

ITINERARY TIMETABLE

KM		STAGE 18		TIMETABLE				
To be run	Run			Caravan	43kph	41kph	39kph	
HAUTES-ALPES (05)								
		VC	GAP (VC-N85-D91-D994)	NEUTRALISED START	11:00	13:00	13:00	13:00
179.5	0	D994	GAP	OFFICIAL START	11:20	13:20	13:20	13:20
174.5	5		LA FREISSINOUSE		11:28	13:27	13:27	13:28
171.3	8.2		Les Marcellons		11:33	13:31	13:32	13:33
169.1	10.4		LA ROCHE-DES-ARNAUDS		11:36	13:34	13:35	13:36
161	18.5		Crossroad D994-D937		11:48	13:46	13:47	13:48
148.1	31.4	D937	Les Garcins (DÉVOLUY)		12:08	14:04	14:06	14:08
147.3	32.2		Col du Festre		12:10	14:05	14:07	14:10
143.2	36.3		AGNIÈRE-EN-DÉVOLUY		12:16	14:11	14:13	14:16
137.6	41.9		Saint-Disdier (DÉVOLUY)		12:24	14:18	14:21	14:24
ISÈRE (38)								
131	48.5	D537	La Posterle (PELLAFOL)		12:35	14:28	14:31	14:35
128.2	51.3		Les Payas (PELLAFOL)		12:39	14:31	14:35	14:39
125.5	54		Le Sautet (PELLAFOL)		12:43	14:35	14:39	14:43
122	57.5		Côte de Corps		12:48	14:40	14:44	14:48
121.8	57.7		CORPS (D537-N85)		12:49	14:40	14:44	14:49
HAUTES-ALPES (05)								
108.6	70.9	N85	Chauffayer (AUBESSAGNE) (N85-D23)		13:09	14:59	15:04	15:09
105.3	74.2	D23	Les Costes (AUBESSAGNE)		13:14	15:04	15:09	15:14
95.9	83.6		SAINT-BONNET-EN-CHAMPSAUR (D23-D945)		13:29	15:17	15:22	15:29
95.2	84.3	D945	SAINT-BONNET-EN-CHAMPSAUR		13:30	15:18	15:23	15:30
93.2	86.3		Le Domaine		13:33	15:20	15:26	15:33
89.3	90.2		Crossroad D945-D215		13:39	15:26	15:32	15:39
88.1	91.4	D215	Crossroad D215-D114		13:41	15:27	15:34	15:41
87.4	92.1	D114	Crossroad D114-D944		13:42	15:28	15:35	15:42
85.9	93.6	D944	Manse (FOREST-SAINT-JULIEN)		13:44	15:30	15:37	15:44
82.6	96.9		Crossroad D944-D14		13:49	15:35	15:42	15:49
82.2	97.3	D14	Col de Manse		13:50	15:36	15:42	15:50
74.8	104.7		LA BÂTIE-NEUVE (D14-VC)		14:01	15:46	15:53	16:01
72.5	107	VC	Crossroad VC-N94		14:05	15:49	15:56	16:05
68	111.5	N94	CHORGES (N94-D3-D9)		14:11	15:55	16:03	16:11
58.5	121	D9	Côte de Saint-Apollinaire		14:26	16:09	16:17	16:26
58.5	121		SAINT-APOLLINAIRE		14:26	16:09	16:17	16:26
55	124.5		Crossroad D9-D41		14:31	16:14	16:22	16:31
53.6	125.9	D41	Chérines		14:34	16:16	16:24	16:34
47.7	131.8		Crossroad D41-N94		14:43	16:24	16:33	16:43
46.6	132.9	N94	SAVINES-LE-LAC (N94-D954)		14:44	16:25	16:34	16:44
ALPES-DE-HAUTE-PROVENCE (04)								
40.4	139.1	D954	Côte des Demoiselles Coiffées		14:54	16:34	16:43	16:54
HAUTES-ALPES (05)								
40.2	139.3		Obannes		14:54	16:34	16:44	16:54
39.5	140		Les Demoiselles Coiffées		14:55	16:35	16:45	16:55
36	143.5		LE SAUZE-DU-LAC		15:01	16:40	16:50	17:01
ALPES-DE-HAUTE-PROVENCE (04)								
23.6	155.9		Crossroad D954-D900		15:20	16:57	17:08	17:20
22.7	156.8	D900	LE LAUZET-UBAYE		15:21	16:59	17:09	17:21
13.9	165.6		La Fresquière (MÉOLANS-REVEL)		15:35	17:11	17:22	17:35
9	170.5		LES THUILES (D900-D109)		15:42	17:18	17:29	17:42
2.9	176.6	D109	Crossroad D109-D908		15:52	17:26	17:38	17:52
2.5	177	D908	Crossroad D908-D902		15:52	17:27	17:39	17:52
0	179.5	D902	BARCELONNETTE		15:56	17:30	17:43	17:56

DISTANCE FROM NEUTRALISED START TO OFFICIAL START
5.2km

CATEGORISED CLIMBS AND SUMMIT FINISHES

3 km 32.2 - Col du Festre
Climb of 3.9km at 6.3%

3 km 57.5 - Côte de Corps
Climb of 2.1km at 7.2%

3 km 97.3 - Col de Manse
Climb of 5.1km at 3.6%

3 km 121 - Côte de Saint-Apollinaire
Climb of 7km at 5.5%

3 km 139.1
Côte des Demoiselles Coiffées
Climb of 3.6km at 5.4%

RELAIS-ÉTAPE

3, avenue du Faubourg
05160 Savines-le-Lac
Km 133.3

ROUTE FOR NON-RACE VEHICLES

Exit directly from the off-course parking area (don't follow the race route). Leave Chemin des Matins Calmes via Route de Graffinel, the D900 B towards Barcelonnette and then the D900. The off-course route will join the race route 25km from the finish (crossroads of the D900 and D954). It will then split from it at Les Thuiles (crossroads of the D900 and D109), continuing straight on the D900. Approaching Barcelonnette, follow the arrows towards the different parking zones at the assembly point.
Total distance: 63km