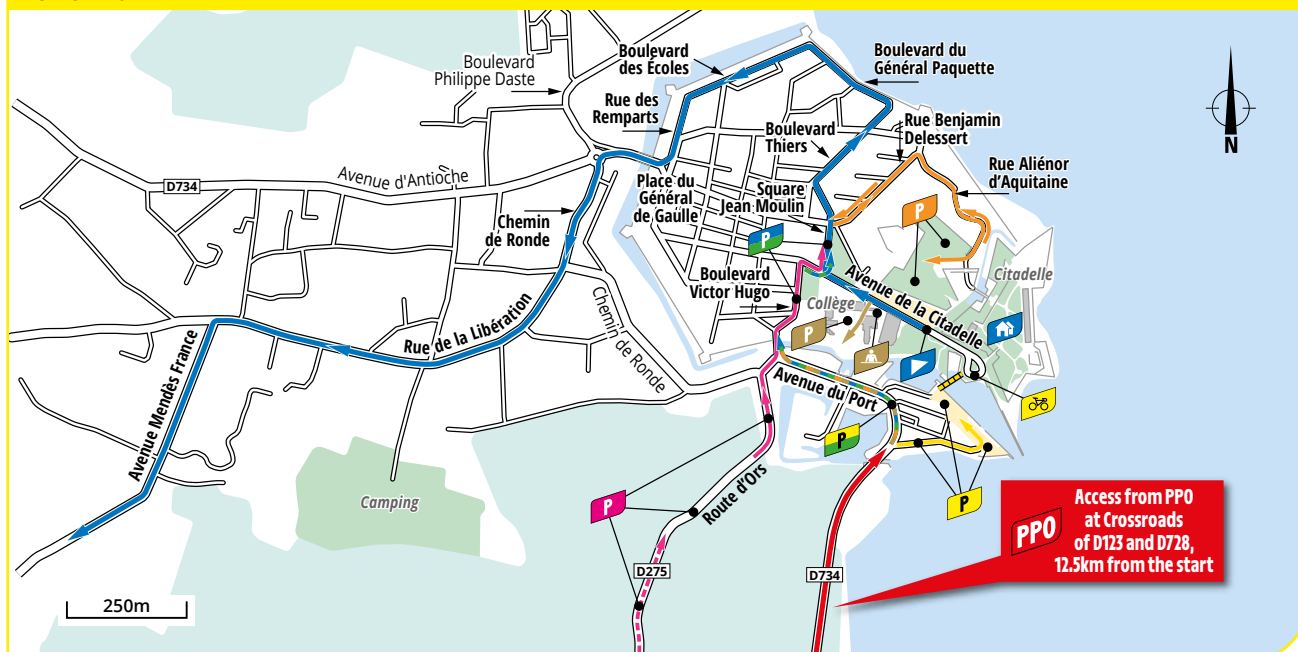
RACE

Assembly point for start: Avenue de la Citadelle at the Château d'Oléron
Rider sign-in: Between 12.20 and 13.20
Call to the start: 13.25
Neutralised start: 13.30, Avenue de la Citadelle
Official start: 13.45, on the D26, 6.7km from the assembly point

START ACCESS

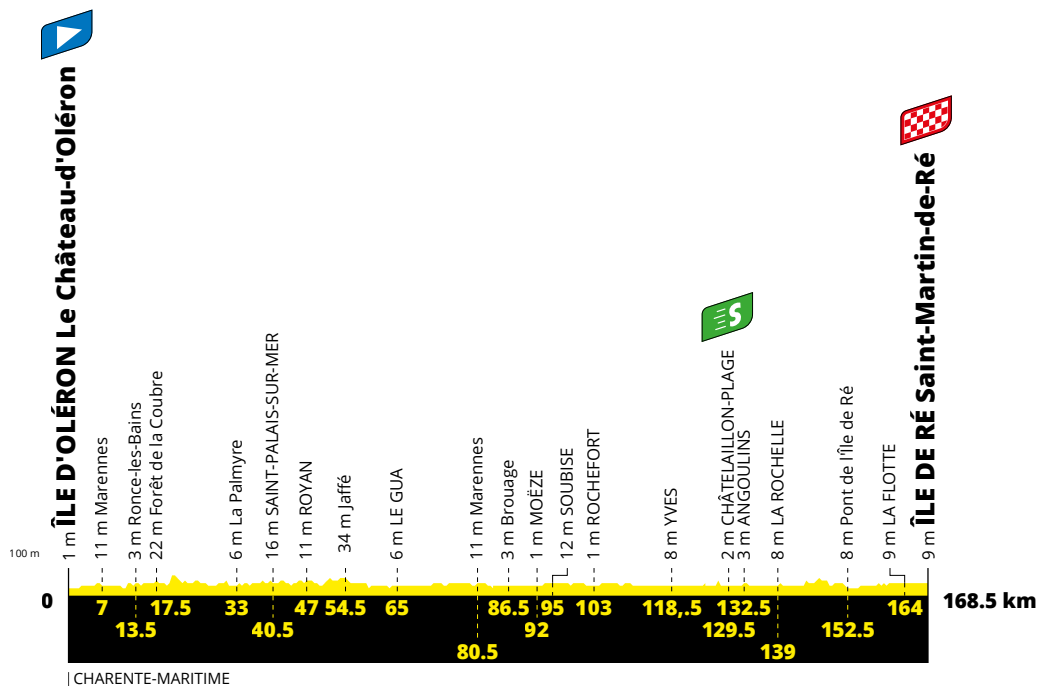


SITUATION MAP

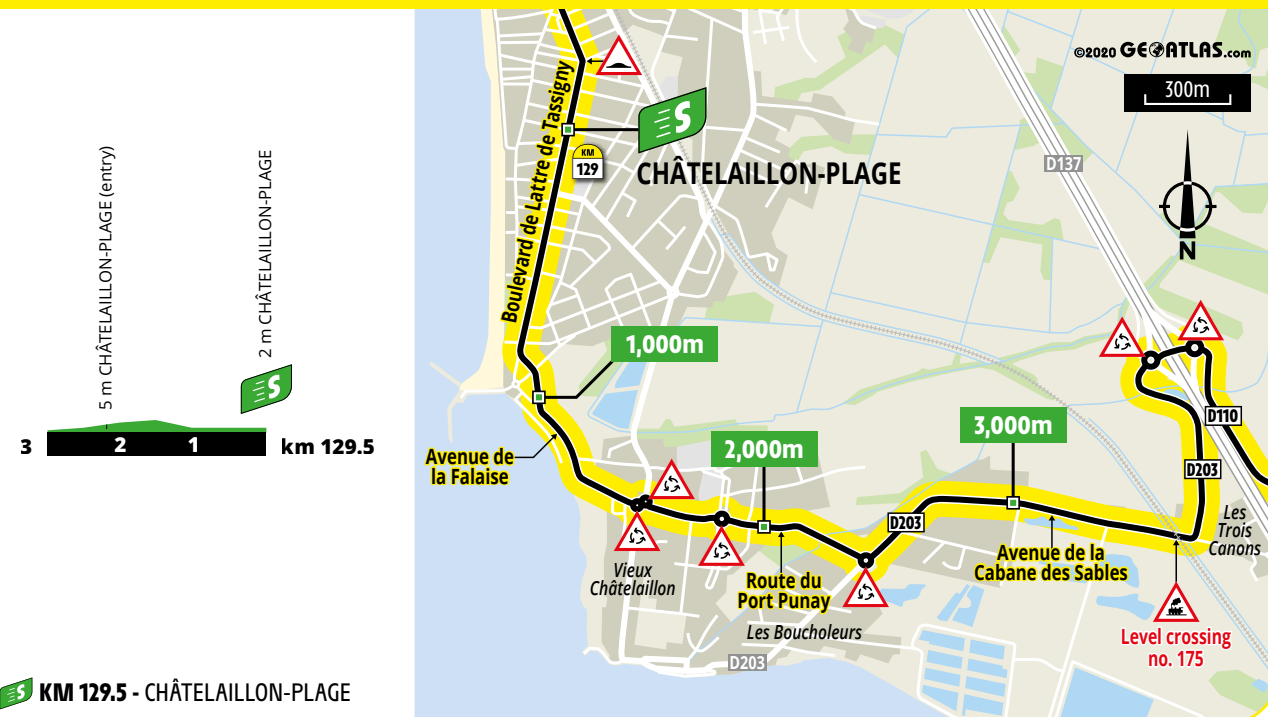


PROFILES AND MAP

STAGE'S PROFILE



INTERMEDIATE SPRINT: PROFILE AND MAP



ITINERARY TIMETABLE

KM		STAGE 10				TIMETABLE			
To be run	Run					Caravan	47 kph	45 kph	43 kph
CHARENTE-MARITIME (17)									
		VC	ÎLE D'OLÉRON Le Château-d'Oléron (VC-D26)	NEUTRALISED START		11:45	13:30	13:30	13:30
168.5	0	D26	ÎLE D'OLÉRON Le Château-d'Oléron	RACE START		12:00	13:45	13:45	13:45
168.5	0		Viaduc d'Oléron			12:00	13:45	13:45	13:45
164.5	4		BOURCEFRANC-LE-CHAPUS (D26-D728)			12:05	13:50	13:50	13:50
161.5	7	D728	La Chainade (MARENNES-HIERS-BROUAGE)			12:09	13:53	13:54	13:54
161.5	7		Marennes (near) (MARENNES-HIERS-BROUAGE) (D728-D728 E)			12:10	13:54	13:54	13:55
159	9.5	D728 E	Marennes-Plage (MARENNES-HIERS-BROUAGE)			12:13	13:57	13:58	13:58
158	10.5		Viaduc de la Seudre			12:15	13:58	13:59	14:00
155	13.5		Ronce-les-Bains (LA TREMBLADE) (D728 E-D25)			12:18	14:02	14:03	14:03
151	17.5	D25	Forêt de la Coubre			12:24	14:07	14:08	14:09
135.5	33		La Palmyre (LES MATHES) (D25-VC)			12:46	14:27	14:29	14:31
128	40.5	VC	SAINT-PALAIS-SUR-MER			12:56	14:36	14:39	14:41
124	44.5		VAUX-SUR-MER			13:02	14:41	14:44	14:47
121.5	47		ROYAN (VC-D733)			13:05	14:45	14:47	14:50
114	54.5	D733	Jaffé (SAINT-SULPICE-DE-ROYAN)			13:16	14:54	14:57	15:01
109.5	59		Cross level n°16			13:22	15:00	15:04	15:07
107.5	61		L'ÉGUILLE (near)			13:25	15:02	15:06	15:10
104.5	64		Châlons			13:29	15:06	15:10	15:14
103.5	65		LE GUA (D733-D131)			13:30	15:07	15:11	15:15
100	68.5	D131	La Catheline (NIEULLE-SUR-SEUDRE, SAINT-SORNIN) (near)			13:36	15:12	15:16	15:21
98.5	70		Crossroad D131-D728			13:37	15:14	15:18	15:22
93	75.5	D728	SAINT-JUST-LUZAC (near)			13:45	15:21	15:26	15:30
88	80.5		Marennes (MARENNES-HIERS-BROUAGE) (D728-D3)			13:52	15:27	15:32	15:37
87.5	81	D3	Le Breuil (MARENNES-HIERS-BROUAGE)			13:53	15:28	15:33	15:38
84.5	84		Hiers (MARENNES-HIERS-BROUAGE)			13:57	15:32	15:37	15:42
83.5	85		La Guillaèterie (MARENNES-HIERS-BROUAGE)			13:58	15:33	15:38	15:43
82	86.5		Brouage (MARENNES-HIERS-BROUAGE)			14:00	15:35	15:40	15:45
78.5	90		La Maison Blanche			14:05	15:39	15:44	15:50
76.5	92		MOËZE			14:08	15:42	15:48	15:53
73.5	95		SOUBISE (D3-D238 E1)			14:12	15:46	15:51	15:57
68.5	100	D238 E1	ÉCHILLAIS (near) (D238 E1-D733)			14:19	15:53	15:58	16:04
67.5	101	D733	Viaduc du Martrou			14:20	15:53	15:59	16:05
65.5	103		ROCHEFORT (D733-VC-D733)			14:24	15:56	16:02	16:09
59	109.5		Crossroad D733-D214 E5			14:33	16:05	16:11	16:18
58.5	110	D214 E5	Grand Vergeroux (VERGEROUX) (D214 E5-D214-VC)			14:33	16:05	16:11	16:18
54	114.5	VC	SAINT-LAURENT-DE-LA-PRÉE (near)			14:40	16:11	16:18	16:25
50	118.5		YVES			14:45	16:16	16:23	16:30
49.5	119		Cross level n°180			14:46	16:17	16:23	16:31
47	121.5		Le Marouillet (VC-D110)			14:49	16:20	16:27	16:34
44.5	124	D110	Les Trois Canons (D110-D203)			14:53	16:23	16:30	16:38
43	125.5	D203	Les Boucholeurs (D203-VC)			14:55	16:25	16:32	16:40
42.5	126		Cross level n°175			14:55	16:25	16:32	16:40
41.5	127	VC	CHÂTELAILLON-PLAGE (VC-D202) (entry)			14:57	16:27	16:34	16:42
39	129.5		CHÂTELAILLON-PLAGE			15:00	16:30	16:37	16:45
37.5	131		Cross level n°171			15:03	16:32	16:39	16:48

DISTANCE FROM NEUTRALISED TO OFFICIAL START

6.7km

RELAIS-ÉTAPE

Esplanade Jean-Louis Frot,
17300 Rochefort
Km 103

ROUTE FOR NON-RACE VEHICLES

Exit point after 7km on the race route (D728-D728 E crossroads at Marennes). Continue straight on the D728 towards Rochefort. After 1.7km, go onto the race route heading in the opposite direction to the race (making sure to do so when neither the caravan nor the race convoy is passing) for 1.4km. Leave the race route and take the D123 towards Saint Agnant. At Saint Agnant, go straight on the D123 (Avenue du Général de Gaulle) towards Saint Hippolyte. At Saint Hippolyte take the D117 and then the D137 towards Rochefort. At Tonnay Charente, take the A837 (junction 33) towards La Rochelle. Stay in this direction on the N137. At La Rochelle, take the N237 towards l'île de Ré. Leave the N237 at the "Lagord" exit. Continue towards L'Houmeau on the D104 E2.

Entry point onto the race route:
D104 E2 (Avenue du Clavier)-D104 E3 crossroads at Lagord, 22km from the finish line.

Total distance: 110km

RESTRICTIONS ON THE CARAVAN

Km 8 (Marennes) to 10.5 (viaduc de la Seudre), Km 112 to 115 (Saint-Laurent-de-la-Prée), Km 118.5 (Yves) to 121.5 (Le Marouillet), Km 125.5 (Les Boucholeurs) to 126.5 (Châtelailon-Plage), Km 157 (Rivedoux-Plage) to 159

Protected marshland area
No distribution of publicity products



ITINERARY TIMETABLE

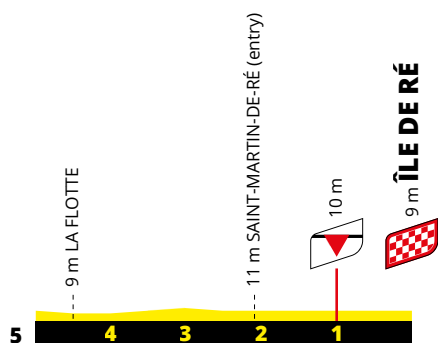
KM		STAGE 10		TIMETABLE			
To be run	Run			Caravan	47 kph	45 kph	43 kph
36	132.5	D202	ANGOULINS (D202-VC)	15:05	16:34	16:41	16:50
32.5	136	VC	AYTRÉ	15:09	16:38	16:46	16:54
31	137.5		Cross level n°163	15:11	16:40	16:48	16:56
29.5	139		LA ROCHELLE (VC-D104 E3)	15:14	16:42	16:50	16:59
23	145.5	D104 E3	LAGORD (D104 E3-D104 E2)	15:23	16:50	16:59	17:08
21	147.5	D104 E2	Les Hauts de l'Ajonc	15:26	16:53	17:01	17:11
20.5	148		L'HOUMEAU (D104 E2-D106)	15:26	16:54	17:02	17:11
17	151.5	D106	Crossroad D106-D735 EB1	15:31	16:58	17:07	17:16
16.5	152	D735 EB1	Crossroad D735 EB1-D735	15:32	16:59	17:07	17:17
16	152.5	D735	Pont de l'île de Ré	15:33	16:59	17:08	17:18
12	156.5		RIVEDOUX-PLAGE (D735-D201)	15:38	17:04	17:13	17:23
7.5	161	D201	SAINTE-MARIE-DE-RÉ (D201-D201 E1)	15:44	17:10	17:19	17:29
4.5	164	D201 E1	LA FLOTTE (near) (D201 E1-D735)	15:49	17:14	17:23	17:34
2	166.5	D735	SAINT-MARTIN-DE-RÉ (entry)	15:52	17:17	17:27	17:37
0	168.5		ÎLE DE RÉ Saint-Martin-de-Ré 	15:55	17:20	17:29	17:40

STAGE'S LAST KILOMETRES

LAST KILOMETRES MAP



LAST KILOMETRES PROFILE



FINISH LINE

On the D735, at the end of a 2km finishing straight (300m long by line of sight) - **Width:** 6m

PRESS ROOM

Complexe sportif Marcel Gaillard, 36 Avenue de Philippsburg, 17410 Saint-Martin-de-Ré
Distance from finish: 2km

RECEPTION POINT FOR GUESTS

Behind the finish line - **Opens:** 14.00

SERVICE STATION

Total - Avenue Jean-Paul Sartre, 17000 La Rochelle
Tel: +33 (0)5 46 43 49 44 or +33 (0)6 42 94 28 47
Opening hours: 14.00 to 19.30

FINISH MAP



EVACUATION

EVACUATION MAP

ÎLE DE RÉ SAINT-MARTIN-DE-RÉ

CHARENTE-MARITIME

Access for OFF-COURSE VEHICLES from LE CHÂTEAU-D'OLÉRON

LAGORD

LA ROCHELLE

CHÂTELAILLON-PLAGE

ROCHFORT

Evacuation in convoy for 16km, with a police escort

GENERAL EVACUATION

PARC NATUREL RÉGIONAL DU MARAIS POITEVIN

Pertuis d'Antioche

Île d'Oléron

Île d'Aix

Fort Boyard

1.5km

©2020 GEOTATLAS.com

TUESDAY 8 SEPTEMBER ÎLE D'OLÉRON LE CHÂTEAU-D'OLÉRON >>> ÎLE DE RÉ SAINT-MARTIN-DE-RÉ 168.5 KM

STAGE 10

121

Plaine, montagne, col... C'est du sport de déployer la Fibre et la 4G !

Le déploiement de nos Réseaux 4G et Fibre s'accélère.
Cette année encore, après notre passage,
plusieurs sites conserveront les infrastructures 4G ou Fibre
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Offres en France métropolitaine, sous réserve d'éligibilité et de matériel compatible.

WEDNESDAY 9 SEPTEMBER

> 167.5 KM

STAGE 11

CHÂTELAILLON-PLAGE >>>

Main town in a canton of Charente-Maritime (17)

Inhabitants: 6,000 (Châtelailonnais), 168,700 within the La Rochelle municipality (28 communes), 646,000 in the department

www.chatellaillonplage.fr / www.la.charente-maritime.fr

Tour de France: Stage town for the first time

- Cycling:** The town is located on the Vélodyssée, a 1,200km cycle route linking Brittany to the Basque Coast, the largest cycle route in Europe
- Sport and culture:** Racetrack specialising in left-hand rope-trotting races. *Athlete:* Lucie Anastassiou (shooting, Olympic skeet, selected for the 2020 Tokyo Olympic Games). *Events*:* International Kite and Wind Festival (70,000 visitors), Châtel festival in June, Les Boucholeurs oyster and mussel festival, Baignade des Banquisards (last swimming event of the year, at the end of December)
- Sights:** The 192-hectare Marais d'Yves nature reserve, Beauséjour cultural centre (19th century), casino (19th century), Belle Époque architecture, the oyster village of Les Boucholeurs
- Gastronomy:** Oysters and seafood, grillon (pâté), gigourit (smoked pork rind sauce), milas charentais (cake)
- Distinctions:** Most beautiful beach in the La Rochelle area (3km of fine sand), member of Terra Aventura (discovery of sites and local heritage via geocaching)



Kite festival © OlivierPravert



Racecourse of Haut-Rillon © Châtelailillon-Plage



Place Leclerc © Yann Gachet, city of Poitiers



Saint Pierre Cathedral © Yann Gachet, city of Poitiers

>>> POITIERS

Prefecture of Vienne (86)

Inhabitants: 90,340 (Poitevins or Pictaviens)

www.poitiers.fr

Tour de France: Stage town for the ninth time. On the majority of occasions Poitiers has served as a starting point for the Tour. There have been just three stage winners here: Jean Forestier in 1955, Jean-Pierre Danguillaume in 1971 and Sean Kelly in 1978

- Cycling:** 132km of cycle paths, Cap sur le Vélo (145 bikes and 860 electric bikes for hire), gift vouchers to facilitate the purchase of electric bikes
- Sport and culture:** FDJ-Nouvelle Aquitaine-Futuroscope women's cycling team, Stade Poitevin Volley Beach (beach volleyball, Ligue A), Poitiers Basket 86 (basketball, Pro B). *Athletes:* Lionel Charbonnier (football, World Cup winner in 1998), Brian Joubert (figure skating, world champion), Maryse Éwanjé-Épée (athletics). *Events*:* 3x3 basketball festival, Traversées (Kimsooja (biennial of contemporary art), Gamers Assembly (video games festival))
- Sights:** Church of Notre-Dame-la-Grande (12th century), Saint-Pierre Cathedral (12th century), Sainte-Croix museum, Futuroscope (one of the leading French theme parks)
- Gastronomy:** Farci poitevin (vegetable pâté in cabbage), broyé du Poitou (cake), tourteau fromager (goat's cheese cake)
- Distinctions:** City of art and history, active and sporting city, Cit'ergie (ecologic transformation) label, four-star floral city. *Slogan:* "Grand Poitiers Let's Aim for the Future"

*Due to the health crisis resulting from the Covid-19 pandemic, most of the events cited have already been or will be cancelled in 2020.

ACCESS AND START

PPO

Junction with the D203 Le Marouillet, Les Boucholeurs, Les Trois Canons on the D137, 6km from the start



RECEPTION POINT FOR GUESTS

Hippodrome tribune Ouest
Opens: 10.00



TOUR DE FRANCE VILLAGE

Location: Hippodrome du Haut Rillon
Opens: 11.00



TOUR DE FRANCE FAN PARK

Location: Hippodrome du Haut-Rillon
Opening hours: Between 10.00 and 18.00

PUBLICITY CARAVAN

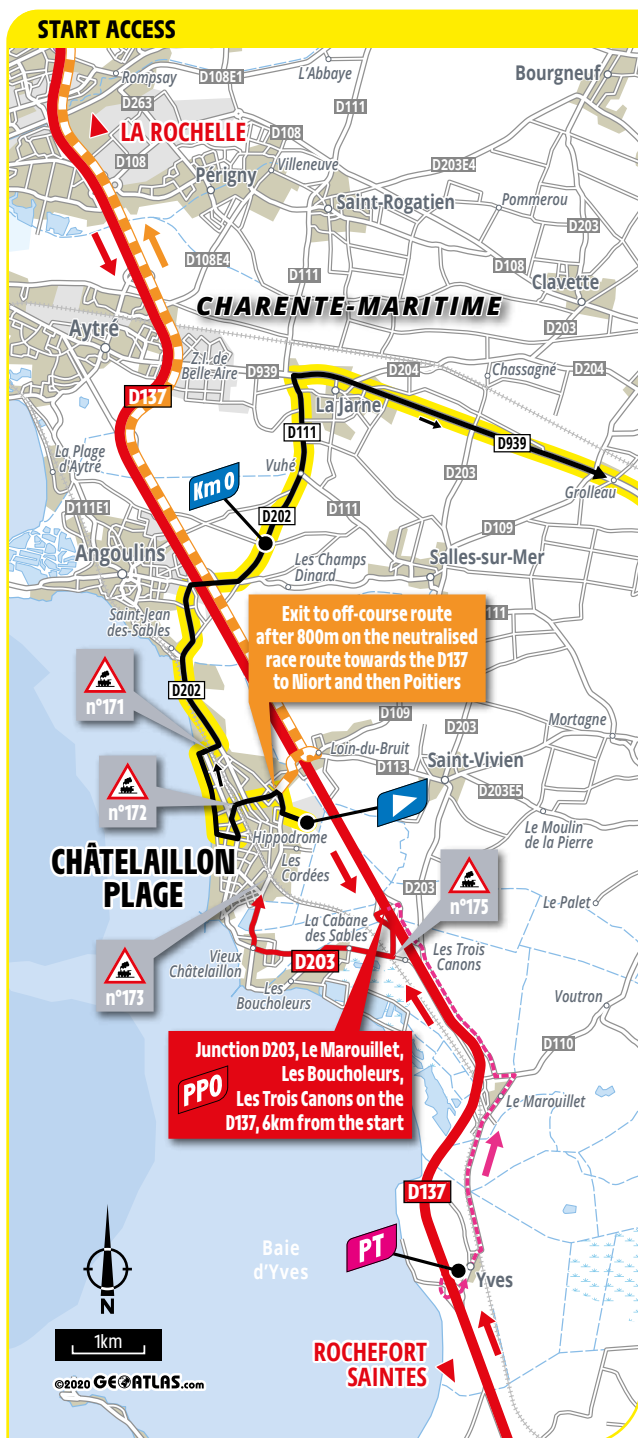
Parking: Parking public hippodrome du Haut-Rillon
Parking technique: Parking Air Marin
Departure from the car park: Between 11.30 and 12.00
Passage across the start line: Between 11.40 and 12.10



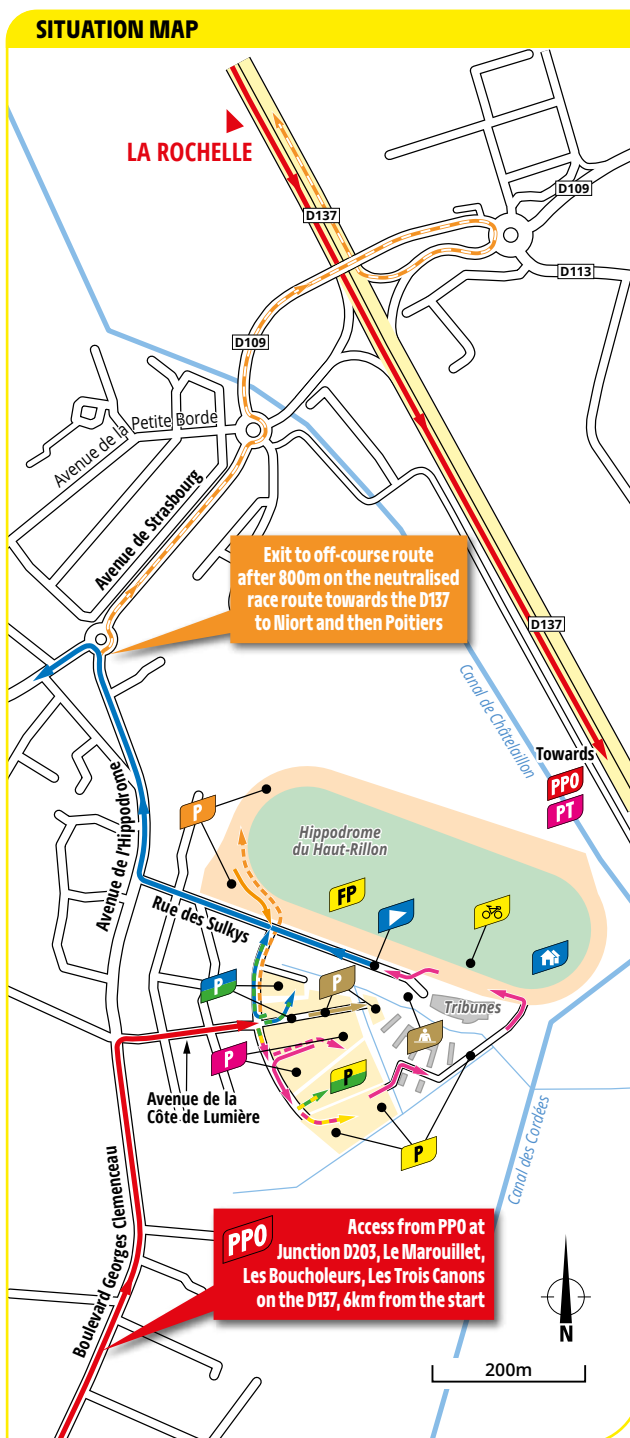
RACE

Assembly point for start: Hippodrome du Haut-Rillon
Rider sign-in: Between 12.15 and 13.15
Call to the start: 13.20
Neutralised start: 13.25, Hippodrome de Châtelailon Plage
Official start: 13.40, on the D202, 7.5km from the assembly point

START ACCESS

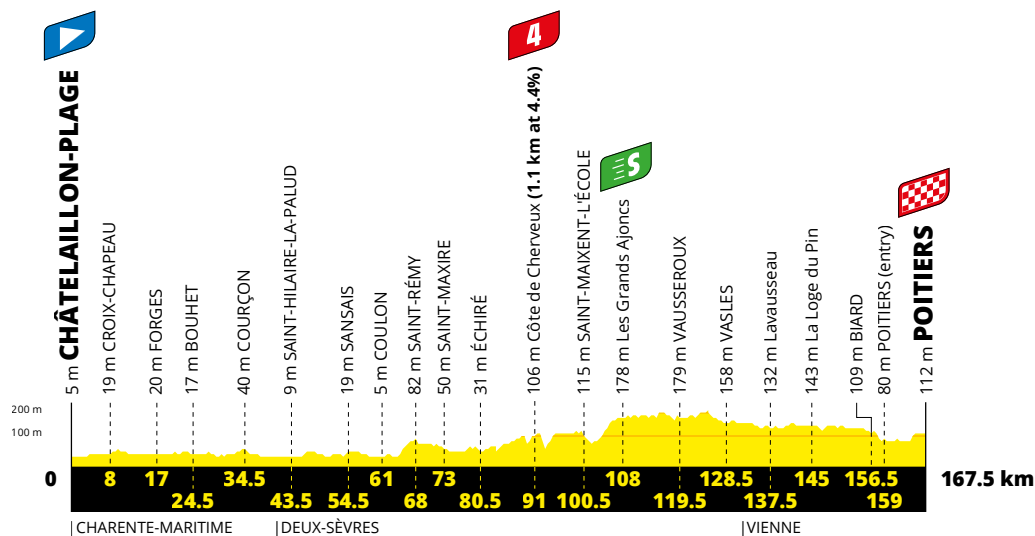


SITUATION MAP

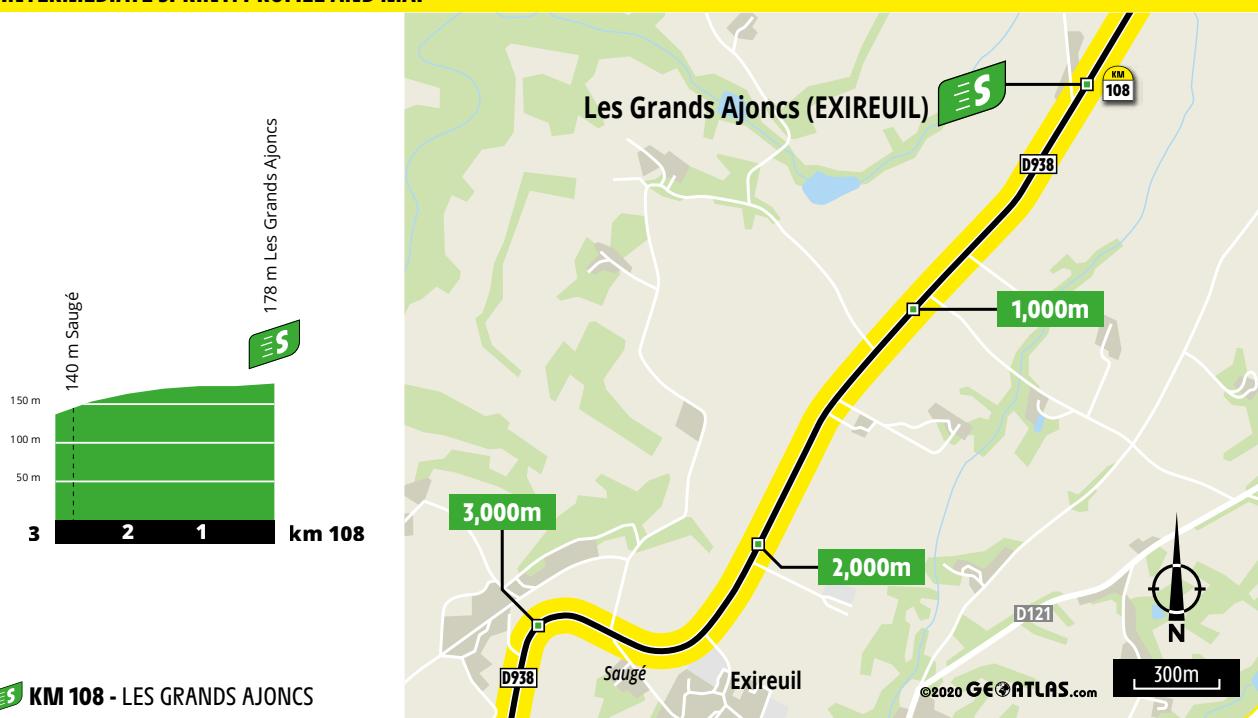


PROFILES AND MAP

STAGE'S PROFILE



INTERMEDIATE SPRINT: PROFILE AND MAP



ITINERARY TIMETABLE

KM		STAGE 11			TIMETABLE			
To be run	Run				Caravan	46 kph	44 kph	42 kph
CHARENTE-MARITIME (17)								
			CHÂTELLAILLON-PLAGE (VC-D202)	NEUTRALISED START	11:40	13:25	13:25	13:25
			Cross level n°172					
			Cross level n°171					
		D202	ANGOULINS					
167.5	0		CHÂTELLAILLON-PLAGE	RACE START	11:55	13:40	13:40	13:40
166.5	1		Crossroad D202-D111 E1		11:56	13:41	13:41	13:41
166	1.5	D111 E1	Vuhé (D111 E1-D111)		11:57	13:41	13:42	13:42
165.5	2	D111	LA JARNE (D111-D939)		11:57	13:42	13:42	13:42
160.5	7	D939	Grolleau (SALLES-SUR-MER)		12:05	13:49	13:49	13:50
159.5	8		CROIX-CHAPEAU		12:06	13:50	13:51	13:51
154	13.5		Fief Girard (AIGREFEUILLE-D'AUNIS)		12:14	13:57	13:58	13:59
151	16.5		Puydrouard (D939-D116)		12:18	14:01	14:02	14:03
150.5	17	D116	FORGES		12:19	14:02	14:03	14:04
147.5	20		La Charre		12:23	14:06	14:07	14:08
146	21.5		Bois de l'Encens (VIRSON)		12:25	14:08	14:09	14:10
145.5	22		Les Haies (VIRSON)		12:26	14:09	14:10	14:11
143	24.5		BOUHET		12:30	14:12	14:13	14:15
138	29.5		La Roulière		12:36	14:18	14:20	14:21
137	30.5		BENON		12:38	14:20	14:21	14:23
133	34.5		COURÇON (D116-D114-D116 E2)		12:44	14:25	14:27	14:29
130.5	37	D116 E2	Angiré		12:48	14:28	14:30	14:33
128.5	39		LA GRÈVE-SUR-MIGNON		12:50	14:30	14:33	14:35
DEUX-SÈVRES (79)								
126.5	41	D3	La Névoire		12:53	14:33	14:35	14:38
124	43.5		SAINT-HILAIRE-LA-PALUD		12:57	14:36	14:39	14:42
117	50.5		Chausse		13:06	14:45	14:48	14:51
116.5	51		AMURÉ		13:07	14:46	14:49	14:52
113	54.5		SANSAIS (D3-D1)		13:13	14:51	14:54	14:58
109.5	58	D1	La Garette		13:18	14:55	14:59	15:03
107	60.5		La Repentie (MAGNÉ)		13:21	14:58	15:02	15:06
106.5	61		COULON (D1-D123)		13:22	14:59	15:03	15:07
105	62.5	D123	La Grange		13:24	15:01	15:05	15:09
102.5	65		La Gare		13:27	15:04	15:08	15:12
102.5	65		Rocheneuve		13:28	15:05	15:08	15:13
102	65.5		La Roche Avane		13:28	15:05	15:09	15:13
99.5	68		SAINT-RÉMY		13:32	15:08	15:12	15:17
94.5	73		SAINT-MAXIRE (D123-VC-D12-D107)		13:39	15:15	15:19	15:24
91.5	76	D107	Les Habites		13:43	15:19	15:24	15:28
89	78.5		Bois Berthier-Moulin Neuf		13:47	15:22	15:27	15:32
87	80.5		ÉCHIRÉ (D107-VC)		13:50	15:25	15:29	15:35
85	82.5	VC	Les Champs		13:53	15:27	15:32	15:38
84.5	83		SAINT-GELAIS (VC-D8)		13:53	15:28	15:33	15:38
80	87.5		CHERVEUX (D8-D7-D8)		14:00	15:34	15:39	15:45
76.5	91		Côte de Cherveux		14:05	15:39	15:44	15:50
73.5	94		Le Clatreau (AZAY-LE-BRÛLÉ)		14:09	15:42	15:48	15:54
73	94.5		Le Cerzeau (AZAY-LE-BRÛLÉ)		14:10	15:43	15:49	15:55
67.5	100		La Plaine d'Azia (AZAY-LE-BRÛLÉ) (D8-D611)		14:18	15:50	15:56	16:03
67	100.5	D611	SAINT-MAIXENT-L'ÉCOLE (D611-D24-D938)		14:18	15:51	15:57	16:03
64	103.5	D938	Verdale		14:22	15:55	16:01	16:07
62	105.5		Saugé (SAIVRES)		14:25	15:57	16:04	16:10
59.5	108		Les Grands Ajoncs (EXIREUIL)		14:29	16:01	16:07	16:14

DISTANCE FROM NEUTRALISED TO OFFICIAL START

7.5km

CATEGORISED CLIMB

Km 91 - Côte de Cherveux
Climb of 1.1km at 4.4%

RELAIS-ÉTAPE

Rue de l'église
86470 Boivre-la-Vallée
Km 137.5

ROUTE FOR

NON-RACE VEHICLES

Exit point after 800m on the neutralised course (Avenue de l'Hippodrome-Avenue de Strasbourg crossroads). Go right on Avenue de Strasbourg then take the D109 to join the D137 towards La Rochelle. Stay on the N137 then, at La Rochelle, take the N11 towards Poitiers-Niort. At Épannes, take the N248 towards Poitiers and then the A10 (junction 33) towards Paris-Poitiers. Leave the A10 at junction 30 "Poitiers-Centre". Take the D910 (Avenue du 8 Mai 1945) towards Poitiers-Centre. Take the D162 (Rocade Sud-Est then Rocade Est de Poitiers) towards Limoges.

Entry point onto the race route:

Crossroads of Rocade Est (D162), Avenue du Recteur Pineau (D951) and Avenue John Fitzgerald Kennedy (D162), called the "rond-point du Stade", 1.6km from the finish line.

Total distance: 155km



ITINERARY TIMETABLE

KM		STAGE 11		TIMETABLE			
To be run	Run			Caravan	46 kph	44 kph	42 kph
55.5	112		La Belle Étoile (LES CHÂTELIERS)	14:35	16:06	16:12	16:20
55	112.5		Le Quarteron (LES CHÂTELIERS) (D938-D738)	14:35	16:06	16:13	16:20
54.5	113	D738	La Proutière (LES CHÂTELIERS)	14:36	16:07	16:14	16:21
50	117.5		VAUTEBIS	14:42	16:13	16:20	16:27
48	119.5		VAUSSEROUX (D738-D21-D131)	14:45	16:15	16:22	16:30
43	124.5	D131	La Poitevinière	14:53	16:22	16:30	16:38
39	128.5		VASLES (D131-D59)	14:58	16:27	16:35	16:43
VIENNE (86)							
32.5	135	D6	Benassay (BOIVRE-LA-VALLÉE)	15:07	16:36	16:44	16:52
30	137.5		Lavausseau (BOIVRE-LA-VALLÉE)	15:11	16:39	16:47	16:56
23.5	144		La Baronnerie (BOIVRE-LA-VALLÉE)	15:20	16:47	16:56	17:05
22.5	145		La Loge du Pin (BÉRUGES)	15:22	16:49	16:58	17:07
13.5	154		Chanteloup (VOUNEUIL-SOUS-BIARD)	15:35	17:01	17:10	17:20
12.5	155		La Fenêtre	15:36	17:02	17:11	17:21
10.5	157		BIARD (D6-VC)	15:39	17:04	17:14	17:24
8.5	159	VC	POITIERS (VC-D162) (entry)	15:42	17:07	17:17	17:27
0	167.5	D162	POITIERS 	15:54	17:18	17:28	17:39

167.5 KM



CHÂTELAILLON-PLAGE >>> POITIERS



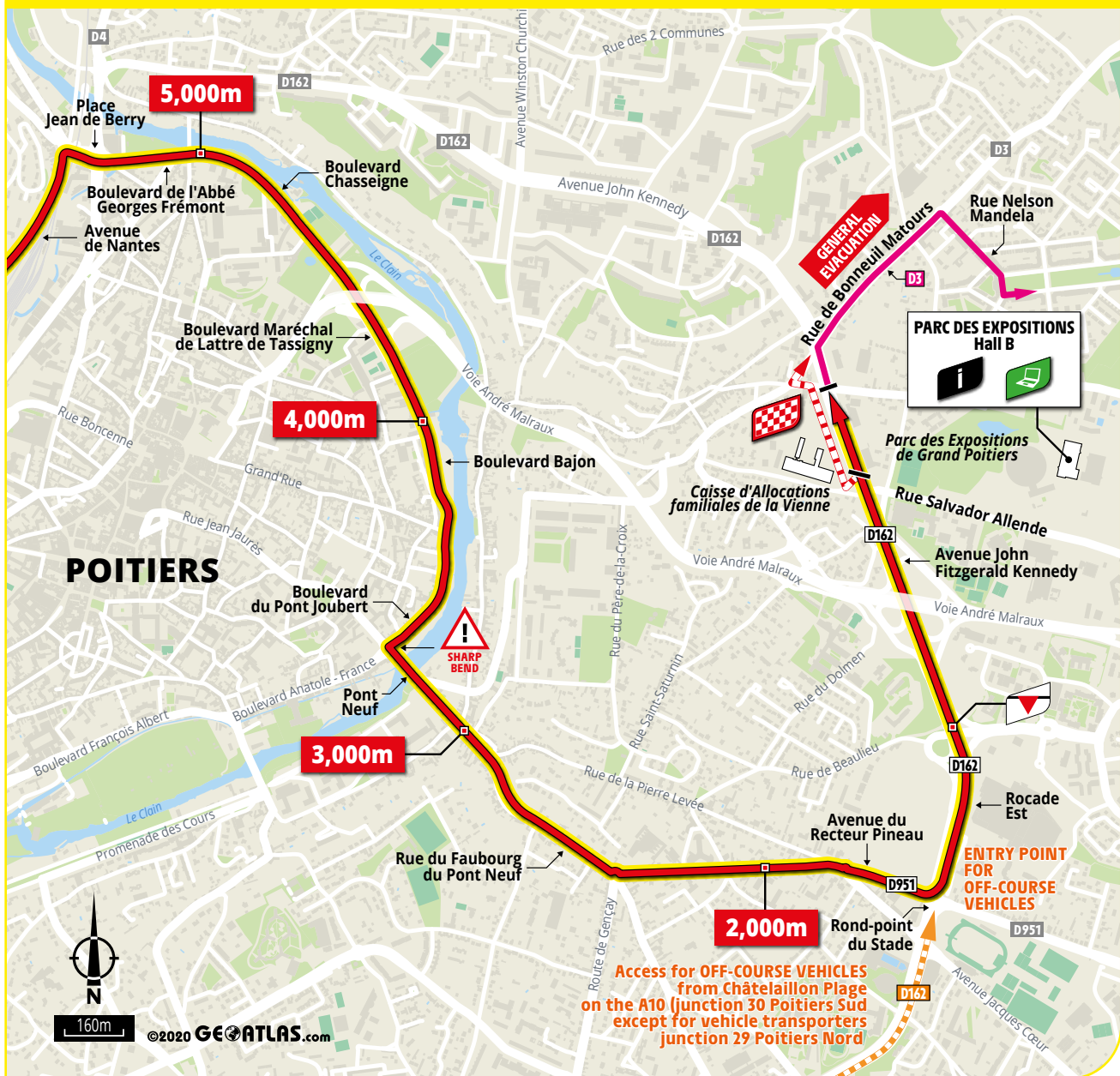
WEDNESDAY 9 SEPTEMBER

STAGE 11

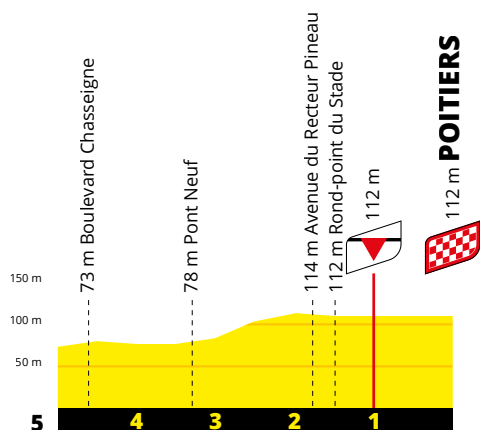
128

STAGE'S LAST KILOMETRES

LAST KILOMETRES MAP



LAST KILOMETRES PROFILE



FINISH LINE

Avenue John Fitzgerald Kennedy, at the end of a 1.6km final straight (1.2km long by line of sight) - **Width:** 7.50m

PRESS ROOM

Parc des Expositions, Hall B, 11 rue Salvador Allende, 86000 Poitiers
Distance from finish: 1km

RECEPTION POINT FOR GUESTS

Parking du Parc des Expositions - **Opens:** 14.00

SERVICE STATION

Avia
75 Avenue John Kennedy, 86000 Poitiers
Tel: +33 (0)5 49 01 61 82
Opening hours: 14.00 to 19.30

167.5 KM



CHÂTELAILLON-PLAGE >>> POITIERS



WEDNESDAY 9 SEPTEMBER

STAGE 11

129

FINISH

FINISH MAP



THURSDAY 10 SEPTEMBER

➤ 218 KM

STAGE 12

CHAUVIGNY >>>

Main town in a canton of Vienne (86)

Inhabitants: 7,250 (Chauvinois)

www.chauvigny.fr

Tour de France: Stage town for the first time. Hosted two stages of the Tour de l'Avenir in 2005

- **Cycling:** Seven mountain bike trails, the Eurovéloroute no.3 connecting Norway and Santiago de Compostela passes through the town
- **Sport and culture:** US Chauvigny (football, National 3 level). *Athlete:* Michel Grain (cycling). Porcelain manufacture (tableware made using Chauvigny limestone), VéloRail (17km route on an old railway). *Events*:* Vienne Classic Espoirs (cycling), fireworks on 14 July let off from the Château des Évêques, medieval festival in August, Géants du Ciel (spectacular display of birds in flight)
- **Sights:** Medieval town with five châteaux grouped on the same site in the only formation of its kind in Europe, Collegiate Church of Saint-Pierre (12th century), Church of Saint-Pierre-les-Églises (pre-Romanesque church containing a set of frescoes dating from before the year 1000), industrial archaeology exhibition in the Donjon de Gouzou, museum of popular traditions and archaeology
- **Gastronomy:** Chauvinoise beef cheek, trout farming, goat's cheese
- **Distinctions:** Plus Beaux Détours de France (most beautiful getaways) label, three-star floral town



Medieval town © Town of Chauvigny



Giants of the Sky Show © Pierre Mercier



President Jacques Chirac Museum © Sarran



Merle Towers © Christophe Bouthe

>>> SARRAN CORRÈZE

Commune in Corrèze (19)

Inhabitants: 275 (Sarranais), 241,000 in the department

www.mairiesarran.wixsite.com / www.correze.fr

Tour de France: Stage town for the second time. In 2001, after being part a long breakaway with seven riders, Jens Voigt took the first of his two Tour stage victories by outsprinting Bradley McGee. The peloton crossed the finish line more than 20 minutes later

- **Cycling:** Véloroute de la Corrèze (146km, section of Véloroute V87) goes through Sarran, Espace VTT Haute-Corrèze (more than 1,000km of marked MTB routes), Voie Verte Pays de Brive (off-road bike path), 17 road and mountain bike circuits
- **Culture:** Festival of song, dance and music from across the world, farmers' markets (during the summer)
- **Sights:** Church of Saint-Pierre-ès-Liens (15th century), Cher Rural Domain (19th century, Auvergne style), Château de Bity (12th-18th century, property of the Chirac family), Museum of President Jacques Chirac, the three crosses on the Puy de Sarran
- **Gastronomy:** Mique (bread poached in a broth), farcidure (potato bread cooked in water), millassou (potato pancake), flognarde (fruit flan), mushrooms, truffles, walnuts, chestnuts
- **Distinctions:** The Moulin du Cher (19th century) is home to an important colony of bats and is classified as a natural area of ecological, faunistic and floristic interest

*Due to the health crisis resulting from the Covid-19 pandemic, most of the events cited have already been or will be cancelled in 2020.



