

ITINERARY TIMETABLE

KM		STAGE ③		TIMETABLE			
To be run	Run			Caravan	46kph	44kph	42kph
NORD (59)							
		VC	VALENCIENNES (VC-D935) 	11:10	13:10	13:10	13:10
			Cross level n°159				
		D935	SAINT-SAULVE (near) (D935-D375)				
178.3	0	D375	VALENCIENNES 	11:25	13:25	13:25	13:25
176.6	1.7		BRUAY-SUR-L'ESCAUT (D375-VC-D375)	11:27	13:27	13:27	13:27
175	3.3		RAISMES (D375-D169)	11:30	13:29	13:29	13:30
172.4	5.9		Cross level n°55	11:33	13:33	13:33	13:33
167	11.3	D169	SAINT-AMAND-LES-EAUX (D169-D169 B-VC-D955)	11:41	13:40	13:40	13:41
161.6	16.7	D955	LECELLES	11:49	13:47	13:48	13:49
157.2	21.1		RUMEGIES (D955-D327)	11:55	13:53	13:54	13:55
155	23.3	D327	SAMÉON (D327-D127)	11:58	13:55	13:57	13:58
150.8	27.5	D127	AIX-EN-PÉVÊLE (D127-D126-D127)	12:04	14:01	14:02	14:04
149	29.3		Les Quatre Chemins (NOMAIN, LANDAS) (D127-D127 A)	12:07	14:03	14:05	14:07
147.8	30.5	D127 A	Crossroads D127 A-D938	12:08	14:05	14:07	14:08
147.3	31	D938	ORCHIES (D938-D549)	12:09	14:05	14:07	14:09
141.9	36.4	D549	AUCHY-LEZ-ORCHIES	12:17	14:12	14:15	14:17
141.8	36.5	D549	NOMAIN	12:17	14:13	14:15	14:17
139.3	39		CAPPELLE-EN-PÉVÊLE (near)	12:21	14:16	14:18	14:21
136.4	41.9		TEMPLEUVE-EN-PÉVÊLE (near)	12:25	14:20	14:22	14:25
135.6	42.7		MÉRIGNIES (near) (D549-D2549)	12:26	14:21	14:23	14:26
134.9	43.4	D2549	PONT-Â-MARCO (D2549-D120)	12:27	14:22	14:24	14:27
133.4	44.9	D120	MÉRIGNIES	12:29	14:24	14:26	14:29
129.3	49		MONS-EN-PÉVÊLE (D120-D954)	12:35	14:29	14:32	14:35
127.9	50.4	D954	Deux-Villes	12:37	14:31	14:34	14:37
126.2	52.1		THUMERIES (D954-D8)	12:39	14:33	14:36	14:39
124	54.3	D8	LA NEUVILLE	12:42	14:36	14:39	14:42
121.3	57		Petit Attiches	12:46	14:39	14:43	14:46
119.9	58.4		ATTICHES	12:48	14:41	14:45	14:48
118.8	59.5		Martinsart	12:50	14:42	14:46	14:50
114.3	64	M8	SECLIN (M8-M925-M2925-M39)	12:56	14:48	14:52	14:56
111.6	66.7	D39	GONDECOURT	13:00	14:52	14:56	15:00
109.7	68.6		HERRIN	13:03	14:54	14:58	15:03
109	69.3	M39	ALLENES-LES-MARAIS	13:04	14:55	14:59	15:04
107.4	70.9		ANNŒULLIN	13:06	14:57	15:02	15:06
104.5	73.8		PROVIN	13:10	15:01	15:06	15:10
103.2	75.1		BAUVIN	13:12	15:03	15:07	15:12
103.2	75.1		Cross level n°100	13:12	15:03	15:07	15:12
PAS-DE-CALAIS (62)							
100.8	77.5	D163	BILLY-BERCLAU	13:16	15:06	15:11	15:16
97.5	80.8		DOUVRIIN	13:20	15:10	15:15	15:20
94.7	83.6		HAISNES	13:24	15:14	15:19	15:24
93.5	84.8		AUCHY-LES-MINES (D163-D941)	13:26	15:16	15:21	15:26
91.8	86.5	D941	VIOLAINES	13:29	15:18	15:23	15:29
90.7	87.6		Le Nouveau-Monde	13:30	15:19	15:24	15:30
90.4	87.9		CUINCHY	13:31	15:20	15:25	15:31

DISTANCE FROM NEUTRALISED START TO OFFICIAL START
6.6km

CATEGORISED CLIMBS AND SUMMIT FINISHES

 **km 147.4 - Mont Cassel**
Climb of 2.3km at 3.8%

RELAIS-ÉTAPE

Grand'Place
59670 Cassel
Km 147.4

ROUTE FOR NON-RACE VEHICLES

Exit point after 500m on the neutralised race route (crossroads of Boulevard Watteau-Rue des Incas). Continue on Boulevard Watteau, Place Cardon, Boulevard Carpeaux, Place du Canada, Avenue Georges Pompidou to join the A2 at junction 21. Take the A2, A23, A22 and then the A1 towards Lille. At Lille, take the A25 towards Dunkirk. Approaching Dunkirk, continue on the N225 and then take the A16 heading for Ostend. Leave the A16 at junction 62 and continue towards "Dunkerque-Centre-Centre Hospitalier" on Avenue de la Libération (D635) and Avenue du Stade. Then follow the arrows towards the parking areas at the assembly point.

