

ITINERARY TIMETABLE

KM		STAGE 8		TIMETABLE			
To be run	Run			Caravan	47kph	45kph	43kph
ILLE-ET-VILAINE (35)							
		VC	SAINT-MÉEN-LE-GRAND (VC-D59) 	11:10	13:10	13:10	13:10
		D59	SAINT-ONEN-LA-CHAPELLE (D59-VC)				
		VC	Crossroads VC-D125				
		D125	Le Patis				
171.4	0		SAINT-MÉEN-LE-GRAND 	11:25	13:25	13:25	13:25
166.5	4.9		BOISGERVILLY (D125-D71)	11:32	13:31	13:31	13:32
165	6.4	D71	Coutanier (D71-D61)	11:34	13:33	13:33	13:34
163	8.4	D61	MONTAUBAN-DE-BRETAGNE (D61-D664-VC-D28)	11:37	13:36	13:36	13:37
162.5	8.9		Cross level n°214	11:37	13:36	13:37	13:37
156.1	15.3	D28	Les Quatres Routes (LA CHAPELLE DU LOU DU LAC)	11:46	13:44	13:45	13:46
152	19.4		Tournebride (BÉDÉE)	11:52	13:50	13:51	13:52
149.4	22		ROMILLÉ	11:56	13:53	13:54	13:56
145.8	25.6		Ligrouais	12:01	13:58	13:59	14:01
141.6	29.8		GÉVEZÉ (D28-D27-D28)	12:07	14:03	14:05	14:07
138.2	33.2		LA MÉZIÈRE (D28-VC-D28)	12:11	14:07	14:09	14:11
133.5	37.9		Le Champ Courtin-L'Épinette (D28-D82)	12:18	14:13	14:15	14:18
132.1	39.3	D82	La Croix de Pail (D82-VC)	12:20	14:15	14:17	14:20
131.8	39.6	VC	MELESSE (VC-D528)	12:20	14:16	14:18	14:20
128.9	42.5	D528	La Haute Tétaie	12:24	14:19	14:22	14:24
126.4	45		CHEVAIGNÉ	12:28	14:22	14:25	14:28
123	48.4		Le Clos Robert (MOUAZÉ)	12:33	14:27	14:30	14:33
121.9	49.5		Le Champ Thébault	12:34	14:28	14:31	14:34
121.6	49.8		SAINT-SULPICE-LA-FORÊT (D528-D97)	12:34	14:29	14:31	14:34
121	50.4	D97	La Chesnais	12:35	14:29	14:32	14:35
118.8	52.6		CHASNÉ-SUR-ILLET (D97-D25-D106)	12:38	14:32	14:35	14:38
113.7	57.7	D106	LIFFRÉ (D106-D92-D528)	12:45	14:39	14:42	14:45
108.9	62.5	D528	Crossroads D528-D106	12:52	14:45	14:48	14:52
108.2	63.2	D106	Chevré La Porte	12:53	14:46	14:49	14:53
106.6	64.8		LA BOUËXIÈRE (D106-VC-D100-VC-D106)	12:55	14:48	14:51	14:55
100.8	70.6		Le Haut de la Lande	13:03	14:55	14:59	15:03
97	74.4		La Lisière (D106-D29) (MARPIRÉ)	13:09	15:00	15:04	15:09
95.2	76.2	D29	CHAMPEAUX	13:11	15:02	15:07	15:11
91.5	79.9		Plan d'eau de la Cantache (MONTREUIL-SOUS-PÉROUSE)	13:16	15:07	15:11	15:16
91	80.4		Robiquette (MONTREUIL-SOUS-PÉROUSE)	13:17	15:08	15:12	15:17
90.8	80.6		Cross level n°7	13:17	15:08	15:12	15:17
88	83.4		Crossroads D29-D857	13:21	15:11	15:16	15:21
87.4	84	D857	VITRÉ (D857-VC-D88) (entry)	13:22	15:12	15:17	15:22
85.9	85.5		VITRÉ 	13:24	15:14	15:19	15:24
77.2	94.2	D88	ARGENTRÉ-DU-PLESSIS (D88-VC-D88)	13:36	15:25	15:31	15:36
68.6	102.8		GENNES-SUR-SEICHE	13:48	15:36	15:42	15:48
MAYENNE (53)							
66.7	104.7	D127	CUILLÉ	13:51	15:39	15:45	15:51
63.9	107.5		GASTINES	13:55	15:42	15:48	15:55
62.1	109.3		LAUBRIÈRES	13:57	15:44	15:51	15:57
56.5	114.9		BALLOTS (D127-D25)	14:05	15:52	15:58	16:05