CHAUVIGNY

Km 0

VIENNE

HAUTE-VIENNE

Le Dorat

4 Côte de Saint-Martin-Terressus

4 Côte d'Eybouleuf

HAUTE-VIENNE

3 Côte de la Croix du Pey

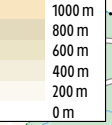
CORRÈZE

CORRÈZE

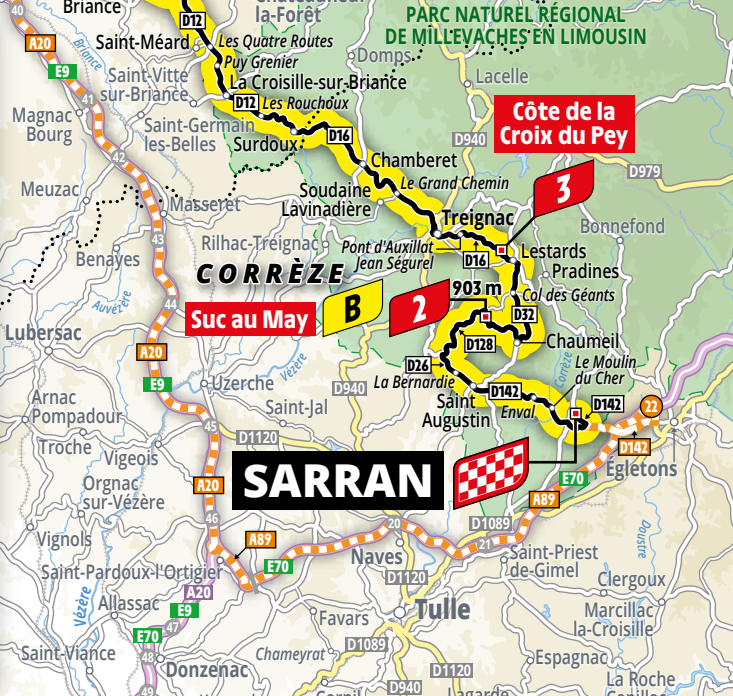
3 Côte de la Croix du Pey

SARRAN

SARRAN

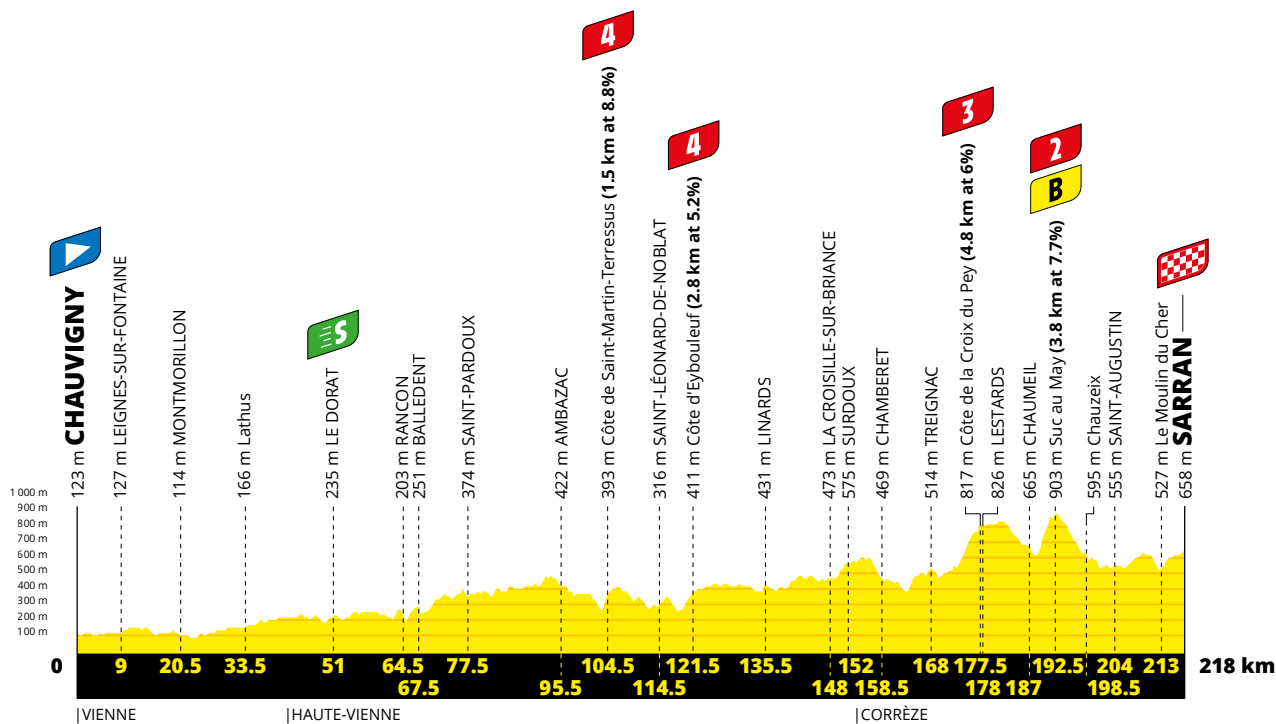


6 km

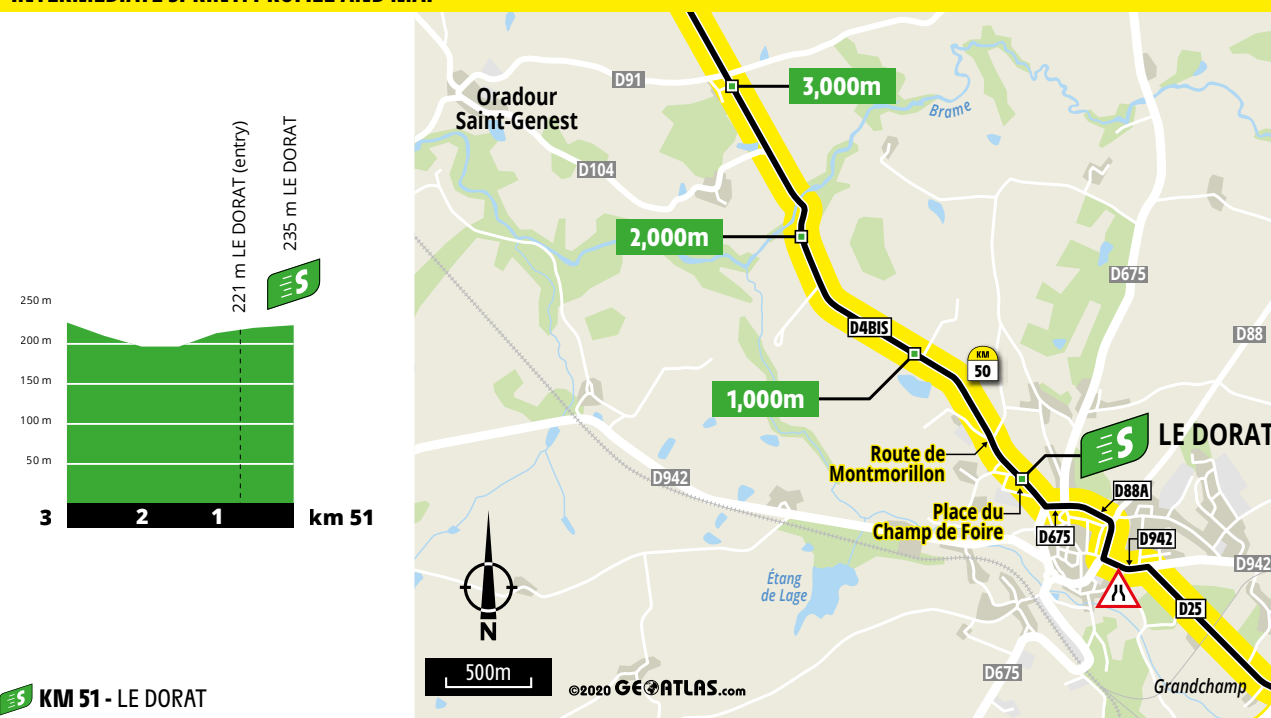


PROFILES AND MAP

STAGE'S PROFILE



INTERMEDIATE SPRINT: PROFILE AND MAP



ITINERARY TIMETABLE

KM		STAGE 12			TIMETABLE				
To be run	Run				Caravan	44 kph	42 kph	40 kph	
VIENNE (86)									
		D951 A	CHAUVIGNY (D951 A-D951-VC)	NEUTRALISED START	10:05	11:50	11:50	11:50	
			La Caronnière (VC-D54)						
218	0	D54	CHAUVIGNY	RACE START	10:15	12:00	12:00	12:00	
215.5	2.5		Bois Clair			10:19	12:03	12:03	12:04
210	8		Les Chaumes			10:27	12:11	12:11	12:12
209	9		LEIGNES-SUR-FONTAINE			10:28	12:12	12:13	12:13
202	16		Le Petit Poirat (PINDRAY)			10:39	12:22	12:23	12:24
197.5	20.5		MONTMORILLON (D54-D727-D5-VC-D54)			10:45	12:28	12:29	12:30
186	32		Cross level n°271			11:03	12:43	12:46	12:48
184.5	33.5		Lathus (LATHUS-SAINT-RÉMY)			11:05	12:46	12:48	12:50
179.5	38.5		Cross level n°277			11:13	12:52	12:55	12:58
178.5	39.5		La Folie (LATHUS-SAINT-RÉMY)			11:14	12:53	12:56	12:59
HAUTE-VIENNE (87)									
176.5	41.5	D4 BIS	La Grange du Bois (AZAT-LE-RIS) (near)			11:17	12:56	12:59	13:02
175.5	42.5		La Tuilerie de Belle Perche (ORADOUR-SAINT-GENEST)			11:18	12:58	13:00	13:03
174.5	43.5		La Lande de la Faverie (ORADOUR-SAINT-GENEST)			11:20	12:59	13:02	13:05
168	50		LE DORAT (D4 BIS-D675-D88 A-D942-D25) (entry)			11:30	13:08	13:11	13:15
167	51		LE DORAT			11:31	13:09	13:12	13:16
165.5	52.5	D25	Grandchamp			11:34	13:12	13:15	13:19
163	55		Luchapt (MAGNAC-LAVAL) (near)			11:37	13:15	13:18	13:22
160.5	57.5		Armantioux			11:41	13:18	13:22	13:26
159.5	58.5		La Brousse (D25-N145-D25)			11:43	13:20	13:23	13:28
158	60		DROUX			11:45	13:22	13:25	13:30
157	61		Chantemerle			11:46	13:23	13:27	13:31
156.5	61.5		La Passerelle			11:47	13:23	13:27	13:32
155.5	62.5		La Maison Neuve (D25-D7)			11:49	13:25	13:29	13:34
154	64	D7	Crossroad D7-D1			11:51	13:27	13:31	13:36
153.5	64.5	D1	RANCON (D1-D103)			11:51	13:27	13:31	13:36
152	66	D103	Le Cluzeau			11:53	13:30	13:34	13:38
150.5	67.5		BALLEDENT			11:56	13:32	13:36	13:41
149	69		Les Monts			11:58	13:34	13:38	13:43
147.5	70.5		Quinsac (SAINT-PARDOUX-LE-LAC)			12:01	13:36	13:41	13:46
145.5	72.5		Courieux (SAINT-PARDOUX-LE-LAC)			12:04	13:39	13:44	13:49
144	74		Fougerolles (SAINT-PARDOUX-LE-LAC)			12:05	13:40	13:45	13:50
143.5	74.5		Puyjouard (SAINT-PARDOUX-LE-LAC)			12:07	13:42	13:46	13:52
141.5	76.5		Crossroad D103-D44			12:09	13:44	13:49	13:54
140.5	77.5	D44	Saint-Pardoux (SAINT-PARDOUX-LE-LAC)			12:11	13:45	13:50	13:56
137.5	80.5		Lac de Saint-Pardoux			12:16	13:50	13:55	14:01
135.5	82.5		Santrop (RAZÈS) (near) (D44-D248 A)			12:18	13:52	13:57	14:03
135	83	D248 A	Crossroad D248 A-D60 A			12:19	13:53	13:58	14:04
134.5	83.5	D60 A	Crossroad D60 A-D248 A			12:20	13:53	13:59	14:05
134.5	83.5	D248 A	Bachelierie (COMPREIGNAC)			12:20	13:53	13:59	14:05
133	85	D28	Venachat (COMPREIGNAC) (D248 A-D28)			12:22	13:56	14:01	14:07
132.5	85.5		Prassigout (COMPREIGNAC)			12:23	13:56	14:02	14:08
131.5	86.5		Crossroad D28-D5			12:24	13:57	14:03	14:09
129.5	88.5	D5	La Crouzille (SAINT-SYLVESTRE) (D5-D220-D5)			12:28	14:01	14:06	14:13
124	94		Les Quatre Routes			12:35	14:08	14:14	14:20
122.5	95.5		AMBAZAC (D5-VC-D5-D56)			12:38	14:10	14:16	14:23
118.5	99.5	D56	Les Loges			12:44	14:16	14:22	14:29
116.5	101.5		Ribagnac			12:47	14:18	14:24	14:32
115	103		SAINT-MARTIN-TERRESSUS (D56-C6)			12:49	14:20	14:27	14:34
114	104	C6	Le Breuil			12:51	14:22	14:28	14:36

DISTANCE FROM NEUTRALISED TO OFFICIAL START

4.4km

CATEGORISED CLIMBS

-  **Km 104.5**
Côte de Saint-Martin-Terressus
Climb of 1.5km at 8.8%
-  **Km 121.5 - Côte d'Eybouleuf**
Climb of 2.8km at 5.2%
-  **Km 177.5 - Côte de la Croix du Pey**
Climb of 4.8km at 6%
-  **Km 192.5 - Suc au May**
 Climb of 3.8km at 7.7%

RELAIS-ÉTAPE

12 Route du Mont Gargan
19370 Chamberet
Km 158.5

ROUTE FOR NON-RACE VEHICLES

Exit via the hors course parking area (don't go onto the race route).
Take Rue Faubourg de l'Aumônerie, Rue de Lussac and then the D749 towards Limoges. At Lussac les Châteaux, continue on the N147 towards Limoges via Bellac (rocade). Approaching Limoges, take the N520 towards the A20. Take the A20 (junction 28) towards Toulouse. Leave the A20 and take the A89 towards Clermont Ferrand. Leave the A89 at junction 22 "Égletons". At the subsequent roundabout, go right on the D142 towards Sarran.

Entry point onto the race route:
Crossroads of the D142 and D142 E3, 1.2km from the finish line.

Total distance: 235km

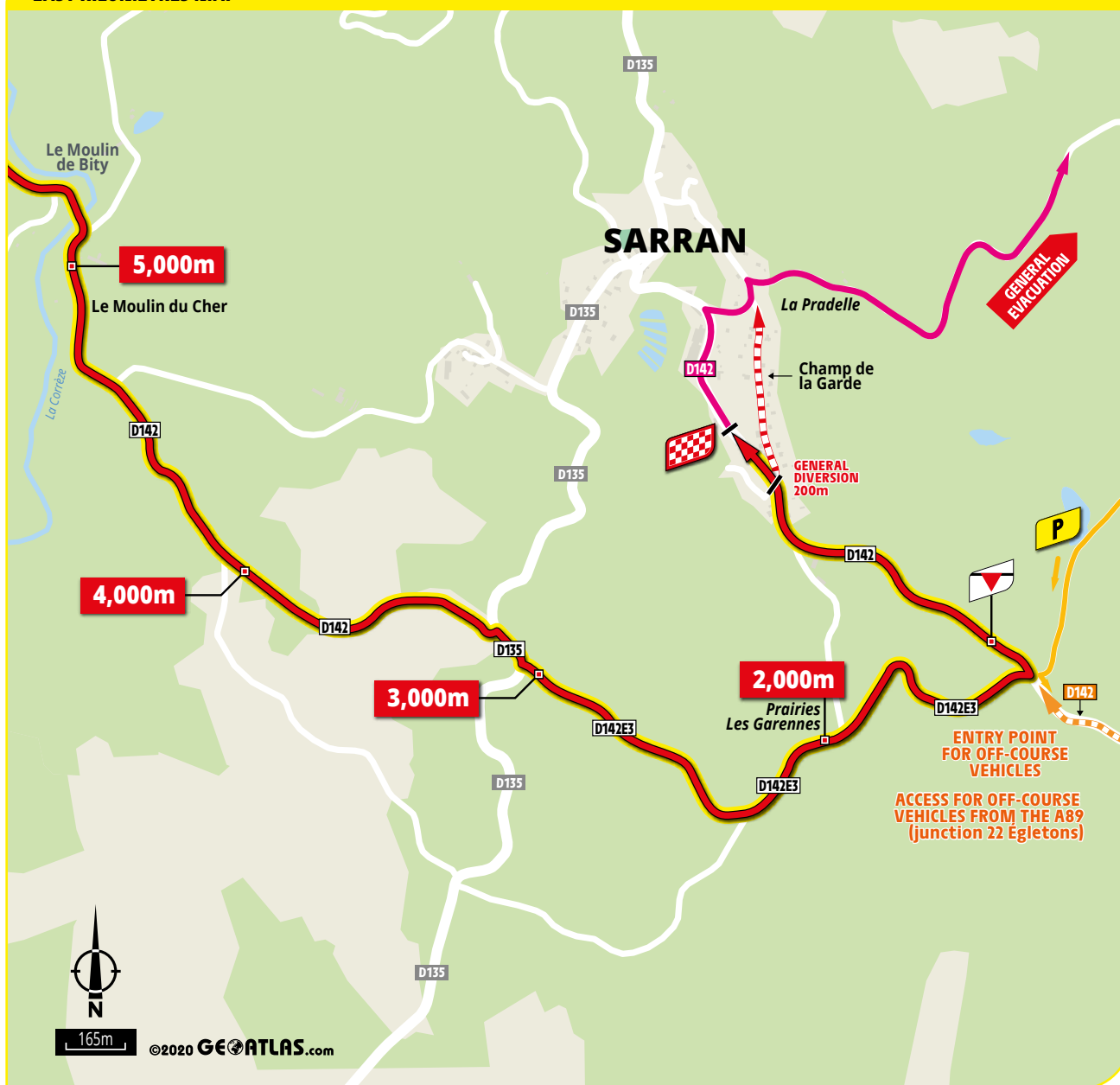


ITINERARY TIMETABLE

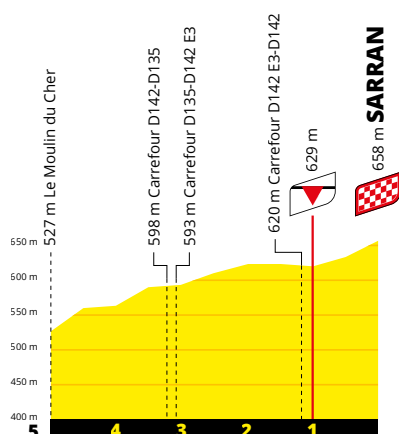
KM		STAGE 12		TIMETABLE			
To be run	Run			Caravan	44 kph	42 kph	40 kph
113.5	104.5		Côte de Saint-Martin-Terressus 	12:51	14:22	14:29	14:36
112.5	105.5		Crossroad C6-D56	12:53	14:23	14:30	14:38
110	108	D56	Chabaud (LE CHÂTENET-EN-DOGNON) (near)	12:57	14:27	14:34	14:42
109.5	108.5		Lachaud (ROYÈRES) (near)	12:57	14:27	14:34	14:42
108.5	109.5		Crossroad D56-D39	12:59	14:29	14:36	14:44
108	110	D39	Marsac (near)	13:00	14:30	14:37	14:45
106	112		Le Pont au Puy	13:03	14:33	14:40	14:48
103.5	114.5		SAINT-LÉONARD-DE-NOBLAT (D39-VC-D941-D941 A-D941-D7 BIS)	13:06	14:36	14:43	14:51
98.5	119.5	D7 BIS	Romefort	13:14	14:42	14:50	14:59
96.5	121.5		Côte d'Eybouleuf 	13:17	14:45	14:53	15:02
96	122		EYBOULEUF	13:17	14:46	14:54	15:02
94	124		La Croix Ferrée (LA GENEYTOUSE)	13:20	14:49	14:57	15:05
91.5	126.5		Le Petit Bois (SAINT-PAUL)	13:25	14:52	15:01	15:10
87	131		Crossroad D7 BIS-D12	13:31	14:58	15:07	15:16
85	133	D12	Bas Sivergnat (SAINT-BONNET-BRIANCE)	13:34	15:01	15:09	15:19
82.5	135.5		LINARDS	13:38	15:04	15:13	15:23
81	137		Les Puits	13:40	15:07	15:16	15:25
77.5	140.5		Les Quatre Routes (SAINT-MÉARD)	13:45	15:11	15:20	15:30
75.5	142.5		Puy Grenier (SAINT-MÉARD)	13:48	15:14	15:23	15:33
73.5	144.5		LA CROISILLE-SUR-BRIANCE	13:52	15:17	15:26	15:37
69.5	148.5		Les Rouchoux	13:58	15:22	15:32	15:43
67.5	150.5		La Cidrie	14:01	15:25	15:35	15:46
66	152		SURDOUX	14:02	15:27	15:37	15:47
CORRÈZE (19)							
59.5	158.5	D16	CHAMBERET	14:12	15:36	15:46	15:57
54	164		Le Grand Chemin (SOUDAINE-LAVINADIÈRE)	14:21	15:43	15:54	16:06
50	168		TREIGNAC (D16-D940-VC-D16)	14:27	15:49	16:00	16:12
46.5	171.5		Le Boucheteil Bas	14:32	15:54	16:05	16:17
45	173		Pont d'Auxillat-Jean Ségurel	14:34	15:55	16:07	16:19
40.5	177.5		Côte de la Croix du Pey 	14:41	16:02	16:13	16:26
40	178		LESTARDS	14:42	16:02	16:14	16:27
39	179		La Philipperie (D16-D32)	14:43	16:04	16:15	16:28
36	182	D32	Col des Géants (PRADINES)	14:48	16:08	16:20	16:33
31	187		CHAUMEIL (D32-D121-VC)	14:55	16:15	16:27	16:40
29.5	188.5	VC	Étang de Maurianges	14:57	16:17	16:29	16:42
25.5	192.5		Suc au May (903 m)  	15:03	16:22	16:34	16:48
25.5	192.5		Crossroad VC-D128 E	15:04	16:22	16:35	16:49
24	194	D128 E	Col du Bos (D128 E-D128)	15:06	16:24	16:37	16:51
20	198	D128	Crossroad D128-D121	15:12	16:30	16:43	16:57
19.5	198.5	D121	Chauzeix (D121-VC)	15:13	16:31	16:43	16:58
17.5	200.5	VC	Gane de Roumaillac (VC-D26)	15:16	16:33	16:46	17:01
15.5	202.5	D26	La Bernardie	15:18	16:36	16:49	17:03
14	204		SAINT-AUGUSTIN	15:21	16:38	16:51	17:06
12.5	205.5		Crossroad D26-D142	15:23	16:40	16:54	17:08
10.5	207.5	D142	Le Tourondel	15:26	16:43	16:56	17:11
7.5	210.5		Enval	15:30	16:47	17:00	17:15
5	213		Le Moulin du Cher	15:34	16:50	17:04	17:19
3.5	214.5		Crossroad D142-D135	15:37	16:52	17:06	17:22
3	215	D135	Crossroad D135-D142 E3	15:37	16:53	17:07	17:22
1.5	216.5	D142 E3	Crossroad D142 E3-D142	15:40	16:55	17:09	17:25
0.5	217.5	D142	SARRAN (entry)	15:41	16:57	17:11	17:26
0	218		SARRAN 	15:42	16:57	17:11	17:27

STAGE'S LAST KILOMETRES

LAST KILOMETRES MAP



LAST KILOMETRES PROFILE



FINISH LINE

D142, Route du Musée Jacques Chirac at the end of a 1.1km finishing straight (200m long by line of sight) - **Width:** 5.50m

PRESS ROOM

Gymnase des Combes

Boulevard de la Plaine des Jeux Marcel Rougerie, 19300 Égletons

Distance from finish: 8.5km

RECEPTION POINT FOR GUESTS

Prairies Les Garennes - **Opens:** 13.45

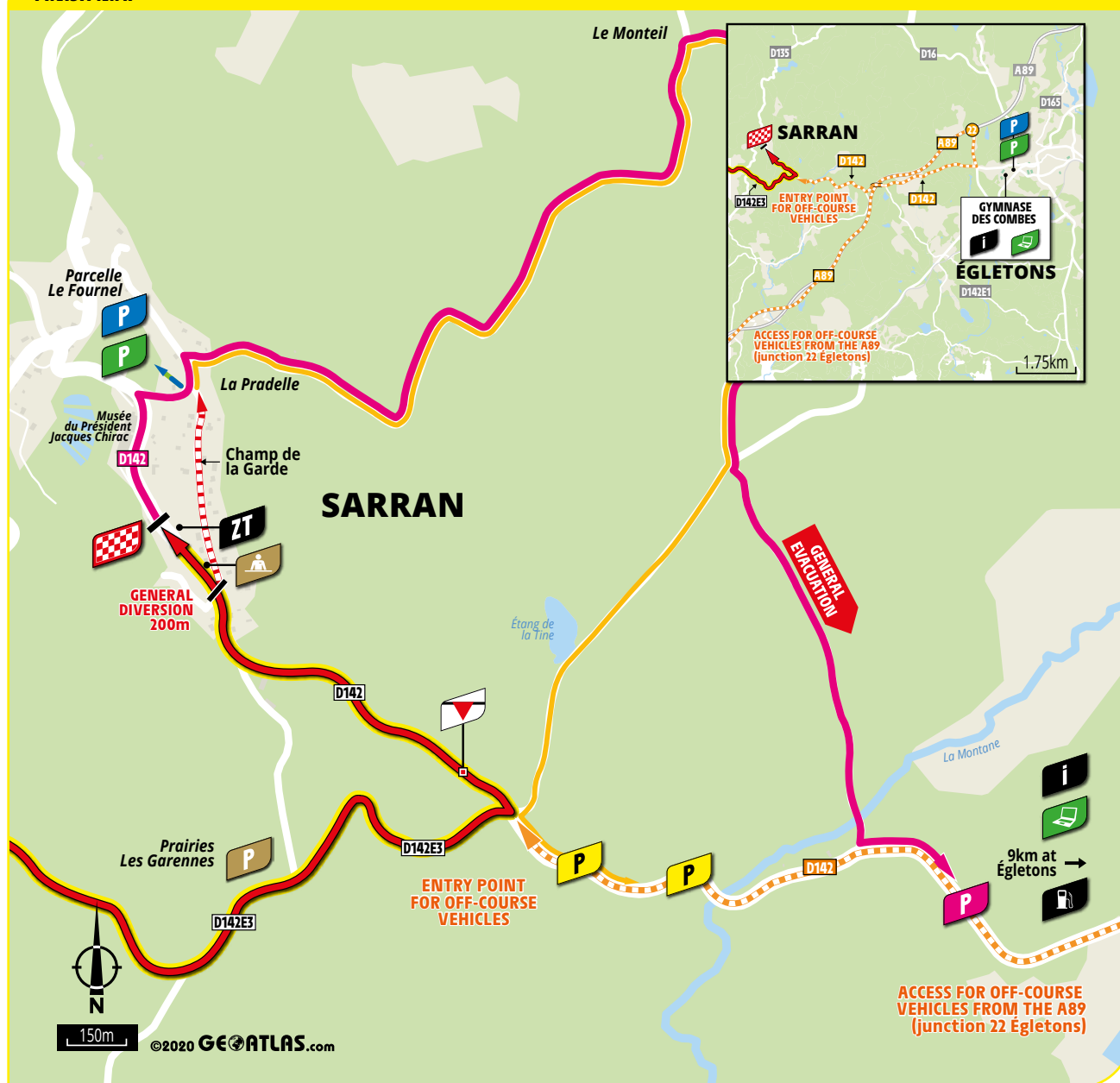
SERVICE STATION

Total

Avenue Charles de Gaulle, 19300 Égletons

Tel: +33 (0)5 55 93 14 33 - **Opening hours:** 14.00 to 19.30

FINISH MAP



FRIDAY 11 SEPTEMBER

> 191.5 KM

STAGE 13

CHÂTEL-GUYON >>>

Spa and main town in a canton of Puy-de-Dôme (63)
Inhabitants: 6,500 (Châtelguyonnais), 68,000 within the 31 communes comprising the Riom Limagne and Volcans municipality
www.chatel-guyon.fr / www.rlv.eu

Tour de France: Stage town for the first time. Twice a stage town on Paris-Nice

- **Cycling:** Thermal Express greenway linking Châtel-Guyon to Riom, self-service electric bicycle hub, intercommunal scheme to create cycle paths is being planned within the municipality
- **Sport and culture:** The Aïga Resort Aïga (the new name for the baths) thermal complex is developing a research and training centre on microbiota to complement treatment of intestinal and rheumatic pathologies (the water's magnesium level is among the highest in Europe). *Events*:* Festival Jazz aux Sources, Estivales du Parc (open-air music and arts)
- **Sights:** Grands Thermes (thermal baths), impressive villas, the Italian theatre was renovated and reopened in 2015. Mandet Museum in Riom (its "Dali and contemporary design" exhibition runs from July-October 2020)
- **Gastronomy:** Truffade (dish made with potatoes and tomme du Cantal cheese), thermal water (12 separate springs), herbal teas
- **Distinctions:** Designated as a thermal spa and health resort, Tourisme et Handicap (disabled tourism) label, Cluniac site, member of EHTTA (European Association of Historic Spa Towns), Villes et Villages Étoilés (night sky and night-time environment protection), three-star floral town



Thermal baths © Town of Châtel Guyon



Mandet Museum at Riom © J. Damase



Puy Mary and Pas de Peyrol pass © Puy d'Images



Pas de Peyrol orientation centre © Puy d'Images

>>> PUY MARY CANTAL

Massif Central summit (1,783m) in Cantal (15)
Inhabitants: 144,240 (Cantalous or Cantaliens) in the department
www.puymary.fr / www.cantal-destination.com

Tour de France: Although this is the first time it's hosted a finish, the Pas de Peyrol has already featured in the race 10 times, notably in 2011 when Thomas Voeckler pulled off an impressive double: he led over the top of the pass and went on to take the yellow jersey at the end of the ninth stage between Issoire and Saint-Flour

- **Cycling:** Cycle tourism region, Cantal has four Romain Bardet Experience (RBX) touring circuits endorsed by the rider
- **Sport and culture:** The Grand Site de France Puy Mary Volcan du Cantal is located in the heart of the Auvergne Volcanoes Regional Natural Park. *Events*:* International street theatre festival, Festival Hibernarock (music), Marcolès international cycling criterium
- **Sights:** The village of Salers is classified among the most beautiful in France, the Garabit viaduct was built by Gustave Eiffel's company, Chaudes-Aigues and its 30 hot springs including the Source du Par, where the water emerges at 82°C
- **Gastronomy:** Salers beef, truffade (potatoes and Tomme du Cantal cheese), pounti (Swiss chard, sausage meat and prunes), cheese (Bleu d'Auvergne, Cantal, Fourme d'Ambert, Saint-Nectaire, Salers), cornet de Murat (cone biscuit with cream), Gentian liqueur
- **Distinctions:** Grand Site de France Puy Mary Volcan du Cantal (major tourist attraction), the Cantal Auvergne regional brand

*Due to the health crisis resulting from the Covid-19 pandemic, most of the events cited have already been or will be cancelled in 2020.

191.5 KM



PUY MARY CANTAL

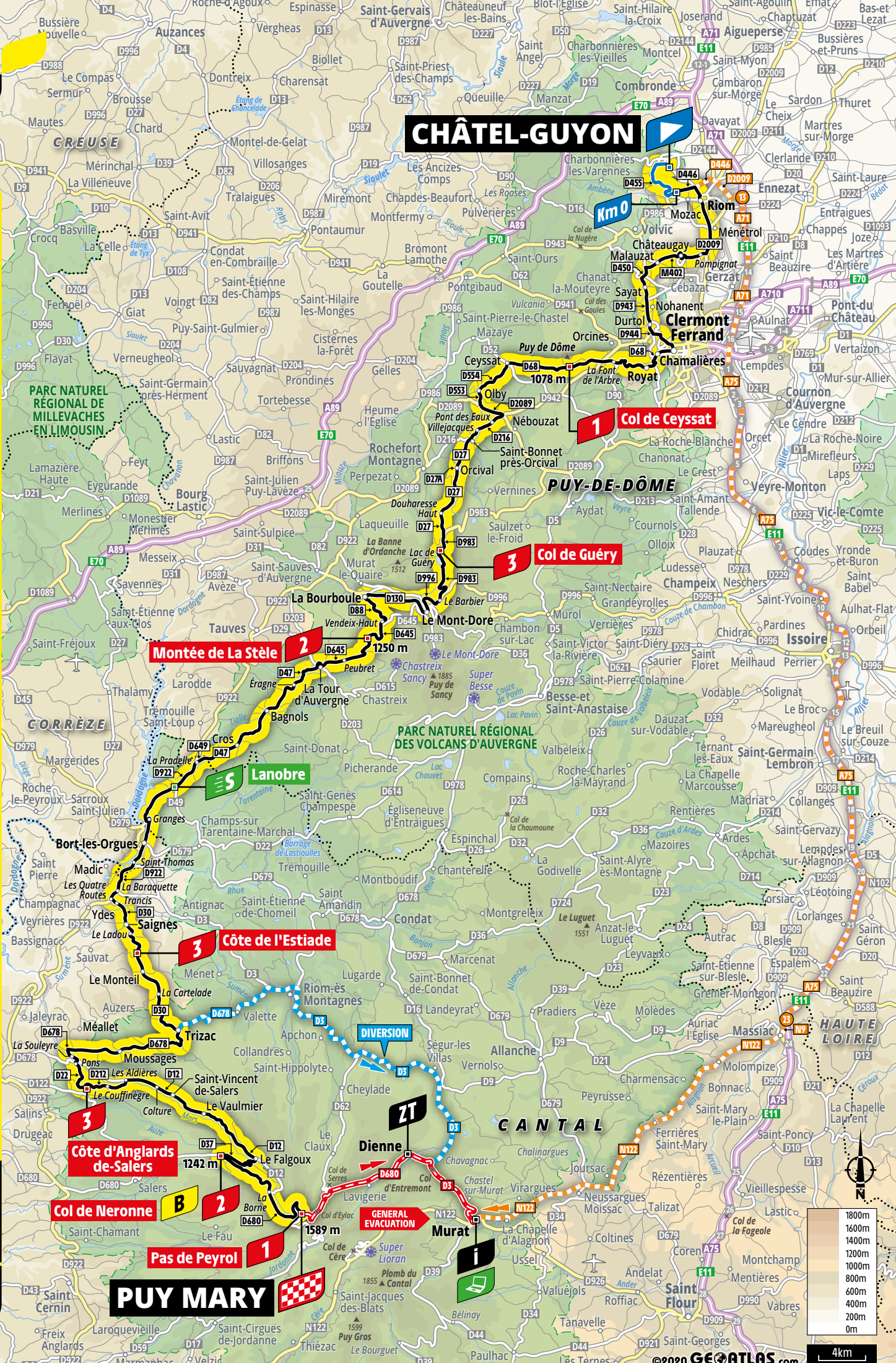


CHÂTEL-GUYON >>>

FRIDAY 11 SEPTEMBER

STAGE 13

139



CHÂTEL-GUYON



Km 0

1 Col de Ceyssat

3 Col de Guéry

2 Montée La Stèle

Lanobre

3 Côte de l'Estiade

3 Côte d'Anglards de Salers

Col de Neronne

2 Pas de Peyrol

1 PUY MARY



GENERAL EVACUATION

DIENNE

MURAT

RIOM-ÈS-MONTAGNES

SAIGNES

TRIZAC

LA BARAQUETTE

LA PRADELLE

LA TOUR D'AUVERGNE

LA BOURBOULE

LA ROCHE-BLANCHE

LA ROCHE-NOIRE

LA ROCHE-LEZ-ARRE

LA ROCHE-LEZ-ARRE

LA ROCHE-LEZ-ARRE

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LA ROCHE-LEZ-ARRE

ACCESS AND START

PPO

Junction 13 on the A71-A89, 8.5km from the start



RECEPTION POINT FOR GUESTS

Parking ancienne gare de la Mouniaude

Opens: 8:15



TOUR DE FRANCE VILLAGE

Location: Esplanade de la Mouniaude

Opens: 9:15

PUBLICITY CARAVAN

Parking: Parking du stade de la Vouée and Boulevard Desaix

Parking technique: Parking de la piscine du Cerey and Avenue Jean Monnet at Riom

Departure from the car park: Between 9:55 and 10:25

Passage across the start line: Between 10:05 and 10:35



RACE

Assembly point for start: Avenue de l'Europe

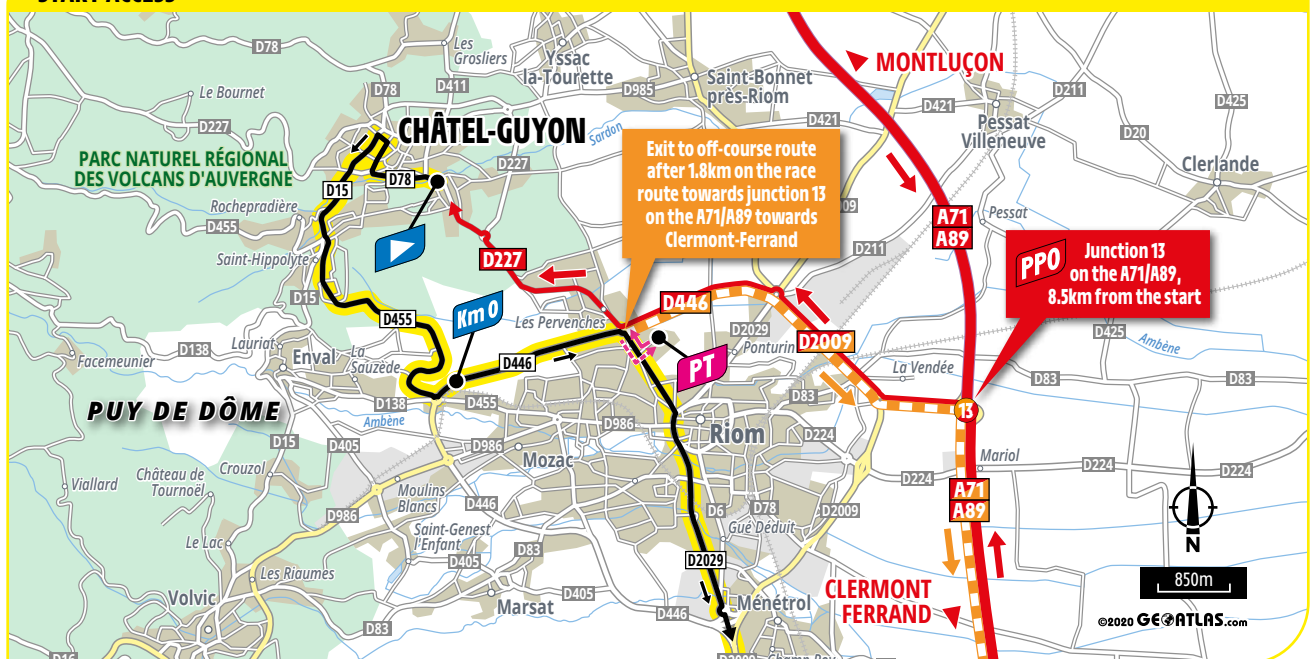
Rider sign-in: Between 10:40 and 11:40

Call to the start: 11:45

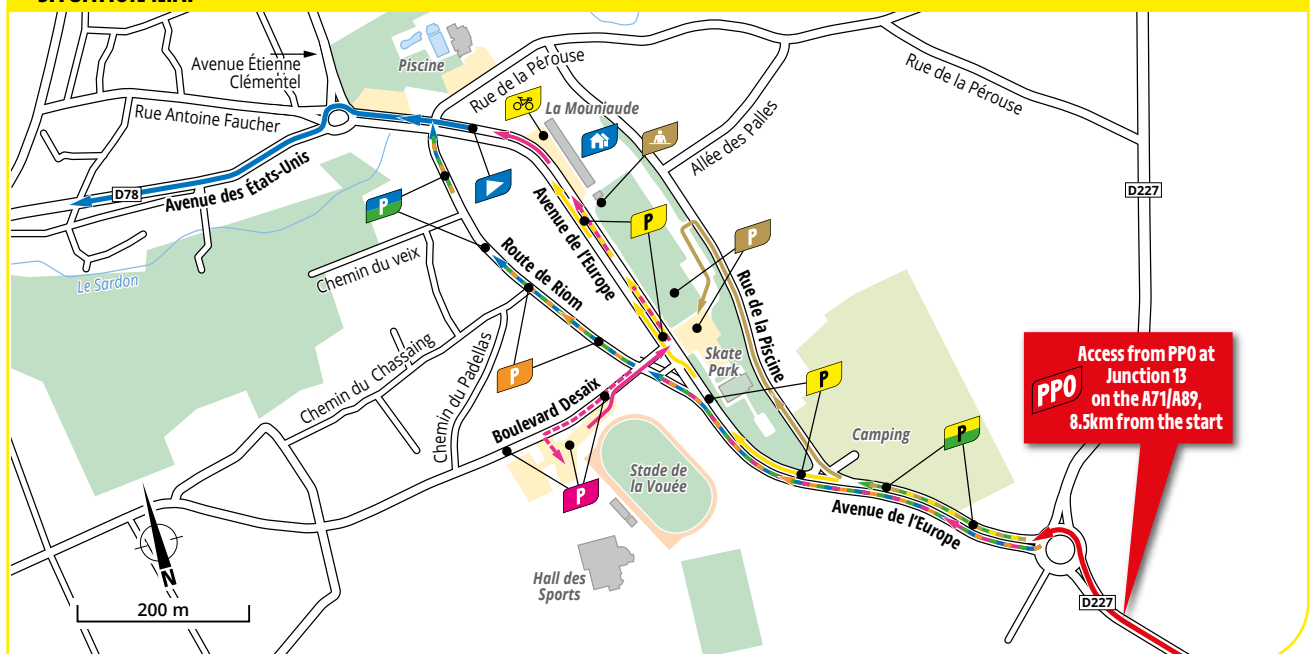
Neutralised start: 11:50, Avenue de l'Europe

Official start: 12:05, on the D446, 6.9km from the assembly point

START ACCESS

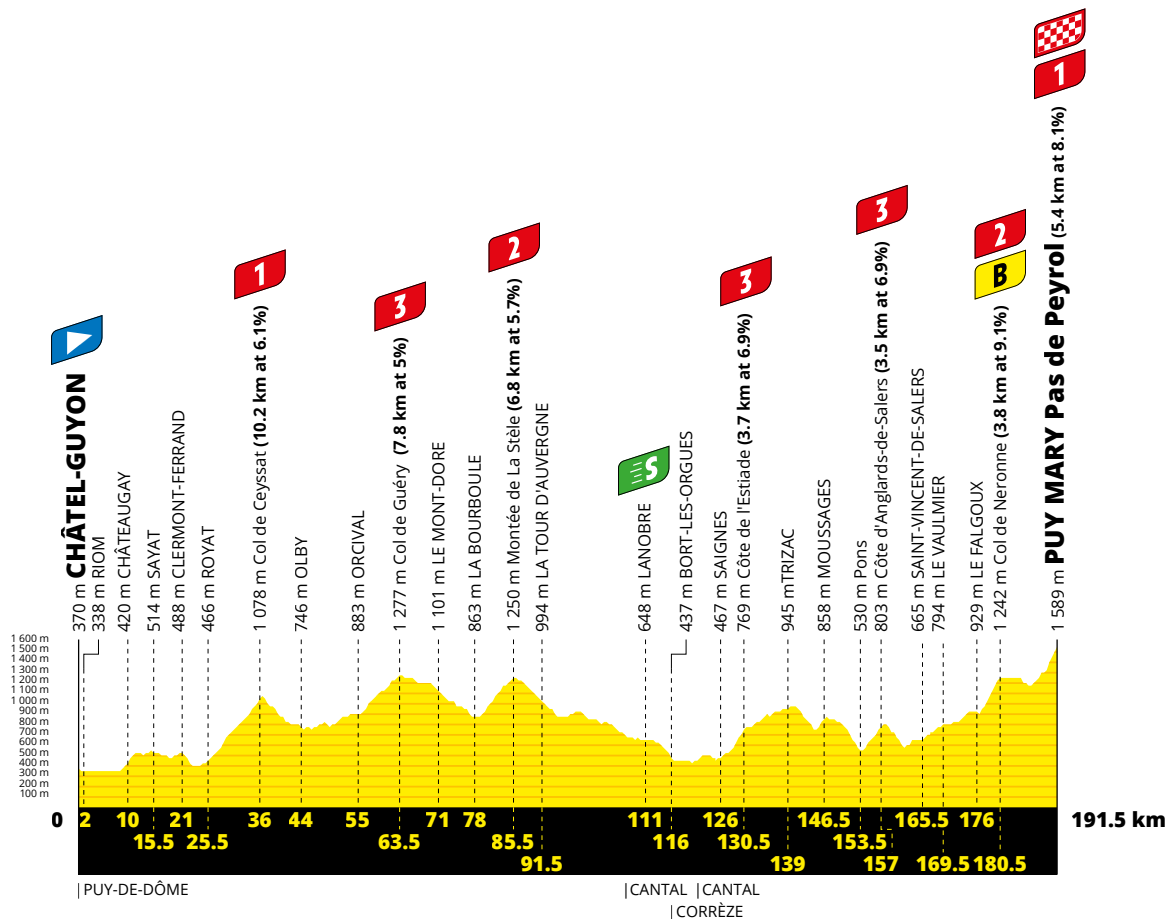


SITUATION MAP

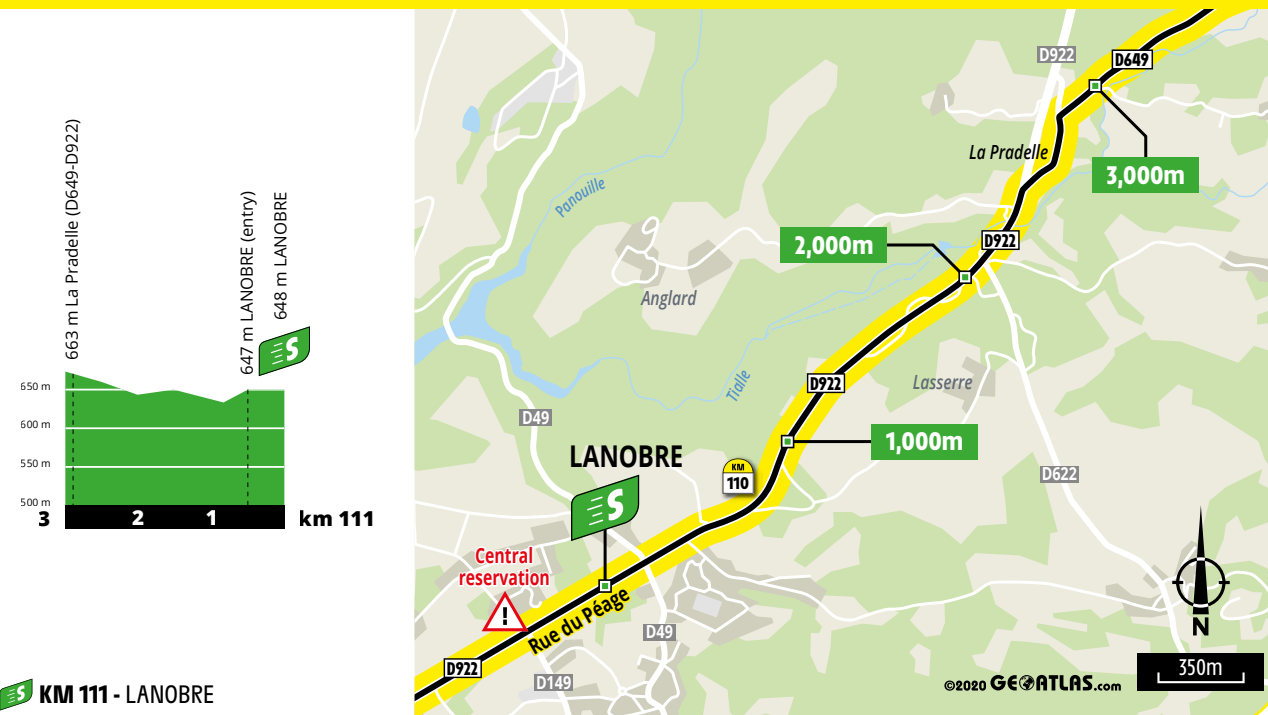


PROFILES AND MAP

STAGE'S PROFILE



INTERMEDIATE SPRINT: PROFILE AND MAP



ITINERARY TIMETABLE

KM		STAGE 13			TIMETABLE			
To be run	Run				Caravan	41kph	39 kph	37 kph
PUY-DE-DÔME (63)								
		VC	CHÂTEL-GUYON (VC-D455) 		10:05	11:50	11:50	11:50
		D455	MOZAC (near) (D455-D446)					
191.5	0	D446	CHÂTEL-GUYON 		10:20	12:05	12:05	12:05
189.5	2		RIOM (D446-D227-VC)		10:22	12:07	12:07	12:07
185	6.5	VC	MÉNÉTROL (near) (VC-D2009)		10:29	12:13	12:14	12:14
183.5	8	D2009	Pompignat (CHÂTEAUGAY) (D2009-D763-D402 C-M402)		10:32	12:16	12:16	12:17
181.5	10	D402	CHÂTEAUGAY (M402-VC-M402)		10:34	12:18	12:19	12:19
178	13.5		MALAUZAT (M402-D796-D450)		10:39	12:22	12:23	12:24
176	15.5	D450	Crossroad D450-D943		10:43	12:26	12:26	12:28
175	16.5	D943	SAYAT		10:44	12:27	12:28	12:29
172	19.5		NOHANENT (near)		10:48	12:31	12:32	12:33
172	19.5		DURTOL (D943-D944)		10:48	12:31	12:32	12:33
170.5	21	D944	CLERMONT-FERRAND (D944-VC)		10:50	12:33	12:34	12:35
167.5	24	VC	CHAMALIÈRES		10:55	12:37	12:38	12:40
166	25.5		ROYAT (VC-D5 E-D68)		10:57	12:39	12:40	12:42
161	30.5	D68	Fontanas (ORCINES)		11:09	12:49	12:52	12:54
160.5	31		La Font de l'Arbre (ORCINES)		11:10	12:51	12:53	12:55
158.5	33		Puy de Dôme (near)		11:16	12:55	12:58	13:01
155.5	36		Col de Ceyssat (1 078 m) 		11:23	13:01	13:05	13:08
151	40.5		CEYSSAT (D68-D52-D554)		11:29	13:07	13:11	13:14
147.5	44	D554	OLBY (D554-D553)		11:34	13:12	13:16	13:19
145.5	46	D553	Crossroad D553-D2089		11:37	13:14	13:18	13:22
143.5	48	D2089	Le Mozat (NÉBOUZAT) (D2089-D216)		11:40	13:17	13:21	13:25
142.5	49	D216	Pont des Eaux (NÉBOUZAT)		11:40	13:18	13:22	13:25
141	50.5		Villejacques (SAINT-BONNET-PRÈS-ORCIVAL)		11:43	13:20	13:24	13:28
140	51.5		La Baraquette (SAINT-BONNET-PRÈS-ORCIVAL) (D216-D27)		11:45	13:22	13:26	13:30
136.5	55	D27	ORCIVAL (D27-VC-D27A-D27)		11:49	13:26	13:30	13:34
131.5	60		Douharesse-Haut		12:01	13:36	13:41	13:46
129.5	62		Crossroad D27-D983		12:06	13:40	13:46	13:51
128	63.5	D983	Col de Guéry 		12:09	13:43	13:49	13:54
127.5	64		Lac de Guéry		12:10	13:44	13:50	13:55
123	68.5		Le Barbier (D983-D996)		12:16	13:49	13:55	14:01
120.5	71	D996	LE MONT-DORE (D996-D130)		12:19	13:52	13:58	14:04
113.5	78	D130	LA BOURBOULE (D130-D88)		12:27	14:00	14:06	14:12
109.5	82	D88	Vendeix-Haut		12:38	14:09	14:16	14:23
108.5	83		Crossroad D88-D645		12:39	14:10	14:17	14:24
106	85.5	D645	Montée de La Stèle (1 250 m) 		12:46	14:16	14:24	14:31
102.5	89		Peubret		12:51	14:20	14:28	14:36
100	91.5		LA TOUR D'Auvergne (D645-D203 B-D203-D47)		12:53	14:22	14:30	14:38
92.5	99	D47	BAGNOLS		13:04	14:32	14:41	14:49
87.5	104		CROS		13:11	14:39	14:48	14:56
CANTAL (15)								
83.5	108	D649	La Pradelle (D649-D922)		13:18	14:45	14:54	15:03
81	110.5	D922	LANOBRE (entry)		13:21	14:48	14:57	15:06
80.5	111		LANOBRE 		13:22	14:49	14:58	15:07
76	115.5		Granges		13:29	14:55	15:05	15:14
CORRÈZE (19)								
75	116.5		BORT-LES-ORGUES		13:30	14:56	15:05	15:15
72	119.5		Saint-Thomas		13:35	15:00	15:10	15:20
CANTAL (15)								
69	122.5		La Baraquette (MADIC)		13:40	15:05	15:14	15:25
68	123.5		Les Quatre Routes (YDES) (D922-D15)		13:41	15:06	15:16	15:26
67.5	124	D15	Francis (YDES) (D15-D22)		13:42	15:06	15:16	15:27
65.5	126	D22	SAIGNES (D22-D30)		13:44	15:09	15:19	15:29
64	127.5	D30	Le Ladou		13:48	15:12	15:23	15:33
61	130.5		Côte de l'Estiade 		13:55	15:18	15:29	15:40

DISTANCE FROM NEUTRALISED TO OFFICIAL START

6.9km

CATEGORISED CLIMBS

- Km 36 - Col de Ceyssat**
Climb of 10.2km at 6.1%
- Km 63.5 - Col de Guéry**
Climb of 7.8km at 5%
- Km 85.5 - Montée de La Stèle**
Climb of 6.8km at 5.7%
- Km 130.5 - Côte de l'Estiade**
Climb of 3.7km at 6.9%
- Km 157 - Côte d'Anglards-de-Salers**
Climb of 3.5km at 6.9%
- Km 180.5 - Col de Neronne**
Climb of 3.8km at 9.1%
- Km 191.5**
PUY MARY Pas de Peyrol
Climb of 5.4km at 8.1%

RELAIS-ÉTAPE

Complexe sportif
Route de Bagnols
63680 La Tour d'Auvergne
Km 91.5

ROUTE FOR

NON-RACE VEHICLES

Exit point after 1.8km on the race route (D446-D227 roundabout at Riom). Continue straight on the D446 and then the D2009 (travelling in the opposite direction used to access the start) towards the A71. Take the A71 (junction 13) towards Clermont Ferrand. At Clermont Ferrand, take the A71 and then the A75 towards Montpellier. Leave the A75 at junction 23 "Massiac-Aurillac". Head towards Aurillac on the N9 (passing through Massiac) and then the N122. At Murat, follow the arrows towards the different parking areas and assembly zones (special procedure in force, see the details on the finish area and evacuation maps).