No entry point onto the final part of the race route.

Total distance: 133km



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Toberun	Run			Caravan	46kph	44kph	42kph
89.7	88.6		CAMBRIN	13:32	15:21	15:26	15:32
88.6	89.7		ANNEQUIN	13:33	15:22	15:27	15:33
86.3	92		Petit Sailly (SAILLY-LABOURSE)	13:36	15:25	15:30	15:36
85.7	92.6		BEUVRY (D941-VC-D937)	13:37	15:26	15:31	15:37
83	95.3	D937	BÉTHUNE (D937-VC-D181 E8)	13:41	15:29	15:35	15:41
79.7	98.6	D181 E8	ANNEZIN	13:46	15:34	15:39	15:46
78.7	99.6		VENDIN-LÈS-BÉTHUNE	13:47	15:35	15:41	15:47
77	101.3		Crossroads D181 E8-D943	13:50	15:37	15:43	15:50
75.8	102.5	D943	CHOCQUES	13:51	15:39	15:45	15:51
72.9	105.4		ALLOUAGNE (near)	13:56	15:42	15:49	15:56
69.8	108.5		LILLERS (D943-D188-D182-VC-D943-D188)	14:00	15:47	15:53	16:00
63.7	114.6	D188	HAM-EN-ARTOIS (near)	14:09	15:54	16:01	16:09
61	117.3		ISBERGUES (D188-D186-D187 E-D187) (entry)	14:13	15:58	16:05	16:13
60.1	118.2	D186	ISBERGUES 	14:14	15:59	16:06	16:14
56.4	121.9	D187	AIRE-SUR-LA-LYS (D187-VC-D157)	14:19	16:04	16:11	16:19
54.1	124.2		Crossroads VC-D157	14:22	16:07	16:14	16:22
51.6	126.7		Widdebroucke (near)	14:26	16:10	16:18	16:26
NORD (59)							
51.1	127.2	D943 B	BOËSEGHEM (D943 B-D238)	14:27	16:11	16:18	16:27
46.9	131.4	D238	La Belle Hôtesse (STEENBECQUE)	14:33	16:16	16:24	16:33
44	134.3		SERCUS (near) (D238-D106-D238)	14:37	16:20	16:28	16:37
42.4	135.9		WALLON-CAPPEL (D238-D138)	14:39	16:22	16:30	16:39
41.2	137.1	D138	Cross level n°45	14:41	16:24	16:32	16:41
39.4	138.9		La Longue Croix (STAPLE, HONDEGHEM)	14:43	16:26	16:34	16:43
35.6	142.7		BAVINCHOVE (D138-D933-VC)	14:49	16:31	16:40	16:49
34.8	143.5	D933	Cross level n°145	14:50	16:32	16:41	16:50
34	144.3	VC	OXELAËRE	14:51	16:33	16:42	16:51
32.3	146		CASSEL (VC-D933-D11-D52)	14:53	16:35	16:44	16:53
30.9	147.4	D933	Mont Cassel 	14:56	16:37	16:46	16:56
27.9	150.4	D52	Crossroads D52-D338	15:00	16:41	16:50	17:00
25.9	152.4	D338	Le Peckel (HARDIFORT) (D338-D916)	15:03	16:44	16:53	17:03
22.1	156.2	D916	Le Riet Veld	15:08	16:49	16:58	17:08
20.6	157.7		WORMHOUT	15:10	16:51	17:00	17:10
16.6	161.7		La Belle Vue	15:16	16:56	17:05	17:16
13.5	164.8		Le Bon Coin (QUAËDYPRE)	15:20	17:00	17:10	17:20
11.1	167.2		Faubourg de Cassel (QUAËDYPRE, SOCX)	15:24	17:03	17:13	17:24
9.6	168.7		BERGUES	15:26	17:05	17:15	17:26
5.2	173.1		TÉTEGHEM-COUDEKERQUE-VILLAGE	15:32	17:11	17:21	17:32
4.7	173.6		CAPELLE-LA-GRANDE	15:33	17:11	17:22	17:33
4	174.3		COUDEKERQUE-BRANCHE	15:34	17:12	17:23	17:34
1.9	176.4		Cross level n°127	15:37	17:15	17:25	17:37
1.5	176.8		DUNKERQUE (D916-VC) (entry)	15:38	17:16	17:26	17:38
0	178.3	VC	DUNKERQUE 	15:40	17:18	17:28	17:40