

ITINERARY TIMETABLE

KM		STAGE ①		TIMETABLE			
To be run	Run			Caravan	47kph	45kph	43kph
NORD (59)							
		VC	LILLE MÉTROPOLE 	11:10	13:10	13:10	13:10
			FACHES-THUMESNIL				
			LILLE (VC-M147)				
		M147	Épi de Soil (LOOS)				
184.9	0		LILLE MÉTROPOLE  km 0	11:40	13:40	13:40	13:40
184.5	0.4		WATTIGNIES (M147-M145)	11:41	13:41	13:41	13:41
182.3	2.6	M145	NOYELLES-LÈS-SECLIN (near) (M145-M147-M952)	11:44	13:43	13:43	13:44
180.1	4.8	M952	SECLIN (M952-M2925)	11:47	13:46	13:46	13:47
177.2	7.7	M2925	Crossroads M2925-M925	11:51	13:50	13:50	13:51
174.1	10.8	D925	CAMPHIN-EN-CAREMBAULT	11:55	13:54	13:54	13:55
PAS-DE-CALAIS (62)							
172.4	12.5		CARVIN (D925-VC-D919)	11:57	13:56	13:57	13:57
168.2	16.7	D919	CARVIN Saint-Jean	12:03	14:01	14:02	14:03
167	17.9		COURRIÈRES (D919-VC-D46)	12:05	14:03	14:04	14:05
164.1	20.8	D46	COURRIÈRES-Chauffours (D46-D39)	12:09	14:07	14:08	14:09
163.1	21.8	D39	HARNES (D39-VC-D162 E1)	12:10	14:08	14:09	14:10
160	24.9	D162 E1	LOISON-SOUS-LENS (D162 E1-D162-D162 E)	12:15	14:12	14:13	14:15
157.8	27.1	D162 E	LENS (D162 E-VC)	12:18	14:15	14:16	14:18
153	31.9	VC	LIÉVIN (VC-D58 E2-VC)	12:24	14:21	14:22	14:24
149.6	35.3		ANGRES (VC-D51-D58 E2)	12:29	14:25	14:27	14:29
147.5	37.4	D58 E2	SOUCHEZ (D58 E2-D937-D57)	12:32	14:28	14:30	14:32
145.8	39.1		ABLAIN-SAINT-NAZAIRE (D57-VC-D58 E3)	12:35	14:30	14:32	14:35
143.7	41.2	VC	Côte de Notre-Dame-de-Lorette 	12:37	14:33	14:35	14:37
143.3	41.6	D58 E3	Nécropole nationale de Notre-Dame-de-Lorette	12:38	14:33	14:35	14:38
142.6	42.3		SOUCHEZ (D58 E3-D937)	12:39	14:34	14:36	14:39
139	45.9	D937	AIX-NOULETTE (D937-D165)	12:44	14:39	14:41	14:44
135.9	49	D165	BOUVIGNY-BOYEFFLES (D165-D75)	12:48	14:43	14:45	14:48
133.7	51.2	D75	Boyeffles	12:51	14:45	14:48	14:51
132.7	52.2		Crossroads D75-D75 E3	12:53	14:47	14:49	14:53
132.3	52.6	D75 E3	SAINS-EN-GOHELLE (D75 E3-D188)	12:53	14:47	14:50	14:53
131.4	53.5	D188	HERSIN-COUPIGNY (D188-D65)	12:55	14:48	14:51	14:55
127.3	57.6	D65	NŒUX-LES-MINES (D65-D937)	13:00	14:53	14:57	15:00
125	59.9	D937	VERQUIGNEUL	13:03	14:56	15:00	15:03
122.5	62.4		BÉTHUNE (D937-VC-D945)	13:07	15:00	15:03	15:07
118.2	66.7	D945	ESSARS	13:13	15:05	15:09	15:13
112.2	72.7		Le Paradis (LESTREM) (near)	13:21	15:13	15:17	15:21
NORD (59)							
106.8	78.1	D23 D	Crossroads D23 D-D122	13:29	15:20	15:24	15:29
105.8	79.1	D122	MERVILLE (D122-D946)	13:30	15:21	15:25	15:30
101.4	83.5	D946	Le Laurier	13:36	15:26	15:31	15:36
100.3	84.6		Le Gros Chêne	13:38	15:28	15:33	15:38
98.6	86.3		LA MOTTE-AU-BOIS (MORBECQUE) (entry)	13:40	15:30	15:35	15:40
97.4	87.5		LA MOTTE-AU-BOIS (MORBECQUE) 	13:42	15:32	15:37	15:42
95.1	89.8		Le Tir Anglais	13:45	15:35	15:40	15:45
94.4	90.5		Crossroads D946-D253	13:46	15:35	15:41	15:46
93.7	91.2	D253	Cross level n°134	13:47	15:36	15:42	15:47
93	91.9		HAZEBROUCK (D253-VC-D53)	13:48	15:37	15:42	15:48
87.2	97.7	D53	HONDEGHEM	13:56	15:45	15:50	15:56
83.5	101.4		SAINTE-MARIE-CAPPEL	14:01	15:49	15:55	16:01
81.8	103.1		Crossroads D53-D916	14:04	15:52	15:57	16:04
79.8	105.1	D916	CASSEL (D916-D933-D11)	14:07	15:54	16:00	16:07
78.9	106	D933	Mont Cassel 	14:08	15:55	16:01	16:08
77.4	107.5	D11	Crossroads D11-D52	14:10	15:57	16:03	16:10
75.9	109	D52	Crossroads D52-D338	14:12	15:59	16:05	16:12
73.9	111	D338	Crossroads D338-D916	14:15	16:02	16:08	16:15