Distance totale (to Murat): 135km

RESTRICTIONS

ON THE CARAVAN

Km 176 to 191.5 - Col de Neronne

and Puy Mary Pas de Peyrol
Narrow, winding, high percentage roads. Diversion of vehicles over 3.5 tonnes and unauthorised vehicles at the arrival site at km 139.5 (Trizac)

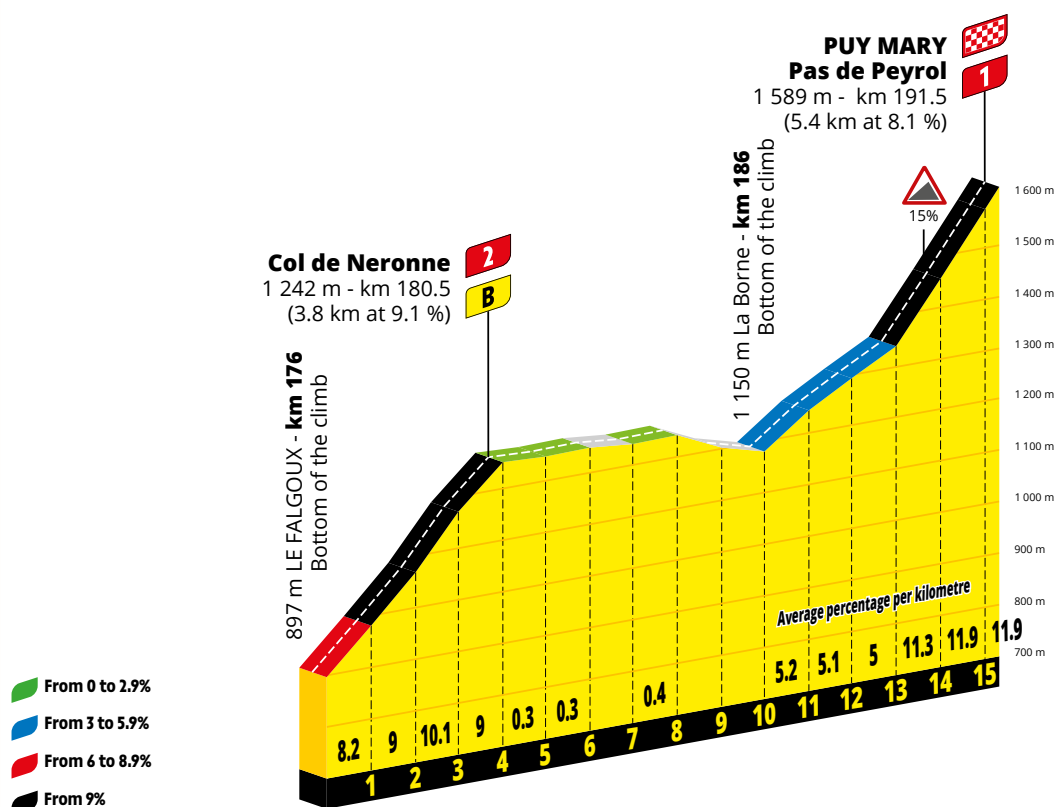


ITINERARY TIMETABLE

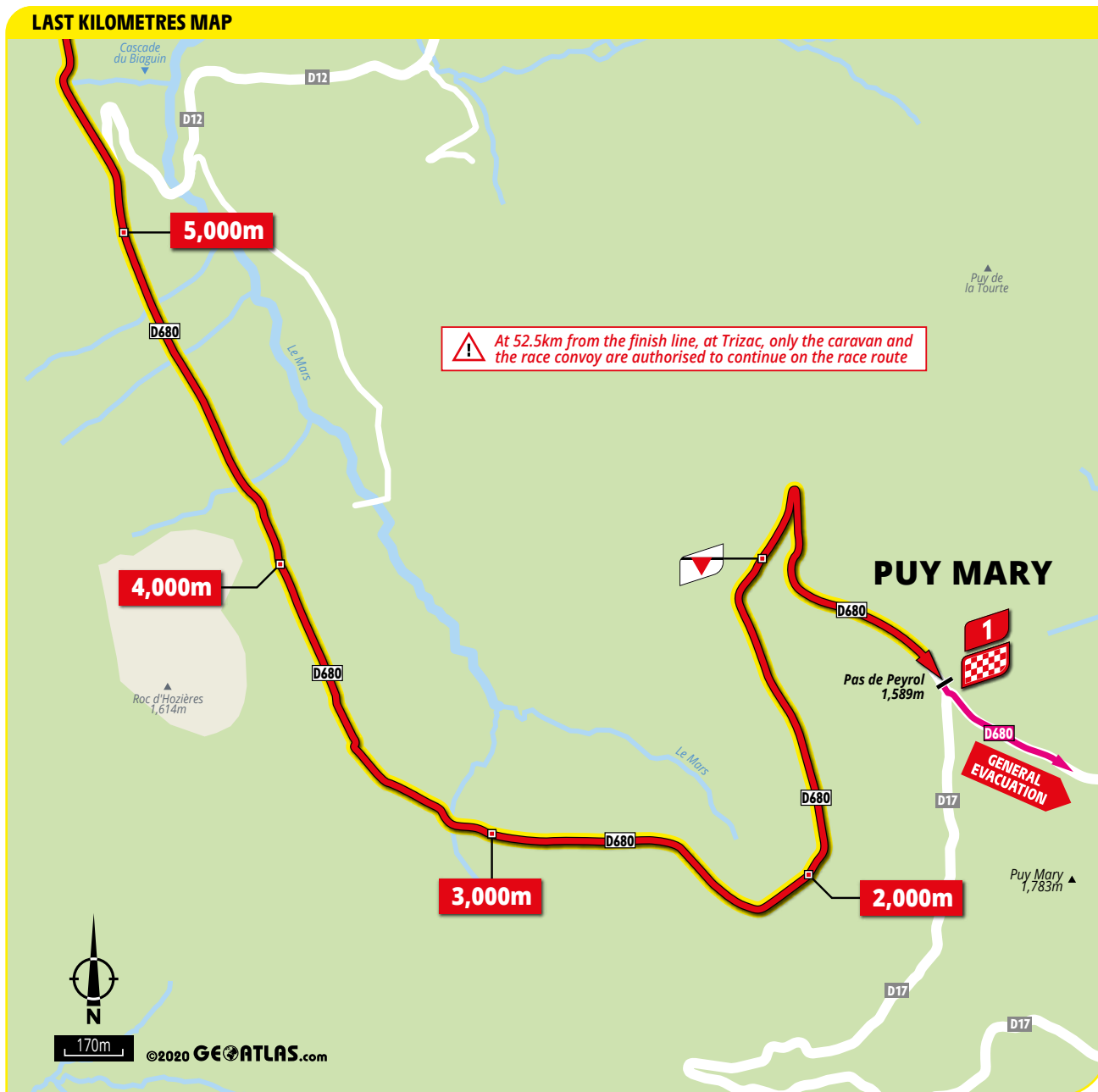
KM		STAGE 13		TIMETABLE			
To be run	Run			Caravan	41 kph	39 kph	37 kph
59.5	132		LE MONTEIL	13:57	15:20	15:31	15:42
57	134.5		La Cartelade	14:01	15:23	15:34	15:46
52.5	139		TRIZAC (D30-D678)	14:06	15:28	15:39	15:51
45	146.5	D678	MOUSSAGES	14:15	15:37	15:48	16:00
39	152.5		La Souleyre (MÉALLET)	14:23	15:44	15:56	16:08
38	153.5		Pons (D678-D22)	14:24	15:45	15:57	16:09
34.5	157	D22	Côte d'Anglards-de-Salers 	14:34	15:53	16:05	16:19
34	157.5		ANGLARDS-DE-SALERS (D22-D212)	14:34	15:53	16:06	16:19
31.5	160	D212	Le Couffinègre	14:38	15:57	16:10	16:23
29.5	162		Les Aldières (D212-D12)	14:40	15:59	16:12	16:25
28	163.5	D12	Colture	14:43	16:02	16:15	16:28
26	165.5		SAINT-VINCENT-DE-SALERS	14:46	16:04	16:17	16:31
22	169.5		LE VAULMIER	14:52	16:10	16:23	16:37
15.5	176		LE FALGOUX (D12-D37)	15:02	16:18	16:32	16:47
11	180.5	D37	Col de Neronne (1 242 m) (D37-D680)  	15:13	16:28	16:43	16:58
5.5	186	D680	La Borne	15:19	16:34	16:49	17:04
0	191.5		PUY MARY Pas de Peyrol (1 589 m)  	15:34	16:46	17:02	17:19

PARTICULAR PROFILE

COL DE NERONNE > PUY MARY Pas de Peyrol



STAGE'S LAST KILOMETRES



FINISH LINE

D680, at the crossroads of the D680 and D17 at the end of a 300m finishing straight by line of sight and a climb of 5.4km at 8.1%

Width: 5m

PRESS ROOM

Complexe sportif de Murat, Rue d'Olonne sur Mer, 15300 Murat

Distance from finish: 22km

RECEPTION POINT FOR GUESTS

Col de Serre, 4km after the Puy Mary on the evacuation route

SERVICE STATION

Total

36 Avenue Hector Peschaud, 15300 Murat

Tel: +33 (0)4 71 20 03 93

Opening hours: 14.00 to 19.30

191.5 KM



PUY MARY CANTAL



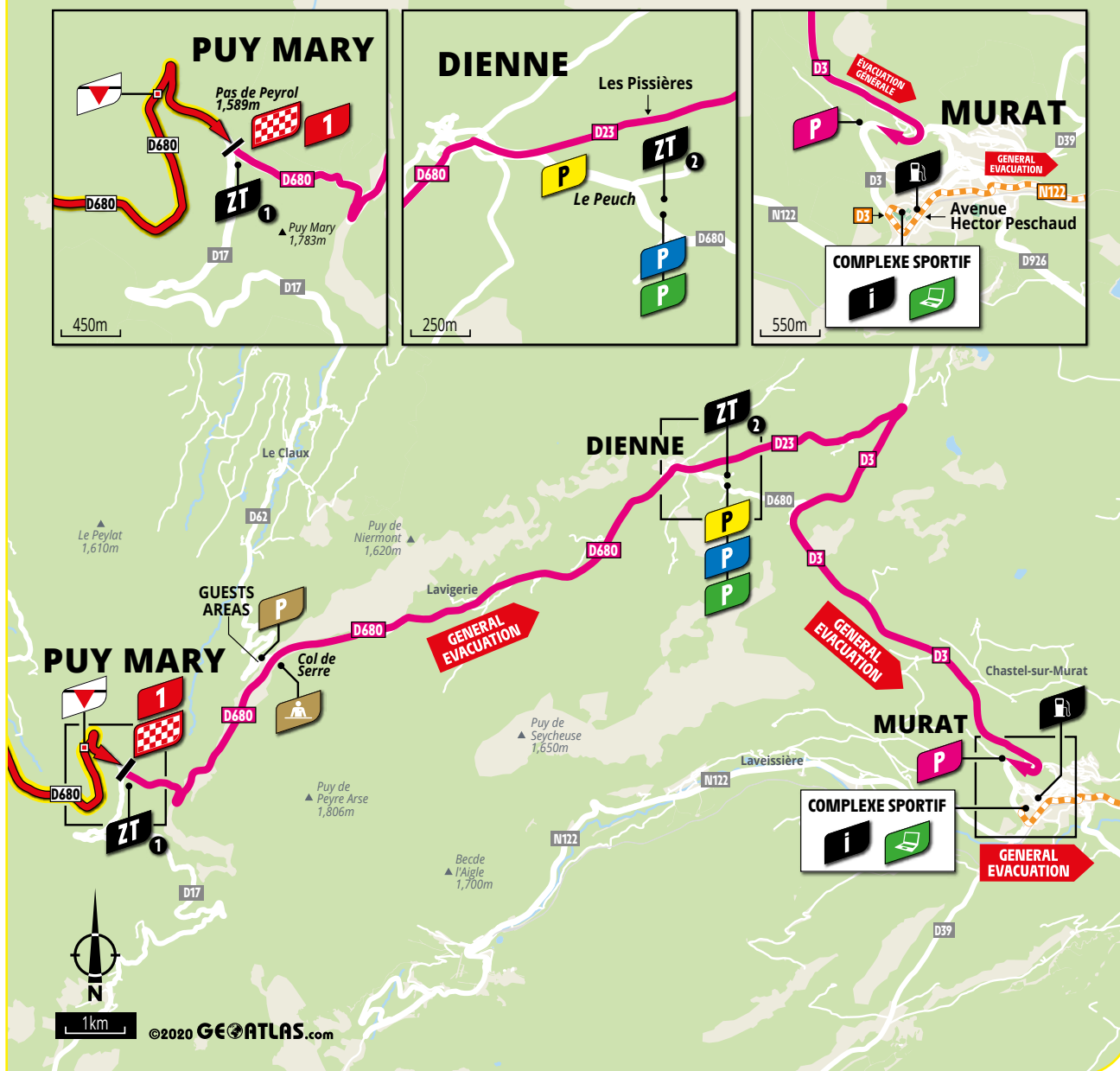
CHÂTEL-GUYON

FRIDAY 11 SEPTEMBER

STAGE 13

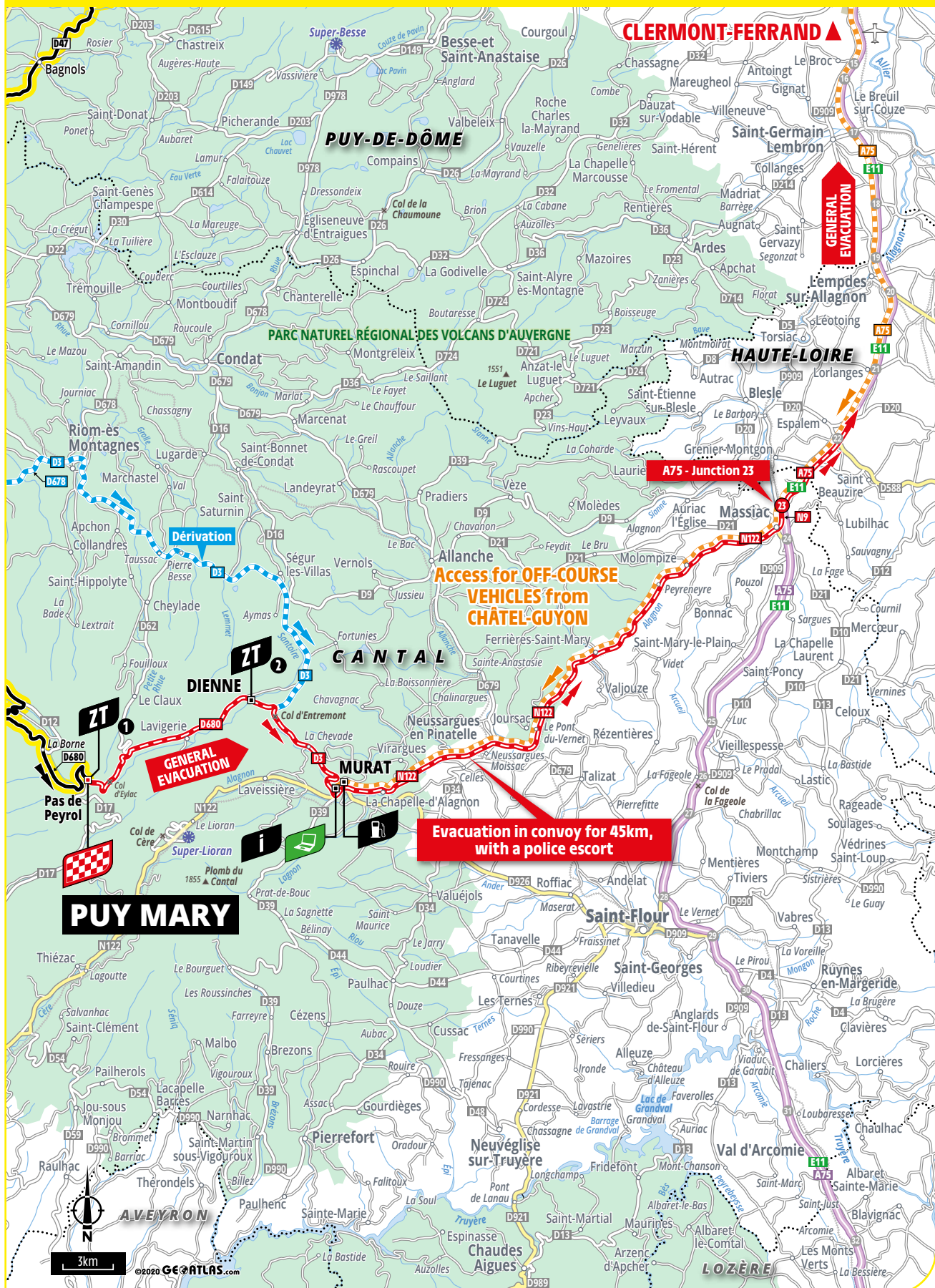
145

FINISH MAP



EVACUATION

EVACUATION MAP





L'HEURE DES CHAMPIONS



TOUR DE FRANCE 2020
LECOQSPORTIF.COM

*Time to win

SATURDAY 12 SEPTEMBER

➤ 194 KM

STAGE 14

CLERMONT-FERRAND >>>

Prefecture of Puy-de-Dôme (63)

Inhabitants: 145,000 (Clermontois), 290,000 in the 21 communes comprising the Clermont Auvergne municipality

www.clermont-ferrand.fr / www.clermontmetropole.eu

Tour de France: Stage town for the 11th time. It couldn't have had a better start. In 1951, Clermont-Ferrand hosted the Tour for the first time and it was local rider Raphaël Geminiani who received the winner's bouquet

- **Cycling:** 365km of cycle paths proposed by 2028 in the metropolitan cycle plan, Cvélo (520 self-service bikes)
- **Sport and culture:** The Puy mountains are listed as a UNESCO World Heritage site, the home city of the Michelin brothers, the first centre of initiation into art for children aged from 0 to 6 years old in partnership with the Pompidou Centre, ASM Clermont Auvergne (rugby, Top 14, French champions in 2010 and 2017). *Athletes:* Rémi Cavagna (cycling, Deceuninck-Quick Step), Renaud Lavillenie (athletics, Olympic pole vault champion). *Events*:* Europavox Festival (music), International Short Film Festival
- **Sights:** Basilica of Notre-Dame-du-Port (12th century), listed as World Heritage Site by UNESCO, Cathedral of Notre-Dame-de-l'Assomption (13th century), built using pumice stone, statue of Vercingétorix, leader of the Gauls
- **Gastronomy:** Potée auvergnate (hotpot), Saint-Nectaire and Fourme d'Ambert cheese, pompe aux pommes (apple tart), Volvic water
- **Distinctions:** UNESCO Learning City, Clermont Auvergne French Tech label, bidding to be the European Capital of Culture 2028



Place de Jaude © City of Clermont Ferrand



Notre-Dame-du-Port © CAT



Festival of Lights © Muriel Chaulet



Banks of the Rhône and the Hôtel Dieu © Muriel Chaulet

>>> LYON

Prefecture of Rhône (69)

Inhabitants: 516,000 (Lyonnais)

www.lyon.fr

Tour de France: Stage town for the 18th time. The first Tour de France took place in 1903 and Lyon immediately made history by hosting the first stage finish. After 467km of racing from Montgeron and almost 18 hours in the saddle, Maurice Garin, the eventual winner of this inaugural edition, won the stage

- **Cycling:** Vélo'v, the largest self-service bicycle network when it was launched in 2005
- **Culture:** Brothers Louis and Auguste Lumière invented the cinematograph in 1895, which led to the birth of cinema. *Event*:* Festival of Lights
- **Sights:** Historic area of the city, including Vieux Lyon and its traboules (ornate passageways), the Presqu'île and Confluence districts, the Gallo-Roman theatres on the Fourvière hill, the Croix-Rousse hill, which are all listed as a World Heritage Site by UNESCO. Cité Internationale de la Gastronomie (centre devoted to gastronomy) in the Grand Hôtel-Dieu
- **Gastronomy:** "World capital of gastronomy", the city has 4,000 restaurants
- **Distinctions:** France's second biggest urban area, 436 hectares of green spaces including the Tête d'or park (117 hectares, one of the largest urban parks in France), four-star floral city

*Due to the health crisis resulting from the Covid-19 pandemic, most of the events cited have already been or will be cancelled in 2020.

194 KM



LYON



CLERMONT-FERRAND



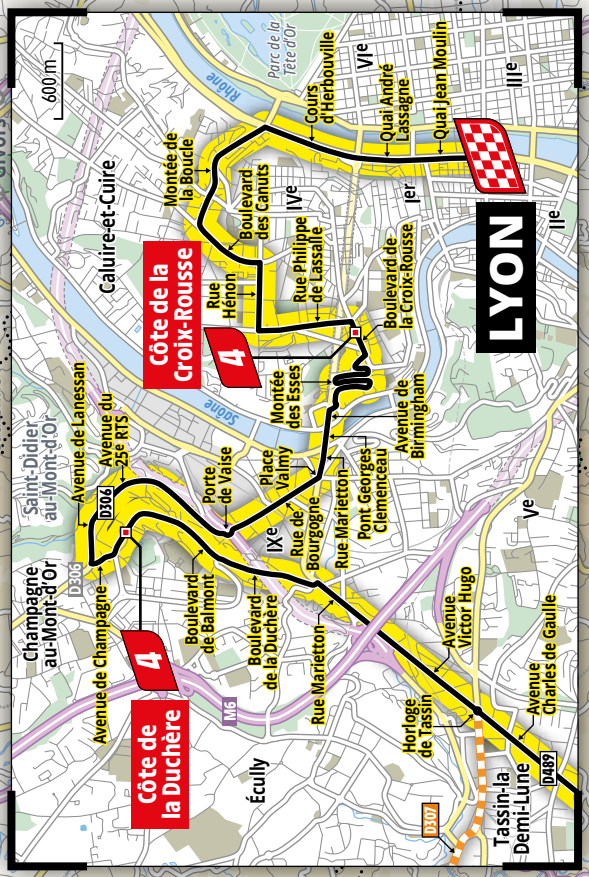
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SATURDAY 12 SEPTEMBER



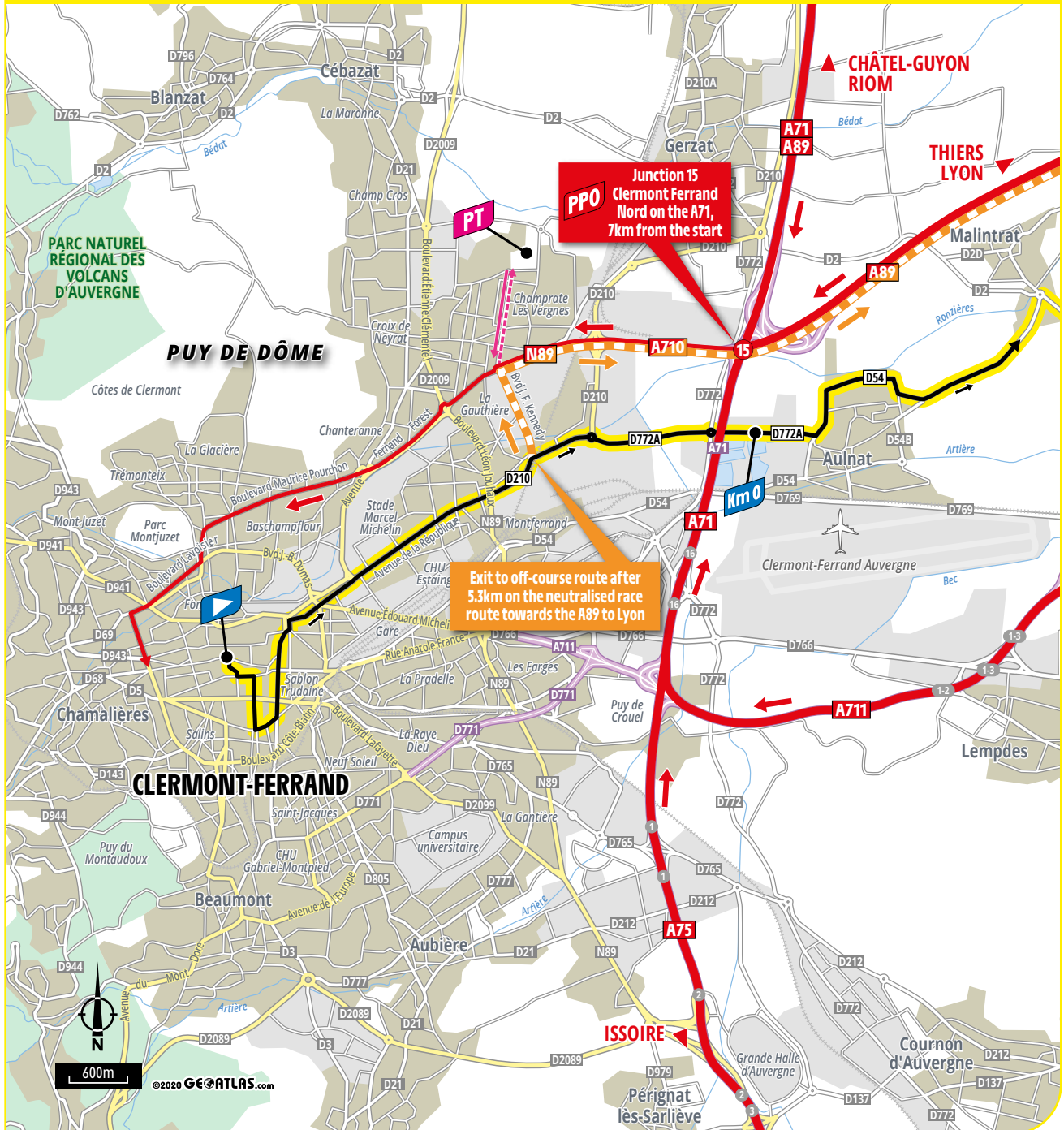
STAGE 14

149



ACCESS AND START

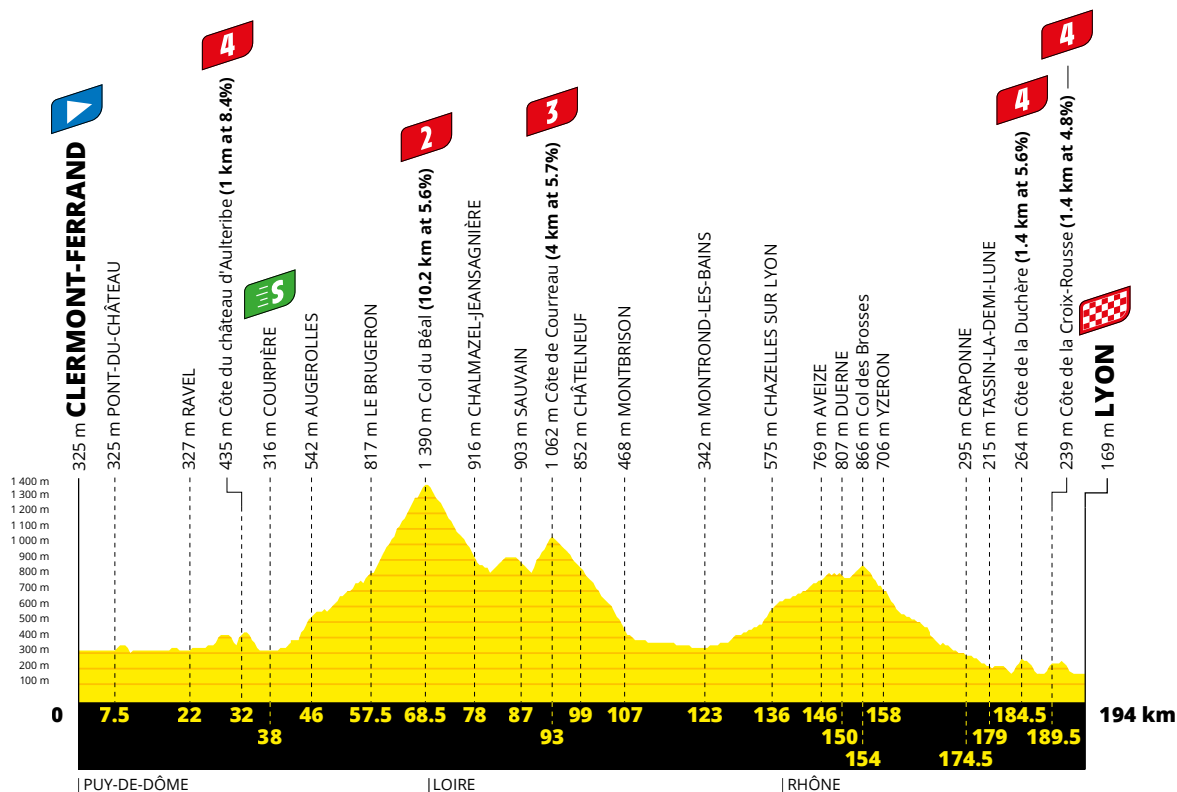
START ACCESS



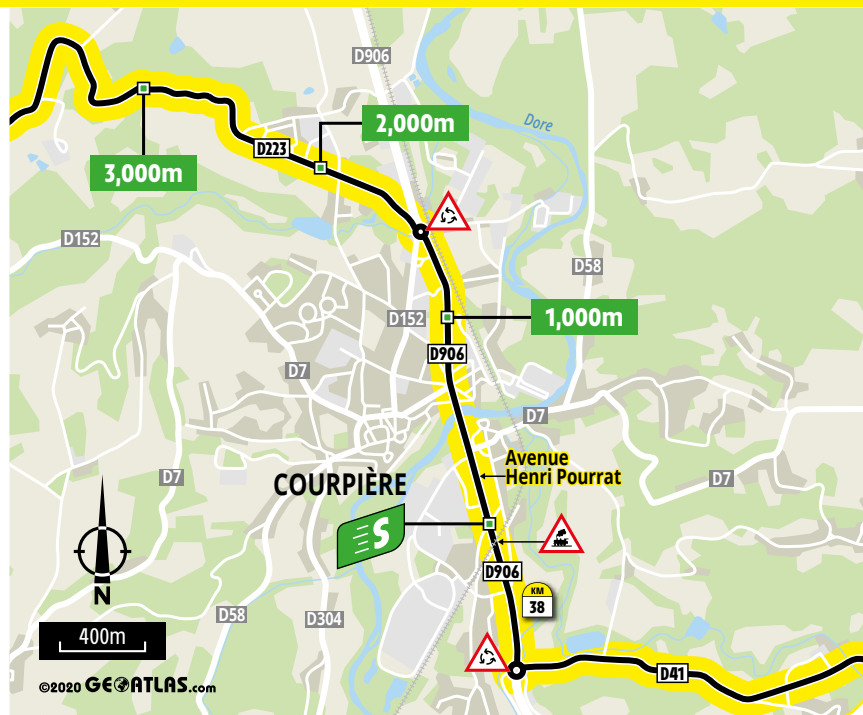
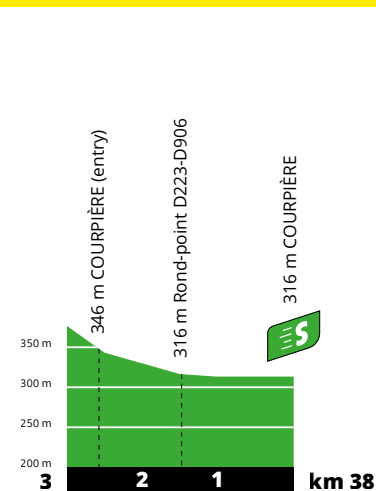
152

PROFILES AND MAP

STAGE'S PROFILE



INTERMEDIATE SPRINT: PROFILE AND MAP



ITINERARY TIMETABLE

KM		STAGE 14			TIMETABLE			
To be run	Run				Caravan	44 kph	42 kph	40 kph
PUY-DE-DÔME (63)								
		VC	CLERMONT-FERRAND (VC-D210-D772 A)	NEUTRALISED START	11:20	13:05	13:05	13:05
194	0	D772 A	CLERMONT-FERRAND	RACE START	11:35	13:20	13:20	13:20
193	1		Crossroad D772 A-D54		11:36	13:21	13:21	13:21
192.5	1.5	D54	AULNAT		11:37	13:21	13:22	13:22
190.5	3.5		MALINTRAT (D54-D2)		11:40	13:25	13:25	13:25
186.5	7.5	D2	PONT-DU-CHÂTEAU (D2-D1093-D2089)		11:46	13:30	13:31	13:31
181	13	D2089	Chignat (VERTAIZON) (D2089-D10)		11:54	13:37	13:38	13:39
178.5	15.5	D10	Cross level n°11		11:58	13:41	13:42	13:43
178.5	15.5		BOUZEL (near)		11:58	13:41	13:42	13:43
175	19		MOISSAT		12:03	13:46	13:47	13:48
172	22		RAVEL		12:08	13:50	13:51	13:53
170.5	23.5		Crossroad D10-D212		12:10	13:52	13:53	13:55
167	27	D212	Fontsauvage (BORT-L'ÉTANG)		12:15	13:56	13:58	14:00
165.5	28.5		La Font Madame (BORT-L'ÉTANG) (D212-D223)		12:17	13:58	14:00	14:02
163	31	D223	Coulaud (SERMENTIZON)		12:21	14:02	14:04	14:06
162	32		Côte du château d'Aulteribe		12:23	14:04	14:06	14:08
159	35		COURPIÈRE (D223-D906-D41) (entry)		12:27	14:08	14:10	14:12
156	38	D906	COURPIÈRE		12:31	14:11	14:14	14:16
156	38		Cross level		12:31	14:11	14:14	14:16
150.5	43.5	D41	Berlet (AUBUSSON-D'AUVERGNE)		12:40	14:19	14:22	14:25
150.5	43.5		Crossroad D41-D45		12:40	14:19	14:22	14:25
148	46	D45	AUGEROLLES (D45-D42)		12:44	14:23	14:26	14:29
145.5	48.5	D42	Crossroad D42-D97		12:47	14:26	14:29	14:32
145	49	D97	Les Saignes		12:48	14:26	14:30	14:33
139.5	54.5		La Terrasse (OLMET) (near)		12:56	14:34	14:37	14:41
139	55		La Noviche		12:57	14:35	14:38	14:42
138	56		Crossroad D97-D37		12:59	14:36	14:40	14:44
136.5	57.5	D37	LE BRUGERON (D37-D66-D102)		13:01	14:38	14:42	14:46
134.5	59.5	D102	L'Arbre		13:04	14:41	14:44	14:49
133.5	60.5		Le Fonteilhet		13:05	14:42	14:46	14:50
125.5	68.5		Col du Béal (1 390 m)		13:17	14:53	14:57	15:02
125	69		Crossroad D102-D6		13:18	14:54	14:58	15:03
LOIRE (42)								
119.5	74.5	D6	Les Pinasses		13:27	15:02	15:06	15:12
116	78		CHALMAZEL-JEANSAGNIÈRE (D6-D101)		13:31	15:06	15:11	15:16
113.5	80.5	D101	Pont de Chevelière		13:36	15:10	15:15	15:21
109	85		Dizangue		13:42	15:16	15:21	15:27
107	87		SAUVAIN		13:45	15:18	15:24	15:30
106.5	87.5		Les Champs		13:46	15:19	15:25	15:31
105	89		Pont de la Pierre		13:48	15:21	15:27	15:33
104.5	89.5		Crossroad D101-D44		13:49	15:21	15:27	15:34
101	93	D44	Côte de Courreau (D44-D69)		13:54	15:27	15:33	15:39
100.5	93.5	D69	Courreau (SAINT-BONNET-LE-COURREAU)		13:55	15:27	15:33	15:40
95	99		CHÂTELNEUF		14:03	15:34	15:41	15:48
91.5	102.5		Malleray (ESSERTINES-EN-CHÂTELNEUF)		14:08	15:39	15:46	15:53
90	104		Faury (ESSERTINES-EN-CHÂTELNEUF)		14:10	15:41	15:48	15:55
89.5	104.5		Chantepedrix (ESSERTINES-EN-CHÂTELNEUF)		14:12	15:42	15:49	15:57
87	107		MONTBRISON (D69-D5-VC)		14:15	15:46	15:53	16:00
83.5	110.5	VC	SAVIGNEUX (VC-D496)		14:21	15:51	15:58	16:06
77.5	116.5	D946	GRÉZIEUX-LE-FRONTAL (near)		14:30	15:59	16:06	16:15
75.5	118.5		Fontannes (CHALAIN-LE-COMTAL)		14:33	16:02	16:09	16:18

DISTANCE FROM NEUTRALISED TO OFFICIAL START

7.8km

CATEGORISED CLIMBS

- 4** Km 32 Côte du château d'Aulteribe
Climb of 1km at 8.4%
- 2** Km 68.5 - Col du Béal
Climb of 10.2km at 5.6%
- 3** Km 93 - Côte de Courreau
Climb of 4km at 5.7%
- 4** Km 184.5 - Côte de La Duchère
Climb of 1.4km at 5.6%
- 4** Km 189.5 - Côte de la Croix-Rousse
Climb of 1.4km at 4.8%

RELAIS-ÉTAPE

Place de la Poterne
42140 Chazelles sur Lyon
Km 136

ROUTE FOR

NON-RACE VEHICLES

Exit point after 5.3km on the neutralised course (crossroads of Boulevard Vincent Auriol, Boulevard Georges Pompidou and Boulevard John Fitzgerald Kennedy). Continue straight on Boulevard John Fitzgerald Kennedy and then head towards the A89 via Boulevard Edgar Quinet and then the A710. Take the A89 towards Lyon. Leave the A89 at junction 40 "La Tour de Salvagny". Take the D307 towards Tassin la Demi Lune via Charbonnières les Bains. At Tassin la Demi Lune, keep straight on towards "Tassin-Centre" via Route de Paris and Avenue de la République.

Entry point onto the race route:

Place Pierre Vauboin at Tassin la Demi Lune (crossroads of Avenue de la République, Avenue Charles de Gaulle and Avenue Victor Hugo, known as the "Carrefour de l'Horloge"), 15.6km from the finish line.

Total distance: 175km

ITINERARY TIMETABLE

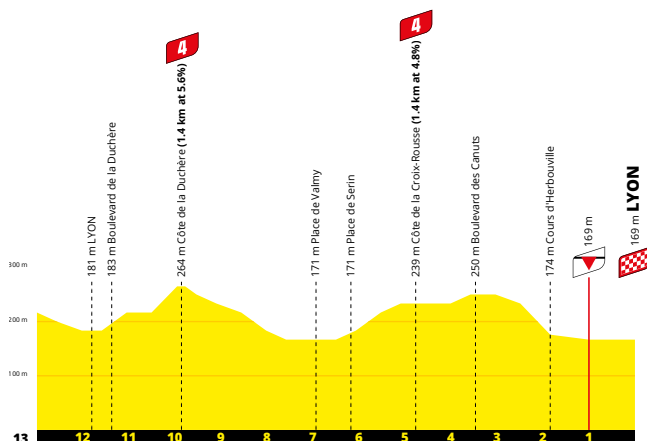
KM		STAGE 14		TIMETABLE			
To be run	Run			Caravan	44 kph	42 kph	40 kph
72.5	121.5		BOISSET-LÈS-MONTROND (near)	14:37	16:05	16:13	16:22
71	123		MONTROND-LES-BAINS (D496-D1089)	14:39	16:07	16:15	16:24
69	125	D1089	Cross level n°255	14:42	16:10	16:18	16:27
69	125		SAINT-ANDRÉ-LE-PUY	14:42	16:10	16:18	16:27
67	127		Le Bourg	14:45	16:13	16:21	16:30
66	128		BELLEGARDE-EN-FOREZ	14:46	16:14	16:22	16:31
60.5	133.5		La Râte (MARINGES) (D1089-D12.2)	14:55	16:22	16:30	16:40
58	136	D12.2	HAZELLES SUR LYON (D12.2-VC-D103-D12)	14:59	16:25	16:34	16:44
RHÔNE (69)							
55.5	138.5	D34	Le Gandin	15:02	16:28	16:37	16:47
54	140		GRÉZIEU-LE-MARCHÉ	15:05	16:31	16:40	16:50
48	146		AVEIZE	15:14	16:39	16:48	16:59
47	147		Croix Trouilloux	15:15	16:40	16:50	17:00
44	150		DUERNE (D34-D489)	15:19	16:44	16:54	17:04
42.5	151.5	D489	Les Chalayes	15:22	16:47	16:56	17:07
41.5	152.5		Le Perret	15:23	16:47	16:57	17:08
40	154		Col des Brosses (MONTROMANT)	15:25	16:50	16:59	17:10
36	158		YZERON	15:32	16:55	17:06	17:17
33.5	160.5		La Brally	15:36	16:59	17:09	17:21
27.5	166.5		Pierre Blanche (VAUGNERAY)	15:45	17:07	17:18	17:30
25	169		Les Alouettes (VAUGNERAY)	15:48	17:10	17:21	17:33
23.5	170.5		La Maison-Blanche (VAUGNERAY)	15:50	17:12	17:23	17:35
21	173		GRÉZIEU-LA-VARENNE	15:54	17:16	17:27	17:39
20.5	173.5		Le Tupinier	15:55	17:17	17:28	17:40
19.5	174.5		CRAPONNE	15:56	17:17	17:29	17:41
16.5	177.5		FRANCHEVILLE	16:01	17:21	17:33	17:46
15	179		Étoile d'Alai	16:03	17:24	17:35	17:48
15	179		TASSIN-LA-DEMI-LUNE (D489-VC)	16:03	17:24	17:36	17:48
11.5	182.5	VC	LYON	16:08	17:28	17:40	17:53
11.5	182.5		ÉCULLY	16:09	17:29	17:41	17:54
11	183		LYON	16:09	17:29	17:41	17:54
9.5	184.5		Côte de la Duchère 	16:11	17:31	17:43	17:56
9.5	184.5		CHAMPAGNE-AU-MONT-D'OR	16:12	17:31	17:43	17:57
9	185		LYON-Vaise	16:12	17:32	17:44	17:57
4.5	189.5		Côte de la Croix-Rousse 	16:19	17:38	17:50	18:04
2.5	191.5		CALUIRE-ET-CUIRE	16:22	17:41	17:53	18:07
2	192		LYON	16:23	17:41	17:54	18:08
0	194		LYON 	16:26	17:45	17:57	18:11

STAGE'S LAST KILOMETRES

LAST KILOMETRES MAP



LAST KILOMETRES PROFILE



FINISH LINE

Quai Jean Moulin, at the end of a 1.8km finishing straight
Width: 6.5m

PRESS ROOM

Hôtel de ville, 1 Place de la Comédie, 69001 Lyon
Distance from finish: 500m

RECEPTION POINT FOR GUESTS

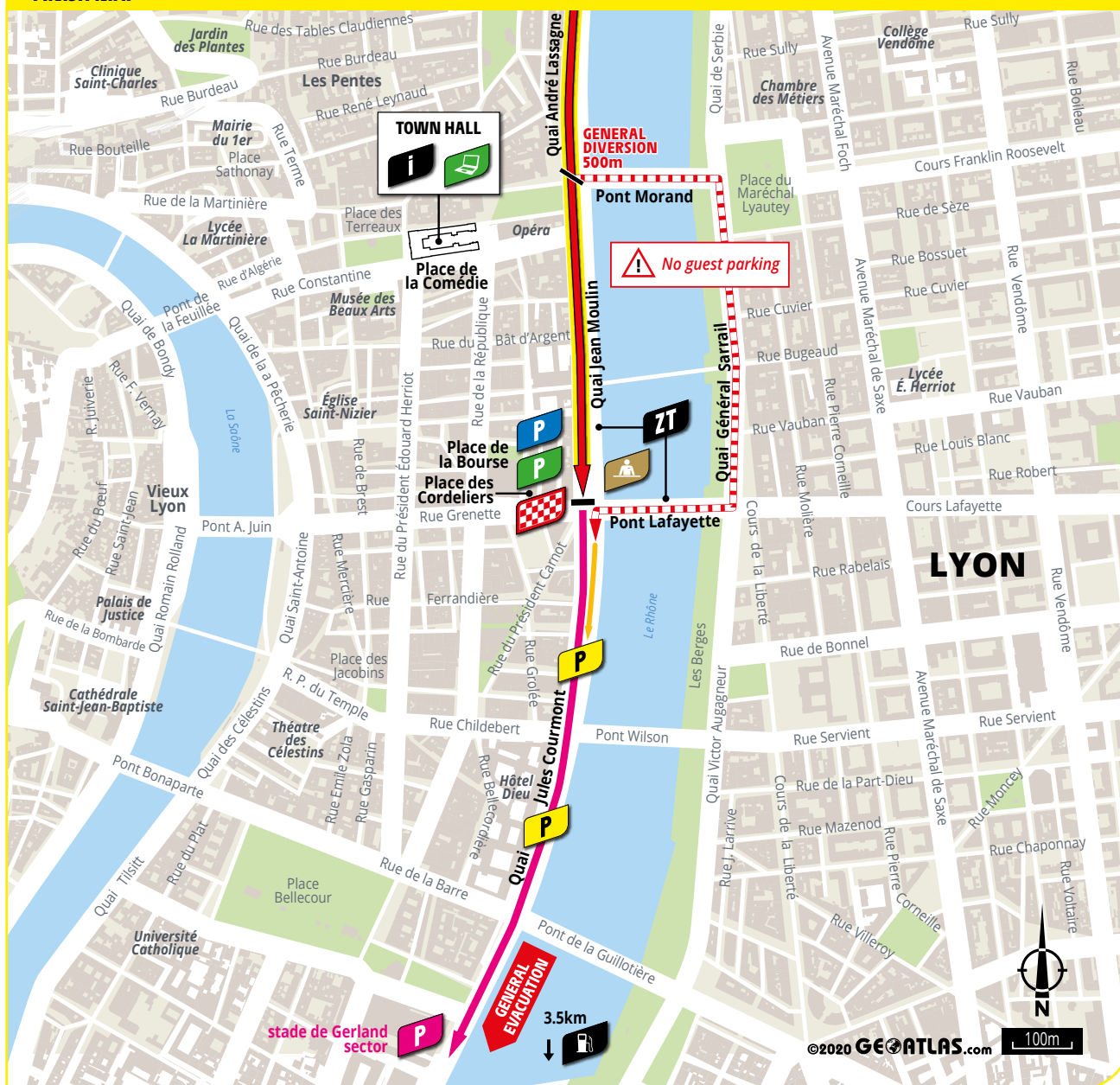
Quai Jean Moulin - Opens: 14.30

SERVICE STATION

BP
84 Quai Perrache, 69002 Lyon
Tel: +33 (0)4 78 42 27 27
Opening hours: 14.00 to 19.30

FINISH

FINISH MAP



194 KM



CLERMONT-FERRAND >>> LYON



SATURDAY 12 SEPTEMBER

STAGE 14

Téléchargez. Roulez. Prenez-vous au jeu.

