

ITINERARY TIMETABLE

KM		STAGE ⑤		TIMETABLE			
To be run	Run			Caravan	47kph	45kph	43kph
HAUTES-PYRÉNÉES (65)							
		VC	LANNEMEZAN (VC-D939-D817-D10) 	11:40	14:05	14:05	14:05
		D10	Cross level n° 126				
			Crossroads D10-D929				
		D929	Cross level n° 125				
158.3	0		LANNEMEZAN 	11:50	14:15	14:15	14:15
157.3	1		UGLAS (near)	11:52	14:16	14:16	14:16
156.5	1.8		Bordes Plégades (RÉJAUMONT)	11:53	14:17	14:17	14:17
152.2	6.1		TAJAN (near)	12:00	14:23	14:23	14:23
149	9.3		MONLONG	12:05	14:27	14:27	14:28
146.8	11.5		La Plaine	12:09	14:30	14:30	14:31
145.5	12.8		GAUSSAN (near)	12:11	14:31	14:32	14:33
144.9	13.4		La Bourie (LARAN)	12:12	14:32	14:33	14:34
143.5	14.8		Le Goua (near) (MONLÉON-MAGNOAC)	12:14	14:34	14:35	14:36
141.9	16.4		Cantaou (CIZOS)	12:17	14:36	14:37	14:38
138	20.3		CASTELNAU-MAGNOAC (D929-D632)	12:23	14:41	14:42	14:43
136.1	22.2	D632	Lac du Magnoac (LARROQUE)	12:26	14:43	14:45	14:46
133.9	24.4		PUNTOUS	12:29	14:46	14:47	14:49
132.4	25.9		La Rivière	12:32	14:48	14:50	14:51
128.5	29.8		Lac de Puydarrieux (near) (PUYDARRIEUX)	12:38	14:53	14:55	14:56
123.2	35.1		TRIE-SUR-BAÏSE (D632-D939)	12:47	15:00	15:02	15:04
120.6	37.7	D939	Montine (near) (FONTRAILLES)	12:51	15:03	15:05	15:08
GERS (32)							
118.2	40.1		Montagnan (BARCUGNAN)	12:55	15:06	15:08	15:11
116.7	41.6		Tire-Houec (near) (MANAS-BASTANOUS)	12:57	15:08	15:10	15:13
115.6	42.7		La Carrère (BARCUGNAN)	12:59	15:09	15:12	15:14
110.2	48.1		SAINT-MICHEL	13:08	15:16	15:19	15:22
103.7	54.6		BERDOUES	13:19	15:25	15:28	15:31
100.5	57.8		MIRANDE (D939-D1021-D137)	13:24	15:29	15:32	15:36
95.5	62.8		Le Couy (ESTIPOUY)	13:32	15:35	15:39	15:43
88.8	69.5		MONTESQUIOU (D137-D943)	13:43	15:44	15:48	15:52
81.5	76.8	D943	BASSOUES (D943-VC-D943)	13:54	15:53	15:57	16:02
75.7	82.6		MASCARAS	14:04	16:00	16:05	16:10
74.2	84.1		La Gravette (near) (SAINT-CHRISTAUD)	14:06	16:02	16:07	16:12
72.1	86.2		LAVERAËT	14:10	16:05	16:10	16:15
67.5	90.8		MARCIAC (D943-D3-D3 B-D943)	14:17	16:11	16:16	16:22
60.9	97.4		ARMENTIEUX (near)	14:28	16:19	16:25	16:31

DISTANCE FROM NEUTRALISED START TO OFFICIAL START

5.5km

CATEGORISED CLIMBS AND SUMMIT FINISHES

 Km 132.7 - Côte de Baleix
Climb of 1km at 8.8%

RELAIS-ÉTAPE

Halle de Maubourguet
Place de la Libération
65700 Maubourguet
Km 105.1

OFF-ROUTE ITINERARY

Exit point at km 0.5 on the neutralised route (roundabout at Rue d'Alsace-Lorraine - Boulevard du Général de Gaulle). Go right on Boulevard du Général de Gaulle then take the D817 and join the A64 (Junction 15 to Capvern). Follow the A64 towards Tarbes and then Pau. Leave the A64 at junction 10 to Pau-Centre. Take Allées Catherine de Bourbon and Allées Condorcet towards Pau-Centre. At the Commune de Paris 1871 roundabout, go right on Avenue de l'Université.

Entry point onto race route: crossroads of Avenue de l'Université - Cours Léon-Bérard - Boulevard du Recteur Jean Sarrailh, 2.1km from the finish line

Total distance: 78km



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To be run	Run			Caravan	47kph	45kph	43kph
HAUTES-PYRÉNÉES (65)							
59.8	98.5		Tucoulet (near) (AURIÉBAT)	14:30	16:21	16:26	16:32
55.2	103.1		MAUBOURGUET (D943-D835-D935)	14:37	16:27	16:32	16:39
48.8	109.5	D935	NOUILHAN	14:47	16:35	16:41	16:48
45.4	112.9		VIC-EN-BIGORRE (D935-D835-D6) (entry)	14:53	16:39	16:45	16:52
44.8	113.5	D835	VIC-EN-BIGORRE 	14:54	16:40	16:46	16:53
39.6	118.7	D6	SANOUS (near)	15:02	16:46	16:53	17:00
PYRÉNÉES-ATLANTIQUES (64)							
38.4	119.9	D7	CASTEIDE-DOAT	15:04	16:48	16:55	17:02
36.1	122.2		LAMAYOU (near)	15:08	16:51	16:58	17:05
33.3	125		Viellepinte (near) (PONTIACQ-VIELLEPINTE)	15:13	16:55	17:02	17:09
31.2	127.1		MAURE (near)	15:16	16:57	17:04	17:12
29.4	128.9		Castelnau (near) (MOMY)	15:19	16:59	17:07	17:15
26.9	131.4		BALEIX	15:23	17:03	17:10	17:18
25.6	132.7		Côte de Baleix 	15:25	17:04	17:12	17:20
20.1	138.2		GABASTON	15:34	17:11	17:19	17:28
16.9	141.4		SAINT-JAMMES (D7-D943)	15:39	17:15	17:23	17:32
14.9	143.4	D943	MORLAËS	15:42	17:18	17:26	17:35
11.7	146.6		Quartier Haute-Vue	15:48	17:22	17:30	17:40
9.6	148.7		Quartier Berlanne	15:51	17:25	17:33	17:42
7.9	150.4		PAU (D943-VC) (entry)	15:54	17:27	17:35	17:45
0	158.3	VC	PAU 	16:07	17:37	17:46	17:56