DISTANCE FROM NEUTRALISED START TO OFFICIAL START
11km

- CATEGORISED CLIMBS AND SUMMIT FINISHES**
-  **km 41.2 - Côte de Notre-Dame-de-Lorette**
Climb of 1km at 7.6%
 -  **km 106 - Mont Cassel**
Climb of 1.9km at 3.5%
 -  **km 139.7 - Mont Noir**
Climb of 1.3km at 6.4%

RELAIS-ÉTAPE
Place du Général de Gaulle
59524 Hazebrouck
Km 91.9

RESTRICTION ON THE CARAVAN
Km 41.2 to 42 -National Necropolis of Notre-Dame-de-Lorette
Place of remembrance
No use of PA systems, no distribution of publicity material



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KM		STAGE ①		TIMETABLE			
To be run	Run			Caravan	47kph	45kph	43kph
73.2	111.7		La Trompe (HARDIFORT)	14:16	16:03	16:09	16:16
70.9	114		CASSEL (near) (D916-D948)	14:19	16:05	16:12	16:19
69.8	115.1	D948	Le Coucou	14:21	16:07	16:13	16:21
65.6	119.3		STEENVOORDE (D948-D947-D37-D948-D18)	14:26	16:12	16:19	16:26
59.3	125.6	D18	GODEWAERSVELDE	14:35	16:20	16:27	16:35
57.2	127.7		Mont des Cats	14:38	16:23	16:30	16:38
53.3	131.6		Les Quatre Fils Aymon	14:44	16:28	16:35	16:44
51.8	133.1		MÉTEREN (D18-D933-D318)	14:46	16:30	16:37	16:46
47.9	137	D318	SAINT-JANS-CAPPEL	14:51	16:35	16:43	16:51
45.9	139		Le Mont Noir (SAINT-JANS-CAPPEL, BOESCHEPE)	14:54	16:37	16:45	16:54
45.2	139.7		Mont Noir 	14:55	16:38	16:46	16:55
44.6	140.3		Crossroads D318-D223	14:56	16:39	16:47	16:56
43.7	141.2	D223	La Croix de Poperinghe	14:57	16:40	16:48	16:57
41.9	143		Crossroads D223-D23	14:59	16:42	16:51	16:59
40.8	144.1	D23	BAILLEUL (D23-D933)	15:01	16:44	16:52	17:01
33.9	151	D933	Le Seau	15:11	16:53	17:01	17:11
31.4	153.5		NIEPPE	15:14	16:56	17:05	17:14
28.5	156.4	M933	ARMENTIÈRES (M933-M945 A-VC-M933)	15:18	17:00	17:08	17:18
25.8	159.1		LA CHAPELLE-D'ARMENTIÈRES (M933-M945)	15:22	17:03	17:12	17:22
20.4	164.5	M945	HOULINES (near)	15:29	17:10	17:19	17:29
17.9	167		FRELINGHIEN (near) (M945-M57)	15:33	17:13	17:23	17:33
16.7	168.2	M57	La Houlette	15:35	17:15	17:24	17:35
13.3	171.6		VERLINGHEM (M57-M654)	15:39	17:19	17:29	17:39
10.9	174	M654	LOMPRET	15:43	17:22	17:32	17:43
10.2	174.7		PÉRENCHIES (M654- M7 B)	15:44	17:23	17:33	17:44
8.8	176.1	M7 B	LOMPRET (M7 B-D7 B-M7 B)	15:46	17:25	17:35	17:46
6.6	178.3		LOMME (M7 B-VC)	15:49	17:28	17:38	17:49
3.9	181	VC	LAMBERSART (VC-M751) (entry)	15:52	17:31	17:41	17:52
3.2	181.7	M751	LILLE (M751-M750-VC) (entry)	15:53	17:32	17:42	17:53
0	184.9	VC	LILLE MÉTROPOLE 	15:58	17:36	17:46	17:58