L'application Vivons Vélo vous procure de précieux conseils techniques, géolocalise les services pour cyclistes à votre proximité, vous guide dans de nombreux parcours près de chez vous, vous lance des défis à relever en solo ou en équipe.

À vous le plaisir de challenger vos équipiers, d'améliorer chaque mois votre classement et en plus...
AG2R LA MONDIALE transforme vos kilomètres en dons pour l'Institut Pasteur !

AG2R Prévoyance - Institution de prévoyance affiliée pour le code de la Sécurité Sociale - Membre d'AG2R LA MONDIALE
et du GIE AG2R - 14-16, boulevard Malesherbes - 75008 Paris - Siren 333 232 270 - Crédit photo : Getty images03020-89928

Téléchargez
l'appli gratuitement :



vivons vélo

Rouler n'a jamais fait
autant de bien

SUNDAY 13 SEPTEMBER

> 174.5 KM

STAGE 15

LYON >>>

Prefecture of Rhône (69)
Inhabitants: 516,000 (Lyonnais)
www.lyon.fr

Tour de France: Stage town for the 18th time. In 1991, Lyon hosted the Tour's Grand Départ and the prologue was won by Thierry Marie. A specialist in this discipline, he won a total of three Tour prologues, and one each at the Giro and Vuelta

- **Cycling:** 300km of cycle paths
- **Sport and culture:** Olympique Lyonnais (football, Ligue 1, seven times French champions), Olympique Lyonnais (women's football, Division 1, multiple French and European titles), Lyon Olympique Universitaire (rugby, Top 14), ASVEL (basketball, Jeep Elite). *Athletes:* Sylvain Calzati (cycling), Fleury Di Nallo, Raymond Domenech (football), Olivier Panis (Formula 1). *Events*:* Festival of Lights, Quais du Polar (crime literature), Lyon BD Festival (comic books), dance and contemporary art biennials (these alternate)
- **Sights:** Basilica of Notre-Dame de Fourvière (19th century), Saint-Jean Cathedral (12th-15th centuries), Museum of Fine Arts, Musée des Confluences, Lyon Opera, Auditorium National Orchestra of Lyon, painted walls (trompe-l'œil)
- **Gastronomy:** Rosette, hot sausage, quenelles (stuffed dumplings), praline tart, Beaujolais wines
- **Distinctions:** Leading business-friendly city in France, leading cultural city in France (outside Paris), leading European



Museum of Fine Arts © Muriel Chalet



Statue of Saint Michel, Notre Dame de Fourvière © Getty Images



Grand Colombier © CC Bugey, Laurent Madelon



Glandieu waterfall © Department of Ain

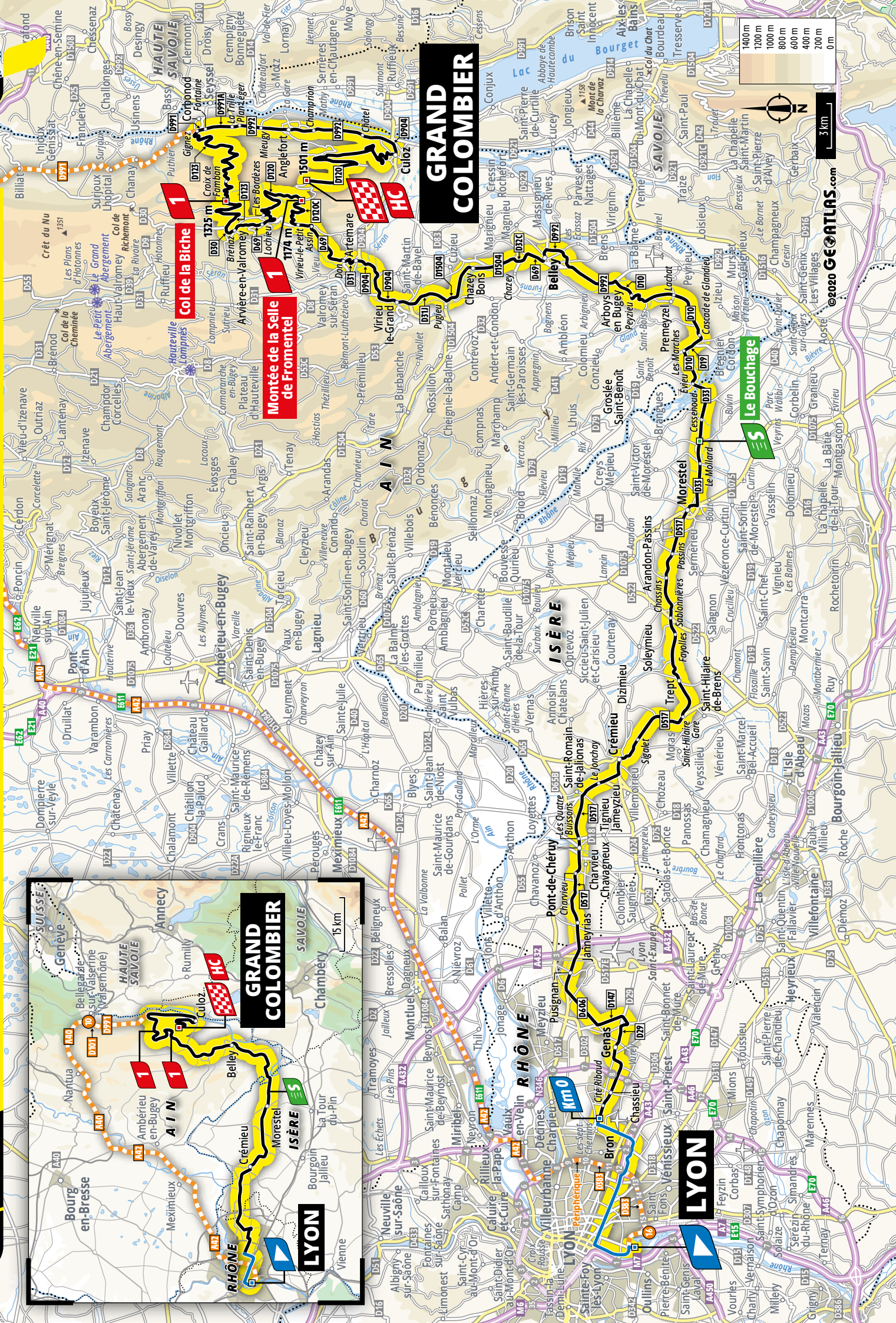
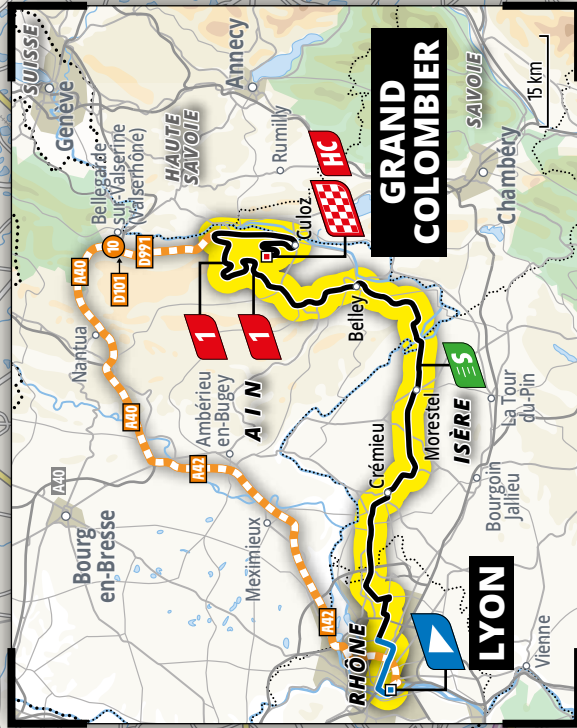
>>> GRAND COLOMBIER

Summit (1,531m) in the Jura massif in the Ain (01)
Inhabitants: 33,840 within the 43 communes comprising the Bugey Sud municipality, 21,000 within the 26 communes comprising the Usse and Rhône municipalities, 638,500 in the department
www.ccbugeysud-tourisme.com / www.hautrhône-tourisme.fr
www.ain.fr

Tour de France: First time as a stage finish. The Tour first encountered the Grand Colombier in 1912, when Thomas Voeckler led over it. The race has crossed it three times since, the last occasion in 2017 when Warren Barguil was first over

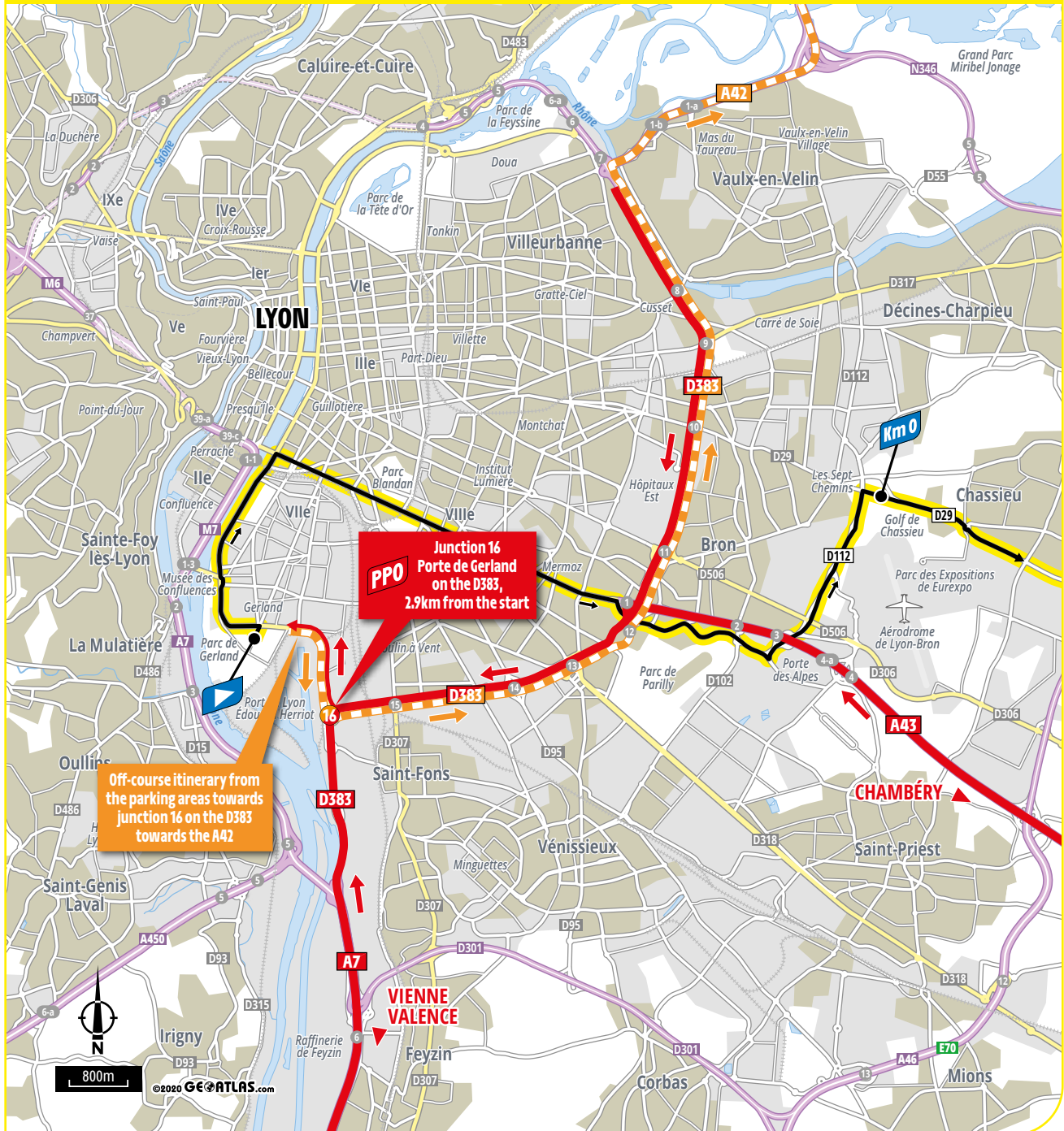
- **Cycling:** Brotherhood of the Félés du Grand Colombier (its members have climbed the four flanks of the massif in the same day), roads reserved for cyclists only during the summer. The ViaRhôna passes through the two territories
- **Sport and culture:** Nordic skiing domain of Sur Lyand-Grand Colombier. Home region of 19th century automobile pioneers Henri and Léon Serpollet. *Athletes:* Maxime Bouet (cycling, Arkea Samsic team), Christophe Lemaitre (athletics, Olympic medalist and three-time European champion), Simon Desthieux (biathlon, 2018 Olympic champion in mixed relay)
- **Sights:** Château de Montveran (14th century), ancient village of Culoz
- **Gastronomy:** Truffles, wine (Bugey, Roussette and Seyssel)
- **Distinctions:** Accueil Vélo (bike-friendly), Vignobles & Découvertes (national wine tourism label), Territoire Vélo pour le Bugey Sud (cycling region)

*Due to the health crisis resulting from the Covid-19 pandemic, most of the events cited have already been or will be cancelled in 2020.



ACCESS TO START

START ACCESS



ACCESS AND START

PPO

Junction 16 Porte de Gerland on the D383, 2.9km from the start



RECEPTION POINT FOR GUESTS

Crossroads of Avenue Jean Jaurès and Avenue Tony Garnier
Opens: 9.00



TOUR DE FRANCE VILLAGE

Location: Parkings du Palais des Sports de Gerland
Opens: 10.00

PUBLICITY CARAVAN

Parking: Rue Jean Bouin and Quai Fillon

Parking technique: Rue Jean Bouin

Departure from the car park:

Between 10.35 and 11.05

Passage across the start line:

Between 10.40 and 11.10



RACE

Assembly point for start: Palais des sports de Gerland

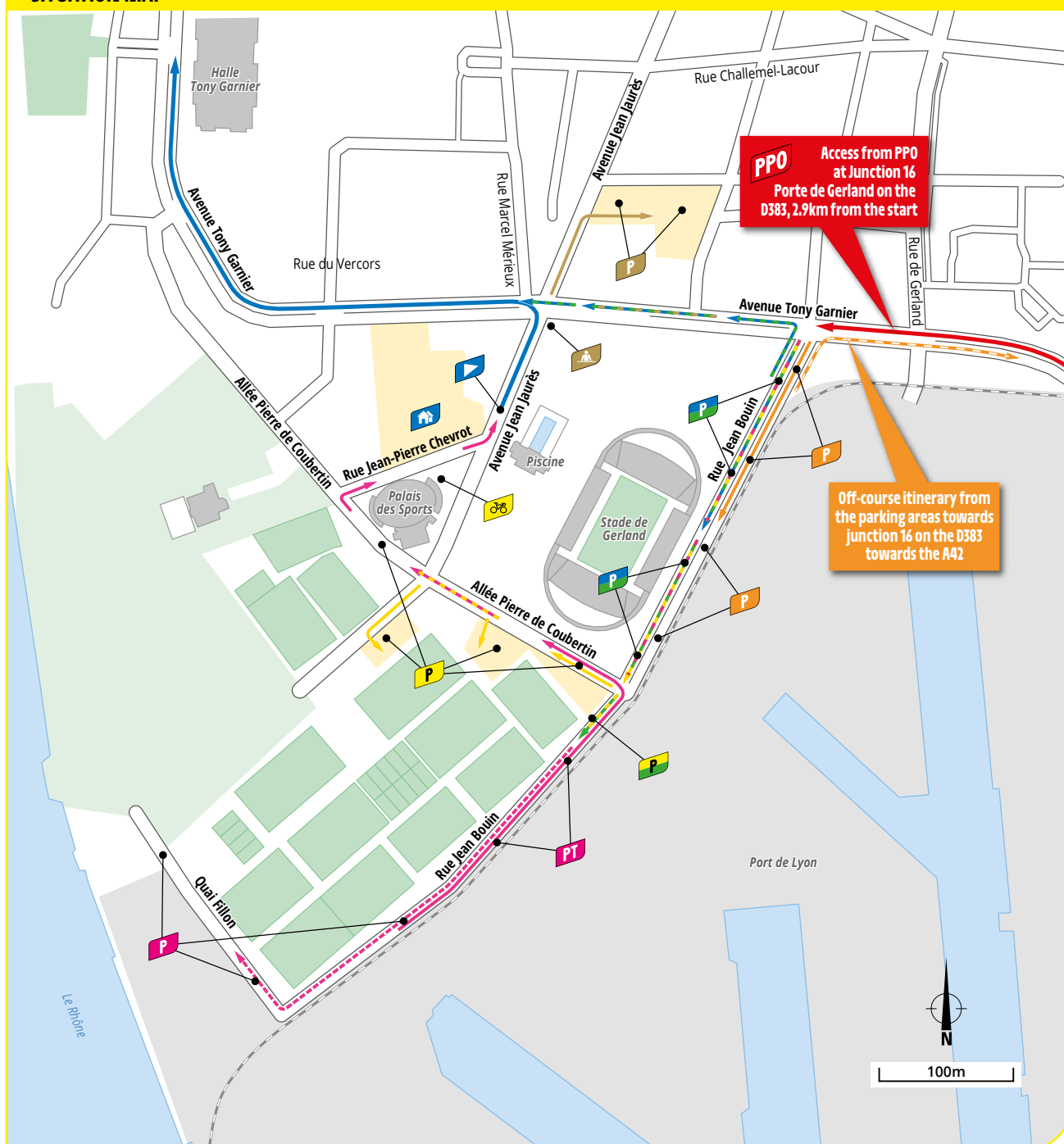
Rider sign-in: Between 11.15 and 12.15

Call to the start: 12.20

Neutralised start: 12.25, Avenue Jean Jaurès

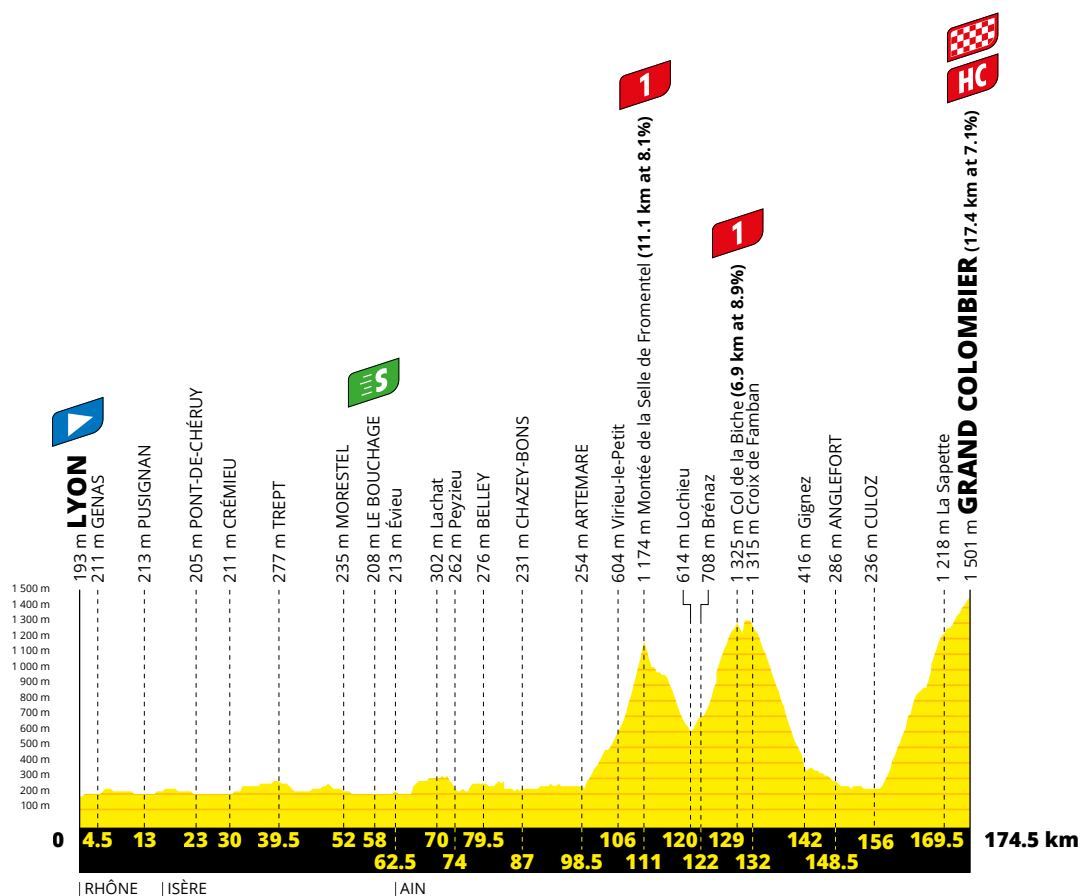
Official start: 12.50, on Rue Jean Mermoz at Chassieu, 7.8km from the assembly point

SITUATION MAP

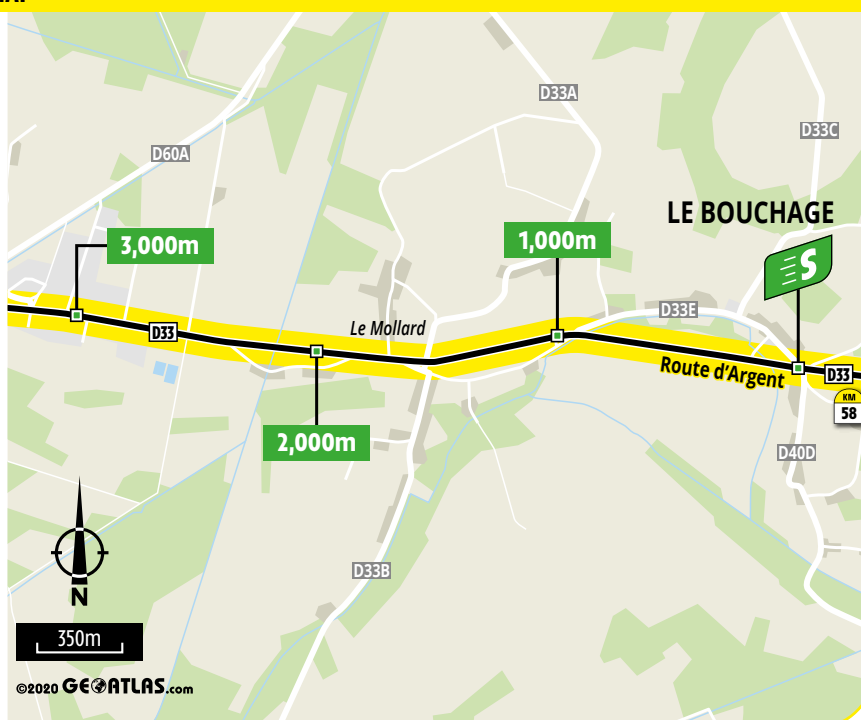
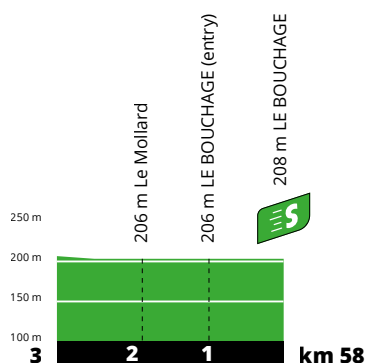


PROFILES AND MAP

STAGE'S PROFILE



INTERMEDIATE SPRINT: PROFILE AND MAP



ITINERARY TIMETABLE

SUNDAY 13 SEPTEMBER LYON >>> GRAND COLOMBIER 174.5 KM

STAGE 15

164

KM		STAGE 15				TIMETABLE			
To be run	Run					Caravan	40 kph	38 kph	36 kph
RHÔNE (69)									
		VC	LYON	NEUTRALISED START		10:40	12:25	12:25	12:25
			Cross level: tramway			10:46	12:33	12:32	12:31
			Cross level: tramway			10:53	12:39	12:38	12:38
			BRON						
			Cross level: tramway			11:00	12:45	12:45	12:45
			Cross level: tramway			11:04	12:49	12:49	12:49
174.5	0		LYON	RACE START		11:05	12:50	12:50	12:50
173.5	1		Cité Ribaud			11:06	12:51	12:51	12:51
173	1.5		CHASSIEU (VC-D29)			11:07	12:52	12:52	12:52
170	4.5	D29	GENAS (D29-VC-D29-D147-D606)			11:11	12:55	12:56	12:56
161.5	13	D606	PUSIGNAN (D606-VC)			11:24	13:07	13:08	13:09
ISÈRE (38)									
157	17.5	VC	JANNEYRIAS (VC-D124 Z-VC)			11:30	13:13	13:14	13:15
154.5	20		Crossroad VC-D517			11:34	13:17	13:18	13:19
152.5	22	D517	Charvieu (CHARVIEU-CHAVAGNEUX)			11:37	13:19	13:20	13:22
151.5	23		PONT-DE-CHÉRU			11:39	13:21	13:22	13:24
150	24.5		Les Quatre Buissons (TIGNIEU-JAMEYZIEU)			11:40	13:22	13:24	13:25
145.5	29		Le Jonchay (SAINT-ROMAIN-DE-JALIONAS)			11:47	13:28	13:30	13:32
144.5	30		CRÉMIEU (D517-D65 A-D517)			11:49	13:30	13:31	13:34
141	33.5		Sigalet (DIZIMIEU) (near)			11:54	13:35	13:37	13:39
137	37.5		Saint-Hilaire-Gare (SAINT-HILAIRE-DE-BRENS)			11:59	13:40	13:42	13:44
135	39.5		TREPT			12:03	13:42	13:45	13:48
131	43.5		Fayolles (SOLEYMIEU)			12:09	13:48	13:51	13:54
130	44.5		Sablonnières (SOLEYMIEU)			12:10	13:49	13:52	13:55
126.5	48		Chassins (ARANDON-PASSINS)			12:15	13:53	13:56	14:00
125	49.5		Passins (ARANDON-PASSINS)			12:17	13:56	13:59	14:02
122.5	52		MORESTEL (D517-VC-D33)			12:21	13:59	14:02	14:06
118.5	56	D33	Le Mollard			12:27	14:05	14:08	14:12
117.5	57		LE BOUCHAGE (entry)			12:28	14:06	14:09	14:13
116.5	58		LE BOUCHAGE			12:30	14:07	14:11	14:15
115	59.5		Cessenoud			12:31	14:09	14:12	14:16
AIN (01)									
112	62.5	D10	Évieu (GROSLÉE-SAINT-BENOÎT)			12:36	14:13	14:17	14:21
110	64.5		Les Marches (GROSLÉE-SAINT-BENOÎT) (D10-D19-D10)			12:39	14:16	14:20	14:24
108	66.5		Cascade de Glandieu (GROSLÉE-SAINT-BENOÎT) (near)			12:42	14:18	14:22	14:27
104.5	70		Lachat (PRÉMEYZEL)			12:47	14:23	14:28	14:32
100.5	74		Peyzieu (ARBOYS-EN-BUGEY)			12:53	14:28	14:33	14:38
99	75.5		Crossroad D10-D992			12:55	14:30	14:35	14:40
95	79.5	D992	BELLEY (D992-VC-D69-D32 C)			13:01	14:36	14:41	14:46
90.5	84	D32 C	Chazey (near) (D32 C-D1504)			13:08	14:42	14:47	14:53
87.5	87	D1504	CHAZEY-BONS			13:12	14:46	14:51	14:57
86.5	88		Cross level n°44			13:13	14:47	14:52	14:58
83.5	91		Pugieu (near) (D1504-D31 J)			13:18	14:51	14:56	15:03
80.5	94		VIRIEU-LE-GRAND (D31 J-D904)			13:22	14:55	15:01	15:07
76	98.5	D904	ARTEMARE (D904-D31)			13:29	15:01	15:07	15:14
73.5	101	D31	Don (VALROMEY-SUR-SÉRAN) (D31-D69)			13:33	15:05	15:11	15:18
69.5	105	D69	Munet (ARVIÈRE-EN-VALROMEY)			13:45	15:15	15:22	15:30
69	105.5		Assin (ARVIÈRE-EN-VALROMEY)			13:47	15:16	15:24	15:32
68.5	106		Virieu-le-Petit (ARVIÈRE-EN-VALROMEY) (D69-D120 C)			13:48	15:17	15:25	15:33
63.5	111	D120 C	Montée de la Selle de Fromental (1 174 m) (D120 C-D120)			14:02	15:29	15:38	15:47
57	117.5	D120	Les Bordèzes (ARVIÈRE-EN-VALROMEY)			14:10	15:37	15:45	15:55
54.5	120		Lochieu (ARVIÈRE-EN-VALROMEY) (D120-D69)			14:12	15:39	15:48	15:57

DISTANCE FROM NEUTRALISED TO OFFICIAL START

7.8km

CATEGORISED CLIMBS

- 1

Km 111

Montée de la Selle de Fromental

Climb of 11.1km at 8.1%
- 1

Km 129 - Col de la Biche

Climb of 6.9km at 8.9%
- HC

Km 174.5 - Grand Colombier

Climb of 17.4km at 7.1%

RELAIS-ÉTAPE

Parking du Complexe sportif
Rue du Stade
01350 Culoz

Km 156

ROUTE FOR

NON-RACE VEHICLES

Exit via the hors course parking area (don't go onto the race route).
Travelling in the opposite direction used to access the start take Avenue Tony Garnier, Boulevard Chambaud de la Bruyère and then join the D383 (Périphérique de Lyon) at junction 16 "Porte de Gerland" heading towards Paris and Geneva. At Villeurbanne, leave the Périphérique and take the A42 towards Geneva. At Pont d'Ain, take the A40 towards Geneva. Leave the A40 at junction 10 "Bellegarde". Take the D101 towards Belley and Seyssel. At Vouvray Ochiaz, stay in the same direction on the D101 A and then the D991.

Entry point onto the race route:

Crossroads of the D991 and D123 at Gigneux, 33km from the finish line. At Culoz, follow the arrows towards the different car parks at the finish area.

Total distance: To Culoz, 150km; to the finish, 170km

RESTRICTIONS

ON THE CARAVAN

Km 106 and 174.5

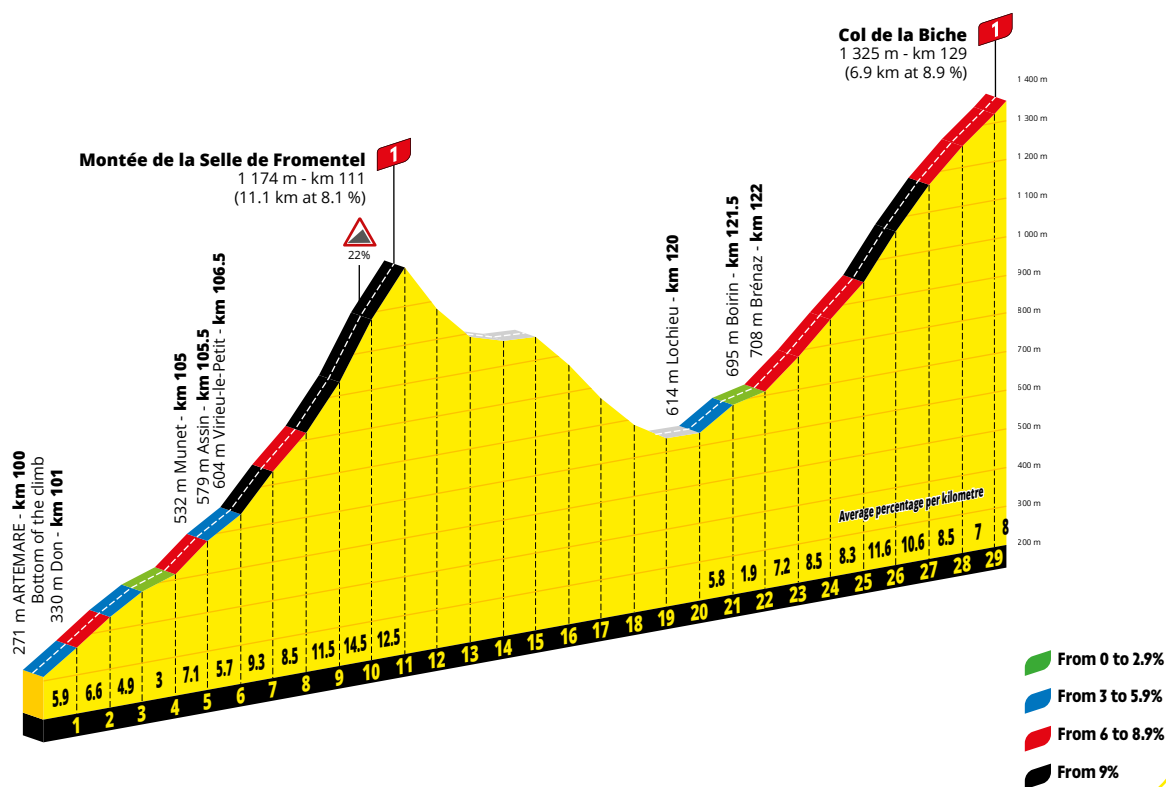
Climbs of the Selle de Fromental, Col de la Biche and Grand Colombier
Narrow and twisting roads with steep gradients. Detour for vehicles of more than 3.5 tonnes at km 101.5 (Don)

ITINERARY TIMETABLE

KM		STAGE 15		TIMETABLE			
To be run	Run			Caravan	40 kph	38 kph	36 kph
53	121.5	D69	Boirin (ARVIÈRE-EN-VALROMEY)	14:15	15:41	15:50	16:00
52.5	122		Brénaz (ARVIÈRE-EN-VALROMEY) (D69-D30)	14:15	15:42	15:51	16:00
51.5	123	D30	Crossroad D30-D123	14:18	15:44	15:53	16:03
45.5	129	D123	Col de la Biche (1 325 m) 	14:35	15:59	16:09	16:20
42.5	132		Croix de Famban (CORBONOD)	14:38	16:01	16:12	16:23
32.5	142		Gignez (CORBONOD) (D123-D991-D991 A)	14:48	16:12	16:23	16:33
31.5	143	D991 A	Fontaine (CORBONOD)	14:50	16:13	16:24	16:35
30	144.5		La Trille (CORBONOD)	14:51	16:15	16:26	16:36
29	145.5		Plan Léger (CORBONOD) (D991 A-D992)	14:53	16:16	16:27	16:38
28	146.5	D992	Mieugy	14:55	16:18	16:29	16:40
26	148.5		ANGLEFORT	14:57	16:20	16:31	16:42
24.5	150		Champriou	15:00	16:22	16:34	16:45
20.5	154		Châtel	15:05	16:27	16:39	16:50
18.5	156		Crossroad D992-D904	15:08	16:30	16:42	16:53
18.5	156	D904	CULOZ (D904-D120)	15:08	16:30	16:42	16:53
5	169.5	D120	La Sapette	15:45	17:01	17:16	17:30
0	174.5		GRAND COLOMBIER (1 501 m)  	15:59	17:13	17:28	17:44

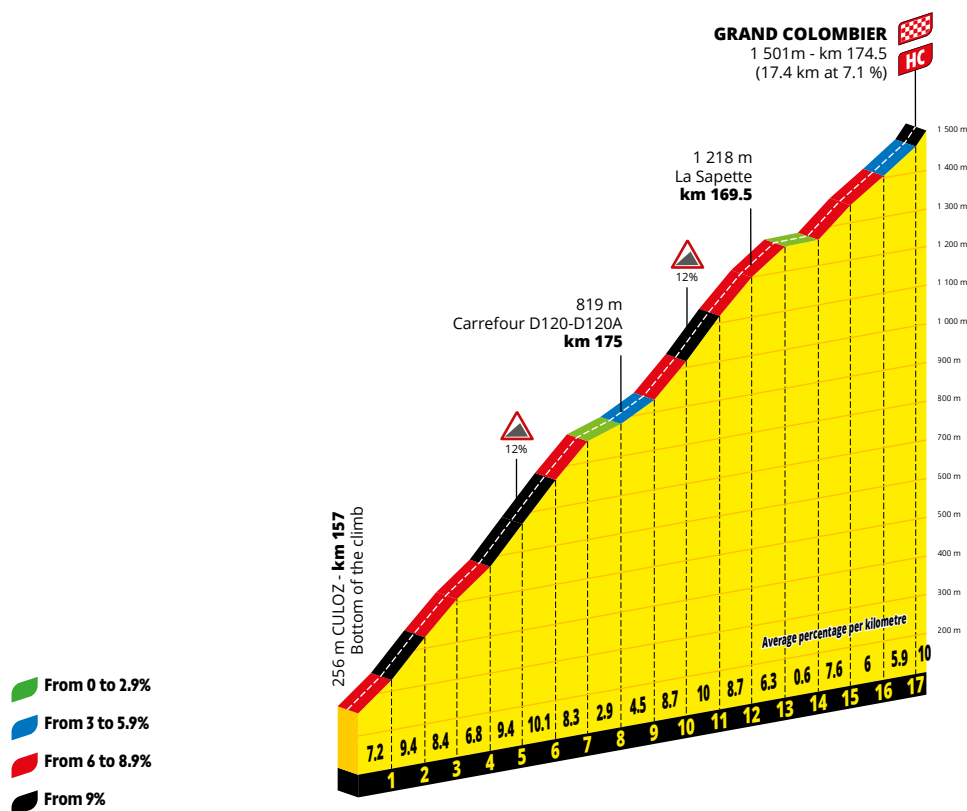
PARTICULAR PROFILES

MONTÉE DE LA SELLE DE FROMENTEL > COL DE LA BICHE



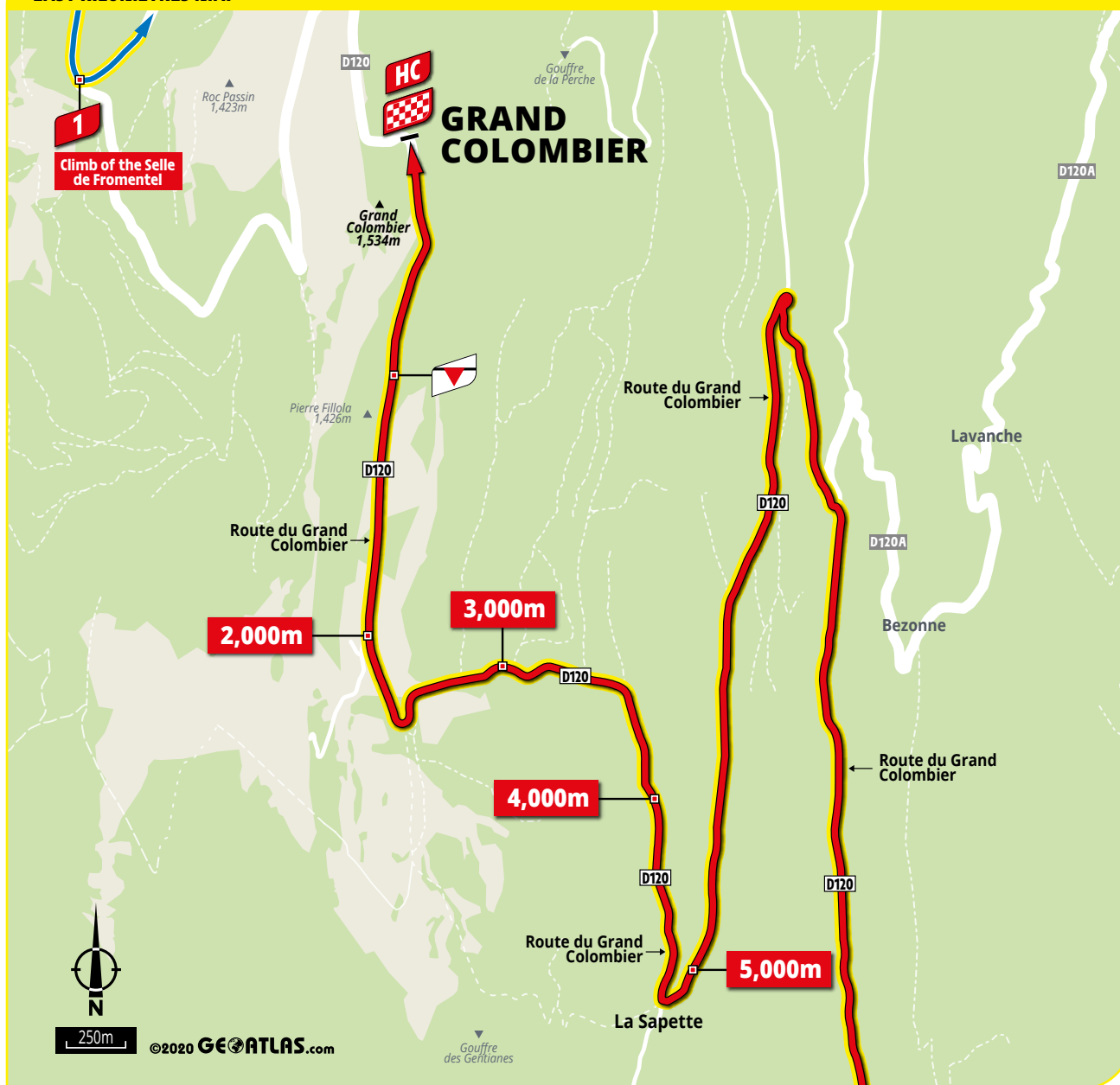
PARTICULAR PROFILES

GRAND COLOMBIER



STAGE'S LAST KILOMETRES

LAST KILOMETRES MAP



FINISH LINE

D120, at the end of an 800m finishing straight (30m long by line of sight) and a climb of 17.4km at 7.1% - **Width:** 5m

PRESS ROOM

Base de loisirs, Avenue Jean Falconnier, 01350 Culoz
Distance from finish: 17km

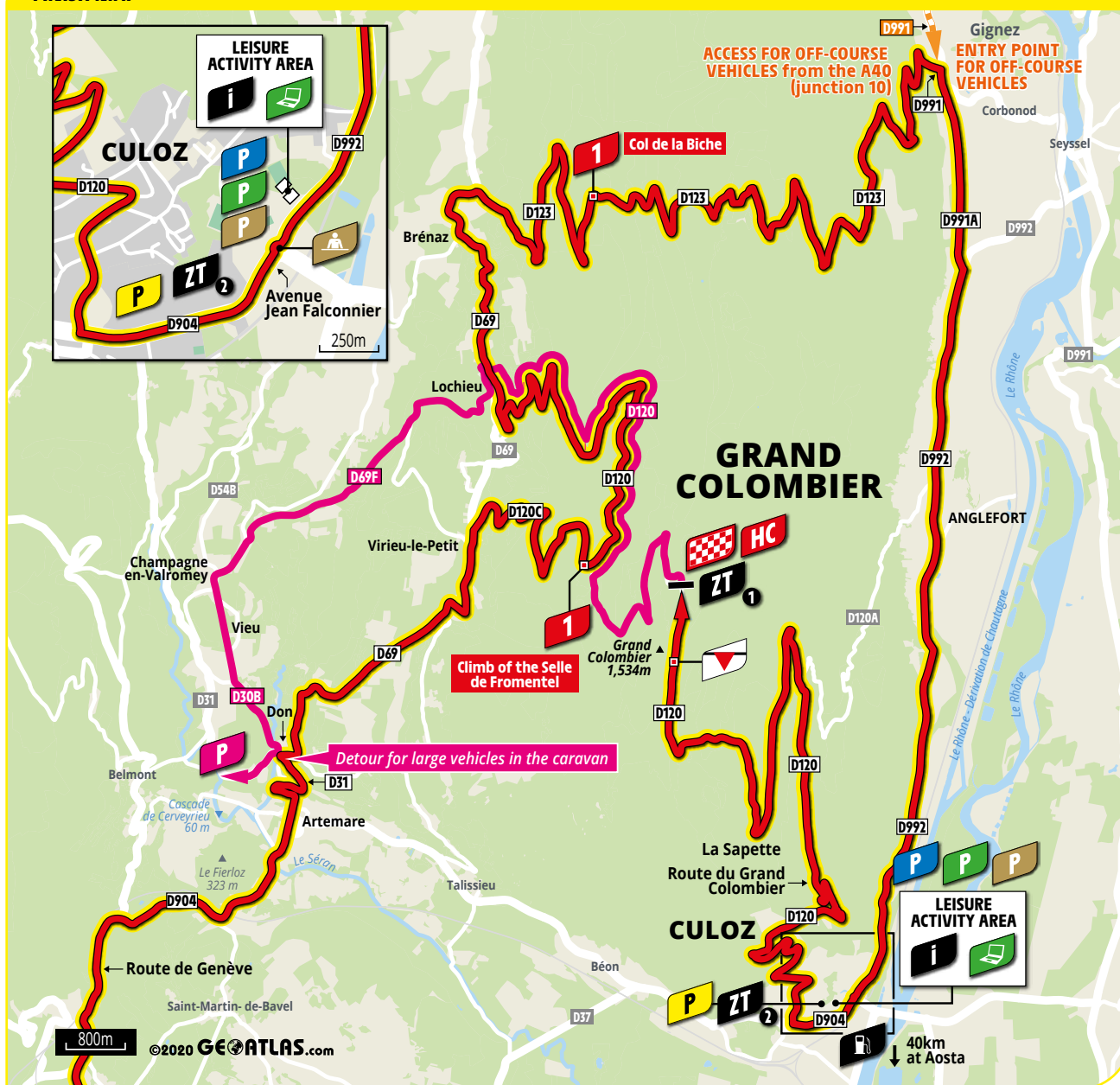
RECEPTION POINT FOR GUESTS

At the crossroads of the D992 and D904 - **Opens:** 14.00

SERVICE STATION

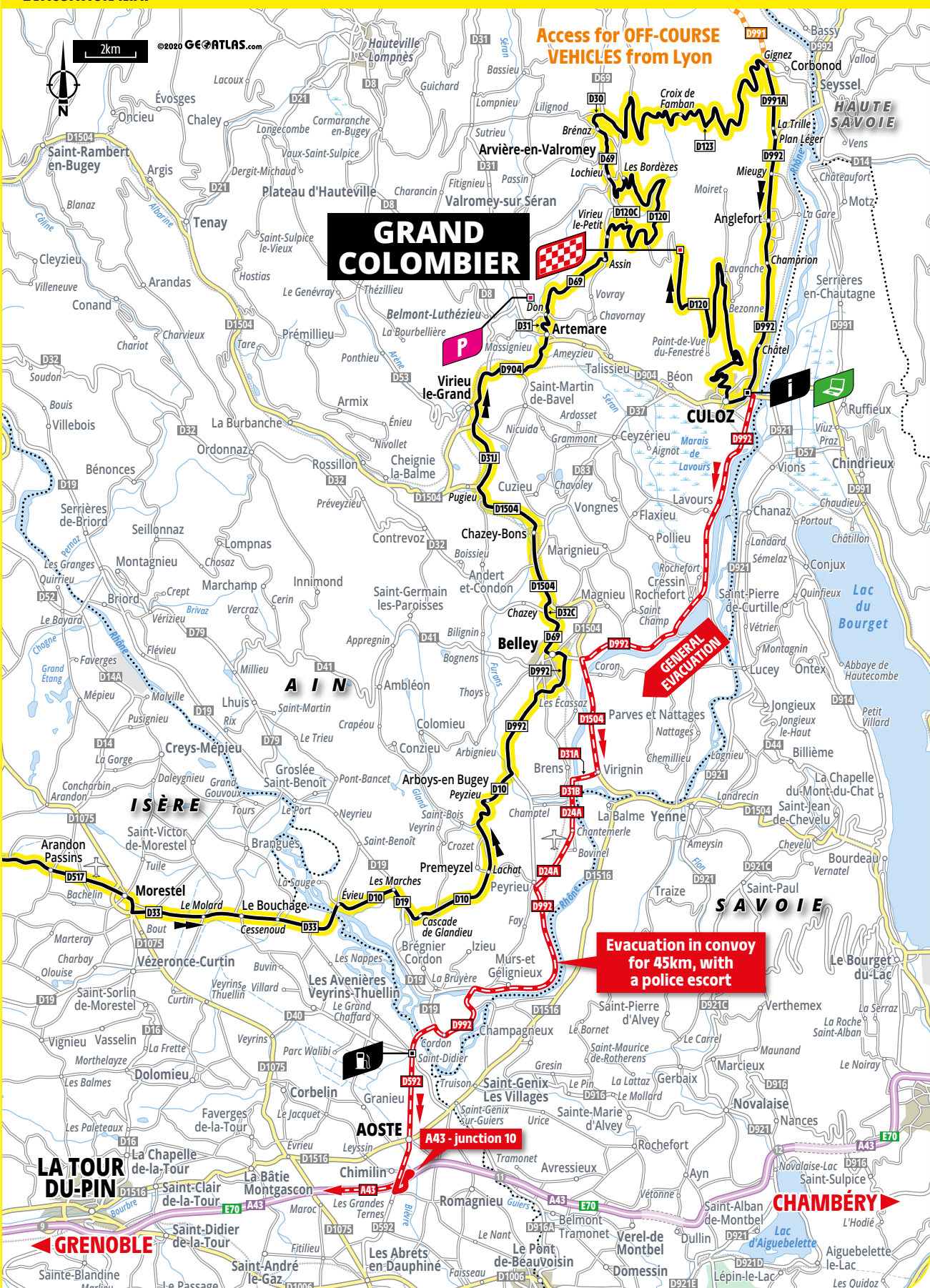
Total
3390 route de Belley, 38490 Aoste
Tel: +33 (0)4 76 31 64 51
Opening hours: 14.00 to 19.30

FINISH MAP



EVACUATION

EVACUATION MAP



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ISÈRE

Department of Isère (38)

Departmental council

Inhabitants: 1.2 million, equating to 16% of the population of Auvergne-Rhône-Alpes (Isérois) in 514 municipalities, grouped into 14 communities, 3 larger municipalities and the Grenoble-Alpes metropolitan area

Prefecture: Grenoble

www.isere.fr / www.alpes-isere.com / www.isere-evasion.com

www.cyclo-alpes.com



Cloister des Augustins in Crémieu © PJayet

Cycling: 338km of greenways, 254km of bike lanes developed by the CD38, a network of nearly 1,000km of signposted routes and 21 cycle tourist circuits, 13 dedicated and signposted routes for electric bikes, 18 climbs and passes including the ascent of Alpe d'Huez

Sport and culture: 3,000 sports clubs including Grenoble Métropole Hockey 38 (ice hockey, Magnus League), Grenoble Foot 38 (Ligue 2), FC Grenoble Rugby (Pro D2), CS Bourgoin Jallieu (rugby, Fédérale 1), Rugby Sassenage Isère (women's rugby). *Facilities:* Stade des Alpes, Palais des Sports in Grenoble, 22 ski resorts, Alpe d'Huez Grand Ski Domain. *Athletes:* René Arnoux (motor racing, Formula 1), Brahim Asloum (boxing, Olympic champion in 2000), Raphaël Poirée (biathlon, multiple world champion). *Events*:* Alpe d'Huez Festival (comedy films), Vienne Jazz Festival, Vercors Music Festival in Autrans, Berlioz Festival in La Côte Saint André, Vercors Music Festival, Rencontres Ciné Montagne de Grenoble (mountain film), Mountain film festival in Autrans, Vélo Vert Festival in Villard de Lans, La Marmotte at Alpe d'Huez (cyclosportive), Ut4M (Ultratour of four massifs), Passerelles du Monteynard Trail Race, Échappée Belle (ultra-crossing of the Belledonne massif), Foulée Blanche at Autrans (ski marathon), EuroNordicWalk Vercors, Coupe Icare in Chartreuse (unpowered flight)



Domaine de Vizille © FPattou

Sights: 11 departmental museums with free access, ancient theatre and temple of Augustus and Livia at Vienne, Vizille domain, Monastery of the Grande Chartreuse, Saint Antoine l'Abbaye (classified as one France's most beautiful villages), Pont en Royans, Besse en Oisans, medieval town of Crémieu, the châteaux at Virieu and Touvet, Chorance cave, Saint Hilaire du Touvet funicular, Écrins National Park, Chartreuse and Vercors regional natural parks, Vercors highlands nature reserve

Gastronomy: Ravioli, gratin dauphinoise (sliced potatoes in milk or cream), murçon (cured sausage), Vercors trout, Saint Marcellin and Bleu du Vercors Sassenage (cheeses), Grenoble nuts, Bourgoins brioche, Chartreuse liqueur, Antésite (liquorice liqueur), wine (Coteaux du Grésivaudan, Balmes Dauphinoises, Collines Rhodaniennes, Vitis Vienna)

Label: The IsHere label is awarded to good-quality Isère products

PRESS CENTRE

Halle des sports Jeannie Longo, 2 Rue Pierre de Coubertin, 38360 Sassenage

SERVICE STATION

Total Access

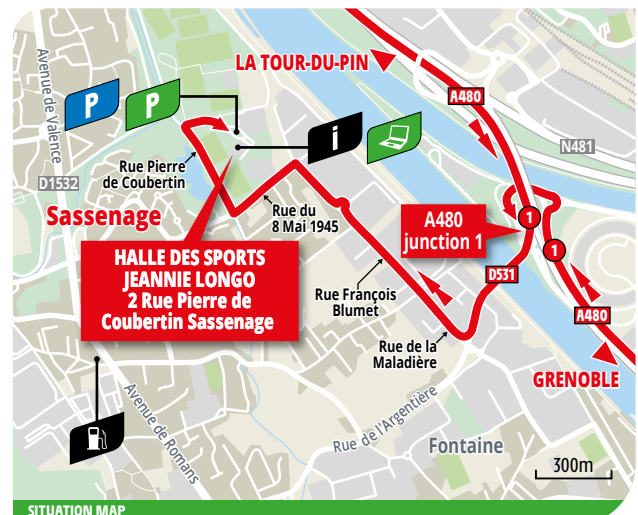
31 Avenue de Romans, 38360 Sassenage

Tel: +33 (0)4 76 31 64 51

Opening hours: 10.00 to 14.00



Pont-en-Royans © PJayet



*Due to the health crisis resulting from the Covid-19 pandemic, most of the events cited have already been or will be cancelled in 2020.

