

ITINERARY TIMETABLE

KM		STAGE ③		TIMETABLE			
To be run	Run			Caravan	43kph	41kph	39kph
SPAIN							
PROVINCE OF BARCELONA							
		VC	GRANOLLERS 	09:55	12:10	12:10	12:10
			Corró d'Avall (LES FRANQUESES DEL VALLÈS) (VC-C-352)				
		C-352	CANOVELLES (C-352-C-1415b)				
195.9	0	C-1415b	GRANOLLERS 	10:05	12:20	12:20	12:20
194.7	1.2		LLIÇÀ D'AMUNT	10:07	12:22	12:22	12:22
193	2.9		Can Farell (near)	10:10	12:24	12:24	12:24
191	4.9		SANTA EULÀLIA DE RONÇANA	10:14	12:27	12:27	12:27
188.4	7.5		CALDES DE MONTBUI (near) (C-1415b-C-59)	10:18	12:30	12:31	12:32
186.1	9.8	C-59	Els Saulons	10:22	12:34	12:34	12:35
182.5	13.4		SANT FELIU DE CODINES	10:29	12:41	12:42	12:43
178.7	17.2		Côte de Saint Feliu de Codines 	10:35	12:48	12:49	12:51
177.6	18.3		Crossroads C-59-C-1413b	10:37	12:49	12:51	12:53
175.4	20.5	C-1413b	Les Clotes (near) (SANT QUIRZE SAFAJA)	10:41	12:52	12:54	12:56
165	30.9		Les Comes (near) (SANT MARTÍ DE CENTELLES)	10:59	13:06	13:08	13:11
161.5	34.4		CENTELLES	11:06	13:10	13:13	13:16
158.2	37.7		Els Hostalets de Balenyà (C-1413b-N-152a-VC) (BALENYÀ)	11:11	13:15	13:18	13:21
154.2	41.7	VC	TONA (VC-BV-5303)	11:18	13:20	13:23	13:27
152.7	43.2	BV-5303	Sant Miquel de Balenyà (BV-5303-BV-5305) (SEVA)	11:21	13:22	13:26	13:29
149	46.9		TARADELL (BV-5305-VC-B-520)	11:28	13:27	13:31	13:34
144.8	51.1	B-520	SANTA EUGÈNIA DE BERGA	11:35	13:33	13:36	13:41
141.1	54.8		VIC (B-520-VC-B-522)	11:42	13:38	13:42	13:46
133.8	62.1	B-522	Granollers de la Plana (near) (GURB)	11:55	13:47	13:52	13:57
131.8	64.1		MANLLEU (B-522-BV-5224)	11:58	13:50	13:55	14:00
126	69.9	BV-5224	TORELLÓ (BV-5224-VC-BV-5226)	12:08	13:58	14:03	14:08
122.4	73.5	BV-5226	Vila-seca (SANT VICENÇ DE TORELLÓ)	12:15	14:03	14:08	14:13
121	74.9		Borgonyà (BV-5226-VC) (SANT VICENÇ DE TORELLÓ)	12:17	14:04	14:10	14:15
119.4	76.5	VC	La Mambra (near) (ORÍS)	12:20	14:07	14:12	14:18
117.9	78		Crossroads VC-C-17	12:23	14:09	14:14	14:20
116.6	79.3	C-17	Tunnel de Sant Quirze de Besora	12:25	14:10	14:16	14:22
115.5	80.4		SANT QUIRZE DE BESORA (C-17-C-17z)	12:27	14:12	14:17	14:23
114.4	81.5	C-17z	MONTESQUIU	12:29	14:13	14:19	14:25
112.7	83.2		Crossroads C-17z-C-17	12:32	14:16	14:21	14:28
PROVINCE OF GIRONA							
111.2	84.7	C-17	Farga de Bebié Tunnel (LES LLOSSES)	12:34	14:18	14:23	14:30
109.4	86.5		Cúbia Tunnel	12:38	14:20	14:26	14:32
107.9	88		Terradelles Tunnel	12:40	14:22	14:28	14:35
104.2	91.7		RIPOLL (C-17-C-26-N-260)	12:47	14:27	14:33	14:40
98.6	97.3	N-260	CAMPDEVÀNOL (entry)	12:57	14:34	14:41	14:48
97.5	98.4		CAMPDEVÀNOL 	12:59	14:36	14:42	14:50
97	98.9		Colònia Molinou	12:59	14:37	14:43	14:51
96.6	99.3		Colònia Pernau	13:00	14:37	14:44	14:51
95.7	100.2		Colònia Herand	13:02	14:38	14:45	14:52
88.9	107		RIBES DE FRESER	13:14	14:47	14:54	15:02
81.5	114.4		PLANOLES	13:27	14:57	15:05	15:13

