

ITINERARY TIMETABLE

KM		STAGE 13		TIMETABLE				
To be run	Run			Caravan	46kph	44kph	42kph	
JURA (39)								
		VC	DOLE (VC-D405-VC-D229)	NEUTRALISED START	10:35	13:00	13:00	13:00
		D229	Crossroads D229-D244					
205.8	0	D244	DOLE	OFFICIAL START	10:55	13:20	13:20	13:20
204.4	1.4		FALLETANS		10:57	13:22	13:22	13:22
202.5	3.3		Gros Buisson (ROCHEFORT-SUR-NENON) (near)		11:00	13:24	13:24	13:24
201	4.8		Crossroads D244-D76		11:03	13:26	13:26	13:27
199.8	6	D76	Nenon (ÉCLANS-NENON)		11:05	13:27	13:28	13:28
198.4	7.4		Éclans (ÉCLANS-NENON)		11:07	13:29	13:30	13:30
194.4	11.4		OUR		11:14	13:34	13:35	13:36
193	12.8		Crossroads D76-D12		11:16	13:36	13:37	13:37
192.6	13.2	D12	ORCHAMPS (D12-D673)		11:17	13:36	13:37	13:38
190.3	15.5	D673	LA BARRE (near)		11:21	13:39	13:40	13:41
187.7	18.1		MONTEPLAIN (near)		11:25	13:43	13:44	13:45
187	18.8		RANCHOT		11:26	13:43	13:45	13:46
185.6	20.2		DAMPIERRE		11:29	13:45	13:46	13:47
183.8	22		Châteauneuf		11:32	13:47	13:49	13:50
182.8	23		ÉVANS (near)		11:33	13:49	13:50	13:51
DOUBS (25)								
180.8	25		SAINT-VIT (D673-D13)		11:37	13:51	13:53	13:54
176.5	29.3	D13	FERRIÈRES-LES-BOIS		11:44	13:57	13:58	14:00
173.6	32.2		CORCELLES-FERRIÈRES (D13-D11-D13)		11:49	14:00	14:02	14:04
171.3	34.5		LAVERNAY		11:52	14:03	14:05	14:07
169.3	36.5		FRANEY		11:56	14:06	14:08	14:10
167.9	37.9		RECOLOGNE (D13-D5-D67) (near)		11:58	14:07	14:09	14:12
165.4	40.4	D67	RUFFEY-LE-CHÂTEAU (near)		12:02	14:10	14:13	14:15
165	40.8		Crossroads D67-D279		12:03	14:11	14:13	14:16
HAUTE-SAÔNE (70)								
164	41.8	D29 A	MARNAY (D29 A-D29-D15)		12:05	14:12	14:14	14:17
161.2	44.6	D15	BRUSSEY		12:09	14:16	14:18	14:21
158.1	47.7		BEAUMOTTE-LÈS-PIN (near)		12:14	14:20	14:22	14:25
155.9	49.9		PIN		12:18	14:22	14:25	14:28
152.8	53		VREGILLE (near)		12:23	14:26	14:29	14:32
152.2	53.6		CHAMBORNAY-LÈS-PIN		12:24	14:27	14:30	14:33
148.9	56.9		ÉTUZ (D15-D3-D15)		12:30	14:31	14:34	14:38
147.4	58.4		BOULOT		12:32	14:33	14:36	14:40
144.4	61.4		Fusier		12:37	14:37	14:40	14:44
142	63.8		BOULT		12:41	14:40	14:43	14:47
138.3	67.5		Breurey (SORANS-LÈS-BREUREY) (near)		12:47	14:44	14:48	14:52
137	68.8		Sorans (SORANS-LÈS-BREUREY) (near)		12:50	14:46	14:50	14:54
134.3	71.5		Le Verjoulot (NEUVELLE-LÈS-CROMARY) (D15-D232)		12:54	14:49	14:53	14:57
134.1	71.7	D232	RIOZ (D232-D15)		12:54	14:50	14:53	14:58
130.3	75.5	D15	Anthon		13:01	14:54	14:58	15:03
128	77.8		Marloz (CIREY)		13:05	14:57	15:01	15:06
122.4	83.4		LOULANS-VERCHAMP		13:14	15:04	15:09	15:14
119.9	85.9		Le Poirier (ORMENANS) (near)		13:18	15:07	15:12	15:17
117.6	88.2		MONTBOZON (D15-D49)		13:22	15:10	15:15	15:20
115.7	90.1	D49	THIÉNANS (near)		13:25	15:13	15:17	15:23
114	91.8		BOUHANS-LÈS-MONTBOZON (near)		13:28	15:15	15:20	15:25
113.1	92.7		COGNIÈRES (D49-D76) (near)		13:29	15:16	15:21	15:26

DISTANCE FROM NEUTRALISED START TO OFFICIAL START

12.5km

CATEGORISED CLIMBS AND SUMMIT FINISHES

 **km 157.4 - Col des Croix**

Climb of 5.1km at 4.8%

 **km 175.9 - Ballon d'Alsace**

Climb of 8.9km at 6.9%

RELAIS-ÉTAPE

Parking Maison du tourisme du Ballon d'Alsace

42, rue du Ballon d'Alsace - D465

88560 Saint-Maurice-sur-Moselle

Km 175.8

OFF-ROUTE ITINERARY

Exit from the off-route parking area (don't go onto the neutralised race route).

Travelling in the opposite direction used to access the start, take Avenue Jean Jaurès, Place Jules Grévy, Avenue de la Paix, Rue Claude-Antoine Bougault, Avenue du Maréchal de Lattre de Tassigny and the D475 towards the A36. Take the A36 (junction 2 for Dole - Authume) towards Mulhouse. Leave the A36 at exit 13 to Belfort-Glacis du Château. Take the D419, Boulevard Pierre Mendès France then Avenue du Capitaine de la Laurencie towards Belfort Centre-Ville.