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TUESDAY 15 SEPTEMBER

➤ 164 KM

STAGE 16

LA TOUR-DU-PIN >>>

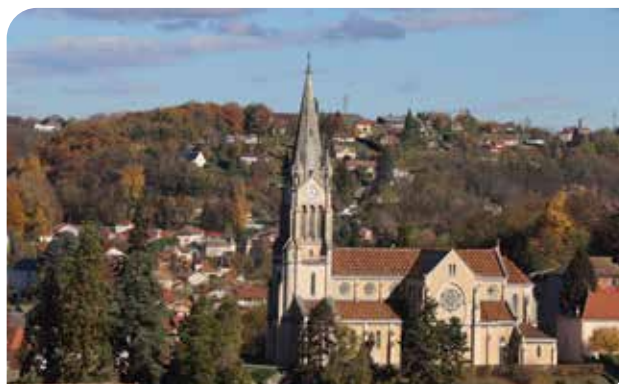
Sub-prefecture of Isère (38)

Inhabitants: 8,250 (Turripinois), 1,253,000 in the department

www.latourdupin.fr / www.isere.fr

Tour de France: Stage town for the second time. During the 1983 stage that left La Tour-du-Pin heading for Alpe d'Huez, yellow jersey Pascal Simon abandoned due to a broken shoulder blade. Laurent Fignon donned the yellow jersey at the finish and kept it until Paris

- **Cycling:** 1.7km of cycle lanes, municipal police equipped with bikes
- **Sport and culture:** Rugby club des Vallons de La Tour (Federal 3 level), Football club La Tour-Saint-Clair (Regional 2 level), Basketball des Vallons de La Tour (women's pre-national level), wheelchair rugby, boules. *Athlete:* Élise Marc (paratriathlon, world and European champion). *Events*:* Miron tournament (rugby), Miron Festival (free entertainment, crafts and local producers' market)
- **Sights:** Church of Notre-Dame de L'Assumption (19th century) and its wooden triptych (16th century), Maison des Dauphins (16th century), covered markets, Château de Tournin (17th century)
- **Gastronomy:** Miron (nougat and candied lemon confectionery)
- **Distinction:** One-star floral town



Church of Our Lady of the Assumption © La Tour du Pin town hall



Le Miron and la Mironne, in front of the Maison des Dauphins © La Tour du Pin town hall, Lisa Potdevin



Vercors plateau © D Boudin



Villard-de-Lans © Carole Savary

>>> VILLARD-DE-LANS

Mountain resort in Isère (38)

Inhabitants: 4,440 (Villardiens), 12,300 in the communes comprising the Massif du Vercors municipality, 1,253,000 in the department

www.villardelans.com / www.vercors.fr / www.isere.fr

Tour de France: Stage town for the ninth time. Pedro Delgado won here two years in a row, initially in 1987, when he beat future Tour winner Stephen Roche. Then again in 1988, when he proved himself the best in the time trial here before going on to win the race in Paris

- **Cycling:** ViaVercors, a relatively comfortable 50km route through the mountains. Various routes featuring more than 20 passes across the Vercors
- **Sport and culture:** In 1906, the village of Villard-de-Lans was first recognised as a ski resort. The Alpine skiing area with 125km of runs was bought by former NBA basketball star Tony Parker and a group of associates in 2019. The Nordic skiing area of Haut Vercors (150km of trails). *Events*:* Masters skating, Vélo Vert Festival, scallop festival. *Athletes:* Martin Fourcade (biathlon, Olympic and world champion) resides here, Émilien Jacquelin (biathlon, double world champion in 2020) is licensed with the Nordic skiing club
- **Sights:** Maison du patrimoine (heritage)
- **Gastronomy:** Ravioli, Vercors-Sassenage blue cheese
- **Distinctions:** Vercors Regional Natural Park, Famille Plus (family-friendly), classified tourist resort

*Due to the health crisis resulting from the Covid-19 pandemic, most of the events cited have already been or will be cancelled in 2020.

164 KM



VILLARD-DE-LANS



LA TOUR-DU-PIN



TUESDAY 15 SEPTEMBER

STAGE 16

173

LA TOUR-DU-PIN

4 Côte de Virieu

Saint-Joseph-de-Rivière

2 Col de Porte

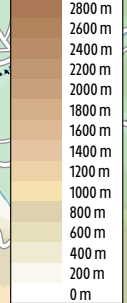
Côte de Revel

Montée de Saint-Nizier du-Moucherotte

1 B

VILLARD-DE-LANS

3 Côte 2000



2.5 km

ACCESS AND START

PPO

Junction 9 on the A43, 1.4km from the start



RECEPTION POINT FOR GUESTS

Avenue Alsace-Lorraine
Opens: 9.30



TOUR DE FRANCE VILLAGE

Location: Place du Champ de Mars
Opens: 10.30

PUBLICITY CARAVAN

Parking: Établissements Serge Ferrari, zone industrielle des Vallons at Saint Jean de Soudain

Parking technique: Établissements Serge Ferrari, zone industrielle des Vallons at Saint Jean de Soudain

Departure from the car park:

Between 11.10 and 11.40

Passage across the start line:

Between 11.20 and 11.50



RACE

Assembly point for start: Place du Champ de Mars

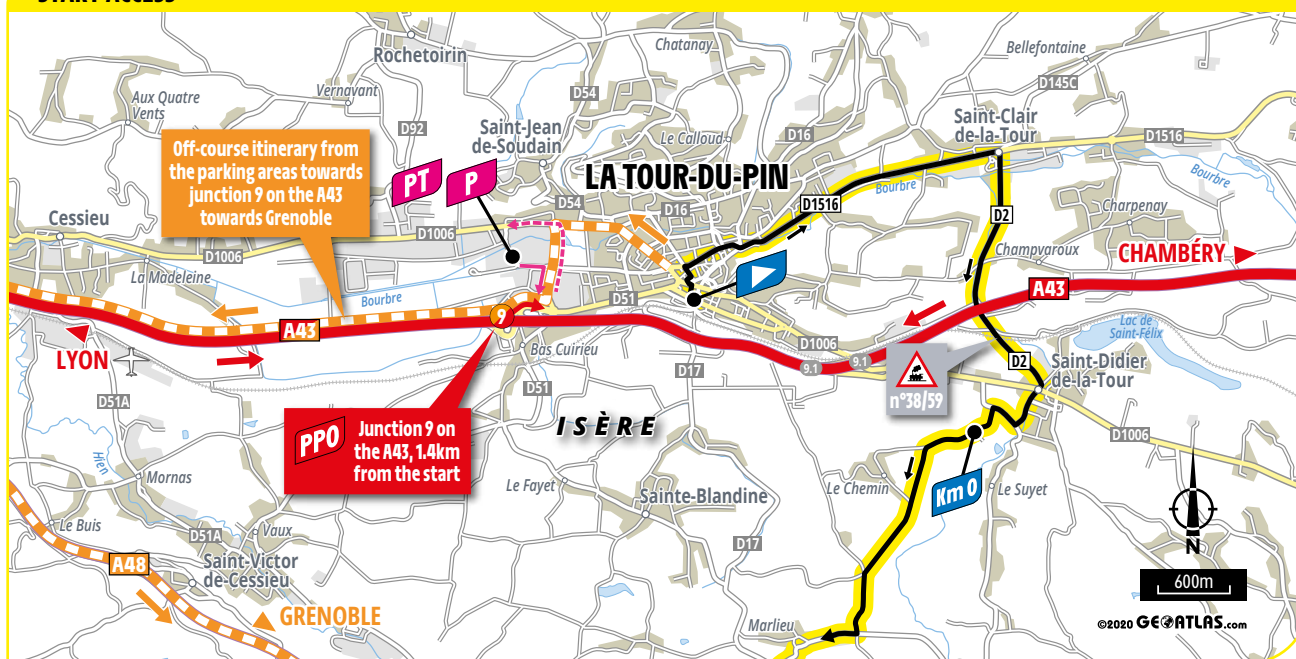
Rider sign-in: Between 11.55 and 12.55

Call to the start: 13.00

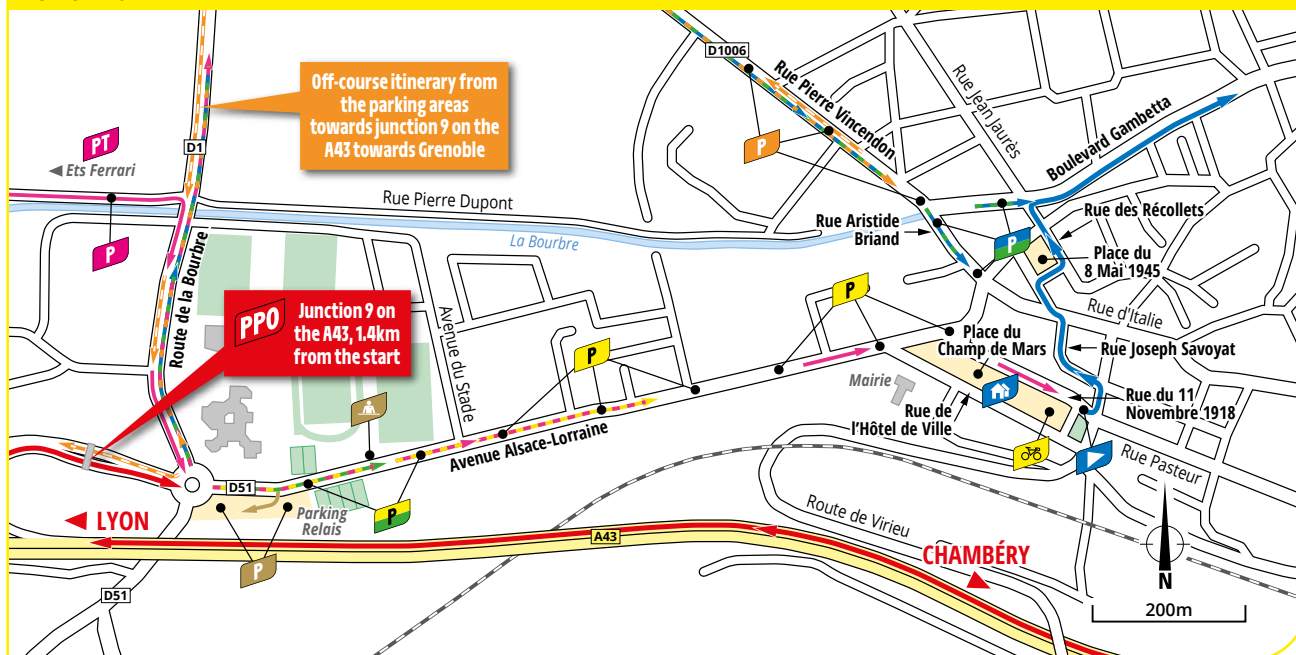
Neutralised start: 13.05, Rue du 11 Novembre 1918

Official start: 13.20, on the Route de Marlieu at Saint Didier de la Tour, 6.4km from the assembly point

START ACCESS

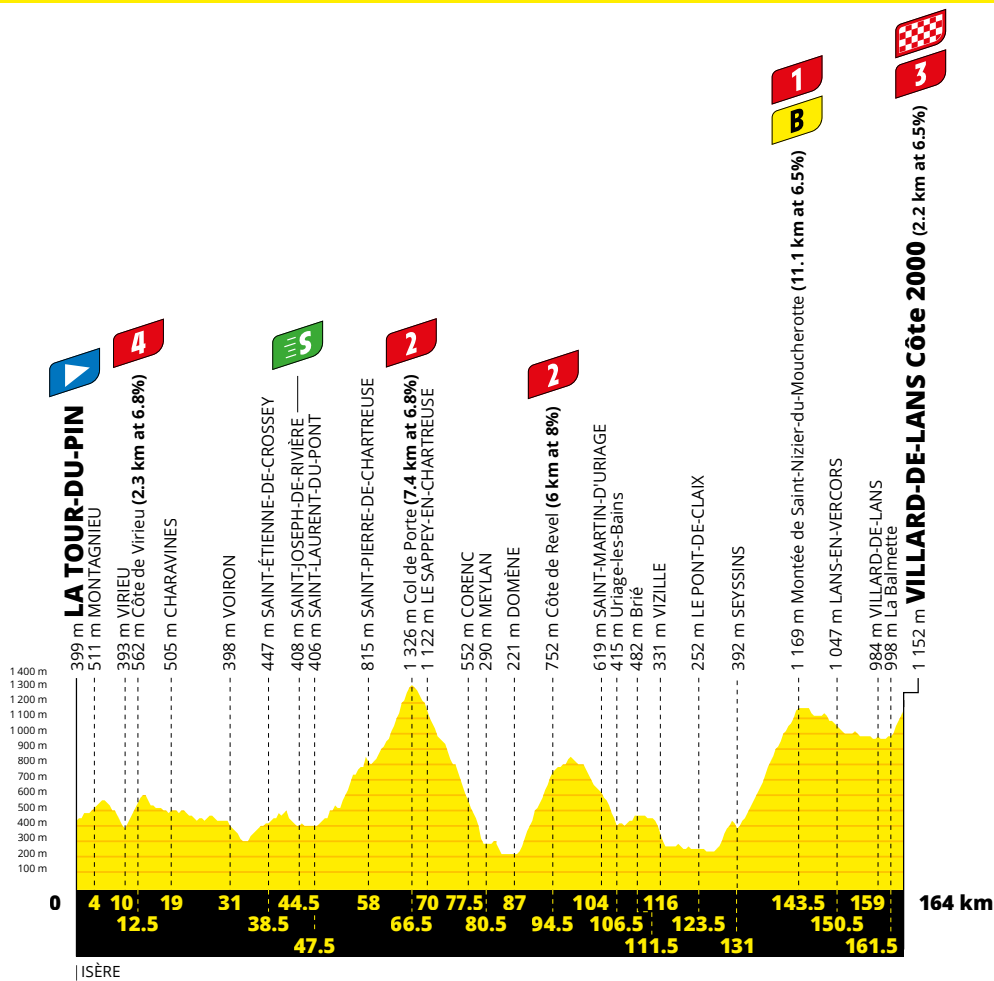


SITUATION MAP

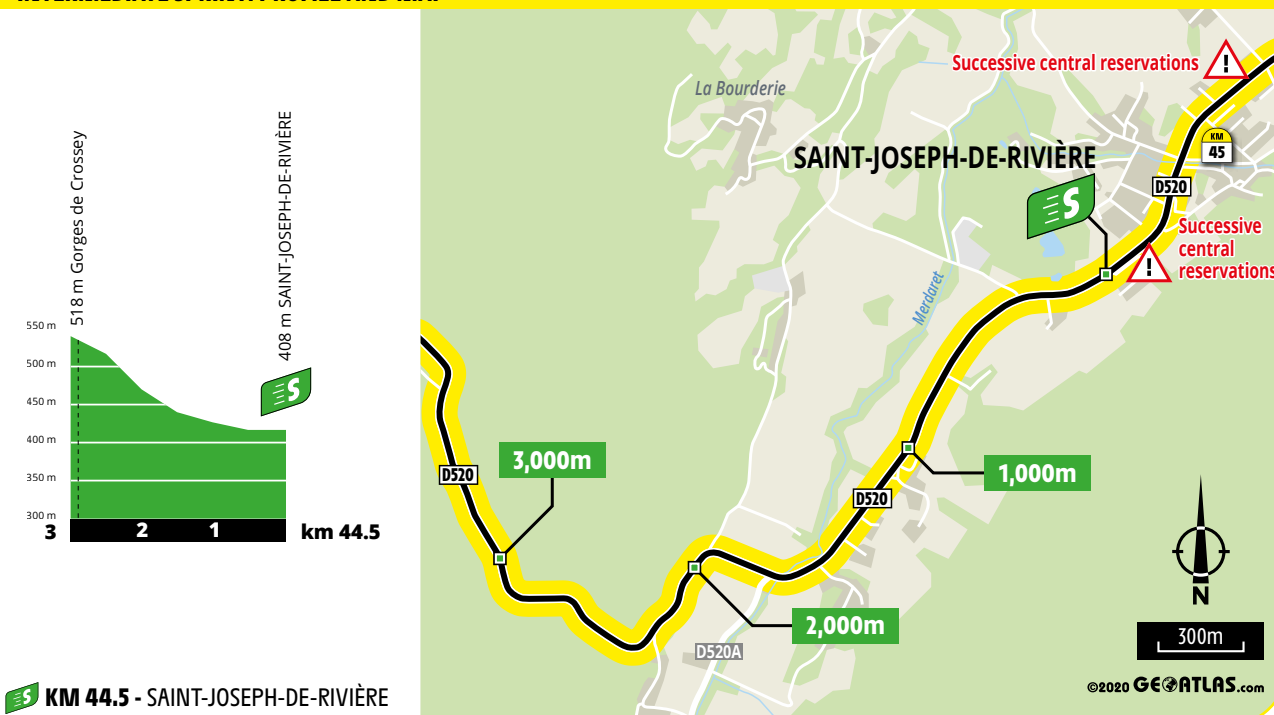


PROFILES AND MAP

STAGE'S PROFILE



INTERMEDIATE SPRINT: PROFILE AND MAP



ITINERARY TIMETABLE

KM		STAGE 16			TIMETABLE			
To be run	Run				Caravan	40 kph	38 kph	36 kph
ISÈRE (38)								
		VC	LA TOUR-DU-PIN (VC-D1516) 		11:20	13:05	13:05	13:05
		D1516	SAINT-CLAIR-DE-LA-TOUR (D1516-D2)					
		D2	SAINT-DIDIER-DE-LA-TOUR (D2-D1006-VC)					
			Cross level n°38/59		11:33	13:18	13:18	13:18
164	0	VC	LA TOUR-DU-PIN 		11:35	13:20	13:20	13:20
161.5	2.5		Marlieu (SAINTE-BLANDINE, MONTAGNIEU) (VC-C2-D17)		11:38	13:23	13:23	13:23
160	4	D17	MONTAGNIEU		11:41	13:25	13:25	13:26
158	6		Tribouillon (CHÉLIEU) (near)		11:44	13:28	13:28	13:29
154.5	9.5		Panissage (VAL-DE-VIRIEU) (D17)		11:49	13:33	13:33	13:34
154.5	9.5		Cross level n°51		11:49	13:33	13:33	13:34
154	10		Virieu (VAL-DE-VIRIEU) (D17)		11:50	13:33	13:34	13:35
151.5	12.5		Planchartier (VAL-DE-VIRIEU)		11:55	13:38	13:39	13:40
151.5	12.5		Côte de Virieu 		11:56	13:38	13:39	13:41
148	16		Le Pin (VILLAGES DU LAC DE PALADRU)		12:01	13:43	13:44	13:46
146.5	17.5		Crossroad D17-D50		12:03	13:45	13:47	13:48
145.5	18.5	D50	Lac de Paladru		12:05	13:47	13:48	13:50
145	19		CHARAVINES		12:05	13:47	13:49	13:50
142	22		Le Guillermet		12:10	13:52	13:53	13:55
138.5	25.5		La Ravignouse (SAINT-BLAISE-DU-BUIS) (D50-D50 B-D520)		12:16	13:57	13:59	14:01
137	27	D520	LA MURETTE		12:18	13:59	14:01	14:03
134	30		L'Agnelas		12:22	14:02	14:05	14:07
133	31		VOIRON (D520-D1075-D520)		12:24	14:04	14:06	14:09
128.5	35.5		Le Pilet (COUBLEVIE)		12:31	14:10	14:13	14:16
125.5	38.5		SAINT-ÉTIENNE-DE-CROSSEY		12:36	14:15	14:18	14:21
122	42		Gorges de Crossey		12:40	14:19	14:22	14:25
119.5	44.5		SAINT-JOSEPH-DE-RIVIÈRE 		12:45	14:23	14:26	14:30
119.5	44.5		SAINT-JOSEPH-DE-RIVIÈRE		12:45	14:23	14:26	14:30
117	47		La Guillotière		12:48	14:26	14:30	14:33
116.5	47.5		SAINT-LAURENT-DU-PONT (D520-D520 B)		12:49	14:27	14:30	14:34
113.5	50.5	D520 B	Tunnel de Fourvoirie		12:54	14:31	14:35	14:39
113	51		La Perelle		12:55	14:32	14:36	14:40
109	55		Tunnel de la Molière		13:01	14:37	14:41	14:46
106	58		SAINT-PIERRE-DE-CHARTREUSE-La Diat (D520 B-D512)		13:05	14:42	14:46	14:50
104	60	D512	Martinière		13:10	14:46	14:50	14:55
97.5	66.5		Col de Porte (1326 m) 		13:28	15:01	15:06	15:13
95	69		Col de Palaquit (SARCENAS)		13:30	15:03	15:09	15:15
94	70		LE SAPPEY EN CHARTREUSE		13:31	15:04	15:10	15:16
86.5	77.5		CORENC (D512-VC-D512 A)		13:41	15:13	15:19	15:26
83.5	80.5	D512 A	MEYLAN (D512 A-D1090)		13:44	15:16	15:22	15:29
82	82	D1090	MONTBONNOT-SAINT-MARTIN (D1090-D11)		13:46	15:18	15:24	15:31
77	87	D11	DOMÈNE		13:53	15:24	15:31	15:38
71	93		REVEL		14:08	15:37	15:44	15:53
69.5	94.5		Côte de Revel (752 m) 		14:13	15:41	15:49	15:58
69.5	94.5		Les Faures (D11-D280)		14:13	15:41	15:49	15:58
69	95	D280	Les Guimets		14:13	15:42	15:49	15:58

DISTANCE FROM NEUTRALISED TO OFFICIAL START

6.4km

CATEGORISED CLIMBS

-  **Km 12.5 - Côte de Virieu**
Climb of 2.3 km at 6.8 %
-  **Km 66.5 - Col de Porte**
Climb of 7.4 km at 6.8 %
-  **Km 94.5 - Côte de Revel**
Climb of 6 km at 8 %
-  **Km 143.5 - Montée de Saint-Nizier-du-Moucherotte**
Climb of 11.1 km at 6.5 %
-  **Km 164 - VILLARD-DE-LANS Côte 2000**
Climb of 2.2 km at 6.5 %

RELAIS-ÉTAPE

Place de l'Église
38700 Le Sappey en Chartreuse
Km 70

ROUTE FOR

NON-RACE VEHICLES

Exit via the hors course parking area (don't go onto the race route).
Travelling in the opposite direction used to access the start take the Route de Lyon (D1006) and then the Route de la Bourbre (D1) towards the A43. Take the A43 (junction 9) and then the A48 towards Grenoble. Leave the A48 at junction 14 "Saint Égrève". Take the D105 F and then the D1532 towards Villard de Lans. At Sassenage, take the D531 towards Villard de Lans via Engins.

Entry point onto the race route:

Crossroads of the D531 and D106 (rond-point de Jaume) at Lans en Vercors, 11.5km from the finish line.

Total distance: 95km

RESTRICTIONS

ON THE CARAVAN

Km 164 - Villard-de-Lans (Finish)
Detour for the whole caravan 150m before the finish line

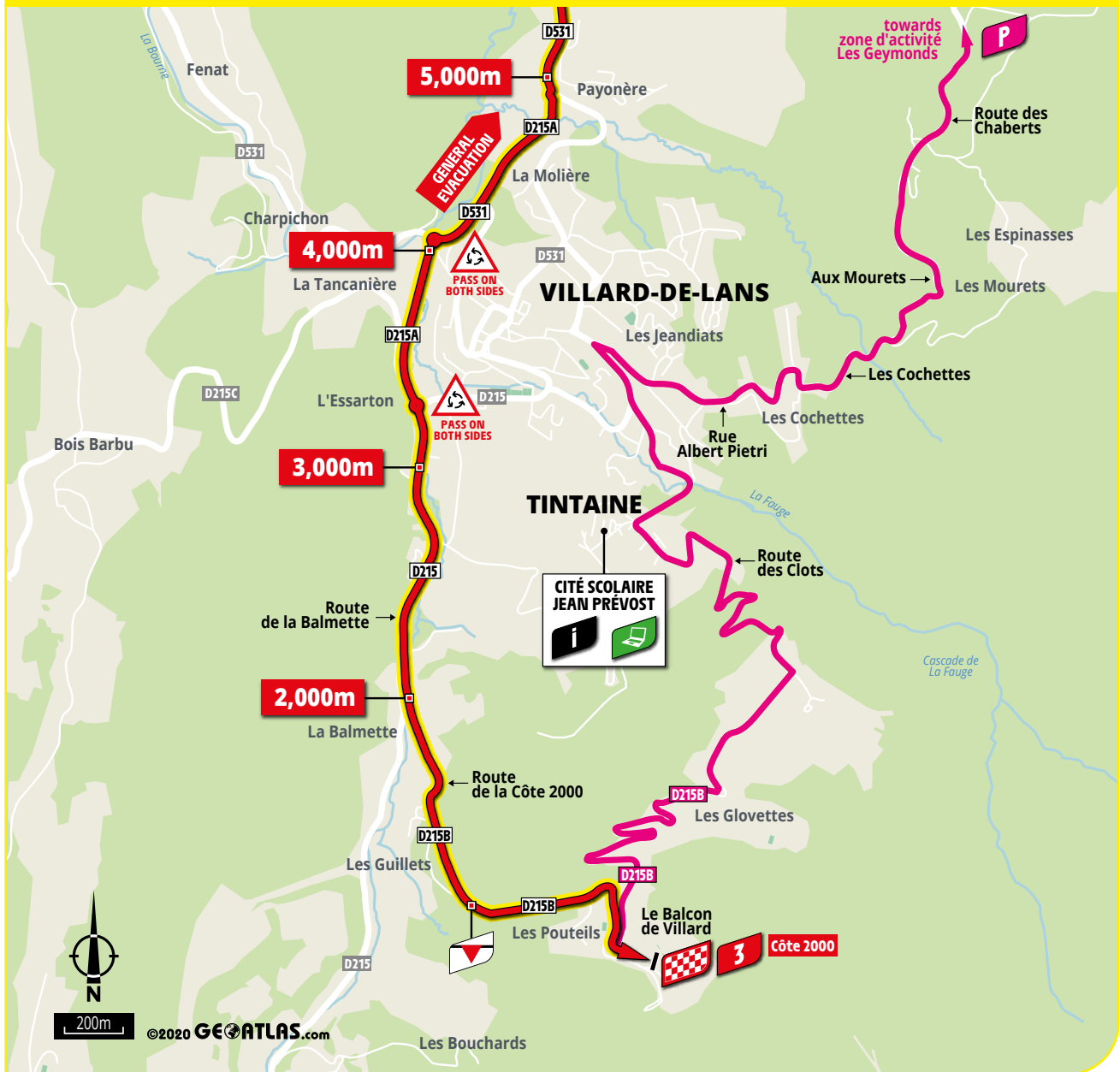


ITINERARY TIMETABLE

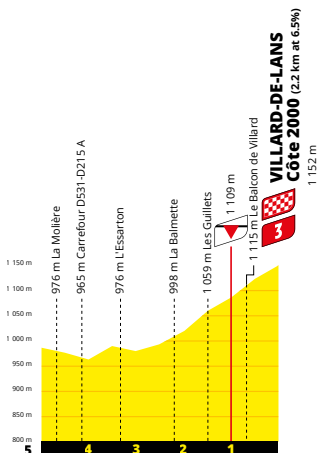
KM		STAGE 16		TIMETABLE			
To be run	Run			Caravan	40 kph	38 kph	36 kph
66	98		Croix de Pinet	14:17	15:45	15:53	16:02
63.5	100.5		Pinet d'Uriage	14:19	15:48	15:55	16:04
62.5	101.5		Le Penet	14:21	15:49	15:56	16:06
61.5	102.5		Saint-Nizier-d'Uriage	14:22	15:50	15:58	16:07
61	103		Le Rossin	14:23	15:51	15:58	16:08
60	104		SAINT-MARTIN-D'URIAGE	14:24	15:52	16:00	16:09
57.5	106.5		Uriage-les-Bains (SAINT-MARTIN-D'URIAGE, VAULNAVEYS-LE-HAUT) (D280-D524-D5 E)	14:27	15:55	16:02	16:12
52.5	111.5	D5 E	Brié (BRIÉ-ET-ANGONNES) (D5 E-D5)	14:34	16:01	16:09	16:19
48	116	D5	VIZILLE (D5-N85)	14:41	16:07	16:15	16:26
43	121	N85	Basse Jarie (JARRIE) (near)	14:48	16:14	16:23	16:33
43	121		Les Isles de Champagnier (CHAMPAGNIER) (N85-D1085 A)	14:49	16:14	16:23	16:34
40.5	123.5	D1085 A	LE PONT-DE-CLAIX (D1085 A-D1075)	14:52	16:18	16:27	16:37
38.5	125.5	D1075	CLAIX-Le Pont Rouge (D1075-VC-D269)	14:55	16:20	16:29	16:40
37	127	D269	CLAIX (D269-D106 D)	14:58	16:22	16:32	16:43
33	131	D106 D	SEYSSINS (D106 D-VC-D106)	15:03	16:28	16:37	16:48
30	134	D106	Le Haut Seyssins	15:10	16:33	16:43	16:55
28.5	135.5		La Tour sans Venin (SEYSSINET-PARISSET)	15:14	16:37	16:47	16:59
28	136		Pariset (SEYSSINET-PARISSET)	15:16	16:38	16:48	17:01
23	141		Les Michalons	15:29	16:50	17:01	17:14
21	143		SAINT-NIZIER-DU-MOUCHEROTTE	15:34	16:54	17:05	17:19
20.5	143.5		Montée de Saint-Nizier-du-Moucherotte (1169 m)  	15:36	16:55	17:07	17:21
18.5	145.5		Les Volants	15:38	16:58	17:09	17:23
15.5	148.5		Croix Lichou	15:43	17:02	17:14	17:28
14.5	149.5		La Chenevarie	15:44	17:03	17:15	17:29
13.5	150.5		LANS-EN-VERCORS (D106-D531)	15:46	17:04	17:17	17:31
10	154	D531	Les Eymards	15:51	17:09	17:21	17:36
9	155		Bouilly	15:52	17:10	17:22	17:37
8	156		La Côte	15:53	17:11	17:24	17:38
6	158		Les Geymonds	15:56	17:14	17:26	17:41
5	159		VILLARD-DE-LANS (near) (D531-D215 A)	15:57	17:15	17:27	17:42
5	159	D215 A	La Molière (D215 A-D531)	15:58	17:15	17:28	17:43
4.5	159.5	D531	Crossroad D531-D215 A	15:58	17:16	17:28	17:43
3.5	160.5	D215 A	L'Essarton (D215 A-D215)	15:59	17:17	17:30	17:44
2.5	161.5	D215	La Balmette (D215-D215 B)	16:01	17:18	17:31	17:46
1.5	162.5	D215 B	Les Guillels	16:03	17:20	17:33	17:48
1	163		Le Balcon de Villard (D215 B-VC)	16:05	17:22	17:35	17:50
0	164	VC	VILLARD-DE-LANS - Côte 2000  	16:07	17:23	17:36	17:52

STAGE'S LAST KILOMETRES

LAST KILOMETRES MAP



LAST KILOMETRES PROFILE



FINISH LINE

Côte 2000 at the end of a 150m finishing straight (50m long by line of sight) and a climb of 2.2km at 6.5% - **Width:** 5.5m

PRESS ROOM

Cité scolaire Jean Prévoist, 470 Rue de Tintaine, 38250 Villard de Lans
Distance from finish: 5km

RECEPTION POINT FOR GUESTS

Route des Glovettes, 50m from the detour - **Opens:** 14.00

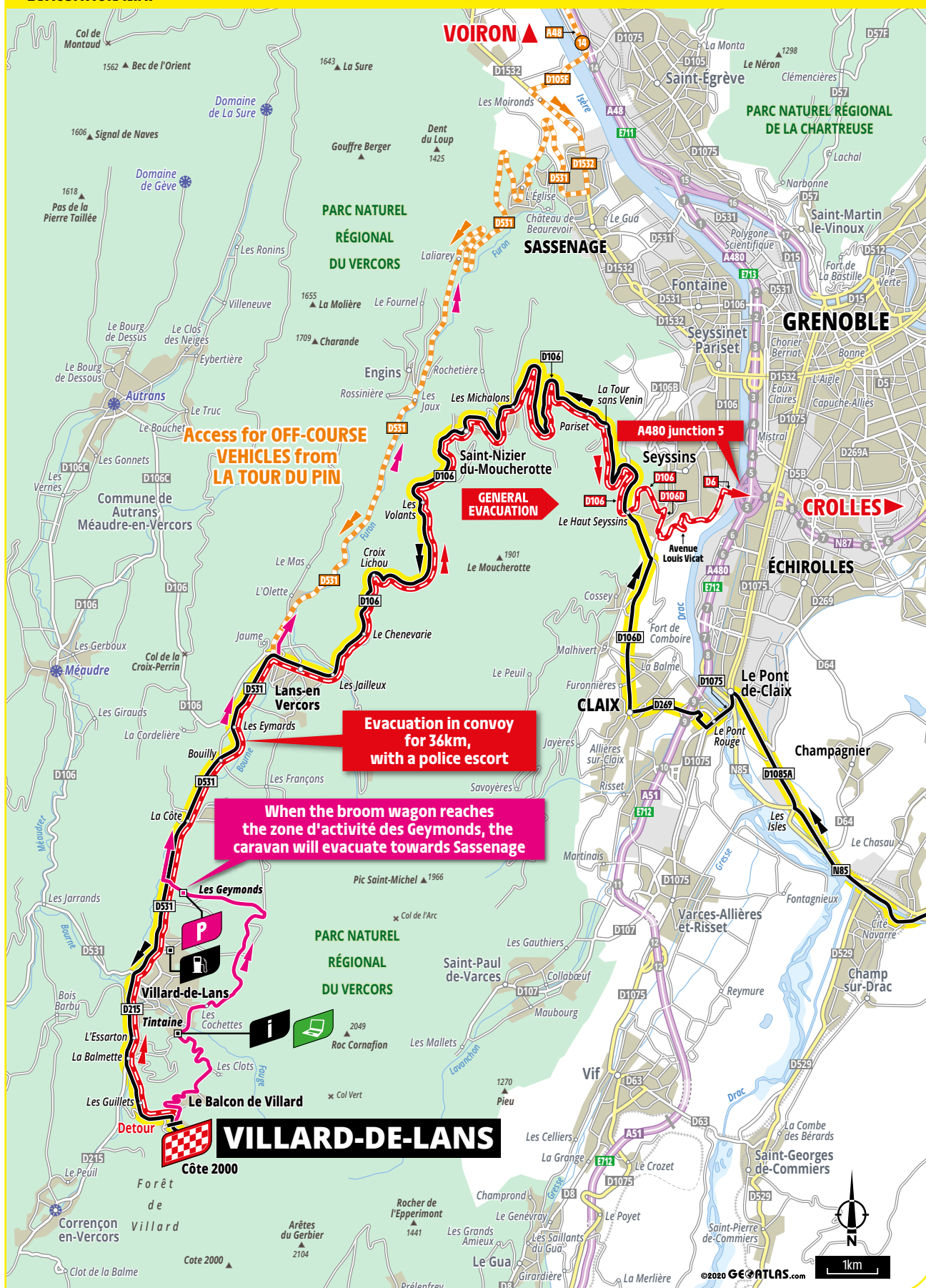
SERVICE STATION

Avia
531 Avenue du Général de Gaulle, 38250 Villard de Lans
Tel: +33 (0)4 76 95 93 53
Opening hours: 14.00 to 19.30



EVACUATION

EVACUATION MAP





MAVIC

Pioneering instinct

COSMIC SLR 45

Less weight where it matters

Our new Fore Carbon lay up boosts your accelerations and climbs.
The 45mm NACA aero rim profile is 10% lighter with no loss of stiffness.

1470g/pair



The new tape-free tubeless design
saves an additional 60g/set and
brings a hassle-free tire mount too.

WEDNESDAY 16 SEPTEMBER

➤ 170 KM

STAGE 17

GRENOBLE >>>

Prefecture of Isère (38)

Inhabitants: 162,800 (Grenoblois), 450,000 within the 49 communes comprising the Grenoble-Alpes municipality, 1,253,000 in the department
www.grenoble.fr / www.grenoblealpesmetropole.fr / www.isere.fr

Tour de France: Stage city for the 41st time. It was in Grenoble on the penultimate stage of the 2011 Tour that Cadel Evans took the yellow jersey from Andy Schleck in a time trial won by Tony Martin. He was crowned the first Australian Tour winner the next day in Paris

- **Cycling:** Twice awarded the prize as France's leading cycling city (in the medium-sized city category), 320km of cycling routes in the municipality, Chronovélo (20km cycling network in the municipality to be extended to 44km by 2022), Métrovélo (7,000 rental bikes)
- **Sport and culture:** Grenoble Foot 38 (Ligue 2), FC Grenoble Rugby (Pro D2), Grenoble Métropole Hockey 38 (ice hockey, Magnus League). *Events*:* Grenoble Street Art Fest, Cabaret Frappé (music), Fête des Tuiles (ceramics)
- **Sights:** Paul Mistral park and the Perret Tower, cable car and Fort de La Bastille (19th century), museum of the old bishopric
- **Gastronomy:** Gratin dauphinois, murçon (cured sausage), ravioli au bleu du Vercors Sassenage (ravioli with blue cheese), walnuts
- **Distinctions:** The most accessible city for disabled people, Cit'ergie Gold (ecological transition) label, four-star floral city, 5@ (communications), host city of the 1968 Winter Olympics



Perret Tower © City of Grenoble



Saint Laurent footbridge and quays © F. Lucas



Col de la Loze © Sylvain Aymoz



Lake of the Fairies, in the Vanoise National Park © Sylvain Aymoz

>>> MÉRIBEL COL DE LA LOZE

Col de la Loze (2,304m), third highest pass in Savoie
Mountain resort in Savoie (73)
Part of the commune of Allues
Inhabitants: 1,900 (Alluetais)
www.meribel.net

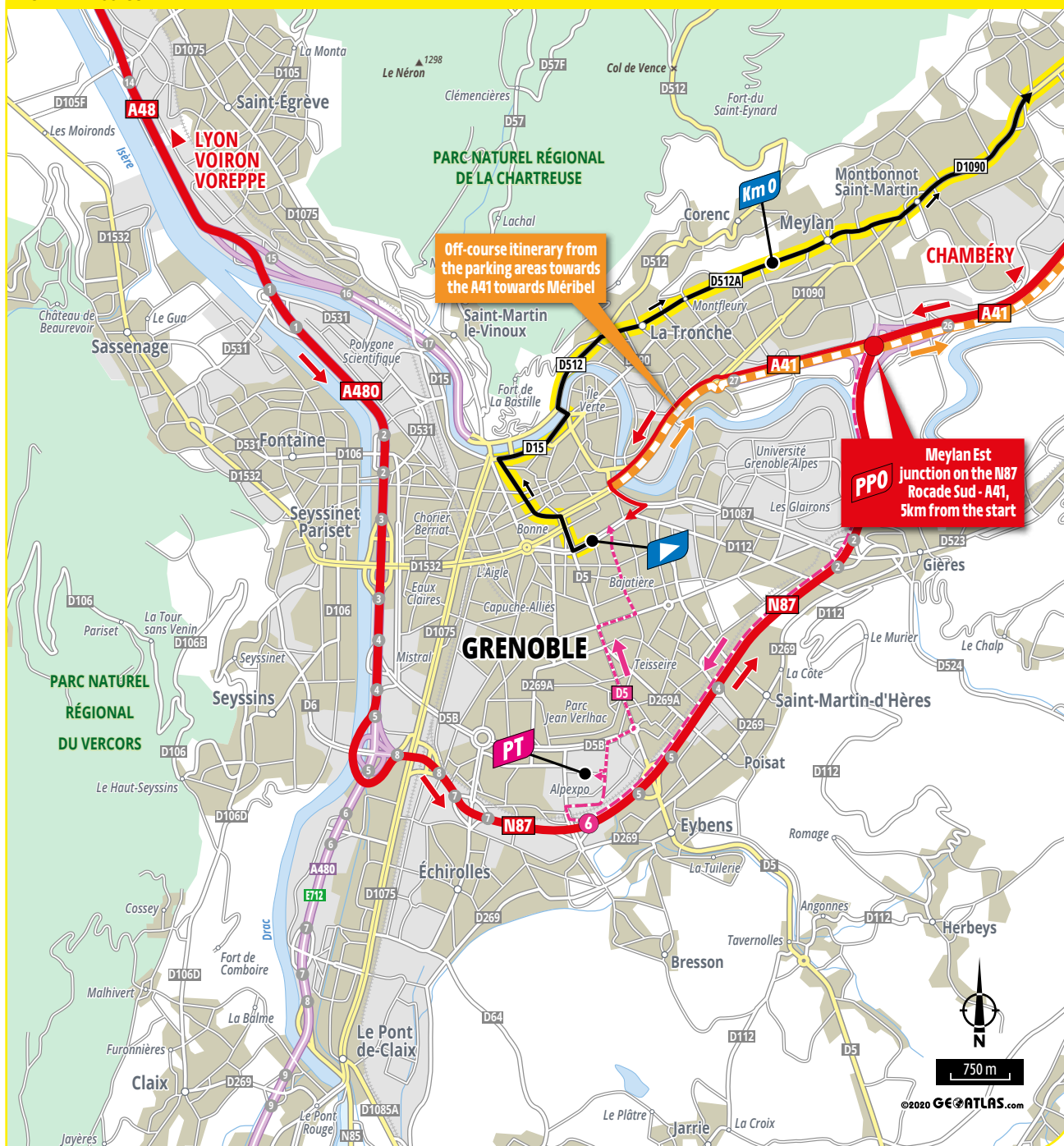
Tour de France: Stage town for the second time. In 1973, a 150km half-stage took place in a downpour between Gaillard and Méribel. On the finish line in front of the altiport, Bernard Thévenet claimed victory, a handful of seconds ahead of Joop Zoetemelk

- **Cycling:** The last seven kilometres of the Col de la Loze pass are reserved for the exclusive use of cyclists. This greenway then continues to Courchevel 1850
- **Sport and culture:** In the heart of the 3 Vallées, the largest ski area in the world (more than 600km of runs). *Events*:* Site of the 1992 Olympic Games (hosted the women's skiing and ice hockey competitions), venue along with Courchevel for the Skiing World Cup Finals in 2022 and the World Championships in 2023. *Athletes:* Georges Mauduit (skiing), Julie Pogamalski (snowboard)
- **Sights:** Méribel Olympic Park, beautiful villages, Baroque churches and chapels
- **Gastronomy:** Raclette, fondue, tartiflette, crozets (square pasta), diots and pormoniers (both pork sausage), wines (Apremont, Chignin, Mondeuse), génépi liqueur
- **Distinction:** Classified mountain resort

*Due to the health crisis resulting from the Covid-19 pandemic, most of the events cited have already been or will be cancelled in 2020.