DISTANCE FROM NEUTRALISED START TO OFFICIAL START
6.4km

CATEGORISED CLIMBS AND SUMMIT FINISHES

 **km 155 - Côte de Nuillé-sur-Vicoin**
Climb of 900m at 3.8%

RELAIS-ÉTAPE

Place du Champ de Foire
35500 Vitré
Km 85.5

ROUTE FOR NON-RACE VEHICLES

Exit point after 1.2km on the neutralised route (crossroads of Rue Louise Bobet and Route de Saint-Onen-la-Chapelle). Continue on Rue Louise Bobet to join the D125 and then the N164 heading for Rennes. Stay on the N12 towards Rennes. Approaching Rennes, take the northern ring road (Rocade Nord-N136) towards Paris-Le Mans. Keep heading in this direction on the N157 and then the A81. Leave the A81 at junction 3 "Château-Gontier-Mayenne" (note: don't take junction 4 for "Laval"). Head towards Laval on the D962 and then take the D900 towards Espace Mayenne-Changé-Rennes-Fougères.

Entry point onto the race route:

Roundabout of junction of D900, Rue Ferdinand Buisson, Rue du Commandant Cousteau, Rue Albert Einstein, 2.8km from the finish line

Total distance: 127km



171.4KM

LAVAL ESPACE MAYENNE



SAINT-MÉEN-LE-GRAND

STAGE ⑧

87

SATURDAY 12 JULY

ITINERARY TIMETABLE

KM		STAGE ⑧		TIMETABLE			
Toberun	Run			Caravan	47kph	45kph	43kph
49.8	121.6	D25	La Tesserie (LIVRÉ-LA-TOUCHE)	14:15	16:00	16:07	16:15
47.8	123.6		CRAON (D25-D771-D22)	14:17	16:03	16:10	16:17
41.8	129.6	D22	Les Bouillons (POMMERIEUX)	14:26	16:10	16:18	16:26
36.3	135.1		La Petite Maison Neuve (PRÉE-D'ANJOU)	14:33	16:17	16:25	16:33
35.2	136.2		Laigné (PRÉE-D'ANJOU) (D22-D10)	14:35	16:19	16:27	16:35
32.2	139.2	D10	MARIGNÉ-PEUTON	14:39	16:23	16:31	16:39
30.1	141.3		PEUTON	14:42	16:25	16:33	16:42
25.9	145.5		QUELAINES-SAINT-GAULT (D10-D1-D4-D613-VC-D1)	14:48	16:31	16:39	16:48
18.2	153.2	D1	NUILLÉ-SUR-VICOIN	14:59	16:41	16:49	16:59
16.4	155		Côte de Nuillé-sur-Vicoin 	15:01	16:43	16:52	17:01
13.5	157.9		L'HUISSERIE (D1-VC-D1)	15:05	16:46	16:55	17:05
9.6	161.8		LAVAL (D1-D57-VC)	15:11	16:51	17:01	17:11
3.9	167.5	VC	CHANGÉ (near) (VC-D900)	15:19	16:59	17:08	17:19
0	171.4	D900	LAVAL ESPACE MAYENNE 	15:24	17:04	17:13	17:24

171.4KM

LAVAL ESPACE MAYENNE



SAINT-MÉEN-LE-GRAND



SATURDAY 12 JULY

STAGE ⑧