DISTANCE FROM NEUTRALISED START TO OFFICIAL START

8.5km

CATEGORISED CLIMBS AND SUMMIT FINISHES

3 Km 172.2 - Côte de Saint Feliu de Codines

Climb of 7.6km at 4.5%

1 Km 127.7 - Col de Toses

Climb of 9.3km at 6.5%

3 Km 172.3 - Col du Calvaire

Climb of 11.4km at 4.1%

3 Km 195.9 - Les Angles

Climb of 1.7km at 6.5%

RELAIS-ÉTAPE

Parking du Menhir

Route de l'Ermitage

66120 Font-Romeu-Odeillo-Via

Km 171.1km

OFF-ROUTE ITINERARY

Exit point after 2.4km on the neutralised route (Plaça Josep Serrat I Bonastre, roundabout at Passeig Cristòfol Colom -AVINGUDA Sant Esteve - Carrer Esteve Terrades). Take Carrer Esteve Terrades on the right, the C-352, the C-1415c and then the B-40z towards the AP-7. Take the AP-7/E-15 (junction 12B) towards "França". After crossing the French border at Le Perthus, continue on the A9 towards Perpignan. Leave the A9 at exit 42. Follow signs for Andorra la Vella on the D909A and then the D66 via Prades. At Mont-Louis, turn right onto the D118 towards Les Angles.

Entry point onto the race route: D118-D618 roundabout in La Cabanasse, 17.5km from the finish line.

Total distance: 259km

RESTRICTIONS ON THE CARAVAN

Km 116.8 - Planoles

Low bridge

Diversion for vehicles over 3.20m in height at km 115.2 (N-260 - GIV-4016 crossroads)

Km 154.1 to 156.5 - Ur

No use of public address system, no distribution of marketing materials

Km 194.1 - Les Angles

Final climb

Diversion for very large vehicles at km 194.1 (crossroads of D32 - Route du Pla del Mir), 1.7km from the finish line



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Toberun	Run			Caravan	43kph	41kph	39kph
80.6	115.3		Planès (N-260-GIV-4016)	13:28	14:58	15:06	15:15
77.8	118.1	GV-4016	Espinosa	13:33	15:02	15:10	15:19
75.5	120.4		Fornells de la Muntanya	13:37	15:07	15:15	15:24
72.4	123.5		TOSES (GIV-4016-VC)	13:43	15:14	15:23	15:32
68.2	127.7	VC	Col de Toses (1,778m) (VC-GI-400) 	13:50	15:23	15:33	15:43
64.1	131.8		LA MOLINA (GI-400-VC-GIV-4082)	13:58	15:28	15:38	15:49
63.1	132.8		Tunnel de la Molina	13:59	15:29	15:39	15:50
51.7	144.2	GV-4082	ALP (near) (GIV-4082-C-162)	14:19	15:43	15:53	16:05
50.3	145.6	C-162	Escadarc's (near) (FONTANALS DE Cerdanya)	14:22	15:45	15:55	16:07
47.4	148.5		Queixans (near) (C-162-N-260) (FONTANALS DE Cerdanya)	14:27	15:48	15:59	16:10
44.4	151.5	N-260	PUIGCERDÀ (N-260-N-152-N-154)	14:32	15:52	16:02	16:14
FRANCE							
PYRÉNÉES-ORIENTALES (66)							
39.7	156.2	N20	UR (N20-D618)	14:41	15:57	16:08	16:21
37	158.9	D618	Villeneuve-des-Escalades (ANGOUSTRINE-VILLENEUVE-DES-ESCALDES)	14:45	16:01	16:12	16:24
36.1	159.8		Angoustrine (ANGOUSTRINE-VILLENEUVE-DES-ESCALDES)	14:47	16:02	16:13	16:25
30.1	165.8		TARGASSONNE	14:57	16:12	16:24	16:37
28.1	167.8		Col de Fau (D618-D10 F)	15:01	16:16	16:28	16:42
27.5	168.4	D10 F	ÉGAT	15:02	16:17	16:29	16:43
26.1	169.8		FONT-ROMEU-ODEILLO-VIA (D10 F-D618)	15:05	16:20	16:32	16:46
24	171.9	D618	L'Ermitage	15:08	16:24	16:36	16:50
23.6	172.3		Col du Calvaire 	15:09	16:24	16:37	16:51
22.7	173.2		BOLQUÈRE	15:11	16:25	16:38	16:52
17.6	178.3		LA CABANASSE (D618-D118)	15:20	16:32	16:45	16:59
15.5	180.4	D118	LA LLAGONNE	15:23	16:34	16:47	17:02
11.9	184		Col de la Quillane	15:30	16:38	16:52	17:06
8.6	187.3		Lac de Matemale	15:35	16:42	16:56	17:11
7	188.9		MATEMALE (near) (D118-D52)	15:38	16:44	16:58	17:13
4.7	191.2	D52	Crossroads D52-D32	15:42	16:47	17:01	17:16
3.9	192	D32	LES ANGLÉS (D32-VC) (entry)	15:44	16:48	17:02	17:17
0.1	195.8	VC	Pla del Mir	15:50	16:54	17:08	17:23
0	195.9		LES ANGLÉS  	15:51	16:54	17:08	17:23