ACCESS AND START

START ACCESS



ACCESS AND START

PPO

Meylan Est junction on the N87 Rocade Sud and the A41, 5km from the start



RECEPTION POINT FOR GUESTS

Crossroads of Avenue de Valmy and Avenue Jeanne d'Arc
Opens: 8.45



TOUR DE FRANCE VILLAGE

Location: Parc Paul Mistral, anneau de vitesse
Opens: 9.45

PUBLICITY CARAVAN

Parking: Palais des sports Pierre Mendès France

Parking technique: Alpexpo (parking P5)

Departure from the car park:

Between 10.20 and 10.50

Passage across the start line:

Between 10.30 and 11.00



RACE

Assembly point for start: Boulevard Clemenceau

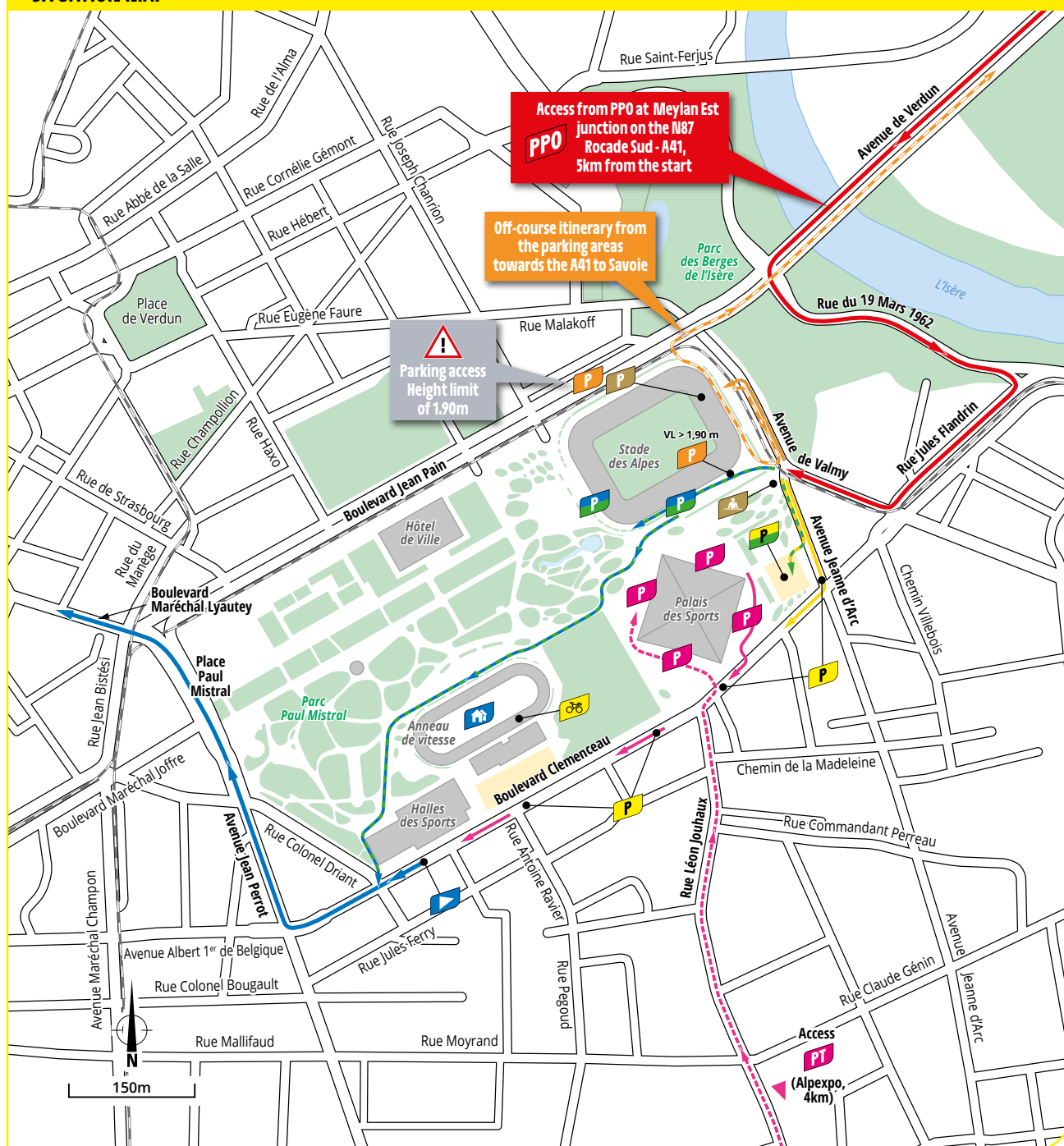
Rider sign-in: Between 11.05 and 12.05

Call to the start: 12.10

Neutralised start: 12.15, Boulevard Clemenceau

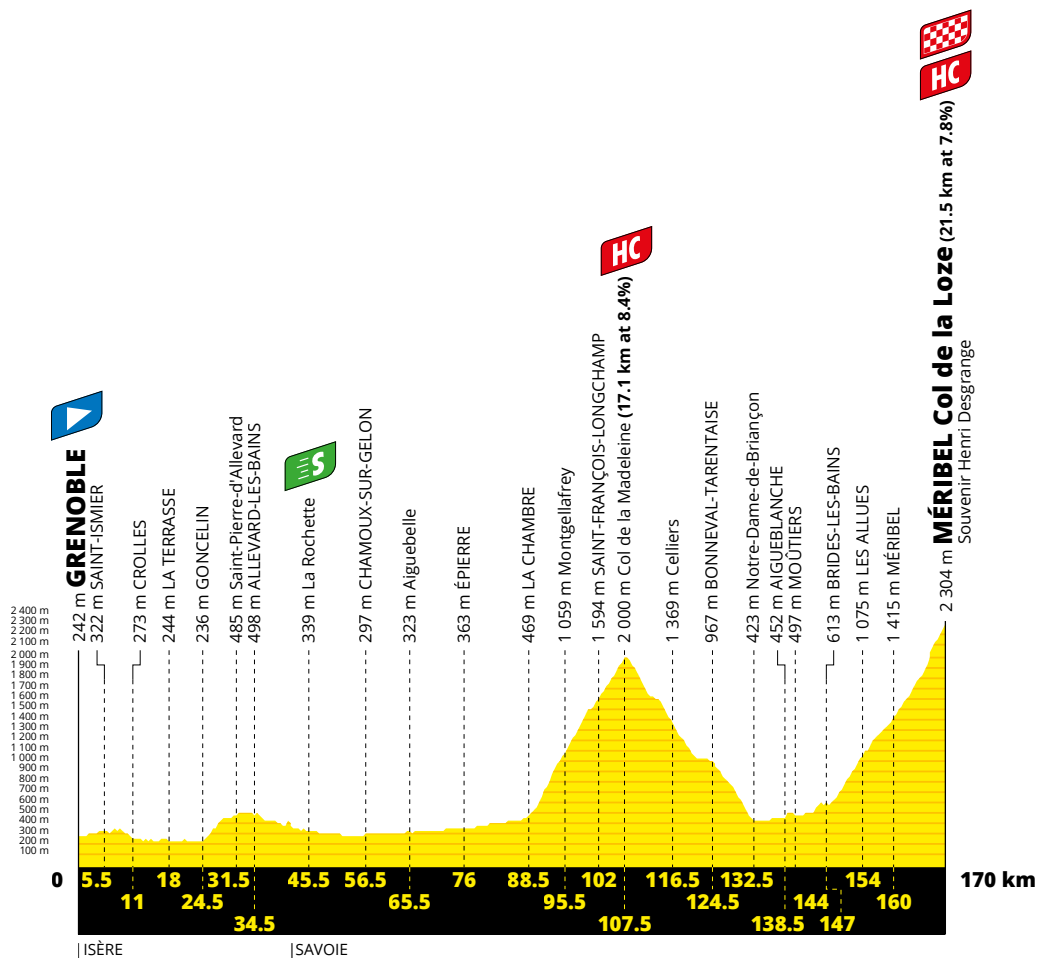
Official start: 12.30, on Avenue de l'Eygala (D1090) at Corenc, 6.5km from the assembly point

SITUATION MAP

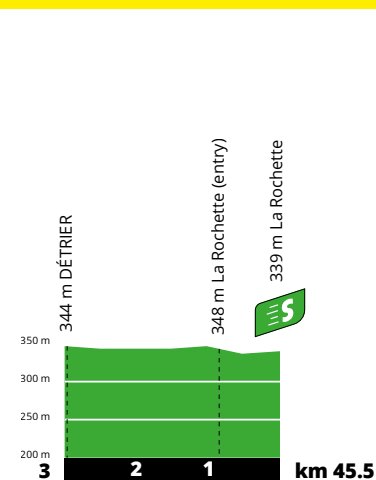


PROFILES AND MAP

STAGE'S PROFILE



INTERMEDIATE SPRINT: PROFILE AND MAP



ITINERARY TIMETABLE

KM		STAGE 17		TIMETABLE			
To be run	Run			Caravan	37 kph	35 kph	33 kph
ISÈRE (38)							
		VC	GRENOBLE NEUTRALISED START	10:30	12:15	12:15	12:15
			Cross level: tramway	10:36	12:22	12:21	12:21
			Cross level: tramway	10:37	12:23	12:22	12:22
			LA TRONCHE (VC-D512 A)				
		D512 A	CORENC				
170	0		GRENOBLE RACE START	10:45	12:30	12:30	12:30
169.5	0.5		MEYLAN (D512 A-D1090)	10:46	12:31	12:31	12:31
167	3	D1090	MONTBONNOT-SAINT-MARTIN	10:49	12:34	12:34	12:34
166	4		BIVIERS (near)	10:51	12:35	12:36	12:36
164.5	5.5		SAINT-ISMIER	10:53	12:37	12:37	12:38
162	8		SAINT-NAZAIRE-LES-EYMES	10:57	12:41	12:42	12:42
160.5	9.5		BERNIN	10:59	12:43	12:43	12:44
159	11		CROLLES	11:02	12:45	12:46	12:47
156	14		Montfort	11:06	12:49	12:50	12:51
155	15		LUMBIN	11:08	12:51	12:52	12:53
153	17		Le Carré	11:11	12:54	12:55	12:56
152	18		LA TERRASSE (near) (D1090-D30)	11:13	12:55	12:56	12:58
149	21	D30	TENCIN (D30-D523)	11:17	12:59	13:00	13:02
145.5	24.5	D523	GONCELIN (D523-D525)	11:22	13:04	13:06	13:07
143	27	D525	Les Chavannes (CRÈTS EN BELLEDONNE)	11:26	13:08	13:09	13:11
142	28		Les Fontaines (CRÈTS EN BELLEDONNE)	11:27	13:09	13:10	13:12
141	29		La Maladière (CRÈTS EN BELLEDONNE)	11:29	13:10	13:12	13:14
140	30		Morétel-de-Mailles (CRÈTS EN BELLEDONNE)	11:31	13:11	13:13	13:16
139	31		Sailles (CRÈTS EN BELLEDONNE)	11:33	13:13	13:15	13:18
138.5	31.5		Saint-Pierre-d'Allevard (CRÈTS EN BELLEDONNE) (D525-VC-D525)	11:33	13:14	13:16	13:18
135.5	34.5		ALLEVARD-LES-BAINS	11:38	13:18	13:20	13:23
SAVOIE (73)							
127.5	42.5	D925	DÉTRIER	11:50	13:29	13:32	13:35
125	45		La Rochette (VALGELON-LA ROCHETTE) (entry)	11:54	13:32	13:35	13:39
124.5	45.5		La Rochette 5	11:55	13:33	13:36	13:40
124	46		LA CROIX-DE-LA-ROCHETTE (near)	11:56	13:34	13:37	13:41
121.5	48.5		VILLARD-SALLET (near)	11:59	13:37	13:41	13:44
120.5	49.5		Les Barraques	12:01	13:39	13:42	13:46
116.5	53.5		VILLARD-LÉGER (near)	12:07	13:45	13:48	13:52
114	56		Crossroad D925-D30	12:11	13:48	13:51	13:56
113.5	56.5	D30	CHAMOUX-SUR-GELON (D30-D27)	12:12	13:49	13:53	13:57
112	58	D27	Premier Berre	12:14	13:51	13:55	13:59
110	60		Crossroad D27-D925	12:17	13:54	13:58	14:02
109	61	D925	Crossroad D925-D73	12:19	13:55	13:59	14:04
108.5	61.5	D73	La Grande Croix d'Aiguebelle (BOURGNEUF)	12:19	13:55	14:00	14:04
108	62		La Petite Croix d'Aiguebelle (BOURGNEUF)	12:20	13:56	14:00	14:05
107	63		Barouchat (BOURGNEUF)	12:22	13:58	14:02	14:07
106	64		Cross level n°49	12:23	13:59	14:03	14:08
105.5	64.5		Crossroad D73-D1006	12:24	14:00	14:04	14:09
104.5	65.5	D1006	Aiguebelle (VAL-D'ARC)	12:25	14:01	14:05	14:10
100	70		ARGENTINE (near)	12:33	14:08	14:12	14:18

DISTANCE FROM NEUTRALISED TO OFFICIAL START

6.5km

CATEGORISED CLIMBS

- HC** Km 107.5 - Col de la Madeleine
Climb of 17.1km at 8.4%
- HC** Km 170 - MÉRIBEL Col de la Loze
Souvenir Henri Desgrange
Climb of 21.5km at 7.8%

RELAIS-ÉTAPE

Stade Maurice Rey,
Avenue des Alpes
73110 La Croix de la Rochette
Km 46

ROUTE FOR

NON-RACE VEHICLES

Exit via the hors course parking area (don't go onto the race route).
At the exit from the Stade des Alpes, take Boulevard Jean Pain and then the D1090 towards Chambéry. Then pick up the A41 towards Chambéry. Leave the A41 and take the A43 and then the A430 towards Albertville. At Albertville, continue on the N90 towards Moûtiers-Vallée de la Tarentaise. At Moûtiers, leave the N90 and take the D915 towards Méribel-Brides les Bains.
Entry point onto the race route:
Crossroads of the slip road from the N90 and Avenue de la Libération (D915) at Moûtiers, 28km from the finish line.
Total distance: 135km

RESTRICTION ON

ALL VEHICLES OUTSIDE

THE RACE CONVOY

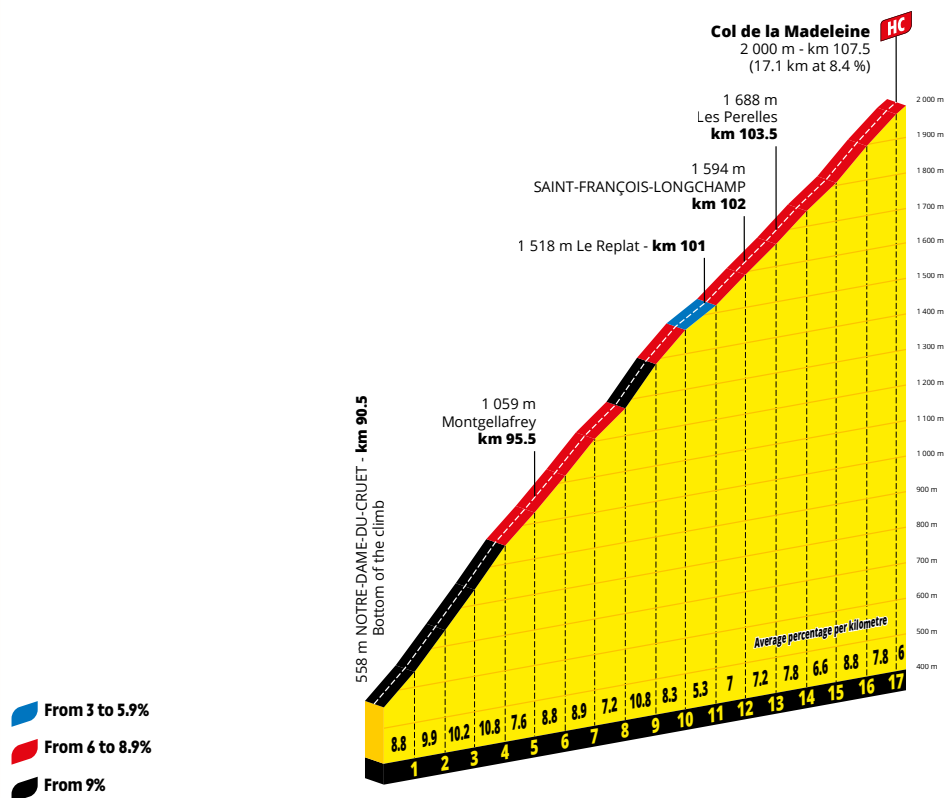
Km 170 - Méribel Col de la Loze
Detour for all vehicles outside the race convoy at km 162.5 (7.5km from the finish)

ITINERARY TIMETABLE

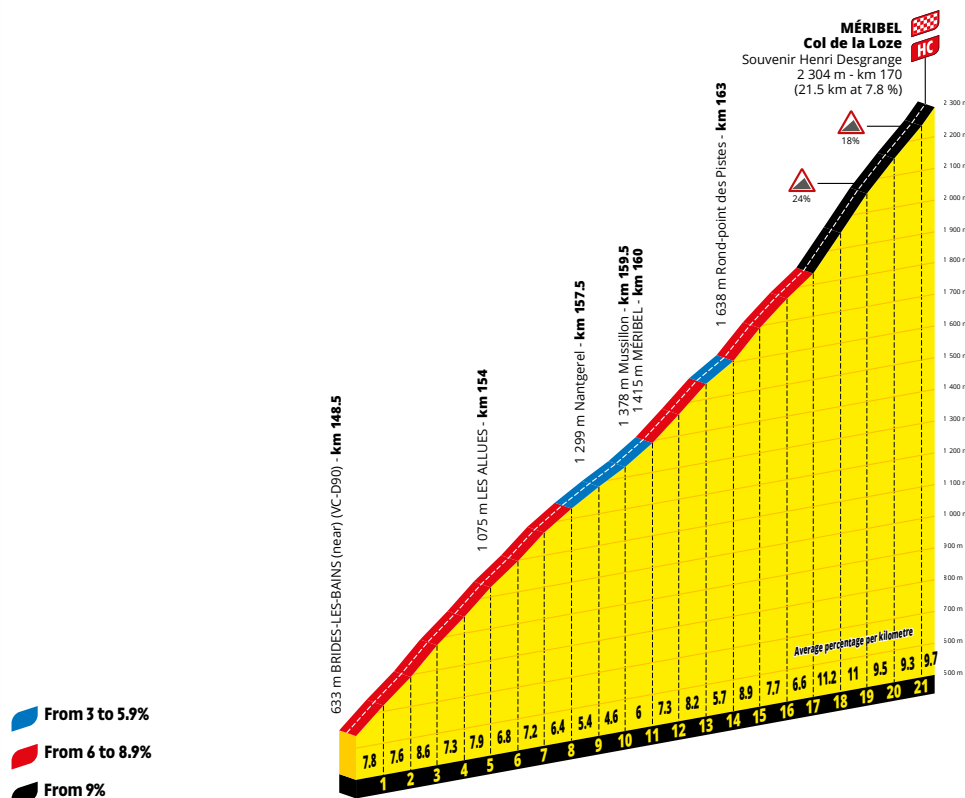
KM		STAGE 17		TIMETABLE			
To be run	Run			Caravan	37 kph	35 kph	33 kph
94	76		ÉPIERRE (near)	12:42	14:16	14:21	14:27
85	85		LES CHAVANNES-EN-MAURIENNE (near) (D1006-D75 E-D76 A)	12:55	14:28	14:34	14:40
81.5	88.5	D76 A	LA CHAMBRE (D76 A-D76)	13:01	14:33	14:39	14:46
80.5	89.5	D76	NOTRE-DAME-DU-CRUET	13:02	14:34	14:40	14:47
74.5	95.5		Montgellafrey (D76-VC)	13:20	14:49	14:56	15:05
69	101	VC	Le Replat	13:36	15:03	15:11	15:21
68	102		SAINT-FRANÇOIS-LONGCHAMP	13:39	15:06	15:14	15:24
66.5	103.5		Les Perelles (VC-D213)	13:43	15:09	15:18	15:28
62.5	107.5	D213	Col de la Madeleine (2 000 m) 	13:55	15:19	15:29	15:40
53.5	116.5		Celliers (LA LÉCHÈRE)	14:05	15:28	15:39	15:50
51	119		La Thuile (LA LÉCHÈRE)	14:08	15:31	15:42	15:53
47	123		Villard Benoît (LA LÉCHÈRE)	14:13	15:35	15:46	15:58
45.5	124.5		Bonneval-Tarentaise (LA LÉCHÈRE)	14:15	15:37	15:48	16:00
37.5	132.5		Notre-Dame-de-Briançon (LA LÉCHÈRE) (D213-D97-D97 C-D990)	14:24	15:45	15:56	16:09
35	135	D990	Petit Cœur (LA LÉCHÈRE) (D990-D97 B-D97)	14:27	15:49	16:00	16:12
33.5	136.5	D97	Bellecombe (D97-D97 A-D94)	14:30	15:51	16:02	16:15
31.5	138.5	D94	AIGUEBLANCHE (D94-D990-VC)	14:33	15:54	16:05	16:18
29	141	VC	MOÛTIERS (VC-D915)	14:37	15:57	16:09	16:22
27.5	142.5	D915	Salins-les-Thermes (SALINS-FONTAINE)	14:40	16:00	16:12	16:25
23	147		BRIDES-LES-BAINS (D915-VC-D90)	14:48	16:07	16:19	16:33
16	154	D90	LES ALLUES	15:06	16:22	16:36	16:51
12.5	157.5		Nantgerel	15:17	16:31	16:46	17:02
10.5	159.5		Mussillon	15:22	16:36	16:50	17:07
10	160		MÉRIBEL (D90-VC)	15:24	16:37	16:52	17:09
7	163	VC	Rond-point des Pistes	15:33	16:45	17:00	17:18
0	170		MÉRIBEL Col de la Loze (2 304 m)   Souvenir Henri Desgrange	15:54	17:03	17:20	17:39

PARTICULAR PROFILES

COL DE LA MADELEINE



MÉRIBEL Col de la Loze



STAGE'S LAST KILOMETRES

LAST KILOMETRES MAP



FINISH LINE

Route du Col de la Loze, at the end of a 2km finishing straight by line of sight and at the end of a climb of 21.5km at 7.8%

Width: 4m

PRESS ROOM

Parc Olympique, Route Albert Gacon, 73550 Méribel

Distance from finish: 9km

RECEPTION POINT FOR GUESTS

Behind the Les Rhodos restaurant - **Opens:** 13.45

SERVICE STATION

Total Access, Relais du Doron

192 Avenue des Thermes, 73600 Salins Fontaine

Tel: +33 (0)4 79 24 24 73 or +33 (0)6 16 43 43 03

Opening hours: 14.00 to 19.30

FINISH MAP



THURSDAY 17 SEPTEMBER

➤ 175 KM

STAGE 18

MÉRIBEL >>>

Mountain resort in Savoie (73)
Part of the municipality of Allues
Inhabitants: 1,900 (Alluetais)
www.meribel.net

Tour de France: Stage town for the second time. In 1973, Luis Ocaña, who had taken the yellow jersey that morning following the Divonne-Bains to Gaillard half-stage, kept the lead and held it all the way to Paris, where Bernard Thévenet and José Manuel Fuente completed the podium

- **Cycling:** Project to create the Via 3 Vallées to link the Méribel, Courchevel and Belleville valleys by lanes reserved exclusively for bikes. Bikepark VTT (28 MTB trails, 2,000m of vertical gain)
- **Sport and culture:** Savoy-style architecture (stone and wooden walls with sloping roofs). Winter sports resort created in 1936 by Scotsman Peter Lindsay. *Events*:* Aviation and astronautics festival, Piste Bash Festival (music), 3 Vallées Enduro, VTT Winter Tour (MTB)
- **Sights:** Plan de Tuéda nature reserve, Vanoise National Park, Gébroulaz glacier
- **Gastronomy:** Savoy ham, cheese (Beaufort, Tomme de Savoie, Reblochon), bugnes (mini beignets), Savoy cake, blueberry tart
- **Distinction:** Three-star floral town



Savoyard style architecture © Sylvain Aymoz



Méribel in winter © Sylvain Aymoz



Tower of the Counts of Geneva © Y. Mino



Château de l'Échelle © Town of la Roche

>>> LA ROCHE-SUR-FORON

Main town in a canton of Haute-Savoie (74)
Inhabitants: 12,150 (Rochois)
www.larochesurforon.fr

Tour de France: Stage town for the first time. The Tour went across the Plateau de Glières for the very first time in 2018 during the Annecy Le Grand Bornand stage

- **Cycling:** 23 marked mountain bike trails (520km), bike and electric bike rental
- **Sport and culture:** The first city in Europe to use electricity to provide public lighting in 1885. *Athletes:* Jérôme Coppel (cycling), Jean-Marc Gaillard (cross-country skiing, Olympic medallist). *Events*:* Grimpée du Pays Rochois (running and walking), La Roche Blue Grass Festival (country music), Zik'en Ville (music), Éclat de scène 2.0 (theatre), Foire Internationale Haute-Savoie Mont-Blanc (art and folklore), Salon International de la machine-outil de décolletage (machine tools), Saint-Denis Fair (agricultural fair)
- **Sights:** Medieval town, Tower of the Counts of Geneva (13th century), Château du Saix (12th century), Château de l'Échelle (14th century), grain measures (16th century), Bénite Fontaine (place of pilgrimage)
- **Gastronomy:** Savoyard specialities including fondue, tartiflette, raclette, berthoud (made with Abondance cheese and white wine), cheeses (Abondance, Reblochon, Tomme de Savoie). La Rochoise craft beer
- **Distinctions:** Second most historic town in Haute-Savoie, tourist town, Plus Beaux Détours de France (most beautiful getaways) label, three-star floral town

*Due to the health crisis resulting from the Covid-19 pandemic, most of the events cited have already been or will be cancelled in 2020.

175 KM



MÉRIBEL >>> LA ROCHE-SUR-FORON

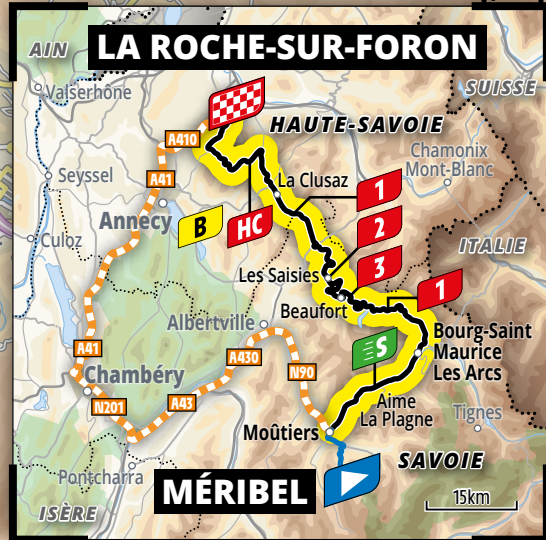


THURSDAY 17 SEPTEMBER

STAGE 18

193

LA ROCHE-SUR-FORON



Climb of the Plateau de Glières

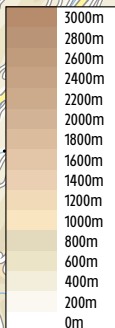
GRAVEL SECTION (1,800m)

Col des Aravis

Col des Saisies

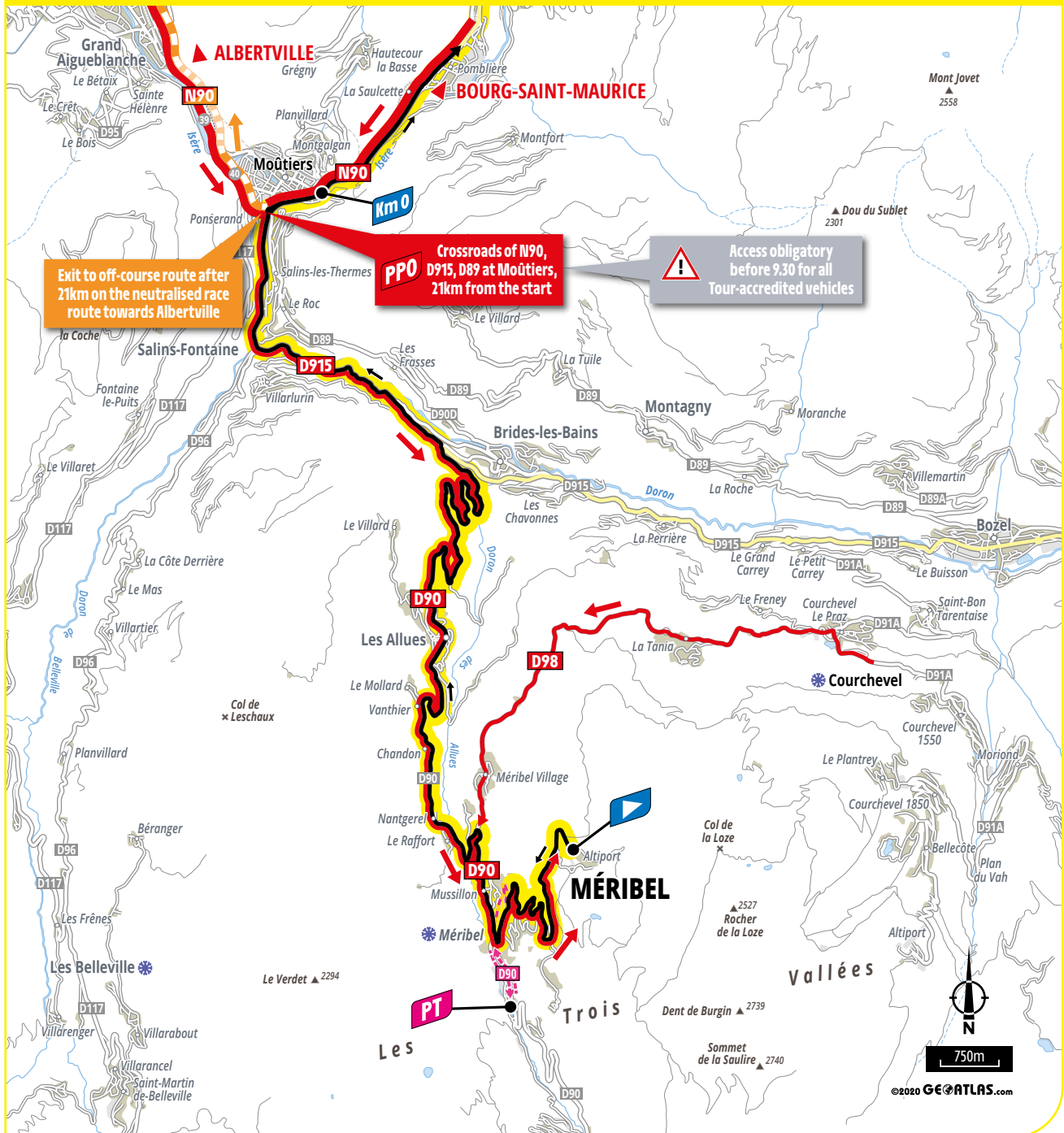
Côte de la route des Villes

Cornet de Roselend



ACCESS AND START

START ACCESS



ACCESS AND START

Crossroads of the N90, D915 and D89 at Moûtiers,
21km from the start

RECEPTION POINT FOR GUESTS

Parking de l'altiport
Opens: 8.30

TOUR DE FRANCE VILLAGE

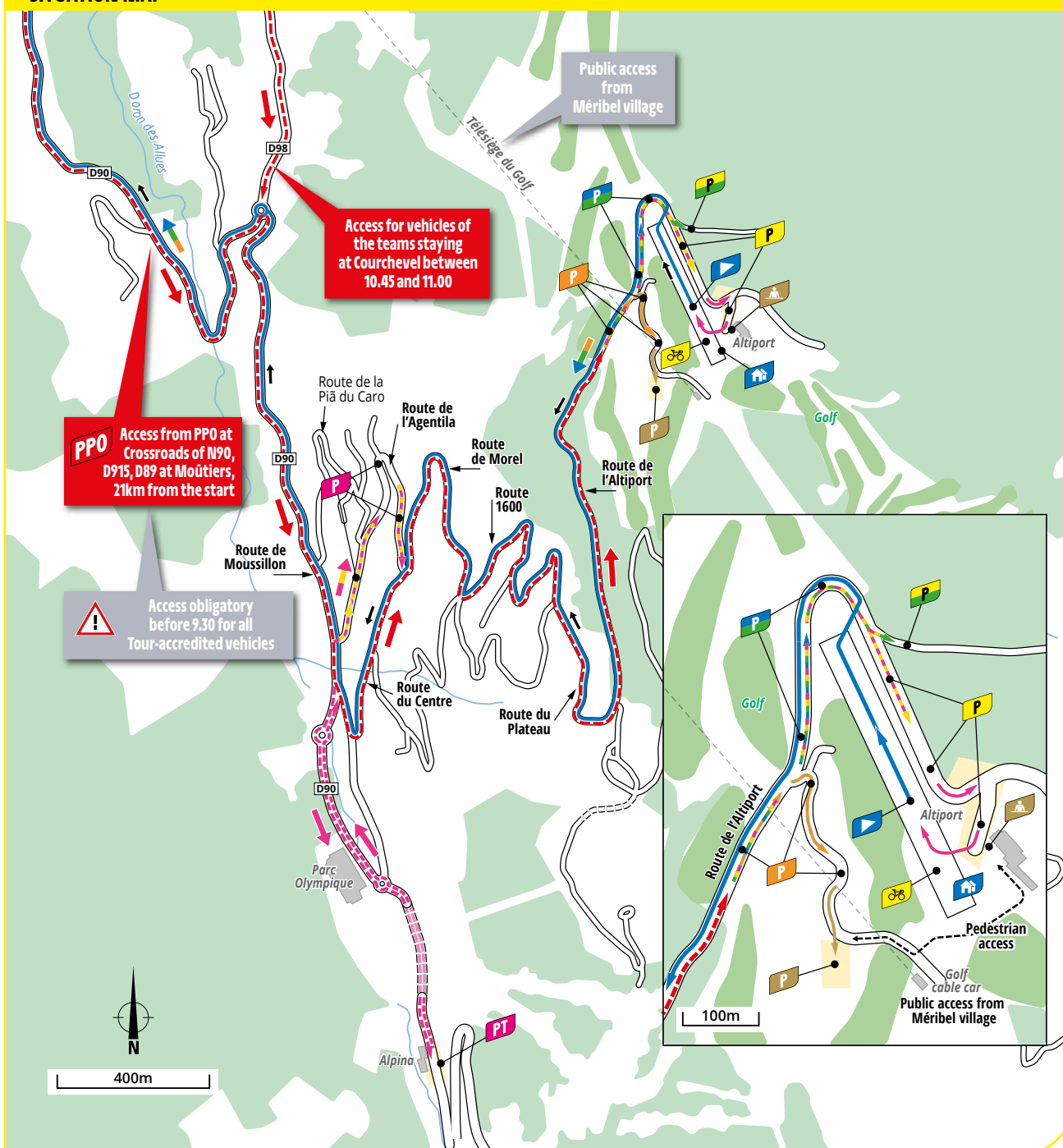
Location: Raquette de l'altiport
Opens: 9.30

PUBLICITY CARAVAN

Parking: Route de l'Agentila
Parking technique: Parking Alpina, D90
Departure from the car park:
 Between 10.05 and 10.35
Passage across the start line:
 Between 10.20 and 10.50

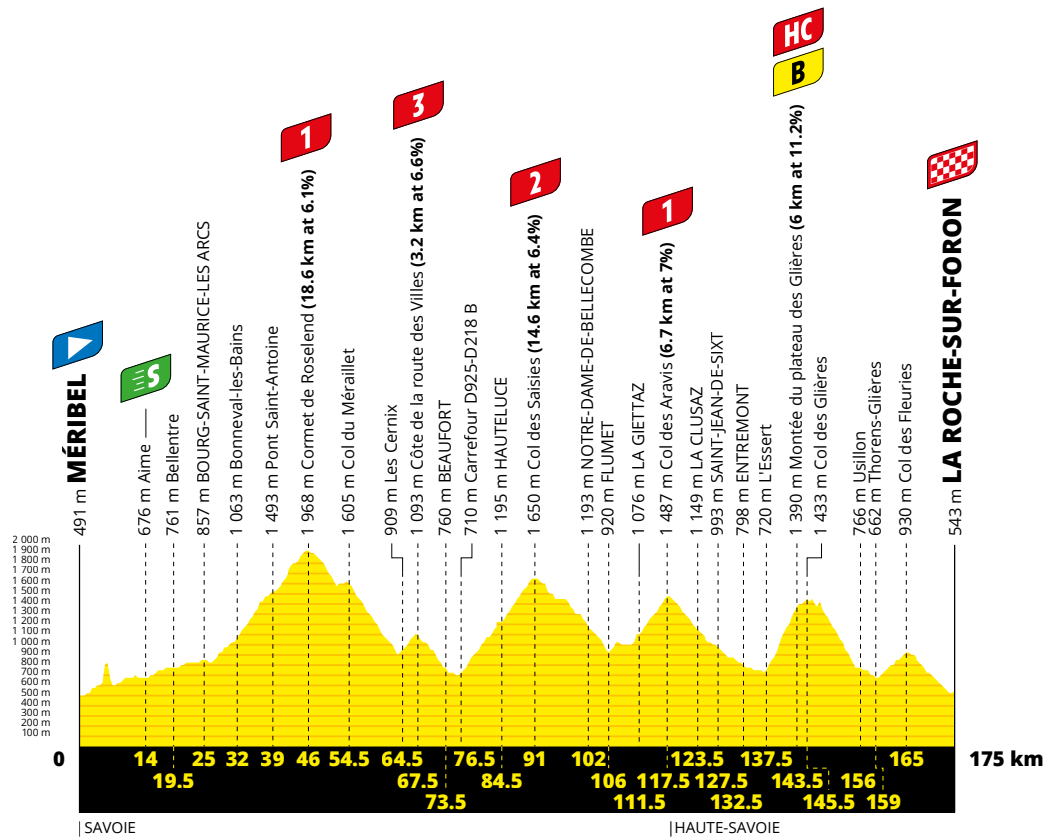
Assembly point for start: Altiport de Mérébel
Rider sign-in: Between 10.55 and 11.55
Call to the start: 12.00
Neutralised start: 12.05, altiport runway
Official start: 12.30, on the N90, 21.5km from the assembly point

SITUATION MAP

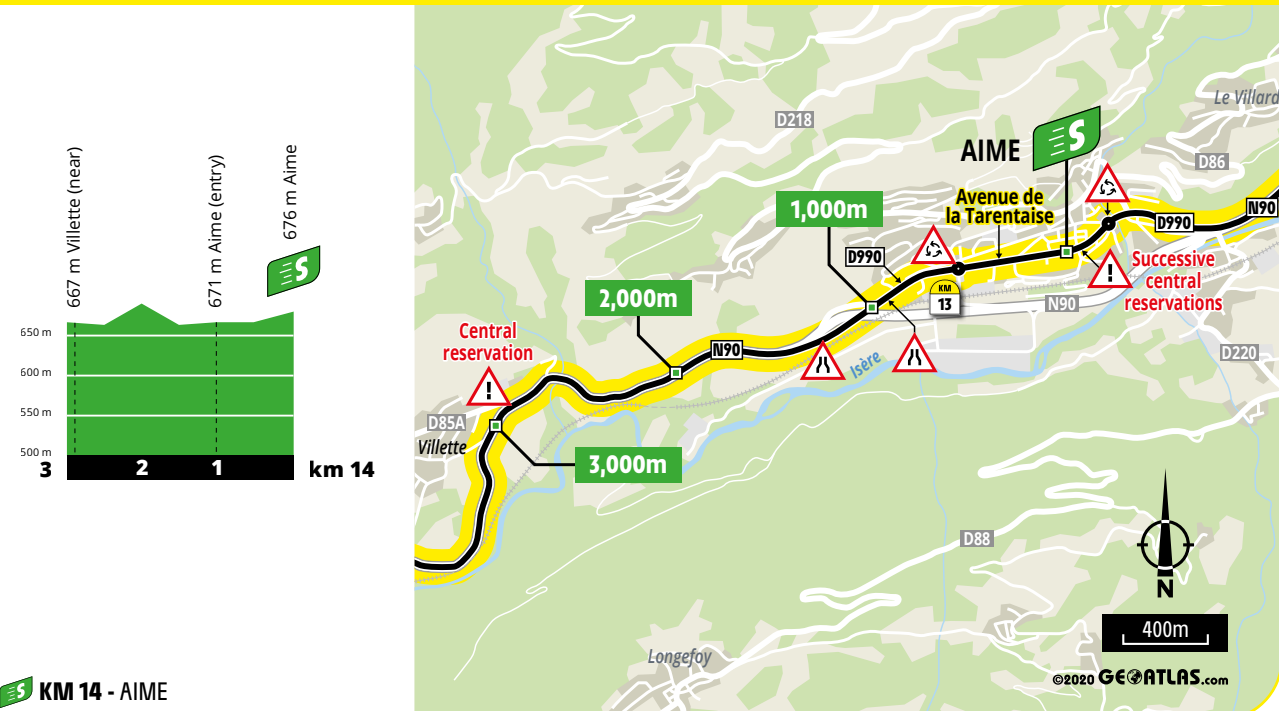


PROFILES AND MAP

STAGE'S PROFILE



INTERMEDIATE SPRINT: PROFILE AND MAP



ITINERARY TIMETABLE

KM		STAGE 18		TIMETABLE			
To be run	Run			Caravan	37 kph	35 kph	33 kph
SAVOIE (73)							
		VC	MÉRIBEL (VC-D90) 	10:20	12:05	12:05	12:05
		D90	Mussillon				
			Nantgerel				
			LES ALLUES				
			BRIDES-LES-BAINS (near) (D90-D915)				
		D915	Salins-les-Thermes (SALINS-FONTAINE)				
			MOÛTIERS (D915-N90)				
175	0	N90	MÉRIBEL 	10:45	12:30	12:30	12:30
173	2		Pomblière (near)	10:48	12:33	12:33	12:33
170.5	4.5		SAINT-MARCEL (near)	10:52	12:37	12:37	12:37
169.5	5.5		Tunnel du Siaix	10:54	12:38	12:38	12:39
168	7		Viaduc de Montgirod	10:56	12:41	12:41	12:41
166.5	8.5		Viaduc de Centron	10:59	12:43	12:43	12:44
164	11		Villette (AIME-LA-PLAGNE) (near)	11:03	12:47	12:47	12:48
162	13		Aime (AIME-LA-PLAGNE) (entry) (N90-D990-N90)	11:06	12:49	12:50	12:51
161	14	D990	Aime 	11:08	12:51	12:52	12:53
157	18	N90	Le Gothard (LA PLAGNE TARENTAISE)	11:15	12:58	12:58	13:00
155.5	19.5		Bellentre (LA PLAGNE TARENTAISE) (near)	11:17	12:59	13:00	13:02
150	25		BOURG-SAINT-MAURICE-LES ARCS (N90-D1090-D902)	11:27	13:08	13:09	13:12
146.5	28.5	D902	La Grange	11:33	13:14	13:15	13:18
146.5	28.5		Le Châtelard	11:34	13:15	13:16	13:19
143	32		Bonneval-les-Bains	11:44	13:23	13:26	13:29
141.5	33.5		Les Glinettes	11:49	13:28	13:30	13:34
137.5	37.5		Crêt Bettex	12:01	13:37	13:40	13:46
136	39		Pont Saint-Antoine	12:04	13:40	13:44	13:49
129	46		Cormet de Roselend (1 968 m) (D902-D925) 	12:27	13:59	14:04	14:12
120.5	54.5	D925	Col du Mérallet	12:37	14:08	14:14	14:22
111	64		Crossroad D925-VC	12:50	14:20	14:26	14:35
110.5	64.5	VC	Les Cernix	12:51	14:21	14:27	14:36
107.5	67.5		Côte de la route des Villes 	12:59	14:28	14:34	14:44
104.5	70.5		Crossroad VC-D70	13:02	14:31	14:38	14:47
104	71	D70	Les Curtilllets	13:03	14:32	14:38	14:48
103	72		Les Outards	13:04	14:33	14:39	14:49
102	73		Crossroad D70-D925	13:06	14:34	14:41	14:51
101.5	73.5	D925	BEAUFORT	13:06	14:35	14:41	14:51
98.5	76.5		Crossroad D925-D218 B	13:11	14:39	14:46	14:56
98.5	76.5	D218 B	La Pierre	13:12	14:40	14:46	14:57
94.5	80.5		Champtardy (VILLARD-SUR-DORON)	13:22	14:48	14:56	15:07
90.5	84.5		HAUTELUCE (near)	13:35	14:59	15:07	15:20
87	88		Nantailly	13:44	15:07	15:16	15:29
85.5	89.5		Les Saisies (entry)	13:49	15:11	15:20	15:34
84	91		Col des Saisies (1 650 m) 	13:53	15:14	15:24	15:38
78	97		Les Frasses	14:00	15:21	15:31	15:45
76	99		Le Mont Rond	14:02	15:23	15:33	15:47
74	101		Le Cheloup	14:04	15:25	15:35	15:49
73	102		NOTRE-DAME-DE-BELLECOMBE	14:05	15:26	15:36	15:50
71	104		Crossroad D218 B-D218 C	14:08	15:28	15:38	15:53
69	106	D218 C	FLUMET (D218 C-D909)	14:10	15:30	15:40	15:55
65.5	109.5	D909	Les Glières	14:16	15:35	15:46	16:01
63.5	111.5		LA GIETTAZ	14:21	15:39	15:50	16:06
57.5	117.5		Col des Aravis (1 487 m) 	14:37	15:54	16:06	16:22
HAUTE-SAVOIE (74)							
53.5	121.5		La Praise	14:42	15:58	16:10	16:27
51.5	123.5		LA CLUSAZ	14:44	16:00	16:12	16:29

DISTANCE FROM NEUTRALISED TO OFFICIAL START

21.5km

CATEGORISED CLIMBS

1 Km 46 - Cormet de Roselend

Climb of 18.6km at 6.1%

3 Km 67.5 - Côte de la route des Villes

Climb of 3.2km at 6.6%

2 Km 91 - Col des Saisies

Climb of 14.6km at 6.4%

1 Km 117.5 - Col des Aravis

Climb of 6.7km at 7%

HC B Km 143.5

Montée du plateau des Glières
Climb of 6km at 11.2%

RELAIS-ÉTAPE

Col des Saisies
73620 Hauteluce
Km 91

ROUTE FOR NON-RACE VEHICLES

Exit point after 21km on the neutralised course (Carrefour de l'Europe, at junction of the D915 and N90 at Moûtiers). Take N90 towards Albertville. At Albertville, continue on the N90, the A430 and then the A43 towards Chambéry. At Chambéry, pick up the N201. Take the A41 towards Annecy and Geneva. After Annecy, at Cruseilles, take the A410 towards Milan, Chamonix and Annemasse. Leave the A410 at junction 19. Head towards La Roche sur Foron-Centre on the D2 A and then follow Avenue de la Libération. In La Roche sur Foron, go left on Rue Adhémar Fabri and then right on Rue du Faucigny to reach Place de Stockach.

Follow the arrows towards the different parking zones in the finish area (there's no entry point onto the race route).