Entry point onto race route: l'Espérance crossroads (roundabout of Avenue du Capitaine de la Laurencie - Avenue Jean Moulin - Quai Vauban), 750m from the finish line

Total distance: 142km

RESTRICTIONS ON THE CARAVAN

Km 144.5 to 149.4

Ternuay-Melay-et-Saint-Hilaire

Sensitive nature area

Use of public address systems prohibited

Km 175.9 to 177.9 - Ballon d'Alsace

Sensitive nature area

Use of public address systems prohibited



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KM		STAGE 13		TIMETABLE			
Toberun	Run			Caravan	46kph	44kph	42kph
DOUBS (25)							
111.9	93.9	D29	La Forge (MONTAGNEY-SERVIGNEY) (near)	13:31	15:17	15:22	15:28
110	95.8		Montferney	13:35	15:20	15:25	15:31
108.5	97.3		ROUGEMONT (D29-D486)	13:37	15:22	15:27	15:33
105.8	100	D486	Le Pré Rond (CUSE-ET-ADRISSANS) (D486-D50)	13:42	15:25	15:30	15:36
103.5	102.3	D50	CUBRIAL	13:45	15:28	15:33	15:39
100.4	105.4		Ferme de la Pâture (CUBRY) (near)	13:51	15:32	15:37	15:44
HAUTE-SAÔNE (70)							
99.3	106.5	D486	Rullet (LES MAGNY) (near)	13:52	15:33	15:39	15:45
96.5	109.3		MOIMAY (near)	13:57	15:37	15:42	15:49
95.5	110.3		VILLERSEXEL (near)	13:59	15:38	15:44	15:50
91.7	114.1		AILLEVANS (near)	14:05	15:43	15:49	15:56
88	117.8		La Tuilerie (ARPENANS, LES AYNANS)	14:11	15:47	15:54	16:01
85.7	120.1		VY-LÈS-LURE	14:15	15:50	15:57	16:04
82.6	123.2		MAGNY-VERNOIS	14:20	15:54	16:01	16:08
81.4	124.4		Tuilerie	14:22	15:55	16:02	16:10
79.7	126.1		LURE (D486-VC-D486 B-D486)	14:25	15:58	16:04	16:12
78.5	127.3	VC	Cross level n° 225	14:27	15:59	16:06	16:13
74.9	130.9	D486	FROIDETERRE (near)	14:33	16:04	16:11	16:18
74	131.8		Le Mont de Saint-Germain	14:35	16:05	16:12	16:20
73.4	132.4		SAINT-GERMAIN	14:36	16:05	16:13	16:20
69.6	136.2		MÉLISEY (entry)	14:42	16:10	16:18	16:26
68	137.8		MÉLISEY 	14:45	16:12	16:20	16:28
65.4	140.4		BELONCHAMP	14:49	16:15	16:23	16:31
62.4	143.4		Ternuay (TERNUAY-MELAY-ET-SAINT-HILAIRE)	14:54	16:19	16:27	16:36
60.3	145.5		Les Champs Journet (TERNUAY-MELAY-ET-SAINT-HILAIRE)	14:57	16:22	16:30	16:38
58.8	147		Le Ru-Jeannot (TERNUAY-MELAY-ET-SAINT-HILAIRE)	15:00	16:24	16:32	16:40
56.8	149		Servance (SERVANCE-MIELLIN)	15:03	16:26	16:34	16:43
55	150.8		Le Them (SERVANCE-MIELLIN)	15:06	16:28	16:37	16:46
54.1	151.7		Les Grands Champs (HAUT-DU-THEM-CHÂTEAU-LAMBERT)	15:08	16:30	16:38	16:47
52.1	153.7		Haut-du-Them (HAUT-DU-THEM-CHÂTEAU-LAMBERT) (near)	15:11	16:33	16:42	16:51
48.4	157.4		Col des Croix 	15:17	16:41	16:50	17:00
VOSGES (88)							
45.7	160.1		LE THILLOT (D486-N66)	15:22	16:44	16:53	17:03
43.9	161.9	N66	FRESSE-SUR-MOSELLE	15:25	16:46	16:55	17:05
40.5	165.3		Le Pont Jean	15:30	16:50	17:00	17:10
39.8	166		SAINT-AURICE-SUR-MOSELLE (N66-D465)	15:32	16:51	17:01	17:11
31.6	174.2	D465	La Jumenterie	15:45	17:08	17:19	17:31
29.9	175.9		Ballon d'Alsace (1,173m) 	15:48	17:12	17:23	17:36
TERRITOIRE DE BELFORT (90)							
28.8	177		Les Sapins	15:50	17:13	17:25	17:37
27.7	178.1		La Chaumière	15:52	17:15	17:26	17:38
20.8	185		Saut de la Truite	16:03	17:22	17:33	17:46
18.8	187		Malvaux	16:07	17:24	17:36	17:48
15.8	190		LEPUIX	16:12	17:27	17:39	17:52
14.4	191.4		GIROMAGNY	16:14	17:29	17:41	17:53
11.5	194.3		CHAUX	16:19	17:32	17:44	17:57
8.2	197.6		SERMAMAGNY (D465-D5)	16:24	17:36	17:48	18:02
5.2	200.6	D5	VALDOIE (D5-D13)	16:29	17:40	17:52	18:05
3.1	202.7	D13	OFFEMONT	16:33	17:42	17:55	18:08
2.1	203.7		BELFORT (D13-VC) (entry)	16:34	17:44	17:56	18:10
0	205.8	VC	BELFORT 	16:38	17:46	17:59	18:12