Total distance: 175km

RESTRICTIONS

ON THE CARAVAN

Km 143.5 - Plateau des Glières

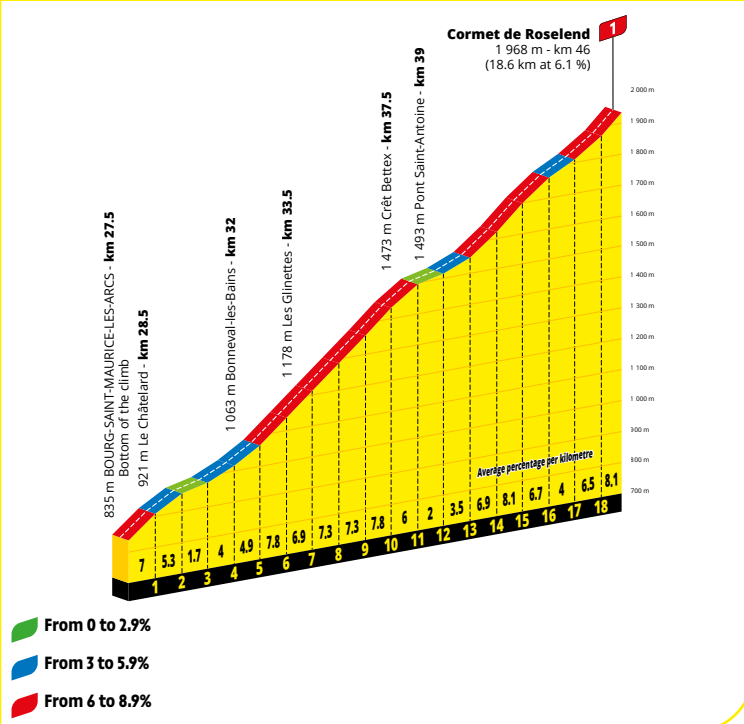
Memorial site - Narrow and twisting climb with steep gradients
Detour for the whole caravan at km 128 (Saint Jean de Sixt)

ITINERARY TIMETABLE

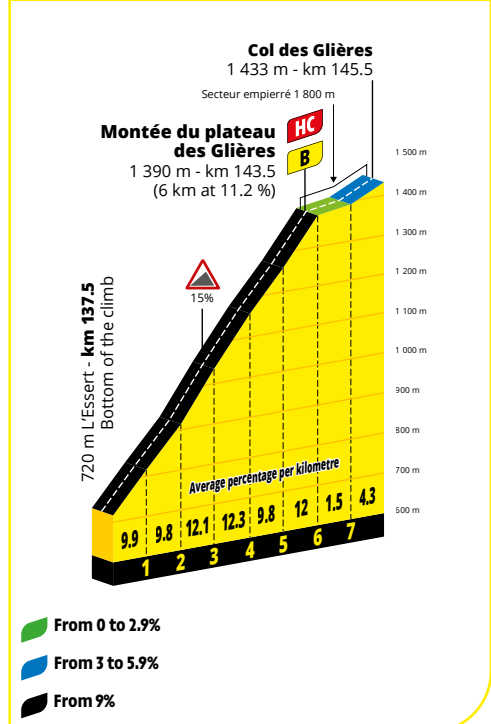
KM		STAGE 18		TIMETABLE			
To be run	Run			Caravan	37 kph	35 kph	33 kph
47.5	127.5		SAINT-JEAN-DE-SIXT (D909-D4)	14:49	16:04	16:16	16:34
46	129	D4	Crossroad D4-D12		16:06	16:18	16:35
42.5	132.5	D12	Entremont (GLIÈRES-VAL-DE-BORNE)		16:10	16:22	16:40
40	135		La Ville (GLIÈRES-VAL-DE-BORNE)		16:12	16:25	16:43
38.5	136.5		Crossroad D12-VC		16:14	16:27	16:45
37.5	137.5	VC	L'Essert (GLIÈRES-VAL-DE-BORNE)		16:15	16:28	16:46
31.5	143.5		Montée du plateau des Glières (1 390 m)  	16:31	16:46	17:05	
31.5	143.5		Secteur empierré du plateau des Glières		16:31	16:46	17:05
29.5	145.5		Col des Glières - Fin de secteur empierré (VC-D55)		16:33	16:48	17:08
29.5	145.5	D55	Mémorial du plateau des Glières		16:34	16:48	17:08
19	156		Usillon		16:47	17:02	17:23
17	158		Sales (FILLIÈRE)		16:50	17:05	17:26
16	159		Thorens-Glières (FILLIÈRE) (D55-D5-D2)	15:42	16:51	17:07	17:27
14.5	160.5	D2	La Colanche (FILLIÈRE)	15:45	16:53	17:09	17:30
12.5	162.5		Pont de la Zone (FILLIÈRE)	15:47	16:56	17:12	17:32
10	165		Col des Fleuries (FILLIÈRE)	15:51	16:59	17:15	17:36
8	167		Les Crys	15:54	17:02	17:18	17:39
6.5	168.5		Les Fleuries	15:56	17:04	17:20	17:41
4	171		LA ROCHE-SUR-FORON (entry) (D2-VC)	15:59	17:07	17:23	17:44
2.5	172.5		Cross level N° 75	16:01	17:09	17:25	17:46
2.5	172.5		Cross level N° 1	16:02	17:09	17:25	17:47
0,5	174,5	VC	Le Quarre (AMANCY) (VC-D1203)	16:04	17:11	17:27	17:49
0	175	D1203	LA ROCHE-SUR-FORON 	16:05	17:12	17:28	17:50

PARTICULAR PROFILES

CORMET DE ROSELEND



MONTÉE DU PLATEAU DES GLIÈRES

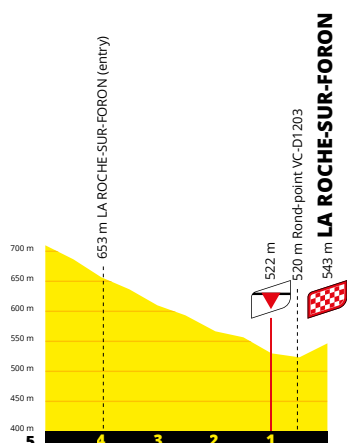


STAGE'S LAST KILOMETRES

LAST KILOMETRES MAP



LAST KILOMETRES PROFILE



FINISH LINE

D1203, Boulevard du Maquis des Glières at the end of a 500m finishing straight that rises to the line - **Width:** 6.50m

PRESS ROOM

Rochexpo Hall B, 59 rue des Centaures
74800 La Roche-sur-Foron
Distance from finish: Adjacent

RECEPTION POINT FOR GUESTS

Rochexpo - **Opens:** 14.00

SERVICE STATION

Total - 160 Avenue de la Libération, 74800 La Roche sur Foron
Tel: +33 (0)4 50 03 11 33 or +33 (0)7 61 11 21 71
Opening hours: 14.00 to 19.30

FINISH

FINISH MAP





OFFICIAL TECHNOLOGY PARTNER

876m



8%
climb



70pt

52
km/h

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hello.global.ntt/tourdefrance

FRIDAY 18 SEPTEMBER

> 166.5 KM

STAGE 19

BOURG-EN-BRESSE >>>

Prefecture of the Ain (01)

Inhabitants: 41,360 (Burgiens), 131,730 in the 74 communes comprising the Bourg-en-Bresse municipality

www.bourgenbressetourisme.fr

Tour de France: Stage town for the fifth time. In 2007 Tom Boonen took the fifth of his six Tour stage victories here. That same year, he rode into Paris in the green jersey as the points competition winner

- **Cycling:** 60km of accessible routes, including 20km of cycle paths and greenways, 100 self-service bikes. Ranked second best cycling town (20,000 to 50,000 inhabitants) in 2020
- **Sport and culture:** Jeunesse Laïque Bourg-en-Bresse (basketball, Jeep Élite), FC Bourg-en-Bresse Péronnas 01 (football, National level), US Bressane (rugby, Pro D2). *Athletes:* Daniel Morelon (track cycling, Olympic and world champion), Pierre-Luc Périchon (cycling, Team Cofidis), Alain Giletti (figure skating, world champion), Julien Benneteau (tennis). *Events*:* Jumping International (show jumping), Colours of Love (light shows), Les Glorieuses de Bresse (poultry competition)
- **Sights:** Royal Brou Monastery (16th century), a jewel of flamboyant Gothic art, Co-cathedral of Notre-Dame de l'Annonciation (16th century), half-timbered houses
- **Gastronomy:** Bresse chicken (AOP), Bresse cream and butter, comté cheese
- **Distinctions:** Active and sporting town, three-star floral town



Half-timbered house © Serge Buathier



Brou Royal Monastery © Franck Paubel



Church of Saint Cyr and Sainte Juliette © Town of Champagnole



Town hall © Town of Champagnole

>>> CHAMPAGNOLE

Main town in a canton of Jura (39)

Inhabitants: 7,960 (Champagnolais), 23,500 inhabitants within the 66 communes comprising the Champagnole Nozeroy Jura municipality

www.champagnole.fr / www.champagnolenozerojura.fr

Tour de France: Stage town for the third time. In 1937, Belgium posted the best time in the team time trial in Champagnole. At that time, the time of each rider was taken into account to establish the classification and, therefore, Sylvère Maes was anointed as the stage winner

- **Cycling:** Development of a greenway connecting Champagnole to Lake Chalain
- **Sport and culture:** 2,000 licensees distributed across 60 associations. Marc Janin (best agricultural worker in France), Sylvain Guillaume (Nordic combined skiing, Olympic medallist in 2012), Quentin Fillon-Maillet (biathlon, Olympic and world champion), Lazslo Bodrogi (cycling). *Events*:* Tram'jurassienne (mountain bike and running race with 4,000 participants), Assaut des remparts (medieval festival in Nozeroy)
- **Sights:** Church of Saint-Cyr-et-Sainte-Juliette (18th century) and its double-domed bell tower, Mont Rivel archaeological site
- **Gastronomy:** Comté cheese
- **Distinctions:** The town is the gateway to the Haut-Jura regional natural park. The Ain, Saine and Lemme rivers and the lakes and waterfalls attract many fishermen and hikers. Three-star floral town

*Due to the health crisis resulting from the Covid-19 pandemic, most of the events cited have already been or will be cancelled in 2020.

166.5 KM



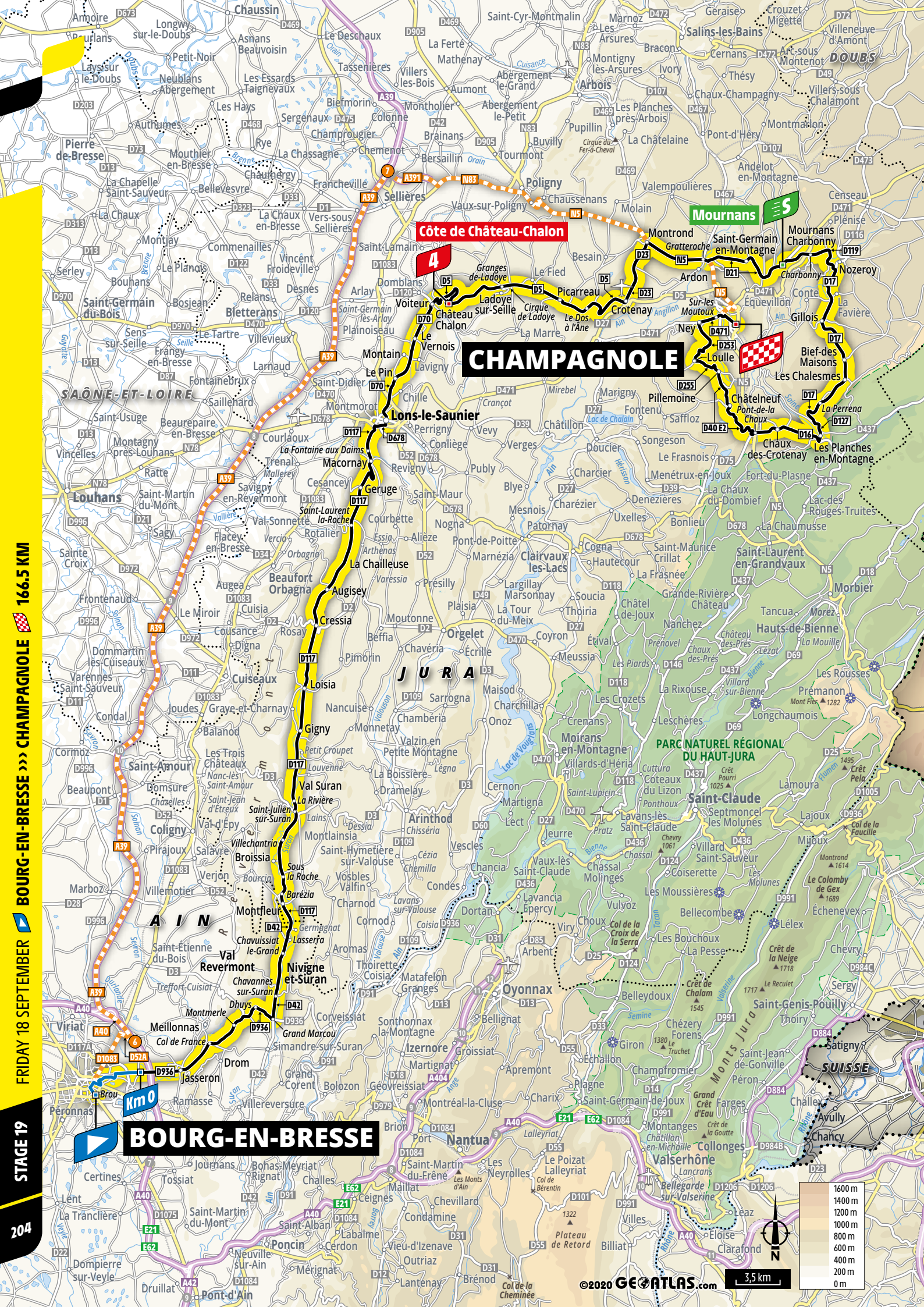
BOURG-EN-BRESSE >>> CHAMPAGNOLE



FRIDAY 18 SEPTEMBER

STAGE 19

203



BOURG-EN-BRESSE

Côte de Château-Chalon

CHAMPAGNOLE

Mournans

JURA

PARC NATUREL RÉGIONAL DU HAUT-JURA

SUISSE



ACCESS AND START

PPO

Junction 7 on the A40, 11km from the start



RECEPTION POINT FOR GUESTS

Crossroads of Boulevard Charles de Gaulle and Rue du Pré Georges

Opens: 10.00



TOUR DE FRANCE VILLAGE

Location: Lawn behind the Brou Royal Monastery

Opens: 11.00

PUBLICITY CARAVAN

Parking: Parc des Expositions Ainterexpo (parking P2 Est)

Parking technique: Parc des Expositions Ainterexpo (parking P2 Ouest)

Departure from the car park:

Between 11.30 and 12.00

Passage across the start line:

Between 11.45 and 12.15



RACE

Assembly point for start: Brou Royal Monastery

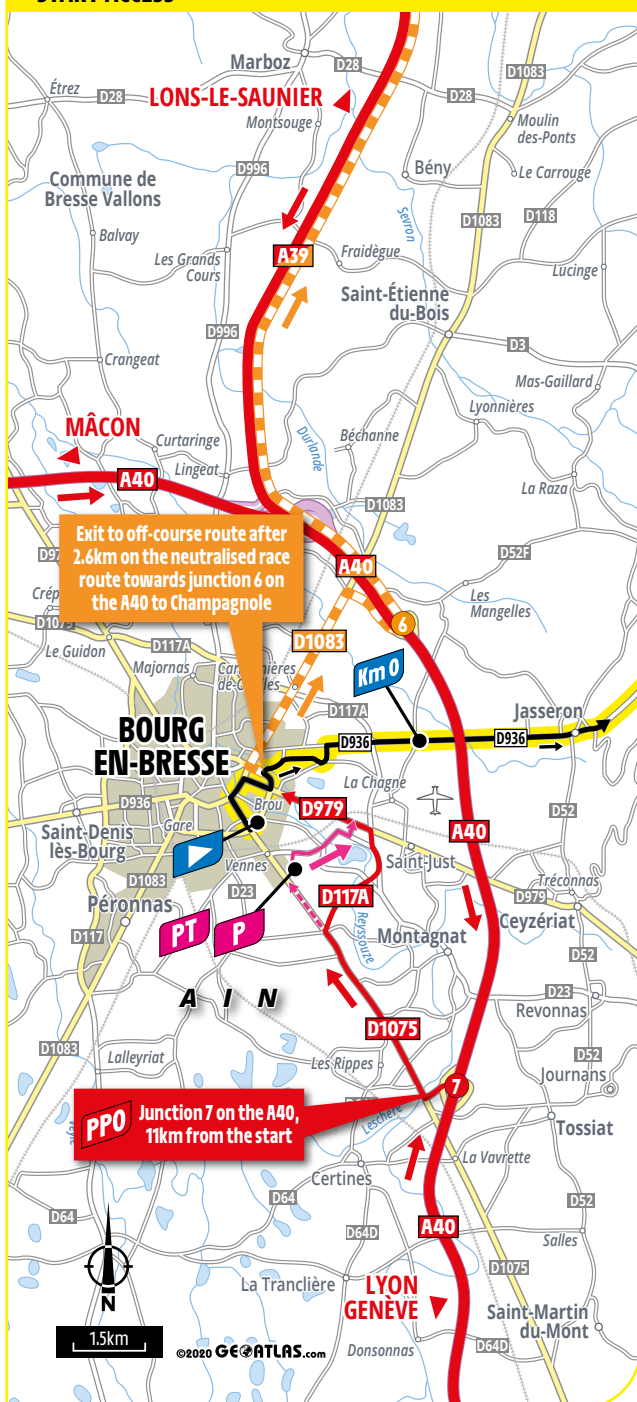
Rider sign-in: Between 12.20 and 13.20

Call to the start: 13.25

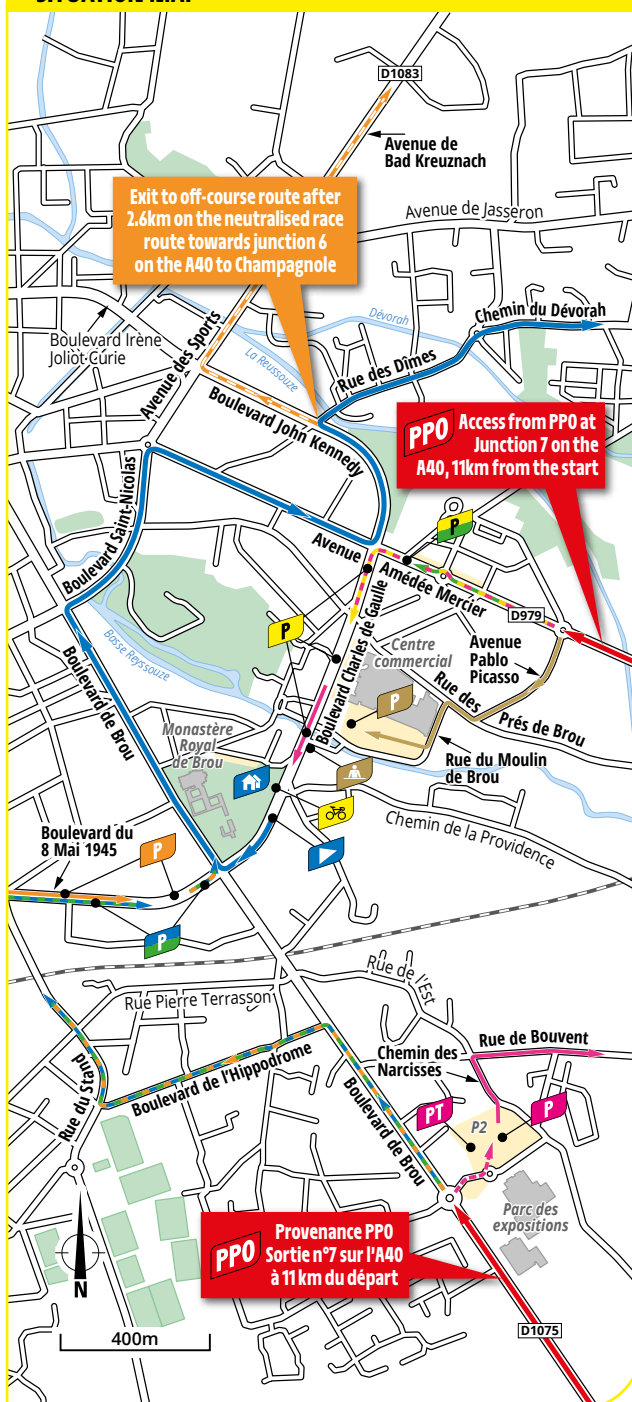
Neutralised start: 13.30, Boulevard Charles de Gaulle

Official start: 13.45, on the D936, Route de Jasseron, 6.2km from the assembly point

START ACCESS



SITUATION MAP



166.5 KM



BOURG-EN-BRESSE >>> CHAMPAGNOLE



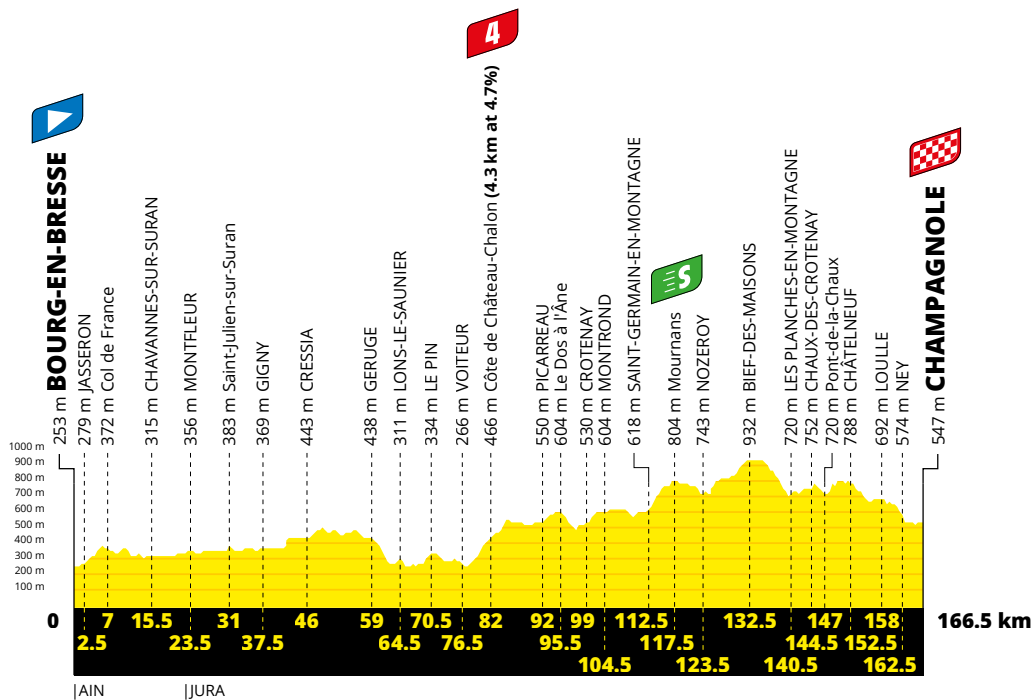
FRIDAY 18 SEPTEMBER

STAGE 19

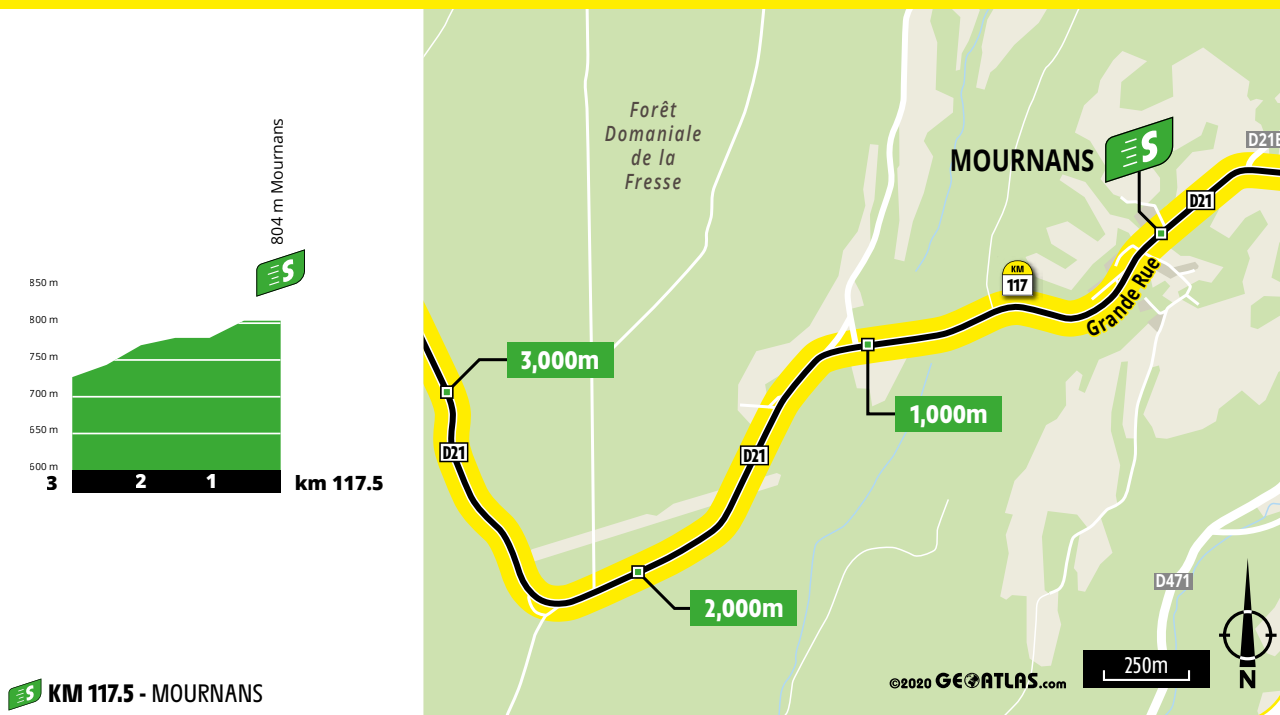
205

PROFILES AND MAP

STAGE'S PROFILE



INTERMEDIATE SPRINT: PROFILE AND MAP



ITINERARY TIMETABLE

KM		STAGE 19		TIMETABLE			
To be run	Run			Caravan	45 kph	43 kph	41 kph
AIN (01)							
		D1075	BOURG-EN-BRESSE (D1075-VC-D1075-D936) 	11:45	13:30	13:30	13:30
166.5	0	D936	BOURG-EN-BRESSE 	12:00	13:45	13:45	13:45
164	2.5		JASSERON	12:04	13:48	13:48	13:49
159.5	7		Col de France (MEILLONNAS, DROM)	12:10	13:54	13:54	13:55
157	9.5		Montmerle (VAL-REVERMONT)	12:14	13:57	13:58	13:59
154.5	12		Dhuys (NIVIGNE ET SURAN)	12:17	14:01	14:01	14:02
152.5	14		Grand Marcou (SIMANDRE-SUR-SURAN) (D936-D42)	12:20	14:03	14:04	14:05
151	15.5	D42	Chavannes-sur-Suran (NIVIGNE ET SURAN)	12:22	14:05	14:06	14:07
147.5	19		Chavuisiat-le-Grand (NIVIGNE ET SURAN)	12:28	14:10	14:11	14:13
146	20.5		Lasserra (NIVIGNE ET SURAN) (near)	12:30	14:12	14:13	14:15
JURA (39)							
143	23.5	D117	MONTFLEUR	12:34	14:16	14:17	14:19
142.5	24		Barézia	12:35	14:17	14:18	14:20
141	25.5		Sous la Roche (BROISSIA)	12:37	14:19	14:21	14:22
138	28.5		La Noirette (VAL SURAN)	12:41	14:23	14:25	14:26
138	28.5		Villechantria (VAL SURAN)	12:42	14:23	14:25	14:27
135.5	31		Saint-Julien-sur-Suran (VAL SURAN)	12:45	14:26	14:28	14:30
134.5	32		La Rivière (VAL SURAN)	12:46	14:27	14:29	14:31
129	37.5		GIGNY	12:54	14:35	14:37	14:39
125.5	41		LOISIA	13:00	14:40	14:42	14:45
120.5	46		CRESSIA	13:07	14:46	14:49	14:52
117	49.5		AUGISEY	13:12	14:51	14:54	14:57
111	55.5		Saint-Laurent-la-Roche (LA CHAILLEUSE)	13:21	14:59	15:02	15:06
107.5	59		GERUGE	13:26	15:03	15:07	15:11
104.5	62		MACORNAY	13:30	15:07	15:11	15:15
103.5	63		La Fontaine aux Daims (MACORNAY, COURBOUZON)	13:32	15:09	15:13	15:17
102	64.5		LONS-LE-SAUNIER (D117-D678-VC-D70)	13:34	15:11	15:15	15:19
97	69.5	D70	Feschaux (VILLENUEVE-SOUS-PYMONT) (near)	13:41	15:17	15:21	15:26
96	70.5		LE PIN	13:43	15:18	15:23	15:28
94	72.5		MONTAIN (near)	13:46	15:21	15:26	15:31
92.5	74		LE VERNOIS	13:48	15:23	15:28	15:33
90	76.5		VOITEUR (D70-D5)	13:52	15:27	15:31	15:37
85	81.5	D5	CHÂTEAU-CHALON	13:59	15:34	15:39	15:44
84.5	82		Côte de Château-Chalon 	14:00	15:34	15:39	15:45
79.5	87		Granges-de-Ladoye (LADOYE-SUR-SEILLE)	14:07	15:41	15:46	15:52
78.5	88		Cirque de Ladoye (near)	14:08	15:42	15:47	15:53
76.5	90		LE FIED (near)	14:11	15:45	15:50	15:56
74.5	92		PICARREAU	14:14	15:47	15:53	15:59
71	95.5		Le Dos à l'Âne	14:19	15:52	15:58	16:04
67.5	99		CROTENAY (D5-VC-D23)	14:24	15:57	16:03	16:09
62	104.5	D23	MONTROND (D23-N5)	14:32	16:04	16:10	16:17
57	109.5	N5	Cross level n°5	14:40	16:10	16:17	16:25
57	109.5		Gratteroche (ARDON)	14:40	16:11	16:17	16:25
57	109.5		Pont de Gratteroche (VANNOZ) (N5-D21)	14:40	16:11	16:18	16:25
54	112.5	D21	SAINT-GERMAIN-EN-MONTAGNE	14:45	16:15	16:22	16:30

DISTANCE FROM NEUTRALISED TO OFFICIAL START

6.2km

CATEGORISED CLIMBS

 Km 82 - Côte de Château-Chalon
Climb of 4.3km at 4.7%

RELAIS-ÉTAPE

Parking du stade municipal
Boulevard de Montrond
39300 Crotenay
Km 100

ROUTE FOR NON-RACE VEHICLES

Exit point after 2.6km on the neutralised race course (crossroads of Boulevard John Kennedy and Rue des Dîmes). Continue straight on Boulevard John Kennedy. Head towards the A40 on Avenue des Sports, Avenue de Bad Kreuznach, the D1083 and then the D52 A. Take the A40 (junction 6 "Bourg en Bresse-Est") towards Paris, Lons le Saunier and Strasbourg and then immediately take the A39 towards Strasbourg. Leave the A39 at junction 7 and take the A391 and then the N83 towards Poligny. At Poligny, head towards Champagnole and Geneva via the Route de Lons, Rue Jacques Coittier, Rue Travot and then the N5. Enter the race route at Montrond (crossroads of the N5 and D23), making sure to avoid periods when the caravan and the race convoy is passing. Stay on the route for 5.2km. Leave the race route at Pont de Gratteroche (crossroads of the N5 and D21). Continue straight on the N5 towards Champagnole. Leave the N5 at the "Champagnole-Est, Pontarlier, D471" junction. Head towards Champagnole-Centre-Ville via Rue Clemenceau. At the end of Rue Clemenceau, go left on Avenue de la République.

Entry point onto the race route:

Crossroads of Avenue de la République, Rue Progin and Avenue Jean Jaurès, 1.1km from the finish line.

Total distance: 125km

RESTRICTIONS

ON THE CARAVAN

Km 65 - Lons-le-Saunier

Passage beneath a low bridge (4m max.)

Km 165.5 - CHAMPAGNOLE (Finish)

Detour for floats in the caravan 1.1km from the finish line



ITINERARY TIMETABLE

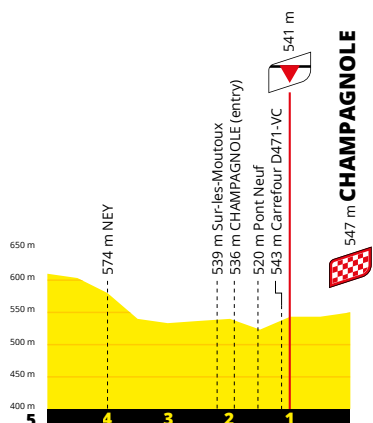
KM		STAGE 19		TIMETABLE			
To be run	Run			Caravan	45 kph	43 kph	41 kph
49	117.5		Mournans (MOURNANS-CHARBONNY) (entry)	14:52	16:21	16:29	16:37
49	117.5		Mournans (MOURNANS-CHARBONNY) 	14:52	16:22	16:29	16:37
47	119.5		Charbonny (MOURNANS-CHARBONNY) (D21-D471-D119)	14:55	16:24	16:32	16:40
43	123.5	D119	NOZEROY (near) (D119-D17)	15:01	16:30	16:37	16:46
38	128.5	D17	GILLOIS	15:07	16:36	16:44	16:52
34	132.5		BIEF-DES-MAISONS	15:14	16:41	16:50	16:59
32	134.5		LES CHALESMES	15:16	16:44	16:52	17:01
30.5	136		Petit Chalesmes	15:19	16:46	16:55	17:04
29	137.5		La Perrena	15:21	16:48	16:56	17:06
26	140.5		LES PLANCHES-EN-MONTAGNE (D17-D127)	15:25	16:52	17:01	17:10
24.5	142	D127	Crossroad D127-D16	15:27	16:54	17:02	17:12
21.5	145	D16	CHAUX-DES-CROTENAY	15:32	16:58	17:07	17:17
19.5	147		Pont-de-la-Chaux (D16-N5-D75-D40 E2)	15:35	17:01	17:10	17:20
19	147.5		Cross level n°16	15:35	17:01	17:10	17:20
14	152.5	D40 E2	CHÂTELNEUF (D40 E2-D40)	15:42	17:08	17:17	17:27
11	155.5	D40	PILLEMOINE (D40-D255)	15:47	17:12	17:22	17:32
8.5	158	D255	LOULLE (D255-D253)	15:51	17:16	17:25	17:36
4	162.5	D253	NEY (D253-D471)	15:57	17:21	17:31	17:42
2	164.5	D471	Sur-les-Moutoux	16:00	17:24	17:34	17:45
2	164.5		CHAMPAGNOLE (D471-VC) (entry)	16:00	17:24	17:34	17:45
0.5	166	VC	Cross level n°12	16:03	17:26	17:37	17:48
0	166.5		CHAMPAGNOLE 	16:03	17:27	17:37	17:48

STAGE'S LAST KILOMETRES

LAST KILOMETRES MAP



LAST KILOMETRES PROFILE



FINISH LINE

Rue Léon Blum at the end of a 1.1km finishing straight (350m long by line of sight) - **Width: 5.50m**

PRESS ROOM

Salle Léo Lagrange, Rue de la Liberté, 39300 Champagne
Distance from finish: 900m on foot

RECEPTION POINT FOR GUESTS

Crossroads of Avenue Jean Jaurès and Rue Léon Blum
Opens: 14.00

SERVICE STATION

Centre commercial E.Leclerc
39 Rue Clemenceau, 39300 Champagne
Tel: +33 (0)3 84 53 12 45
Opening hours: 14.00 to 19.30

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SATURDAY 19 SEPTEMBER

> **36.2 KM**
Individual time-trial

STAGE 20



Sub-prefecture of Haute-Saône (70)
Inhabitants: 8,500 (Lurons)
www.lure.fr

Tour de France: Stage town for the first time

- **Cycling:** Ognon valley greenway (27km track connecting Lure to Bonnal and dedicated to sustainable mobility), mountain biking sports section at Sainte-Anne Saint-Joseph College, bike hire at La Saline watersports centre
- **Sport and culture:** HBC Lure-Villers (handball, Nationale 2 level). Home town of Georges Colomb, known as Christophe (1856-1945), creator of the Les Facéties du Sapeur Camember comic book. *Athletes:* Thibaut Pinot (cycling, Groupama-FDJ team), Alain Perrin (football) and Éric Kayser (baker, creator of Maisons Kayser worldwide) *Events*:* Les Franches Conteries (narrative arts festival), Au pied des murs (street art festival), Bouquimania (book fair), Trail du Sapeur, biennial trade fair
- **Sights:** Sub-prefecture in the old Benedictine monastery (16th-18th century), statue of Sapeur Camember
- **Gastronomy:** Comtoise potée (stew), cancoillotte (melted cheese), Luxeuil ham, griottines de Fougerolles (cherries in eau de vie), Trésor des Balloons (pastry)
- **Distinctions:** Gateway to the Ballons des Vosges regional natural park, Plateau des Mille Étangs Natura 2000 site, three-star floral town, "Cité du Sapeur"



Sapeur Camember © Olivier Vincent



Sub-prefecture and Lake La Font © Town of Lure



Le Corbusier's Notre Dame du Haut Ronchamp © 4vents



Château de Champlitte © JY MAIROT

LA PLANCHE DES BELLES FILLES

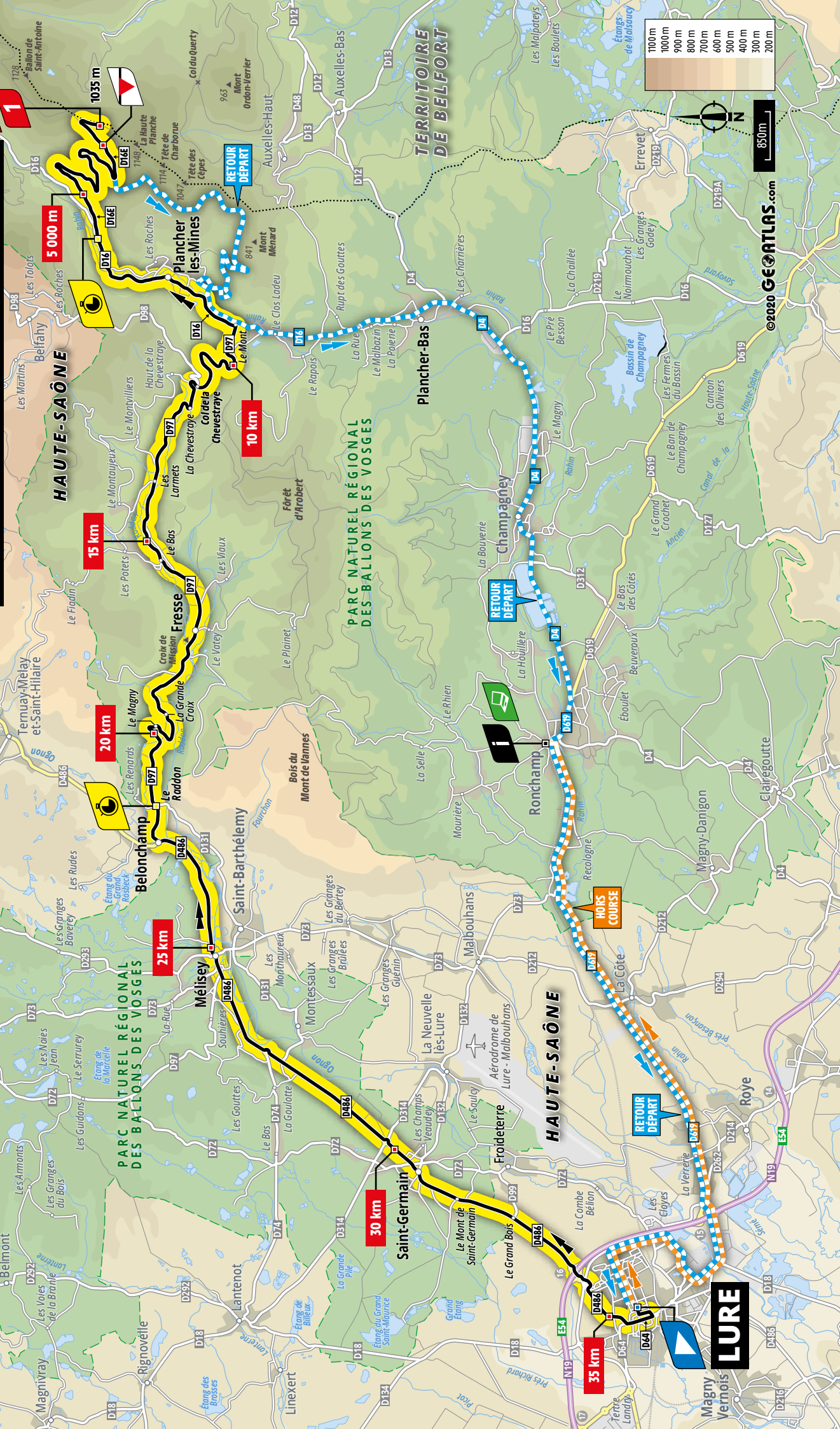
Vosges mountain summit (1,148m) in Haute-Saône (70)
Part of the municipality of Plancher-les-Mines
Inhabitants: 975 (Mainous), 235,660 in Haute-Saône
www.stationdelaplanche.fr / www.hautesaone.fr

Tour de France: Stage finish for the fifth time. In 2012, Chris Froome was still only a domestique responsible for supporting his team leader Bradley Wiggins in the mountains. But on the finale on the then new climb of La Planche des Belles Filles, he flew away from the peloton. His stage victory was his first Tour exploit. There would be plenty more...

- **Cycling:** 21 marked cycle routes connected to neighbouring departments via the Charles le Téméraire and EuroVelo6 European routes
- **Sport and culture:** Family ski resort. Green tourism (cycling, walking, horse riding, river activities). *Events*:* Tour Haute-Saône, Cyclosportive Les 3 Ballons, Grand Huit Vosgien (all cycling), Tran'sVosges Saônoises (MTB), music and heritage festival
- **Sights:** Chapel of Notre-Dame-du-Haut by Le Corbusier in Ronchamp, listed as World Heritage Site by UNESCO, House of Negritude and Human Rights in Champagny, mountain museum at Château-Lambert, cherry country ecomuseum at Fougerolles
- **Gastronomy:** AOC kirsch, griottines de Fougerolles (cherries in eau de vie)
- **Distinctions:** Vélo Bienvenue (bike-friendly), Destination Vélo and Terre de cycling labels. Slogan: "I can't, I'm cycling in Haute-Saône"

*Due to the health crisis resulting from the Covid-19 pandemic, most of the events cited have already been or will be cancelled in 2020.

LA PLANCHE DES BELLES FILLES



ACCESS AND START

PPO

Junction 15 Lure centre on the N19, 5km from the start



RECEPTION POINT FOR GUESTS

Crossroads of Rue des Jardins and Rue de l'Aviation
Opens: 10.00



TOUR DE FRANCE VILLAGE

Location: Esplanade Charles de Gaulle
Opens: 11.00

PUBLICITY CARAVAN

Parking: Parking des Sources and Rue Pierre Mendès France

Parking technique: Établissements Cass'Auto Jacquot, zone artisanale de Frotey lès Lure

Departure from the car park:
Between 11.20 and 11.50

Passage across the start line:
Between 11.30 and 12.00



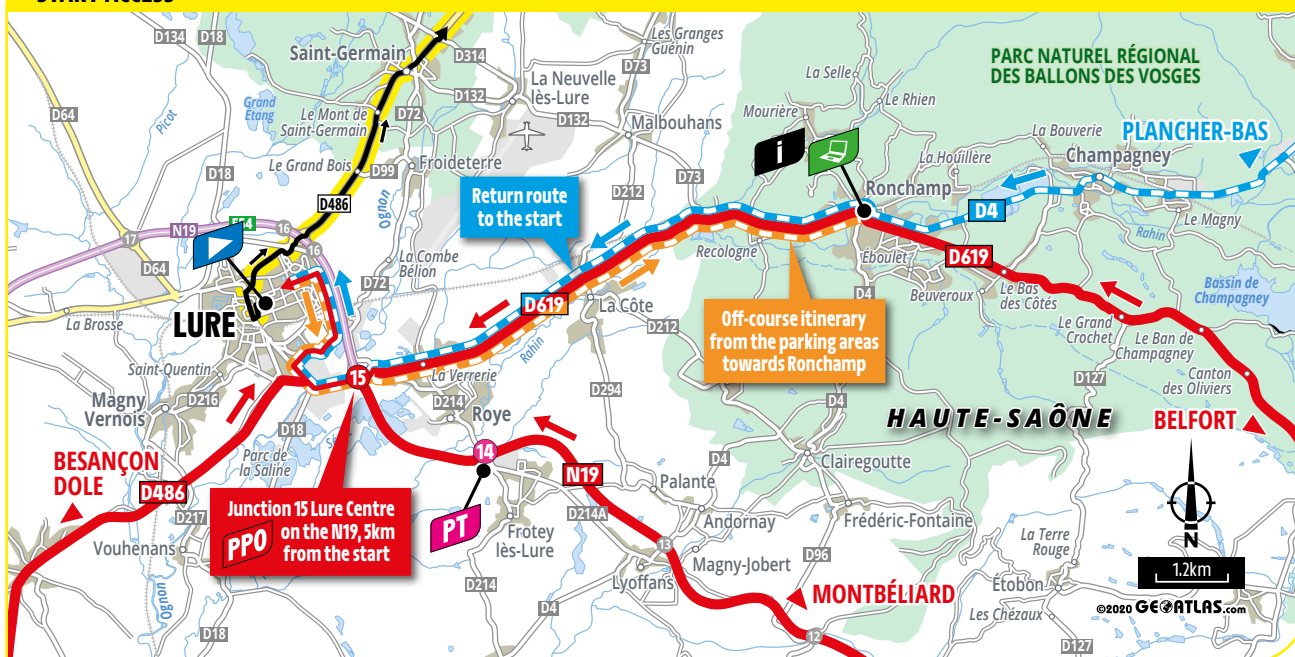
RACE

Assembly point for start: Esplanade Charles de Gaulle

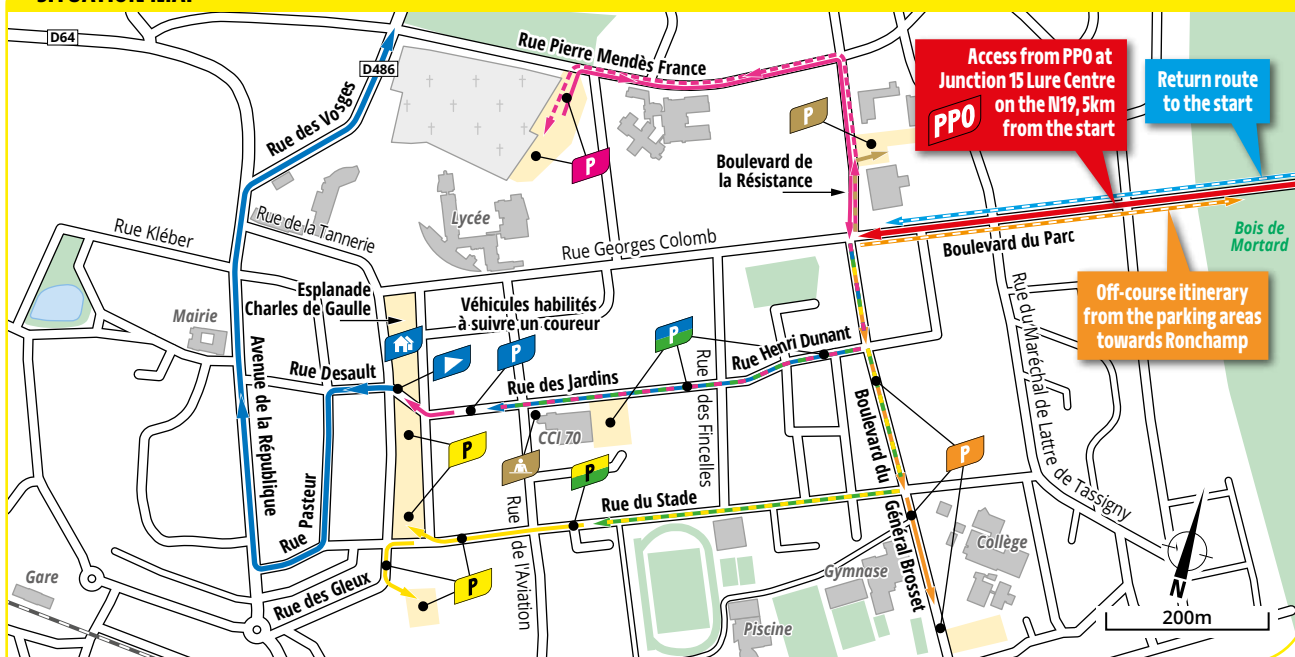
Rider sign-in: The riders must present themselves 15 minutes before their start time. Riders will set off at 90-second intervals initially and then at two-minute intervals for the later starters. The timetable has been calculated based on an average speed of 39km/h for 160 starters.

Official reconnaissance of the course: from 10.00 to 11.00 (at the start)

START ACCESS

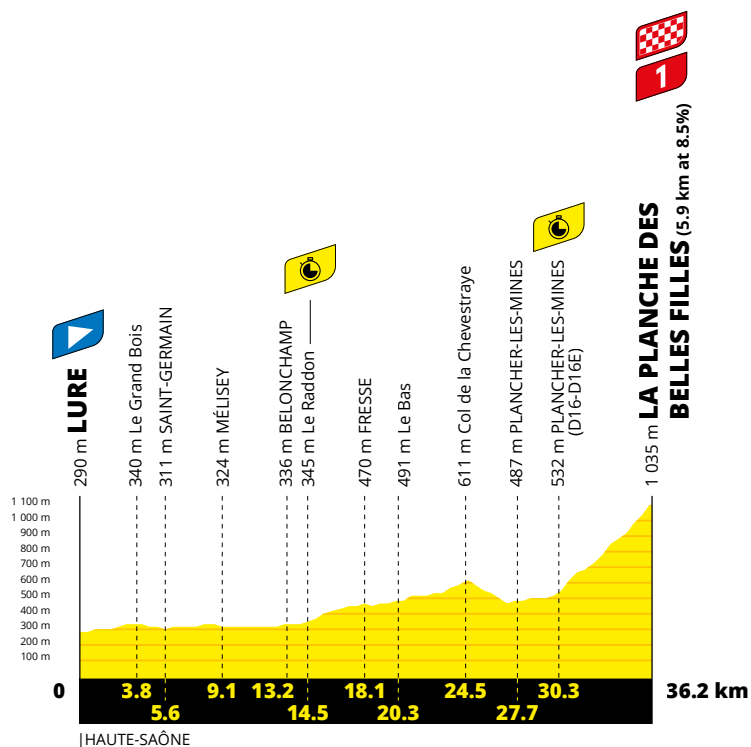


SITUATION MAP



PROFILES AND MAP

STAGE'S PROFILE



ITINERARY TIMETABLE

KM		STAGE 20			TIMETABLE		
To be run	Run				Caravan	First rider	Last rider
HAUTE-SAÔNE (70)							
36.2	0	VC	LURE (VC-D64-D486) START		11:30	13:00	17:14
32.4	3.8	D486	Le Grand Bois (FROIDETERRE) (near)		11:37	13:05	17:19
31.3	4.9		Le Mont de Saint-Germain		11:40	13:06	17:20
30.6	5.6		SAINT-GERMAIN		11:41	13:07	17:21
27.1	9.1		MÉLISEY		11:48	13:12	17:26
23	13.2		BELONCHAMP (D486-D97)		11:56	13:18	17:32
22.2	14	D97	Le Raddon		11:58	13:19	17:33
21.7	14.5		Le Raddon		11:59	13:19	17:33
20.2	16		Le Magny		12:02	13:21	17:35
19.3	16.9		La Grande Croix		12:04	13:23	17:37
18.1	18.1		FRESSE		12:06	13:24	17:38
15.9	20.3		Le Bas		12:10	13:27	17:41
14.2	22		Les Larmets		12:14	13:29	17:43
12.8	23.4		La Chevestraye		12:17	13:31	17:45
11.7	24.5		Col de la Chevestraye		12:19	13:33	17:47
9.4	26.8		Le Mont (PLANCHER-BAS) (D97-D16)		12:23	13:36	17:50
8.5	27.7	D16	PLANCHER-LES-MINES		12:25	13:37	17:51
5.9	30.3		PLANCHER-LES-MINES (D16-D16 E)		12:31	13:40	17:54
0	36.2	D16 E	LA PLANCHE DES BELLES FILLES (1 035 m)		12:42	13:55	18:09

CATEGORISED CLIMBS

1 Km 36.2
LA PLANCHE DES BELLES FILLES
 Climb of 5.9km at 8.5%

RELAIS-ÉTAPE

Le Village, 70270 Fresse, **Km 18.5**

ROUTE FOR

NON-RACE VEHICLES

Exit from the parking areas at the assembly point. Travelling in the opposite direction used to access them, take Boulevard du Parc, the D64, Rue des Cloies, Rue Girardot, Avenue Carnot and then the Route de Belfort. Continue on the D619 towards Ronchamp. At Ronchamp, follow the arrows towards the parking areas at the assembly point.

Total distance: 15km

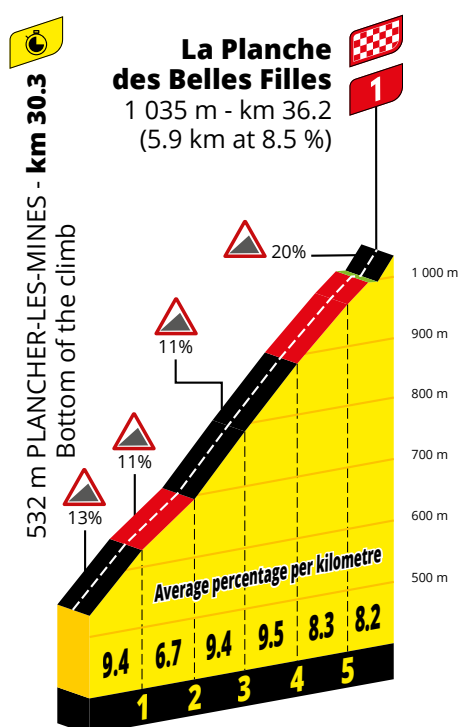
RESTRICTIONS

ON THE CARAVAN

Km 34.5 - La Planche des Belles Filles
 Narrow road with steep gradients.
 Detour for vehicles of more than 3.5 tonnes 1.7km from the finish line

PARTICULAR PROFILE

LA PLANCHE DES BELLES FILLES



From 0 to 2.9%
 From 6 to 8.9%
 From 9%

STAGE'S LAST KILOMETRES

LAST KILOMETRES MAP



FINISH LINE

D16 E La Planche des Belles Filles, at the end of a 400m finishing straight (100m long by line of sight) and a climb of 5.9km at 8.5%
Width: 5m

PRESS ROOM

Filature de Ronchamp
 20 Rue Paul Strauss, 70250 Ronchamp
Distance from finish: 21km

RECEPTION POINT FOR GUESTS

Filature de Ronchamp
 20 Rue Paul Strauss, 70250 Ronchamp - **Opens:** 11.00

SERVICE STATION

No service station

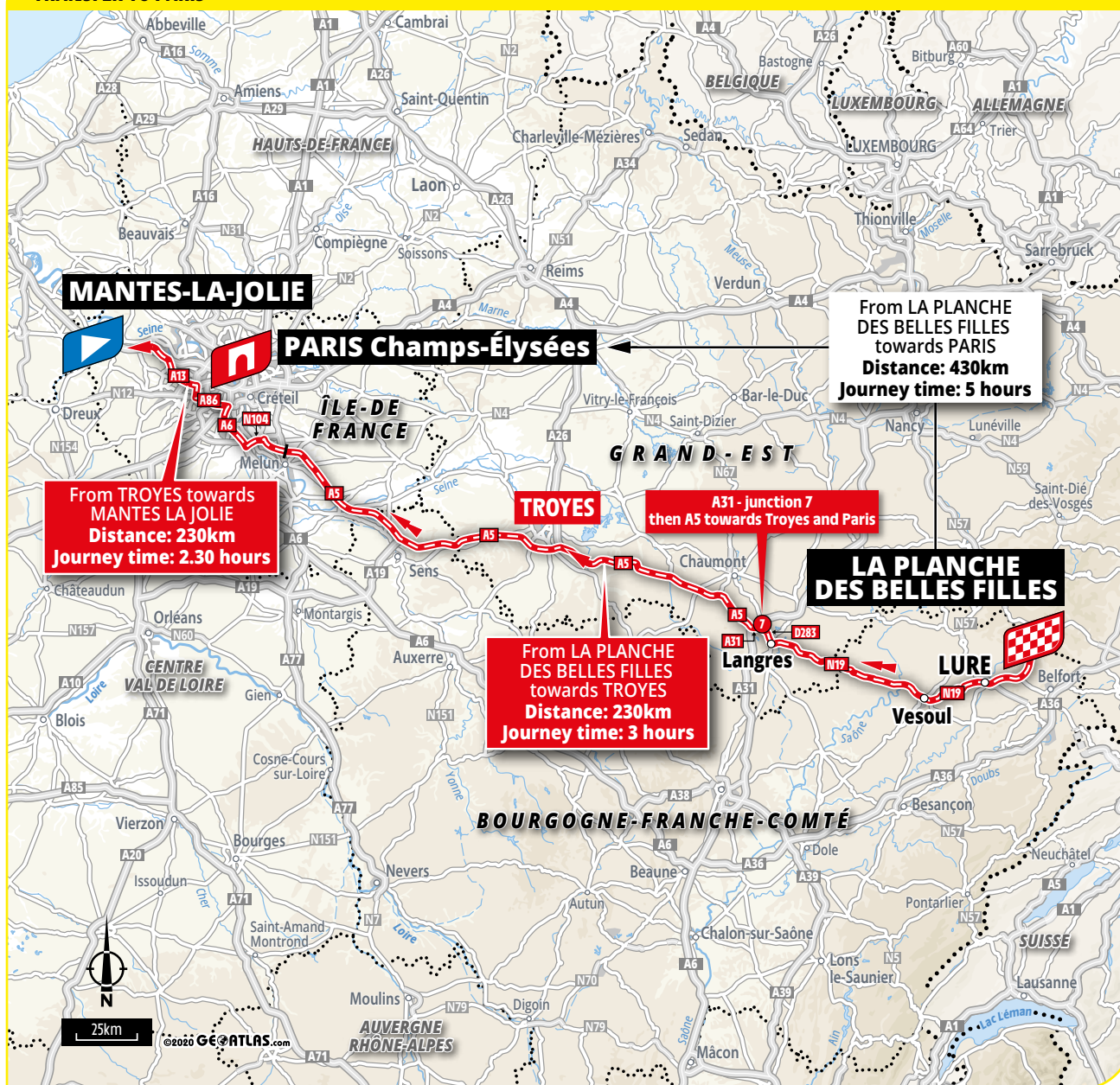
FINISH

FINISH MAP



TRANSFER

TRANSFER TO PARIS





GAGNEZ UN TOUR EN FRANCE



**CHAQUE JOUR PENDANT
LE TOUR DE FRANCE,
3 WEEK-ENDS DE 1 000 €
DANS L'UNE DE NOS
RÉGIONS À GAGNER***



RENDEZ-VOUS EN AGENCE POUR JOUER



CENTURY



PARTENAIRE OFFICIEL

*3 tirages au sort par jour sur [télé](https://www.tourdefrance.com) du 29 août au 20 septembre 2020.
Voir conditions sur [century21.fr](https://www.century21.fr)

SUNDAY 20 SEPTEMBER

122 KM

STAGE 21

MANTES-LA-JOLIE >>>

Sub-prefecture of Yvelines (78)

Inhabitants: 45,500 inhabitants (Mantais), 1,437,000 inhabitants in the department

www.manteslajolie.fr / www.yvelines.fr

Tour de France: Stage town for the first time. Twice a stage town on Paris-Nice

- **Cycling:** Green belt, a number of sustainable mobility routes for cyclists and pedestrians across the municipality, eco-station dedicated to bike maintenance
- **Sport and culture:** AS Mantaie omnisports club (4,000 licensees divided between 30 sections), FC Mantois 78 (football, National 2 level). *Athletes:* Sandy Casar (cycling). *Events*:* Paris-Mantes cycliste, Paris-Versailles-Mantes à la marche (night walk), Festival Blues sur Seine (African American blues and music), Festival Bulles de Mantes (comic books), Salon de la Chasse (hunting), replica and scale modelling fair
- **Sights:** Collegiate Church of Notre-Dame (12th century), Church of Sainte-Anne de Gassicourt (12th century), Saint Maclou Tower (16th century), old bridge (12th century), remains of medieval fortifications, Hôtel-Dieu museum
- **Gastronomy:** Mantes chicken
- **Distinctions:** UNESCO Learning town, three-star floral town



Old bridge © Town of Mantes la Jolie



Collegiate Church and Saint Maclou Tower © Town of Mantes la Jolie



Pont Neuf © Getty Images



Louvre Museum © Getty Images

>>> PARIS CHAMPS-ÉLYSÉES

Capital of France and capital of the Île-de-France region
Commune-department and prefecture (75), along with 130 other municipalities it is part of the metropolis of Greater Paris
Inhabitants: 2,250,000 (Parisians)
www.paris.fr

Tour de France: Traditional finish city for the Tour de France, 46th finish on the Champs-Élysées. Since 1975, the Tour's last act has been played out on the world's most beautiful avenue. As a general rule, it is also the preserve of the kings of sprinting as underlined by Caleb Ewan's victory in 2019

- **Cycling:** 1,000km of cycle paths, REVe (express bike network) with two-way paths
- **Sport and culture:** The world's most visited city (around 30 million tourists per year). Paris Saint-Germain (football, Ligue 1 and women's team), Paris Saint-Germain (handball, Division 1), Stade Français Paris (rugby, Top 14). *Events*:* Paris Marathon, French Tennis Open (Roland Garros tournament), Olympic and Paralympic Games in 2024
- **Sights:** More than 2,000 monuments including the Eiffel Tower, Arc de Triomphe, Notre-Dame Cathedral (under restoration since the fire of 2019), Louvre museum, three operas, more than 200 theatres and cabaret venues
- **Gastronomy:** The baguette, croque monsieur (ham and cheese toastie), Paris-Brest and Saint-Honoré (cakes), and macaroons are Parisian creations
- **Distinctions:** The banks of the Seine are listed as a World Heritage Site by UNESCO

*Due to the health crisis resulting from the Covid-19 pandemic, most of the events cited have already been or will be cancelled in 2020.

122 KM

PARIS CHAMPS-ÉLYSÉES

MANTES-LA-JOLIE >>>

SUNDAY 20 SEPTEMBER

STAGE 21

221

ACCES

Junction 13 Mantes-ouest on the A13, 4.6km from the start

 RECEPTION POINT FOR GUESTS

Crossroads of Boulevard Sully and Voie de Berge

Opens: 12.15

TOUR DE FRANCE VILLAGE

Location: plaine de jeux

Opens: 13.15

PUBLICITY CARAVAN

Parking: Place Marcel Fouque, stade Jean-Paul David and lycée Saint-Exupéry

Parking technique: Rue Marcel Fouque and Avenue Albert Camus

Departure from the car park:

Between 13.50 and 14.20

Passage across the start line:

Between 14.00 and 14.30

 SERVICE STATION

Total

48 Boulevard Roger Salengro, 78711 Mantes-la-Jolie

Tel: + 33 (0)1 39 08 12 20 - Opening hours: 10.00 to 14.00

Assembly point for start: Stade nautique international Didier Simond

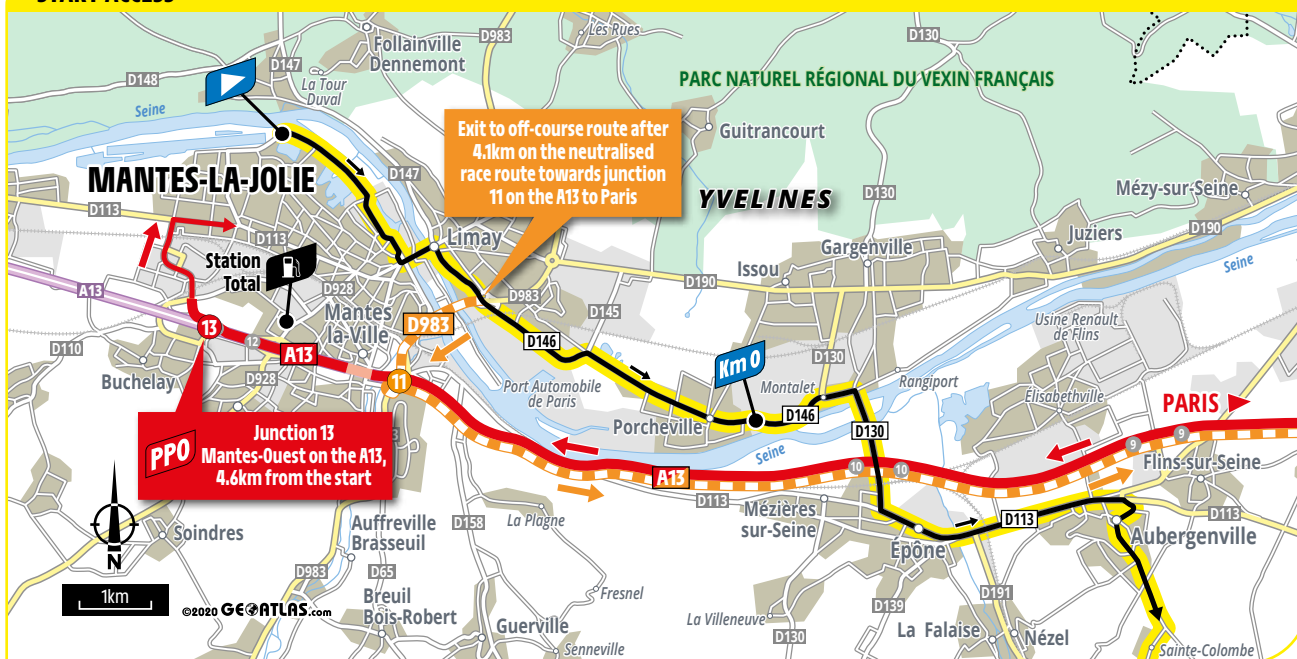
Rider sign-in: Between 14.35 and 15.35

Call to the start: 15.40

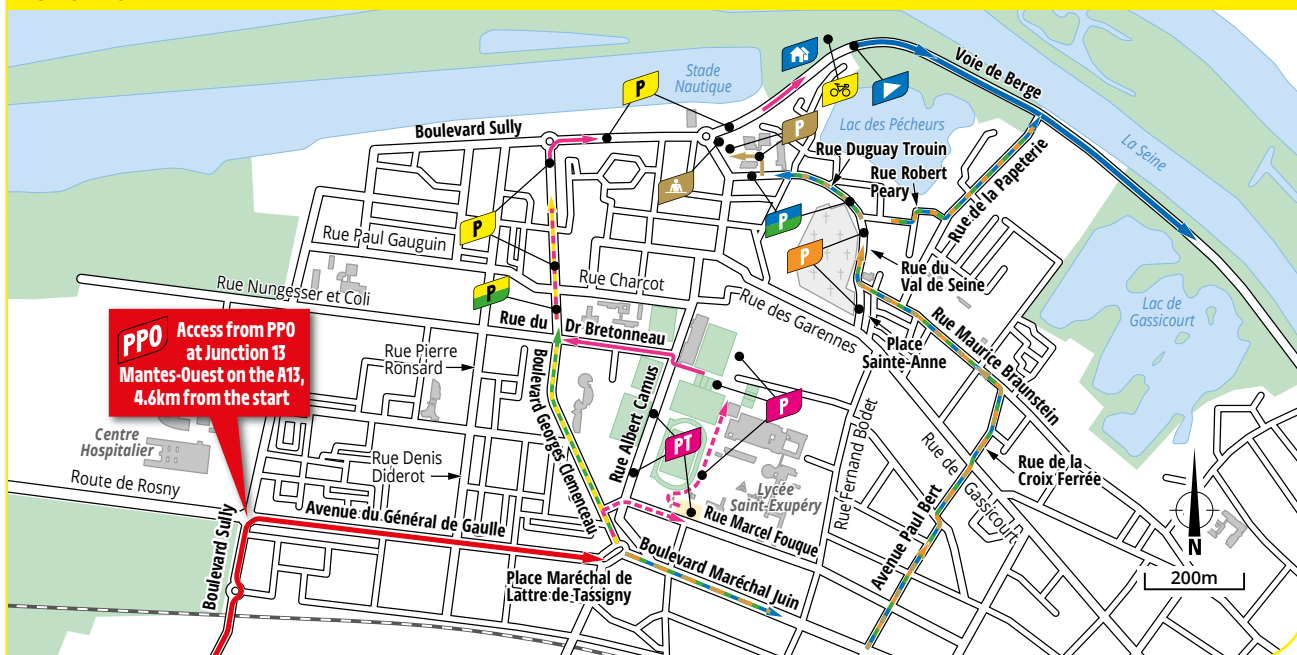
Neutralised start: 15.45, Voie de Berge

Official start: 16.00, on the D146 (commune de Issou), 8.8km from the assembly point

START ACCESS

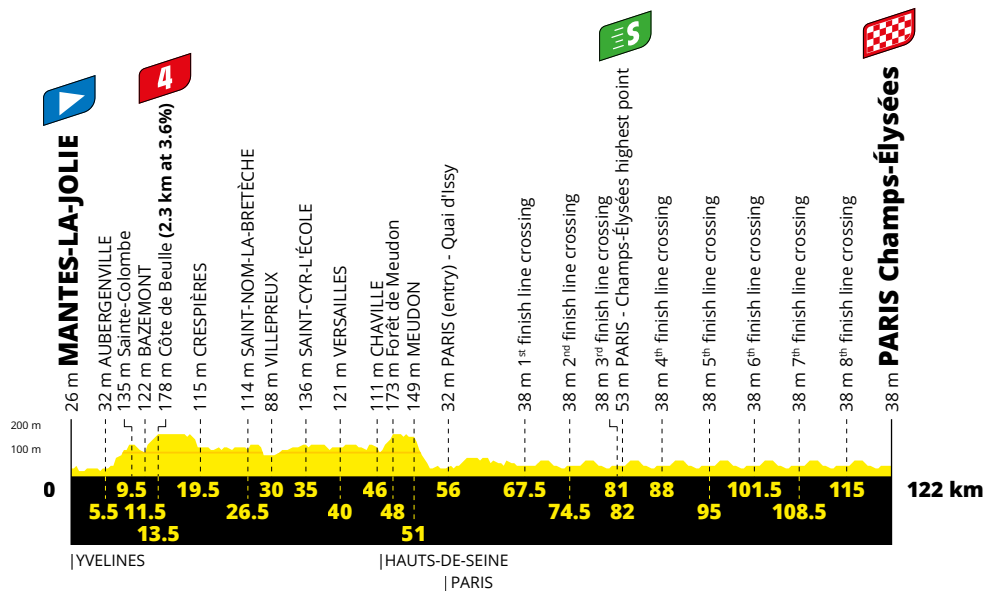


SITUATION MAP



PROFILES

STAGE'S PROFILE



INTERMEDIATE SPRINT PROFILE



KM 82 - PARIS - Haut des Champs-Élysées

122 KM



PARIS CHAMPS-ÉLYSÉES



MANTES-LA-JOLIE

STAGE 21

224

SUNDAY 20 SEPTEMBER

ITINERARY TIMETABLE

KM		STAGE 21			TIMETABLE			
To be run	Run				Caravan	43 kph	41 kph	39 kph
YVELINES (78)								
		VC	MANTES-LA-JOLIE (VC-D983 A) 		14:00	15:45	15:45	15:45
		D983 A	LIMAY (D983 A-D146)					
		D146	PORCHEVILLE					
			ISSOU (near)					
122	0		MANTES-LA-JOLIE 		14:15	16:00	16:00	16:00
121	1		GARGENVILLE (D146-D130)		14:17	16:02	16:02	16:02
118.5	3.5	D130	Crossroad D130-D113		14:21	16:05	16:05	16:06
118.5	3.5	D113	ÉPÔNE (near)		14:22	16:06	16:06	16:07
116.5	5.5		AUBERGENVILLE (D113-VC)		14:25	16:09	16:09	16:10
113	9	VC	Sainte-Colombe		14:31	16:14	16:15	16:16
110.5	11.5		BAZEMONT		14:36	16:19	16:20	16:21
109.5	12.5		Beulle (near) (VC-D45)		14:38	16:21	16:22	16:23
108.5	13.5	D45	Côte de Beulle 		14:40	16:22	16:23	16:25
106	16		LES ALLUETS-LE-ROI (D45-D198)		14:44	16:26	16:28	16:29
102.5	19.5	D198	CRESPIÈRES (D198-D307)		14:51	16:32	16:34	16:36
98	24	D307	FEUCHEROLLES (near)		14:59	16:39	16:42	16:44
97.5	24.5		La Briqueterie		15:00	16:40	16:43	16:45
95.5	26.5		SAINT-NOM-LA-BRETÈCHE (near) (D307-D98)		15:04	16:44	16:46	16:49
93	29	D98	Crossroad D98-D97		15:09	16:48	16:51	16:54
92	30	D97	VILLEPREUX (D97-D161-D12)		15:11	16:49	16:52	16:56
89.5	32.5	D12	Crossroad D12-D11		15:16	16:54	16:57	17:01
88	34	D11	FONTENAY-LE-FLEURY		15:18	16:56	16:59	17:03
87	35		SAINT-CYR-L'ÉCOLE (D11-D10)		15:20	16:58	17:01	17:05
82	40	D10	Château de Versailles		15:30	17:07	17:10	17:15
82	40		VERSAILLES (D10-VC-D186-D10-VC)		15:30	17:07	17:11	17:15
78	44	VC	VIROFLAY (VC-D53)		15:37	17:13	17:17	17:22
HAUTS-DE-SEINE (92)								
76	46		CHAVILLE (D53-VC)		15:41	17:16	17:21	17:26
75.5	46.5		Forêt de Meudon		15:41	17:17	17:21	17:26
71	51		MEUDON (VC-D181-VC)		15:51	17:25	17:30	17:36
68.5	53.5		ISSY-LES-MOULINEAUX (VC-D7)		15:54	17:28	17:34	17:39
PARIS (75)								
66	56		PARIS (entry) - Quai d'Issy		16:00	17:33	17:39	17:45
65.5	56.5		Boulevards des Maréchaux		16:00	17:33	17:39	17:45
64.5	57.5		Porte de Versailles		16:03	17:36	17:41	17:48
62	60		Porte de Châtillon		16:07	17:40	17:46	17:52
61.5	60.5		Cross level: tramway		16:08	17:40	17:46	17:53
60.5	61.5		Place Denfert-Rochereau		16:10	17:42	17:49	17:55
59.5	62.5		Port Royal		16:12	17:44	17:50	17:57
58.5	63.5		Jardin du Luxembourg - Sénat		16:13	17:45	17:51	17:58
58	64		Place Saint-Michel		16:15	17:46	17:53	18:00
57.5	64.5		Pont Neuf		16:16	17:47	17:53	18:01
57	65		Palais du Louvre		16:17	17:48	17:55	18:02
56	66		Entry on the final circuit		16:18	17:50	17:56	18:03
54.5	67.5		1 st finish line crossing		16:20	17:51	17:58	18:05
47.5	74.5		2 nd finish line crossing			17:58	18:05	18:13
41	81		3 rd finish line crossing			18:06	18:13	18:21
40	82		PARIS - Champs-Élysées highest point 			18:07	18:14	18:22
34	88		4 th finish line crossing			18:13	18:20	18:29
27	95		5 th finish line crossing			18:20	18:28	18:36
20.5	101.5		6 th finish line crossing			18:28	18:36	18:44
13.5	108.5		7 th finish line crossing			18:35	18:43	18:52
7	115		8 th finish line crossing			18:42	18:51	19:00
0	122		PARIS Champs-Élysées 			18:50	18:58	19:08

DISTANCE FROM NEUTRALISED TO OFFICIAL START

8.8km

CATEGORISED CLIMB

 Km 13.5 - Côte de Beulle
Climb of 2.3km at 3.6%

RESTRICTIONS

ON THE CARAVAN

Km 46.5 - Forêt de Meudon
Forest road. Detour for the whole caravan

ROUTE FOR NON-RACE VEHICLES

Exit point after 4.1km on the neutralised route (crossroads of the D146 and D983 at Limay).
Go left on the D983 towards Mantes la Ville and the A13. Take the A13 (junction 11 "Mantes-Est") towards Paris. At Orgeval, take the A14 towards Paris-Porte Maillot. Beyond the Défense tunnel, continue on the N13 to Neuilly sur Seine. At Porte Maillot take the Périphérique intérieur Nord towards "Porte de la Chapelle". Leave the Périphérique at Porte d'Asnières. Head towards "Concorde" via Avenue de la Porte d'Asnières, Boulevard Malesherbes, Place de la Madeleine and then Rue Royale.
Direct access to the assembly point car parks from Avenue Royale (follow the arrows).

Total distance: 60km

RESTRICTION ON

ALL VEHICLES EXCEPT RACE DIRECTORS

Km 65.5 - Paris, Palais du Louvre
Detour for all vehicles except for those containing the race directors

122 KM

PARIS CHAMPS-ÉLYSÉES

MANTES-LA-JOLIE >>>

STAGE 21

SUNDAY 20 SEPTEMBER

STAGE 21

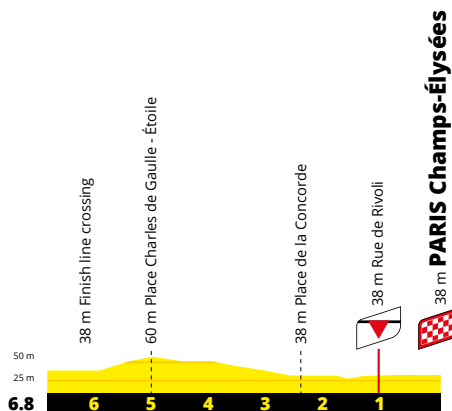
225

STAGE'S LAST KILOMETRES

LAST KILOMETRES MAP



FINAL CIRCUIT PROFILE



FINISH LINE

Avenue des Champs Élysées, at the end of a 400m finishing straight and after 8 laps of a 6.8km circuit - **Width:** 9m

PRESS ROOM

Pavillon Gabriel - 5, rue Gabriel - 75008 Paris
Distance from finish: Adjacent

RECEPTION POINT FOR GUESTS

- 1 Place de la Madeleine - Corner of Quai d'Orsay
 - 2 Avenue du Maréchal Galliéni
- Opens:** 13.00

[illegible]

- 1 Presidential Grandstand
- 2 Elysée Grandstand
- 3 Marigny Grandstand
- 4 Grand Palais Grandstand
- 5 Gabriel and Concorde Grandstands
- 6 La Terrasse and Espace Galilée 2
- 7 Ville de Paris Grandstand
- 8 Espaces Rive gauche
- 9 Espace Galilée 1
- 10 Henri Desgrange Grandstand
- 11 Espaces Club du Tour de France
- 12 Espaces Tourmalet
- 13 Espaces Izard



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STAGE 21

SUNDAY 20 SEPTEMBER

MANTES-LA-JOLIE >>> PARIS CHAMPS-ÉLYSÉES

122 KM

122 KM



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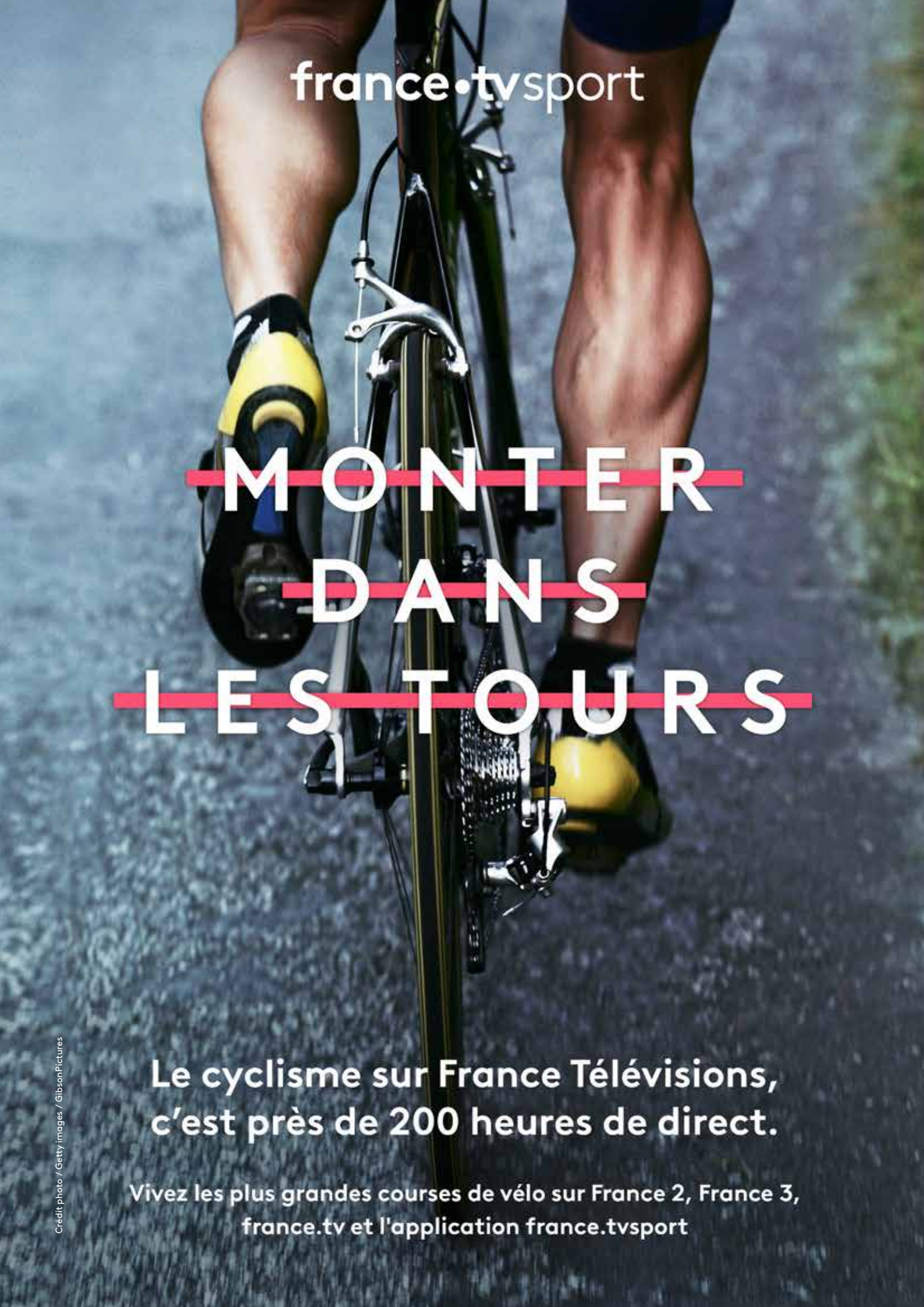
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DE FRANCE



TOWN	HOSPITAL	ADDRESS	TELEPHONE
STAGE 1 NICE MOYEN PAYS > NICE			
Nice	Hôpital Pasteur 2	30, avenue de la Voie Romaine	+33 (0)4 92 03 77 77
Saint-Laurent-du-Var	Institut Arnault Tzanck	131, avenue Doteur Maurice Domat	+33 (0)4 92 27 33 33
STAGE 2 NICE HAUT PAYS > NICE			
Nice	Hôpital Pasteur 2	30, avenue de la Voie Romaine	+33 (0)4 92 03 77 77
Saint-Laurent-du-Var	Institut Arnault Tzanck	131, avenue Doteur Maurice Domat	+33 (0)4 92 27 33 33
STAGE 3 NICE > SISTERON			
Nice	Hôpital Pasteur 2	30, avenue de la Voie Romaine	+33 (0)4 92 03 77 77
Saint-Laurent-du-Var	Institut Arnault Tzanck	131, avenue Doteur Maurice Domat	+33 (0)4 92 27 33 33
Grasse	Centre hospitalier	Chemin de Clavary	+33 (0)4 93 09 55 55
Digne-les-Bains	Centre hospitalier	Quartier Saint-Christophe	+33 (0)4 92 30 15 15
Sisteron	Centre hospitalier intercommunal des Alpes du Sud	4, avenue de la Libération	+33 (0)4 92 43 73 00
Gap	Centre hospitalier intercommunal des Alpes du Sud	1, place Auguste Muret	+33 (0)4 92 40 61 61
STAGE 4 SISTERON > ORCIÈRES-MERLETTE			
Sisteron	Centre hospitalier intercommunal des Alpes du Sud	4, avenue de la Libération	+33 (0)4 92 43 73 00
Gap	Centre hospitalier intercommunal des Alpes du Sud	1, place Auguste Muret	+33 (0)4 92 40 61 61
Grenoble	Hôpital Albert Michallon	Boulevard de la Chantourne à La Tronche	+33 (0)4 76 76 50 28
STAGE 5 GAP > PRIVAS			
Gap	Centre hospitalier intercommunal des Alpes du Sud	1, place Auguste Muret	+33 (0)4 92 40 61 61
Montélimar	Centre hospitalier	Quartier Beausseret, route de Sauzet	+33 (0)4 75 53 40 00
Privas	Centre hospitalier des Vals d'Ardèche	2, avenue Pasteur	+33 (0)4 75 20 20 00
STAGE 6 LE TEIL > MONT AIGOUAL			
Montélimar	Centre hospitalier	Quartier Beausseret, route de Sauzet	+33 (0)4 75 53 40 00
Alès	Centre hospitalier Alès-Cévennes	811, avenue du Docteur Jean Goubert	+33 (0)4 66 78 33 33
Montpellier	Centre hospitalier régional universitaire - Site de Lapeyronie	191, avenue du Doyen Gaston Giraud	+33 (0)4 67 33 67 33
Montpellier	Centre hospitalier régional universitaire - Site Gui de Chaillac	80, avenue Augustin Fliche	+33 (0)4 67 33 67 33
STAGE 7 MILLAU > LAVAUR			
Millau	Centre hospitalier	265, boulevard Achille Souques	+33 (0)5 65 59 30 00
Castres	Hôpital du Pays d'Autun - Site de Castres	6, avenue de la Montagne Noire	+33 (0)5 63 71 63 71
Lavaur	Centre hospitalier	1, place Vialas	+33 (0)5 63 58 81 81
STAGE 8 CAZÈRES-SUR-GARONNE > LOUDENVIELLE			
Toulouse	Hopital de Purpan	Place du Docteur Baylac	+33 (0)5 61 77 97 30
Toulouse	Clinique de l'Union	9, boulevard Ratalens à Saint-Jean	+33 (0)5 61 37 81 81
Saint-Gaudens	Centre hospitalier Comminges Pyrénées	Avenue de Saint-Placard	+33 (0)5 62 00 40 00
Saint-Girons	Centre hospitalier Ariège Couserans	Route de Toulouse	+33 (0)5 61 96 20 20
Tarbes	Centre hospitalier de Bigorre	Boulevard de Lattre de Tassigny	+33 (0)5 62 51 51 51
STAGE 9 PAU > LARUNS			
Pau	Centre hospitalier	4, boulevard Hauterive	+33 (0)5 59 92 48 48
Pau	Polyclinique Marzet	40, boulevard d'Alsace-Lorraine	+33 (0)5 59 92 72 72
Pau	Polyclinique de Navarre	8, boulevard Hauterive	+33 (0)5 59 14 54 54

TOWN	HOSPITAL	ADDRESS	TELEPHONE
STAGE 10 ÎLE d'OLÉRON Le Château-d'Oléron > ÎLE de RÉ Saint-Martin-de-Ré			
La Rochelle	Hôpital Saint-Louis	1, rue du Docteur Schweitzer	+33 (0)5 46 45 50 50
Rochefort	Centre hospitalier	1, avenue de Béliçon	+33 (0)5 46 88 50 50
Royan	Centre hospitalier	20, avenue de Saint-Sordelin Plage à Vaux-sur-Mer	+33 (0)5 46 39 52 52
STAGE 11 CHÂTELAILLON-PLAGE > POITIERS			
La Rochelle	Hôpital Saint-Louis	1, rue du Docteur Schweitzer	+33 (0)5 46 45 50 50
Niort	Centre hospitalier	40, avenue Charles de Gaulle	+33 (0)5 49 32 79 79
Poitiers	Centre hospitalier universitaire	2, rue de la Milétrie	+33 (0)5 49 44 44 44
STAGE 12 CHAUVIGNY > SARRAN Corrèze			
Poitiers	Centre hospitalier universitaire	2, rue de la Milétrie	+33 (0)5 49 44 44 44
Montmorillon	Établissement Public de Santé	2, rue Henri Dunant	+33 (0)5 49 83 83 83
Limoges	Centre hospitalier universitaire	2, avenue Martin Luther King	+33 (0)5 55 05 55 55
Tulle	Centre hospitalier	3, place Maschat	+33 (0)5 55 29 79 00
STAGE 13 CHÂTEL-GUYON > PUY MARY Cantal			
Riom	Centre hospitalier Guy Thomas	79, boulevard Étienne Clémentel	+33 (0)4 73 67 80 00
Clermond-Ferrand	Centre hospitalier universitaire Gabriel Montpied	58, rue Montalembert	+33 (0)4 73 75 07 50
Issoire	Centre hospitalier Paul Ardier	13, rue du Docteur Sauvat	+33 (0)4 73 89 72 72
Saint-Flour	Centre hospitalier	2, avenue du Docteur Mallet	+33 (0)4 71 60 64 64
STAGE 14 CLERMONT-FERRAND > LYON			
Clermond-Ferrand	Centre hospitalier universitaire Gabriel Montpied	58, rue Montalembert	+33 (0)4 73 75 07 50
Thiers	Centre hospitalier	Route de Fau	+33 (0)4 73 51 10 00
Montbrison	Centre hospitalier du Forez	Avenue des Monts du Soir	+33 (0)4 77 96 78 00
Saint-Étienne	Centre hospitalier universitaire Hôpital Nord	Avenue Albert Raimond à Saint-Priest-en-Jarez	+33 (0)4 77 82 80 00
Pierre-Bénite	Centre hospitalier Lyon-Sud	165, chemin du Grand Revoyet	+33 (0)8 25 08 25 69
Lyon	Hôpital Édouard Herriot	5, place d'Arsonval	+33 (0)8 25 08 25 69
Lyon	Hôpital de la Croix-Rousse	103, Grande Rue de la Croix Rousse	+33 (0)8 25 08 25 69
STAGE 15 LYON > GRAND COLOMBIER			
Lyon	Hôpital Édouard Herriot	5, place d'Arsonval	+33 (0)8 25 08 25 69
Lyon	Hôpital de la Croix-Rousse	103, Grande Rue de la Croix-Rousse	+33 (0)8 25 08 25 69
Pierre-Bénite	Centre hospitalier Lyon-Sud	165, chemin du Grand Revoyet	+33 (0)8 25 08 25 69
Bourgoin-Jallieu	Centre hospitalier Pierre Oudot	30, avenue du Médipôle	+33 (0)4 69 15 70 00
Belley	Centre hospitalier du Docteur Récamier	52, rue Georges Girard	+33 (0)4 79 42 59 59
Chambéry	Centre hospitalier Métropole Savoie - Site Chambéry	7, square de Massalaz	+33 (0)4 79 96 50 50
Annecy	Centre hospitalier Annecy-Genevois	1, avenue de l'Hôpital à Pringy	+33 (0)4 50 63 63 63
STAGE 16 LA TOUR-DU-PIN > VILLARD-DE-LANS			
Bourgoin-Jallieu	Centre hospitalier	30, avenue du Médipôle	+33 (0)4 69 15 70 00
Voiron	Centre hospitalier	14, route des Gorges	+33 (0)4 76 67 15 15
Grenoble	Hôpital Albert Michallon	Boulevard de la Chantourne à La Tronche	+33 (0)4 76 76 50 28

TOWN	HOSPITAL	ADDRESS	TELEPHONE
STAGE 17 GRENOBLE > MÉRIBEL Col de la Loze			
Grenoble	Hôpital Albert Michallon	Boulevard de la Chantourne à La Tronche	+33 (0)4 76 76 50 28
Chambéry	Centre hospitalier - Métropole Savoie	Place Lucien Biset	+33 (0)4 79 96 50 50
Chambéry	Médipôle de Savoie	Avenue des Massettes à Challes-les-Eaux	+33 (0)4 79 26 80 80
Albertville	Centre hospitalier intercommunal Albertville Moûtiers	253, rue Pierre de Coubertin	+33 (0)4 79 96 50 50
Saint-Jean-de-Maurienne	Centre hospitalier	81, rue du Docteur Grange	+33 (0)4 79 20 60 20
Moûtiers	Centre hospitalier	43, rue de l'École des Mines	+33 (0)4 79 09 60 60
STAGE 18 MÉRIBEL > LA ROCHE-SUR-FORON			
Moûtiers	Centre hospitalier	43, rue de l'École des Mines	+33 (0)4 79 09 60 60
Bourg-Saint-Maurice	Centre hospitalier	Rue du Nantet	+33 (0)4 79 41 79 79
Albertville	Centre hospitalier intercommunal Albertville Moûtiers	253, rue Pierre de Coubertin	+33 (0)4 79 96 50 50
Annecy	Centre hospitalier Annecy-Genevois	1, avenue de l'Hôpital à Pringy	+33 (0)4 50 63 63 63
Contamine-sur-Arve	Centre hospitalier Alpes-Léman	558, route de Findrol	+33 (0)4 50 82 20 00
STAGE 19 BOURG-EN-BRESSE > CHAMPAGNOLE			
Bourg-en-Bresse	Hôpital Fleyriat	900, route de Paris	+33 (0)4 74 45 46 47
Lons-le-Saunier	Centre hospitalier	55, rue du Docteur Jean Michel	+33 (0)3 84 35 60 00
Champagnole	Centre hospitalier Jura Sud	1, rue de Franche-Comté	+33 (0)3 84 53 02 02
Pontarlier	Centre hospitalier intercommunal Haute-Comté	2, faubourg Saint-Étienne	+33 (0)3 81 38 54 54
STAGE 20 LURE > LA PLANCHE DES BELLES FILLES (C.I.m. individuel)			
Lure	Groupe hospitalier de la Haute-Saône	37, avenue Carnot	+33 (0)3 84 62 43 06
Belfort	Hôpital Nord Franche-Comté	14, rue de Mulhouse	+33 (0)3 84 98 80 00
STAGE 21 MANTES-LA-JOLIE > PARIS Champs-Élysées			
Mantes-la-Jolie	Centre hospitalier François Quesnay	2, boulevard Sully	+33 (0)1 34 97 40 00
Versailles	Centre hospitalier André Mignot	177, rue de Versailles au Chesnay	+33 (0)1 39 63 91 33
Clamart	Hôpital Antoine Béchère	157, rue de la Porte de Trivaux	+33 (0)1 45 37 44 44
Boulogne-Billancourt	Hôpital Ambroise Paré	9, avenue Charles de Gaulle	+33 (0)1 49 09 50 00
Le Kremlin-Bicêtre	Hôpital Bicêtre	78, rue du Général Leclerc	+33 (0)1 45 21 21 21
Paris	Hôpital européen Georges Pompidou	20, rue Leblanc	+33 (0)1 56 09 20 00
Paris	Groupe hospitalier Pitié-Salpêtrière	47-83, boulevard de l'Hôpital	+33 (0)1 42 16 00 00



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TV BROADCASTS - A GLOBAL EVENT

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LIVE COVERAGE

All of the stages will be broadcast in their entirety on France 2, France 3 and France 4 at the times detailed below:

STAGE 1 Saturday 29 August:

France 3 from 14.00,
then France 2 at 15.00

STAGE 2 Sunday 30 August:

France 3 from 12.55,
then France 2 at 15.10

STAGE 3 Monday 31 August:

France 2 from 11.55,
then France 3 at 12.55
before returning to France 2 at 15.00

STAGE 4 Tuesday 1 September:

France 3 from 13.00,
then France 2 at 15.00

STAGE 5 Wednesday 2 September:

France 3 from 13.00,
then France 2 at 15.00

STAGE 6 Thursday 3 September:

France 2 from 11.55,
then France 3 at 12.55
before returning to France 2 at 15.00

STAGE 7 Friday 4 September:

France 3 from 13.00,
then France 2 at 15.00

STAGE 8 Saturday 5 September:

France 3 from 12.55,
then France 2 at 15.00

STAGE 9 Sunday 6 September:

France 2 from 12.00,
then France 3 at 12.55
before returning to France 2 at 15.05

STAGE 10 Tuesday 8 September:

France 3 from 13.00,
then France 2 at 15.00

STAGE 11 Wednesday 9 September:

France 3 from 13.00,
then France 2 at 15.00

STAGE 12 Thursday 10 September:

France 2 from 11.50,
then France 3 at 12.55
before returning to France 2 at 15.00

STAGE 13 Friday 11 September:

France 2 from 11.50,
then France 3 at 12.55
before returning to France 2 at 15.00

STAGE 14 Saturday 12 September:

France 3 from 12.55,
then France 2 at 15.05

STAGE 15 Sunday 13 September:

France 2 from 12.05,
then France 3 at 12.55
before returning to France 2 at 15.00

STAGE 16 Tuesday 15 September:

France 3 from 13.00,
then France 2 at 15.00

STAGE 17 Wednesday 16 September:

France 2 from 11.55,
then France 3 at 12.55
before returning to France 2 at 15.00

STAGE 18 Thursday 17 September:

France 2 from 11.55,
then France 3 at 12.55
before returning to France 2 at 15.00

STAGE 19 Friday 18 September:

France 3 from 13.25,
then France 2 at 15.00

STAGE 20 Saturday 19 September:

France 3 from 12.55,
then France 2 at 14.05

STAGE 21 Sunday 20 September:

France 2 from 15.15

ASSOCIATED PROGRAMMES

➤ **Vélo Club** every day on France 2 after the live coverage of the stage until 18.35 (except rest days and the final stage)

➤ **Le Journal du Tour** each evening on France 3 after Tout le Sport (except rest days and the final stage)

➤ **Stade 2 Tour de France special** on France 3 on 30 August from 20.05 to 21.00 and 20 September from 19.55 to 21.00

➤ **Image du jour** on France 2 at 20.40

ADDITIONAL EVENT

➤ **La Course by Le Tour de France avec FDJ**
Saturday 29 August from 10.05 on France 3,
then France 2 at 11.45

INTERNATIONAL TV BROADCASTERS

EUROPE

➤ Live and highlights

Belgium (RTBF, VRT)
Czech Republic (Česká televize)
Denmark (TV2)
Germany (ARD)
Ireland (TG4)
Italy (RAI, RAI Sport)
Luxembourg (RTL)
Netherlands (NOS)
Norway (TV2)
Portugal (RTP)
Slovakia (RTVS)
Slovenia (RTV Slovenija)
Spain (RTVE, Teleduarte, EITB)
Switzerland (SRG-SSR)
United Kingdom (ITV)
Wales (S4C)

➤ News

France (BFM TV, CNews, Infosport +)
Germany (RTL, ZDF)
Italy (Sky Italia, Mediaset)

PAN-EUROPE

➤ Live and highlights

Eurosport (54 countries)

PAN-SUB-SAHARAN AFRICA

➤ Live and highlights

SuperSport (52 countries)
TV5 Monde

PAN-NORTH AFRICA AND THE MIDDLE EAST

➤ Live and highlights

beIN Sports (23 countries)
TV5 World

THE AMERICAS

➤ Live and highlights

Canada (FloBikes)
Colombia (Caracol TV)
United States (NBC, NBC Sports, NBC Sports Gold,
TV5 Monde)

PAN-LATIN AMERICA

➤ Live and highlights

ESPN (48 countries)

ASIA AND OCEANIA

➤ Live and highlights

Australia (SBS)
China (CCTV, Zhibo.tv)
Japan (J Sports)
New Zealand (Sky Sport)

PAN-ASIA

➤ Live and highlights

Eurosport Asia Pacific (12 territories)

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TOUR DE FRANCE

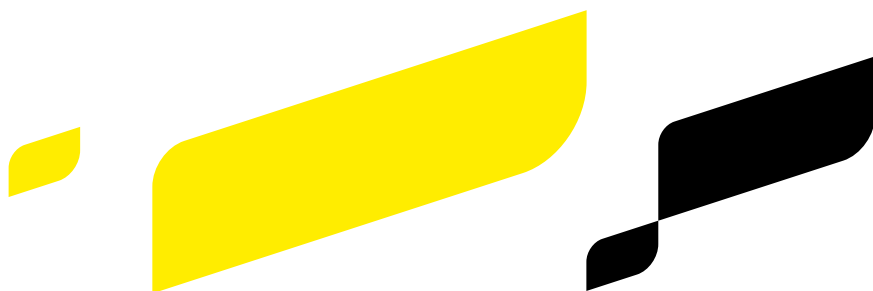
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TO STOPPING THE EPIDEMIC







THE KEY

-  Race start
-  Start town and site
-  Finish town and site
-  Rest day
-  Race finish
-  Stage
-  Individual time-trial